

Preventive Care Medications

Traditional Prescription Drug List (PDL)^{1,2,3} \$0 Cost-share Medications & Products

U.S. Preventive Services Task Force A & B Recommendation Medications and Supplements

These medications and supplements will be covered at \$0 cost-share when:

- ▶ Prescribed by a health care professional
- ▶ Age and/or gender appropriate
- ▶ Filled at a network pharmacy

Most medications are available over-the-counter (OTC) except for prescription fluoride. All brands are covered by the pharmacy benefit.

OTC	Medication/Supplement	Gender	Age	Reason
	Aspirin - 81, 162 & 325 mg	Both	Men age 45-79 Women age 55-79	Prevent cardiovascular disease
	Folic acid 400 & 800 mcg	Women	Childbearing age	Prevent birth defects
	Iron liquid supplement	Both	Children age 0-1 year	Prevent anemia due to iron deficiency
	Vitamin D - 400 & 1,000 units	Both	Age 65 and over	Fall risk prevention
Rx	Medication/Supplement	Gender	Age	Reason
	Fluoride tablets, solution (not toothpaste, rinses)	Both	Children age 0-6 years	Prevent dental cavities if water source is deficient in fluoride

Over-the-Counter (OTC) Contraceptives for Women

These contraceptives are available over-the-counter (OTC) and will be covered at \$0 cost-share when:

- ▶ Prescribed by a health care professional
- ▶ Filled at a network pharmacy

Male contraceptives are not covered under the Patient Protection and Affordable Care Act (PPACA).

Contraceptive films
Contraceptive foams
Contraceptive gels
Emergency contraceptives (ella, generic for Plan B, generic for Plan B One-Step)
Female condoms

Prescription Hormonal Contraceptives

Brand Hormonal Contraceptives

Natazia

Generic Hormonal Contraceptives

Altavera, Chateal, Kurvelo, Levonorgestrel/Ethinyl Estradiol, Levora-28, Marlissa, Portia (generic Nordette)

Alyacen 1/35, Cyclofem 1/35, Dasetta 1/35, Necon 1/35, Nortrel 1/35, Pirmella (generic Ortho-Novum 1/35)

Alyacen, Cyclofem, Dasetta, Necon, Nortrel, Pirmella (generic Ortho-Novum 7/7/7)

Amethia, Camrese, Daysee (generic Seasonique)

Amethia Lo, Camrese Lo, Levonorgestrel/Ethinyl Estradiol (generic LoSeasonique)

Amethyst (generic Lybrel)

Apri, Emoquette, Enskyce, Desogestrel/Ethinyl Estradiol, Reclipsen, Solia (generic Desogen, Ortho-Cept)

Aranelle, Leena (generic Tri-Norinyl)

Aubra, Aviane, Falmina, Lessina, Levonorgestrel/Ethinyl Estradiol, Lutera, Orsythia, Sronyx (generic Alesse)

Azurette, Kariva, Pimtrea, Viorele (generic Mircette)

Balziva, Briellyn, Gildagia, Philith, Vyfemla, Zenchent (generic Ovcon-35)

Camila, Errin, Heather, Jencycla, Jolivette, Lyza, Nora-BE, Norethindrone (generic Micronor, Nor-Q-D)

Caziant, Cesia, Velivet (generic Cyclessa)

Cryselle, Elinest, Low-Ogestrel, Norgestrel/Ethinyl Estradiol, Ogestrel (generic Lo/Ovral, Ovral)

Drospirenone/Ethinyl Estradiol, Ocella, Syeda, Zarah (generic Yasmin)

Enpresse, Levonest, Myzilra, Trivora-28 (generic Triphasil)

Estartylla, Mononessa, Mono-Linyah, Norgestimate/Ethinyl Estradiol, Previfem, Sprintec (generic Ortho-Cyclen)

Gianvi, Loryna, Vestura (generic Yaz)

Gildess FE, Junel FE, Larin FE, Microgestin FE (generic Loestrin FE)

Gildess, Junel, Larin, Microgestin (generic Loestrin)

Introvale, Jolessa, Levonorgestrel/Ethinyl Estradiol, Quasense (generic Seasonale)

Kelnor, Zovia 1/35E (generic Demulen 1/35)

LoMedia 24 FE (generic Loestrin 24 FE)

Medroxyprogesterone Acetate (generic Depo-Provera)

Necon 1/50 (generic Norinyl 1/50)

Necon 0.5/35, Nortrel 0.5/35, Wera (generic Brevicon, Modicon)

Necon 10/11 (generic Ortho-Novum 10/11)

Norgestimate/Ethinyl Estradiol, Tri-Estartylla, Tri-Linyah, Trinessa, Tri-Previfem, Tri-Sprintec (generic Ortho Tri-Cyclen)

