The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, unco.myahpcare.com or by calling 1-855-825-3985. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-318-2596 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	**Network:** $500/ Individual **Non-Network:** $1000/ Individual Coinsurance and copayments do not count toward the deductible.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay
Are there services covered before you meet your deductible?	Yes. Preventive care, Early Intervention services, and SHC/Infirmary Expenses are covered before you meet your deductible	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	Yes. $100 for prescription drugs	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
What is the out-of-pocket limit for this plan?	$6,350 Individual / $12,700 family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family out-of-pocket limit must be met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out–of–pocket limit
Will you pay less if you use a network provider?	Yes. See https://www.cigna.com/hcpdirectory/ or call 1-800-244-6224 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	Yes	This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist.

OMB Control Numbers 1545-2229, 1210-0147, and 0938-114
Released on April 6, 2016

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	20% Coinsurance	50% Coinsurance	One visit per day, referral required, see Policy for referral instructions.
	Specialist visit	20% Coinsurance	50% Coinsurance	One visit per day, referral required, see Policy for referral instructions.
	Preventive care/screening/ immunization	No Charge	50% Coinsurance	Limited to those services required by the Affordable Care Act.
If you have a test	Diagnostic test (x-ray, blood work)	20% Coinsurance	50% Coinsurance	Referral required, see Policy for referral instructions.
	Imaging (CT/PET scans, MRIs)	20% Coinsurance	50% Coinsurance	Referral required, see Policy for referral instructions.
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at unco.myahpcare.com	Generic drugs	$20 Copay/ prescription	50% Coinsurance, $20 Copay/ prescription	All prescriptions must be filled at a participating Pharmacy
	Preferred brand drugs	$50 Copay/ prescription	50% Coinsurance, $50 Copay/ prescription	All prescriptions must be filled at a participating Pharmacy
	Non-preferred brand drugs	$70 Copay/ prescription	50% Coinsurance, $70 Copay/ prescription	All prescriptions must be filled at a participating Pharmacy
	Specialty drugs	$70 Copay/ prescription	50% Coinsurance, $70 Copay/ prescription	All prescriptions must be filled at a participating Pharmacy
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	50% Coinsurance	Referral required, see Policy for referral instructions.
	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	Physician: One visit per day. If two or more surgical procedures are performed through the same incision or in immediate succession at the same operative session, We will pay a benefit equal to the benefit payable for the procedure with highest benefit value. Referral required, see Policy for referral instructions.
If you need immediate medical attention	Emergency room care	20% Coinsurance, $150 Copay/ visit	20% Coinsurance, $150 Copay/ visit	---none---

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Emergency medical transportation	30% Coinsurance	30% Coinsurance	---none---
	Urgent care	20% Coinsurance	50% Coinsurance	One visit per day
If you have a hospital stay	Facility fee (e.g., hospital room)	20% Coinsurance	50% Coinsurance	Precertification required. Referral required, see Policy for referral instructions.
	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	Physician: One visit per day. If two or more surgical procedures are performed through the same incision or in immediate succession at the same operative session, We will pay a benefit equal to the benefit payable for the procedure with highest benefit value. Precertification required. Referral required, see Policy for referral instructions.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% Coinsurance	50% Coinsurance	Referral required, see Policy for referral instructions.
	Inpatient services	20% Coinsurance	50% Coinsurance	Precertification required. Referral required, see Policy for referral instructions.
If you are pregnant	Office visits	20% Coinsurance	50% Coinsurance	---none---
	Childbirth/delivery professional services	20% Coinsurance	50% Coinsurance	---none---
	Childbirth/delivery facility services	20% Coinsurance	50% Coinsurance	Up to 48 hours for normal vaginal delivery and 96 hours (not including the day of surgery) for a caesarean section delivery.
If you need help recovering or have other special health needs	Home health care	20% Coinsurance	50% Coinsurance	28 hours per week. Referral required, see Policy for referral instructions.
	Rehabilitation services	20% Coinsurance	50% Coinsurance	Inpatient: Precertification required. Referral required, see Policy for referral instructions.
	Habilitation services	20% Coinsurance	50% Coinsurance	Referral required, see Policy for referral instructions.
	Skilled nursing care	20% Coinsurance	50% Coinsurance	100 days per Policy year, Precertification required.

