



Save time and money:

- Talk to a Board Certified Physician 24/7/365
- No appointment necessary
- 13 minute average consult time
- No consultation fee for UHCSR Members*
- \$40 consultation fee for non-UHCSR members
- Avoid trips to the doctor's office, urgent care or emergency room
- Use whatever device is convenient - smart phone, tablet, computer, etc.**

Did you know?

Over 70% of all emergency room, urgent care and doctor office visits can be safely handled over the phone.

**When services are obtained during the policy effective dates.*

***Telephone services and/or video chat availability is determined by state requirements.*

HealthiestYou is not health insurance. HealthiestYou is designed to complement, and not replace, the care you receive from your primary care physician. HealthiestYou physicians are an independent network of doctors who advise, diagnose, and prescribe at their own discretion. HealthiestYou physicians provide cross coverage and operate subject to state regulations. Physicians in the independent network do not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. HealthiestYou does not guarantee that a prescription will be written. Not available in Arkansas; limited services in California, Idaho, Iowa, Louisiana, and Texas.

Remote Access to Licensed Medical Doctors with HealthiestYou

We understand life happens at all hours of the day and night. We've partnered with HealthiestYou, an innovative nationwide telehealth service, to provide you with round-the-clock access to board-certified physicians via phone and/or video chat*.

You may be offered a consultation, diagnosis and treatment plan via phone and/or video chat with a licensed MD. If a medication is prescribed, the prescription will be sent electronically to your preferred pharmacy. This service is especially helpful for common illnesses (bronchitis, strep throat, pink eye, etc.) and is included with your UHCSR insurance plan.

HealthiestYou also offers Geo-Fencing via the HealthiestYou smart phone app to UHCSR members. If you are ever in an Emergency Room or Urgent Care Center, you could receive a notification on your smart phone reminding you about this benefit.