Norethindrone/Ethinyl Estradiol, Wymzya FE, Zenchent FE, Zeosa (generic Femcon FE)

Tilia FE, Tri-Legest FE (generic Estrostep FE)

Xulane (generic Ortho Evra)

Zovia 1/50E (generic Demulen 1/50)

Prescription Emergency Contraceptives

Brand Emergency Contraceptives

ella

Plan B One-Step

Generic Emergency Contraceptives

Levonorelrel, Next Choice (generic Plan B)

My Way, Next Choice One Dose (generic Plan B One-Step)

Prescription Diaphragms

Brand Diaphragms

Femcap

Ortho All-Flex

Ortho-Diaphragm

¹ Please note this list is subject to change.

² Always refer to your benefit plan materials to determine your coverage for medications and cost-share. Some medications listed on the PDL may not be covered under your specific benefit. Where differences are noted, the benefit plan documents will govern.

³ All branded medications are trademarks or registered trademarks of their respective owners.

Health Care Reform

Pharmacy Benefit Preventive Care Medications Coverage

Frequently Asked Questions

Under the health reform law, health plans must cover U.S. Preventive Services Task Force A & B Recommendation medications and FDA-approved prescription and Over-The-Counter (OTC) contraceptives for women at 100 percent without charging a copayment, coinsurance or deductible when:

- ▶ Prescribed by a health care professional
- ▶ Age- and gender-appropriate
- ▶ Filled at a network pharmacy

To comply with this new law which was clarified further by the U.S. Dept. of Labor on February 20, 2013, we offer this list of no-cost Preventive Care Medications.

When are Preventive Care Medications available?

This list of Preventive Care Medications is available to you for \$0 cost-share at network pharmacies now.⁴

Please note, in order to obtain coverage for **U.S. Preventive Services Task Force A & B Recommendation medications** and **OTC contraceptives**, you must have a prescription from a health care professional and the product(s) must be age-and gender-appropriate.

Which Preventive Care Medications are available at no cost?

A list of Preventive Care Medications can be found on page 1 and 2 of this document so you can discuss them with your doctor. You can also login to www.uhcsr.com, and log in “To My Account,” or call the number on your health ID card to confirm the most current list of Preventive Care Medications for your plan.

Will this drug list change?

Drug lists can and do change, so it’s always good to check. You can learn the cost of all products and view no-cost options by:

- ▶ Logging in to www.uhcsr.com, and log in “To My Account.”
- ▶ Calling the number on your health ID card.

Are all birth control products available at no cost to me?

No, only the products on the list applicable to your plan will be no cost under the pharmacy benefit.⁵ The health reform law allows plans to use reasonable medical management to decide which contraceptive products are provided at no cost-share.

If you choose a no-cost product from the list applicable to your plan, your cost at the pharmacy will be \$0. If you choose a covered birth control product that is not on the list, a copay or co-insurance may be required. And this cost will apply to your deductible if you have one.

What if I have a high-deductible or consumer-driven health (CDH) plan?

The same no-cost options on the list applicable to your plan will be available to you if you are in one of these plans. If you fill a prescription for covered birth control products not on your plan’s no-cost drug list, you will need to pay the full cost, until your pharmacy plan deductible is reached.

⁴ The cost for U.S. Preventive Services Task Force A & B Recommendation medications and OTC contraceptives on this list could be reimbursed back to Feb. 20, 2013 when the U.S. Dept. of Labor FAQ guidance was issued. However, they become available at network retail pharmacies at \$0 cost-share on November 1, 2013.

⁵ When informed, an issuer must accommodate any member when one of the zero cost contraceptives listed on PDL Tier 1 may be medically inappropriate as determined by the member’s health care provider and waive the otherwise applicable cost-sharing for a contraceptive not represented on PDL Tier 1.

Are the no-cost Preventive Care Medications available at both retail and mail pharmacies?

Preventive Care Medications are available at both network retail pharmacies and the mail order pharmacy for plans with a mail order benefit.

What if the health care reform law requirements for Preventive Care Medication coverage change?

If the law requiring plans to provide Preventive Care Medications at no cost changes, information on how your costs may be impacted will be available to you by:

- ▶ Logging in to www.uhcsr.com, and log in “To My Account.”
- ▶ Calling the number on your health ID card.

What if my plan has a religious exemption for covering contraceptives?

Some plans may not have coverage for contraceptives if your employer qualifies for a religious exemption. However, you will still have coverage without cost-share of the U.S. Preventive Services Task Force A & B Recommendation medications listed on the Preventive Care Medications list (such as aspirin and vitamin D).



Still have questions?

Login to www.uhcsr.com, and log in “To My Account,” or call the number on your health ID card.