	Durable medical equipment	20% Coinsurance	50% Coinsurance	Referral required, see Policy for referral instructions.
	Hospice services	20% Coinsurance	50% Coinsurance	The Insured Person must have been diagnosed with a terminal illness by a licensed Physician. Their medical prognosis must be death within six months. Referral required, see Policy for referral instructions.
If your child needs dental or eye care	Children's eye exam	No Charge	50% Coinsurance	Preventive Only. One exam per Policy Year.
	Children's glasses	No Charge	50% Coinsurance	One pair of prescribed lenses and frames per Policy Year.
	Children's dental check-up	No Charge	50% Coinsurance	Preventive Only. Two checkups per 12 Month period.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery, unless directly related to a Covered Accidental Injury
- Long-term care
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture, by a licensed Acupuncturist only
- Bariatric Surgery (See Policy for limitations)
- Chiropractic care
- Dental care (Adult), when related to a Covered Accidental Injury only
- Hearing aids (limits apply)
- Infertility treatment
- Non-emergency care while traveling outside the U.S., except there is no coverage (emergency or otherwise) for International Students in their Home Country
- Private-duty nursing
- Routine eye care (Adult)-limits apply

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Colorado Division of Insurance, 1560 Broadway Suite 850, Denver, CO 80202 or 1-800-930-7455 or www.dora.state.co.us .Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Colorado Division of Insurance, 1560 Broadway Suite 850, Denver, CO 80202 or 1-800-930-7455 or www.dora.state.co.us .

Does this plan provide Minimum Essential Coverage? **Yes**

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? **Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$500
Specialist *Coinsurance*	20%
Hospital (facility) *Coinsurance*	20%
Other *Coinsurance*	20%

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,740**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$500
Copayments	$40
Coinsurance	$2400
What isn't covered	
Limits or exclusions	$60
The total Peg would pay is	**$3,000**

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$500
Specialist *Coinsurance*	20%
Hospital (facility) *Coinsurance*	20%
Other *Coinsurance*	20%

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$7,410**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$500
Copayments	$700
Coinsurance	$500
What isn't covered	
Limits or exclusions	$60
The total Joe would pay is	**$1,760**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$500
Specialist *Coinsurance*	20%
Hospital (facility) *Coinsurance*	20%
Other *Coinsurance*	20%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$1,900**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$500
Copayments	$0
Coinsurance	$300
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$800**

The plan would be responsible for the other costs of these EXAMPLE covered services.

English:
ATTENTION: If you speak [insert language], language assistance services, free of charge, are available to you. Call 1-800-756-3702 (TTY: 1-800-756-3702).

Español (Spanish):
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-756-3702 (TTY: 1-800-756-3702).

Tiếng Việt (Vietnamese):
CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-756-3702 (TTY: 1-800-756-3702).

繁體中文 (Chinese):
注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-756-3702（TTY：1-800-756-3702）。

한국어 (Korean)
주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-756-3702 (TTY: 1-800-756-3702)번으로 전화해 주십시오.

Русский (Russian):
ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-756-3702 (телетайп: 1-800-756-3702).

ማስታወሻ (Amheric):
የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ 1-800-756-3702 (**መስማት ለተሳናቸው**: 1-800-756-3702).

ةيبرعلا (Arabic):
برقم لصتا .نامجلماب لك رفاوتت ةيوغللا ةدعاسملا تامدخ نإف ،ةغللا ركذا ثدحتت كنت اذإ :ةظوحلم x800-756-3702-1 (قر
هاتف الصم والبكم:1-800-756-3702).

ACHTUNG (German):
Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-756-3702 (TTY: 1-800-756-3702).

Français (French):
ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-756-3702 (ATS : 1-800-756-3702).

ध्यान दिनुहोस् (Nepali):
तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-800-756-3702 (टिटिवाइ: 1-800-756-3702)

PAUNAWA (Tagalog):
Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-756-3702 (TTY: 1-800-756-3702).

注意事項 (Japanese)
日本語を話される場合、無料の言語支援をご利用いただけます。1-800-756-3702（TTY: 1-800-756-3702）まで、お電話にてご連絡ください。

XIYYEEFFANNAA (Cushite/Oromo):
Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-756-3702 (TTY: 1-800-756-3702).

Persian/Farsi:
توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما
فراهم می باشد. با 1-800-756-3702 (TTY: 1-800-756-3702) تماس بگیرید.

Dè ɖɛ nìà kɛ dyéɖé gbo (/Kru/Bassa):
Ɔ jǔ ké m̀ [Bàsɔ́ɔ̀-wùɖù-po-nyɔ̀] jǔ ní, nií, à wuɖu kà kò ɖò po-poɔ̀ ɓɛ́ìn m̀ gbo kpáa. Đá 1-800-756-3702 (TTY: 1-800-756-3702)