

ST. MARY'S UNIVERSITY



July 2016

Dear student,

Welcome to St. Mary's University. As an enrolled student, you have access to the Student Health Center which is staffed by a board-certified family physician and a physician assistant. There are many services available to students, including treatment for common illnesses and injuries, physicals, pap smears, immunizations and various laboratory testing. Please visit the Student Health Center page within the Gateway intranet portal for more information about our services.

It is important that you understand how your health insurance works, so please visit <http://stmarytx.myahpcare.com> to review the benefits offered by the Student Health Insurance Plan. Please remember that you should carry your health insurance card with you at all times and present your card when seeking services from a doctor, pharmacy or hospital. Your health insurance plan is underwritten by Tufts Insurance Company and administered by Christie Student Health. Your plan allows you to use physicians, pharmacies and hospitals that are part of the Cigna PPO Network outside of Massachusetts and Rhode Island, and Tufts Health Plan inside Massachusetts and Rhode Island.

If you require medical services when the Student Health Center is not open, then I advise you to visit [www.christiestudenthealth.com/stmarytx/tools-resources/](http://www.christiestudenthealth.com/stmarytx/tools-resources/) to find in-network providers.

When asked what insurance you have, do not say "St. Mary's University Student Health Insurance Plan." Tell them you are insured by Tufts Insurance Company.

Remember you are responsible for a \$50 copayment at each outpatient visit to a participating doctor or diagnostic facility, and that your deductible and coinsurance may apply. The deductible is \$500 per plan year and the coinsurance for in-network providers is 80 percent and 60 percent for out-of-network providers. For questions about your policy, call Academic Health Plans at 855-357-0238. Note that the Student Health Center is not responsible expenses you incur when you visit providers in these networks. Please become familiar with your policy to avoid unanticipated charges.

Additionally, I recommend the Student Health Center be your first choice when scheduling a non-emergent appointment, as the outpatient deductible is waived at the Student Health Center. When you visit the Student Health Center as a patient, you will incur a \$10 copayment and reduced charges for any labs, procedures or treatment that are not covered by the plan. Please familiarize yourself with the list of exclusions and limitations on the policy. I have included a list of pharmacies, outpatient medical facilities and hospitals that are in close proximity to St. Mary's. Please remember to verify that your doctors, pharmacies and hospitals are in network to reduce your financial burden.

***CVS Health Pharmacies:***

- 1. Walgreen Drug Store #2955**  
1630 Bandera Road (at Hillcrest)  
210-432-7331
- 2. Walgreen Drug Store #4934**  
6017 Ingram Road  
210-680-2962
- 3. CVS Pharmacy**  
2018 Culebra Road  
210-785-9764
- 4. H-E-B Pharmacy**  
2130 Culebra Road (at 24th Street)  
210-737-1040
- 5. Morning Side Ministries Pharmacy**  
602 Babcock Road  
210-731-1199

***CIGNA Urgent Care Facilities:***

- 1. Concentra Urgent Care**  
400 East Quincy  
210-472-0211
- 2. Texas Med Clinic**  
6570 Ingram Road  
210-520-5588
- 3. Texas Med Clinic**  
6530 W. Loop 1604 N  
210-476-5577  
Open 24 hours a day

***CIGNA Hospitals/Emergency Rooms:***

- 1. Metropolitan Methodist Hospital**  
1310 McCullough Avenue  
210-208-2200
- 2. CHRISTUS Santa Rosa Northwest Hospital**  
2827 Babcock Road  
210-705-6300
- 3. Methodist Specialty and Transplant Hospital**  
8026 Floyd Curl Drive  
210-575-8110
- 4. Methodist Hospital**  
7700 Floyd Curl Drive  
210-575-4000

I hope you have a healthy and enjoyable year and remember the Student Health Center has many services to keep you healthy. Also, remember to schedule your flu vaccine during the fall semester to avoid interruptions to your studies.

Sincerely,

A handwritten signature in black ink, appearing to read 'S. Vasquez', with a long horizontal flourish extending to the right.

Sandra Vasquez, M.D.  
Director, Student Health Center

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