PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.wellfleetstudent.com or call toll free 1-877-657-5030. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-800-318-2596 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In- <u>Network Provider</u> : \$500/individual <u>Out-of-Network Provider</u> : \$1000/individual	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. In-Network Preventive care, In-Network and Zero Cost Generic Prescription Drugs, Student Health Center expenses are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	Yes. <u>prescription drugs</u> \$100/individual	You don't have to meet <u>deductibles</u> for specific services. You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Combined In-Network and Out-of-Network Provider: \$6,350/individual; \$12,700/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See Cigna <u>www.cigna.com</u> or call 1-877-657-5030 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider before you get services</u>.</u>
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	Services You May	What You Will Pay			
Medical Event	Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	20% coinsurance	50% <u>coinsurance</u>	Limit one visit per day.	
If you visit a health	Specialist visit	20% <u>coinsurance</u>	50% <u>coinsurance</u>	When requested and approved by the attending Physician. Limited to 1 visit per day.	
care <u>provider's</u> office or clinic		Chiropractic: 20% coinsurance	Chiropractic: 50% coinsurance	Pre-Certification is required.	
	Preventive care/screening/ immunization	No Charge	50% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
16	Diagnostic test (x-ray, blood work)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	When prescribed by an attending physician. Pre-Certification is required.	
If you have a test	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	When prescribed by an attending physician. Pre-Certification is required.	
If you need drugs to	Tier 1 (Generic drugs)	\$20 <u>copay</u> /prescription	\$20 <u>copay</u> /prescription, 50% <u>coinsurance</u>	Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be received within 90 days.	
treat your illness or condition More information about	Tier 2 (Preferred brand drugs)	\$50 <u>copay</u> /prescription	\$50 <u>copay</u> /prescription, 50% <u>coinsurance</u>	No <u>cost sharing</u> applies to ACA <u>Preventive Care</u> medications filled at a participating <u>network</u> pharmacy and Zero Cost Generics.	
prescription drug coverage is available at www.wellfleetstudent.c	drugs) Tier 3 (Non-preferred drugs) \$70 \frac{\text{copay}}{\text{copay}} \text{prescription} \frac{\text{\$70 \text{copay}}}{\text{copay}} \text{prescription} \frac{\text{\$70 \text{copay}}}{\text{coinsurance}} \text{Poi 50-6}	For 30-day supply.			
om	Specialty drugs	\$70 <u>copay</u> /prescription	\$70 <u>copay</u> /prescription, 50% <u>coinsurance</u>		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	none	
surgery	Physician/surgeon fees	20% coinsurance	50% <u>coinsurance</u>	Physicians: limited to one visit per day. Pre-Certification is required	

Common Services You May What You Will Pay		u Will Pay			
Medical Event	Need	Need In-Network Provider Out-of-Network Provider (You will pay the least) (You will pay the most)		Limitations, Exceptions, & Other Important Information	
If you need	Emergency room care	\$150 <u>copay</u> / 20% <u>coinsurance</u>	\$150 <u>copay</u> / 20% <u>coinsurance</u>	Emergency treatment received at a hospital's emergency room or at an <u>Urgent Care</u> Facility.	
immediate medical attention	Emergency medical transportation	30% <u>coinsurance</u>	30% <u>coinsurance</u>	Including ground and/or air, water transportation.	
	Urgent care	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Treatment for non-life-threatening conditions.	
If you have a hospital	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Subject to Semi-Private room rate unless intensive care unit is required. Pre-Certification required.	
stay	Physician/surgeon fees	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Pre-Certification required. Physicians: limited to one visit per day.	
If you need mental health, behavioral	Outpatient services	Office visits: 20% coinsurance All other services: 20% coinsurance	Office visits: 50% coinsurance All other services: 50% coinsurance	. Pre-Certification required except for office visits	
health, or substance abuse services	Inpatient services	20% <u>coinsurance</u>	50% coinsurance	. <u>Pre-Certification</u> required.	
	Office visits	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Cost sharing does not apply to certain preventive services. Depending on the type of services, coinsurance may apply.	
If you are pregnant	Childbirth/delivery professional services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Up to 48 hours for normal vaginal delivery and 96 hours (not including the day of surgery) for a caesarean section delivery	
	Childbirth/delivery facility services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	unless the caesarean section delivery is the result of Complications of Pregnancy.	
If you need help recovering or have	Home health care	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Pre-Certification is required. Maximum limit of 28 hours per week	

