



IT'S EASY, SEE FOR YOURSELF.

How to use your Cigna Vision plan.

Your Cigna Vision plan gives you and your family access to quality vision and eye care. Visit your eye doctor regularly to help prevent disease and maintain healthy eyes.

A specialty network that's truly special

Good news. With a Cigna Vision plan, you have access to the largest specialty network of quality eye doctors.* From private practice ophthalmologists and optometrists to nationally recognized retail eye care stores, you can find a convenient, trusted doctor in your area.

If you choose one of our in-network eye doctors, you'll get the most savings and virtually no paperwork. You can also choose to see an eye doctor who is out of the network. If you do, you'll have to pay for the service in full at the time of the appointment. And you'll need to submit a claim form to get reimbursed. You are responsible for paying any charges that are not covered under your plan.

Finding an eye doctor

Please be aware that the Cigna Vision network is different from the networks supporting our health/medical plans.

There are three ways to find a quality eye doctor in your area:

1. Log in to **myCigna.com**, go to your Cigna Vision coverage page and select "View Details." Then select "Find a Cigna Vision Network Eye Care Professional" to search the Cigna Vision Directory.
2. Don't have access to **myCigna.com**? Go to **Cigna.com** and click on the orange "Find a Doctor" tab at the top. Then select "Vision Directory - Routine Eye Exam & Eyewear" from the list.
3. Prefer the phone? Call the toll-free number found on your Cigna Vision ID card and talk with a Cigna customer service representative.

We do our best to keep all our information as up to date as possible. However, it's always wise to call the eye doctor's office before your visit to make sure they participate in Cigna's network. Please have your Cigna ID or Cigna Vision ID card available when you call.

Together, all the way.SM



Connect to more

Now that you've signed up for Cigna Vision, you can get all your vision plan details online at **myCigna.com**. Find your specific plan information, all your claims and choose a doctor – all online.

Schedule an appointment

Be sure to let your eye doctor's office know you've got Cigna Vision coverage. Show them your Cigna ID or Cigna Vision ID when you go to your appointment. This will help the doctor's office access your plan details and make sure you're eligible.

Getting reimbursed for a claim

Submitting a claim for reimbursement is easy:

1. Fill out the Cigna Vision claim form. You can find it online on **Cigna.com**, or on **myCigna.com**, under "Forms." Make sure to download the Cigna Vision claim form and not the medical form.
2. Attach your itemized receipt.
3. Send to: Cigna Vision, Claims Department
PO Box 997561
Sacramento, CA 95899-7561

If you have any questions, call Cigna customer service at the toll-free number found on your Cigna Vision ID card.



Did you know?

- › The inability of the eye to clearly focus on objects, known as a refractive error, is one of the most common and correctable causes of visual impairment in the United States.**
- › One in four children has a vision problem that can interfere with learning.***
- › Getting your eyes dilated as part of your routine eye exam can help diagnose the early stages of diabetes – far earlier than a regular health exam.

* Based on publicly available competitive industry numbers.

** CDC Vision Health Initiative: Common Eye Disorders, April 2013

*** College of Optometrists in Vision Development: August is Vision & Learning Month, August 2014

The eye care professionals and facilities that participate in the Cigna Vision network are independent practitioners solely responsible for the treatment and services provided to their patients. They are not agents of Cigna.

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