Contraceptive Coverage

Effective Jan. 1, 2019

Your health plan may provide certain contraceptive coverage at no cost to you when you use a pharmacy or doctor in your health plan’s network. There is no copay, deductible or coinsurance, even if your deductible or out-of-pocket maximum has not been met. Coverage for contraceptives can vary depending on the type of plan you are enrolled in, as well as your prescription drug list.

If you use a contraceptive that is not shown on the Contraceptive Product Coverage list, then copays, coinsurance or deductible may apply.

The following contraceptive items and services* may be covered without cost sharing when provided by a pharmacy or doctor in your health plan’s network. This list is not all inclusive. Additional products may be covered at no additional cost.

- One or more prescribed products within each of the categories approved by the Food and Drug Administration (FDA) for use as a method of contraception
- FDA-approved contraceptives available over the counter (i.e. foam, sponge, female condoms) when prescribed by a physician
- The morning after pill
- Medical devices such as diaphragm, cervical cap and contraceptive implants may be covered under the pharmacy or medical benefit
- Female sterilization, including tubal ligation and tubal implant
CERVICAL CAPS
FFEMCAP – cervical cap 22 mm, 26 mm, 30 mm

DIAPHRAGMS
CAYA – diaphragm arc-spring
OMNIFLEX DIAPHRAGM – diaphragms
WIDE-SEAL SILICONE DIAPHR – diaphragm wide seal 60 mm, 65 mm, 70 mm, 75 mm, 80 mm, 85 mm, 90 mm, 95 mm

EMERGENCY CONTRACEPTIVES
Aftera
Econtra EZ
Econtra One-Step
ELLA – ulipristal acetate tab 30 mg
Fallback Solo
levonorgestrel tab 1.5 mg (Plan B One-Step)
My Choice
My Way
Next Choice One Dose
Opiccon One-Step
Option 2
React
Take Action

FEMALE CONDOMS
FC FEMALE CONDOM – condoms – female
FC2 FEMALE CONDOM – condoms – female

IMPLANTABLES
NEXPLANON – etonogestrel subdermal implant 68 mg

INJECTIONS
DEPO-PROVERA CONTRACEPTIVE – medroxyprogesterone acetate IM suspension 150 mg/mL
DEPO-PROVERA CONTRACEPTIVE – medroxyprogesterone acetate IM suspension prefilled syringe 150 mg/mL
DEPO-SUBO PROVERA 104 – medroxyprogesterone acetate suspension prefilled syringe 104 mg/0.65 mL
medroxyprogesterone acetate IM suspension 150 mg/mL (Depo-Provera Contraceptive)
medroxyprogesterone acetate IM suspension prefilled syringe 150 mg/mL (Depo-Provera Contraceptive)

INTRAUTERINES
KYLEENA – levonorgestrel releasing IUD 17.5 mcg/day (19.5 mg total)
LILETTA – levonorgestrel releasing IUD 18.6 mcg/day (52 mg total)
MIRENA – levonorgestrel releasing IUD 20 mcg/day (52 mg total)
PARAGARD – copper IUD
SKYLA – levonorgestrel releasing IUD 14 mcg/day (13.5 mg total)

ORAL CONTRACEPTIVES
ORAL COMBINED
Azurette
Bekyree
Blisovi Fe 1/20
desogestrel/ethinyl estradiol & ethinyl estradiol tab 0.15-0.02/0.01 mg (21/5) (Mircette)
Gildess Fe 1/20
Jueln Fe 1/20
Kariva
Kimiedess
Larin Fe 1/20
Microgestin Fe 1/20
norethindrone & ethinyl estradiol-Fe chew tab 0.4 mg-35 mcg (Femcon Fe)
norethindrone acetate & ethinyl estradiol-Fe tab 1 mg-20 mcg (Loestrin Fe 1/20)
norgestimate-ethinyl estradiol tab 0.18-35/0.215-35/0.25-35 mg-mcg (Ortho Tri Cyclen)
Pimtrea
Tarina Fe 1/20
Tri-Estarylla
Tri Femynor
Tri-Linyah
Trinessa
Tri-Previfem
Tri-Sprintec
Tri-Vlybira
Viorele
Wymyz Fe
Zenchent Fe

ORAL EXTENDED - CONTINUOUS
Amethia Lo
Camrese Lo
Introvale (91 day)

Jolessa (91 day)
levonorgestrel & ethinyl estradiol (91-day) tab 0.15-0.03 mg
levonorgestrel-ethinyl estradiol tab 0.1-0.02 mg (84) & ethinyl estradiol tab 0.01 mg (7) (LoSeasonique)
Quasense (91 day)
Setlakin (91 day)

ORAL PROGESTIN
Camila
Debitane
Errin
Heather
Jencycya
Jolivette
Lyza
Nora-BE
norethindrone tab 0.35 mg (Ortho Micronor)
Norlyda
Norlyroc
Sharobel

PATCHES
XULANE – norelgestromin-ethinyl estradiol transdermal 150-35 mcg/24hr

RINGS
NUVARING – etonogestrel-ethinyl estradiol vaginal ring 0.120-0.015 mg/24hr

SPERMICIDES
ENCARE – nonoxynol-9 vaginal suppository 100 mg
OPTIONS CONCEPTROL VAGINAL – nonoxynol-9 gel 4%
OPTIONS GYNOL II VAGINAL – nonoxynol-9 gel 3%
SHUR-SEAL – nonoxynol-9 gel 2%
VCF VAGINAL CONTRACEPTIVE – nonoxynol-9 film 28%, foam 12.5%
VCF Vaginal Contraceptive Gel-nonoxynol-9-gel 4%

SPONGES
TODAY SPONGE – nonoxynol-9 vaginal sponge 1000 mg

CONTRACEPTIVE PRODUCT COVERAGE *

* Some of these products may be covered under your medical benefit if provided by a doctor in your health plan’s network. Some generic drugs listed are followed by a reference brand drug in (parentheses). The brand name drug in parentheses is listed for reference and may not be covered under your benefit. This list is not all inclusive. Additional products may be covered at no additional cost.

Prescription coverage for contraception may vary according to the terms and conditions of the plan and prescription drug list. A prescription may be required for coverage without cost sharing under the pharmacy benefits for non-grandfathered plans. If your contraception product is not listed, check your drug list or ask your doctor about therapeutic alternatives. Your doctor can also submit a coverage exception from Blue Cross and Blue Shield of Texas (unless you have a benefit exclusion) for products not covered on your prescription drug list.

This information is for informational purposes only; does not constitute legal or other advice and should not be relied upon to determine coverage.

Blue Cross and Blue Shield of Texas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sexual orientation, gender identity or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).