



July 2016

Dear Student,

Welcome to St. Mary's! As an enrolled student of St. Mary's University, you have access to the Student Health Center which is staffed by a board certified family physician and a physician assistant. There are many services that are available to students, including treatment for common illnesses and injuries, physicals, pap smears, immunizations and various laboratory testing. Please visit www.stmarytx.edu/healthcenter for a full listing of our services.

It is important that you understand how your health insurance works, so please visit <http://stmarytx.myahpcare.com> to review the benefits offered by the Student Health Insurance Plan. Please remember that you should carry your health insurance card with you at all times and present your card when seeking services from a doctor, pharmacy or hospital. Your health insurance Plan is underwritten by Tufts Insurance Company and administered by Christie Student Health. Your Plan allows you to use physicians, pharmacies, and hospitals that are part of the Cigna PPO Network outside of MA and RI, and Tufts Health Plan inside MA and RI.

If you require medical services when the Student Health Center is closed, i.e. after-hours, weekends, holidays or between semesters, then I advise you to:

Visit: www.christiestudenthealth.com/stmarytx/tools-resources/ to find In-Network providers.

When asked what insurance you have, do not say "St. Mary's University Student Health Insurance Plan" but instead tell them you are insured by Tufts Insurance Company and the network is Cigna PPO.

Secondly, remember you are responsible for a \$50 Copayment at each outpatient visit to a participating doctor or diagnostic facility and that your deductible and coinsurance may apply. The deductible is \$500 per plan year and the coinsurance for NETWORK providers is 80% and 60% for OUT OF NETWORK. Please call Academic HealthPlans at (855) 357-0238 if you have any questions about your policy. Please note that the Student Health Center is not responsible for any of the expenses you incur when you visit providers in these networks. Please become familiar with your Student Health Insurance Policy to avoid unanticipated charges.

Additionally, I recommend the Student Health Center be your first choice when scheduling a non-emergent appointment since the outpatient Deductible is waived at the Student Health Center. When you visit the Student Health Center as a patient, you will incur a \$10 Copayment and reduced charges for any labs, procedures or treatment that are not covered by the Plan. Please familiarize yourself with the list of exclusions and limitations on the Policy. I have included a list of pharmacies, outpatient medical facilities and hospitals that are in close proximity to St. Mary's University. Please remember to verify that your doctors, pharmacies and hospitals are IN NETWORK. This will help reduce your financial burden.

CVS Health Pharmacies:

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|---|--|--|
| <p>1. Walgreen Drug Store #2955
1630 Bandera Rd
(at Hillcrest)
SAT 432-7331
M-Sat 7am-11pm</p> | <p>Sun 8am-10pm</p> <p>2. HEB Pharmacy (at 24th street)
2130 Culebra Rd
SAT, 78228</p> | <p>(210) 737-1040
M-F 7am-9pm
Sun 10am-5pm</p> <p>3. CVS Pharmacy
2018 Culebra Rd</p> |
|---|--|--|

- (210) 785-9764
M-F 8am-9pm
4. **Walgreen Drug Store #4934**
6017 Ingram Rd
San Antonio, TX
78238
M-Sat 7am-11pm
Sun 8am-10pm
- Sat 9am-6pm
Sun 10am-6pm
5. **Morning Side Ministries Pharmacy**
602 Babcock Rd.
San Antonio, TX
78201

CIGNA Urgent Care Facilities:

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| 1. Concentra Urgent Care
400 East Quincy
(210) 472-0211
Mon-Fri 8am-8pm | 2. Texas MedClinic
6570 Ingram Rd
(210) 520-5588
Mon-Sun 7am-11pm | 3. Texas MedClinic
6530 W. Loop 1604 N
(210) 476-5577
Open 24/7 |
|---|---|---|

CIGNA Hospitals/Emergency Rooms:

- | | |
|--|--|
| 1. Metropolitan Methodist Hospital
1310 McCullough Ave
San Antonio, TX 78212
(210) 208-2200 | 3. Methodist Specialty and Transplant Hospital
8026 Floyd Curl Dr
San Antonio, TX 78229
(210) 575-8110 |
| 2. CHRISTUS Santa Rosa Northwest Hospital
2827 Babcock Rd
San Antonio, TX 78229
(210) 705-6300 | 4. Methodist Hospital
7700 Floyd Curl Dr
San Antonio, TX 78229
(210) 575-4000 |

I hope you have a healthy and enjoyable year and remember the Student Health Center has many services it can offer you. Also, remember to schedule your flu vaccine during the Fall semester to avoid any interruptions to your studies.

Have a healthy semester!

Sincerely,



Sandra Vasquez, MD
Director, Student Health Center

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