Virtual Visits
Speak with a doctor — anytime, anywhere

**Virtual visits** provide a live consultation between you and an MDLIVE doctor for many nonemergency medical and behavioral health needs.

**Virtual visits offers you:**
- Convenience, with MDLIVE doctors available after the Student Health Center closes*
- Seamless access to the virtual visits portal from Blue Access for Members℠

**Virtual visits doctors can treat a variety of health conditions, including:**
- Allergies
- Asthma
- Cold/flu
- Ear problems
- Fever
- Nausea
- Pink eye
- Rash
- Sinus infections

**Talk therapy**
With a virtual visits appointment, you can speak with a licensed counselor, therapist or psychiatrist for support. You can choose who you want to work with for issues such as anxiety, depression, trauma and loss or relationship problems.

**Activate your account or schedule a virtual visit**
- Go to Blue Access for Members℠ or MDLIVE.com/bcbstx.
- Download the MDLIVE app from Apple’s App Store℠ or Google Play™.
- Call MDLIVE at 888-680-8646.
- Text BCBSTX to 635-483. (MDLIVE’s online assistant Sophie will help you activate your account.)

Get connected today!
To register, you’ll need to provide your BCBSTX member ID number.

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* Student Health Center hours vary by school. Check with your school for hours of operation.

Virtual visits may not be available on all plans. Non-emergency medical service in Idaho, Montana and New Mexico is limited to interactive audio/video (video only). Non-emergency medical service in Arkansas is limited to interactive audio/video (video only) for initial consultation.

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).