

24/7 Nurseline

Around-the-Clock, Toll-Free Support

Health concerns don't always follow a 9-to-5 schedule. Fortunately, registered nurses are on call at **800-581-0368** to answer your health questions, wherever you may be, 24 hours a day, seven days a week. The 24/7 Nurseline's registered nurses can understand your health concerns and give general health tips.

When should you call?

The toll-free Nurseline can help you or a covered family member get answers to health problem questions, such as:

- Asthma or chronic health issues
- Dizziness or severe headaches
- High fever
- Cuts or burns
- Sore throat

Plus, when you call, you can access an audio library of more than 1,000 health topics — from allergies to women's health — with more than 500 topics available in Spanish.

Note: For medical emergencies, call 911 or your local emergency services first. This program is not a substitute for a doctor's care. Talk to your doctor about any health questions or concerns.

Get the information you need,
just when you need it.