Common Services You May W		What Yo	u Will Pay	
Medical Event	Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
other special health needs		Inpatient: 20% <u>coinsurance</u>	Inpatient 50% <u>coinsurance</u>	Inpatient includes Rehabilitation Facility: Pre-Certification is required.
	Rehabilitation services	Outpatient: 20% <u>coinsurance</u>	Outpatient: 50% <u>coinsurance</u>	Outpatient Includes Cardiac, Pulmonary, Physical, Occupational, and Speech therapies. Limit of one visit per day. Pre-Certification is required. Limited to Maximum of 30 visits for each Therapy.
	Habilitation services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Includes Physical, Occupational and Speech Therapies. When prescribed by the attending Physician, limited to one visit per day. Covered to the extent that they are Medically Necessary. Pre-Certification required. Limited to Maximum of 60 visits combined
	Skilled nursing care	20% coinsurance	50% <u>coinsurance</u>	Covered to the extent of Medical Necessity. Pre-Certification is required. Limited to maximum of 100 visits per Policy year
	Durable medical equipment	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Pre-Certification is required for over \$500.
	Hospice services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	none-
	Children's eye exam	0% <u>coinsurance</u>	50% <u>coinsurance</u>	To the end of the month when the insured turns age 19. Limited to 1 visit per Policy Year.
If your child needs dental or eye care	Children's glasses	0% <u>coinsurance</u>	50% <u>coinsurance</u>	To the end of the month when the insured turns age 19. Limited to 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year.
	Children's dental check- up	0% <u>coinsurance</u>	50% <u>coinsurance</u>	Limited to 2 exams every 12 months To the end of the month in which the Insured Person turns age 19. For Preventive.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery

- Long-term care
- Routine foot care

Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Chiropractic care (<u>Pre-Certification</u> is required)
- Bariatric surgery(<u>Pre-Certification</u> is required)
- Dental care (Adult) (Accidental Injury, treatment for Insured Person's over age 18.
- Hearing aids (for Minors (to the end of the month in which the Insured Person turns age 18)
- Infertility treatment (<u>Pre-Certification</u> is required)
- Non-emergency care when traveling outside the U.S. (\$10,000 maximum per Policy Year)
- Private-duty nursing (While confined)
- Routine eye care (Adult) (age 19 and older for Routine Eye Exam once every 12 months)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: https://dora.colorado.gov/303-894-7800 For more information on your rights to continue coverage, contact the plan at 1-877-657-5030. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: https://dora.colorado.gov/303-894-7800

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$500
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

Total Example Cost	\$12,000
In this example, Peg would pay:	
Coot Charina	

Cost Sharing		
Deductibles	\$500	
Copayments	\$100	
Coinsurance	\$2500	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$3160	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$500
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	\$7,400
-	

In this example, Joe would pay:	
Cost Sharing	
Deductibles	\$500
Copayments	\$1300
Coinsurance	\$600
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$2460

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$500
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
i otal Example oost	Ψ1,500

In this example, Mia would pay:

in the example, the would pay:	
Cost Sharing	
Deductibles	\$500
Copayments	\$0
Coinsurance	\$500
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1000

NOTICE OF NON-DISCRIMINATION AND ACCESSIBILITY REQUIREMENTS

The Company complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity. The Company does not exclude people or treat them worse because of their race, color, national origin, age, disability, or sex.

The Company provides free aids and services to people with disabilities to communicate effectively with us, such as:

- 1. Qualified sign language interpreters
- 2. Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose first language is not English when needed to communicate effectively with us, such as:

- 1. Interpreters
- 2. information translated into other languages

If you need these services, contact Betsy M. Stevens and John Kelley Civil Rights Coordinators.

If you believe that Wellfleet Insurance Company has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Betsy M. Stevens and John Kelley Civil Rights Coordinators, PO Box 15369, Springfield, MA 01115-5369 (413)-733-4540; (413)-733-4612

Bstevens@wellfleetinsurance.com, or Jkelley@wellfleetinsurance.com.

You can file a grievance in person, by mail, fax, or email. If you need help filing a grievance Betsy M. Stevens and John Kelley of Civil Rights Coordinators are available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights Complaint Portal available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building

Washington, DC 20201

800-8681019; 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

The Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

LANGUAGE ASSISTANCE PROGRAM

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call (877) 657-5030.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al (877) 657-5030.

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請致電:(877)657-5030.

XIN LƯU Ý: Nếu quý vị nói tiếng Việt (Vietnamese), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi (877) 657-5030.

알림: 한국어(Korean)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. (877) 657-5030번으로 전화하십시오.

PAUNAWA: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika. Mangyaring tumawag sa (877) 657-5030.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по номеру (877) 657-5030.

تميير علا شدحتة تنك اذا بهينة (Arabic)، بـ لاصنلاًا عاجر لا الكله قحاتم قيناجملا قيو غلاا قدعاسما المدخ ن إف 5030-657 (877).

ATANSYON: Si w pale **Kreyòl ayisyen (Haitian Creole)**, ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nan (877) 657-5030.

ATTENTION : Si vous parlez **français (French)**, des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le (877) 657-5030.

UWAGA: Jeżeli mówisz po polsku (Polish), udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod numer (877) 657-5030.

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço de assistência de idiomas gratuito. Ligue para (877) 657-5030.

ATTENZIONE: in caso la lingua parlata sia l'**italiano (Italian)**, sono disponibili servizi di assistenza linguistica gratuiti. Si prega di chiamare il numero (877) 657-5030.

ACHTUNG: Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie (877) 657-5030 an.

注意事項:日本語(Japanese) を話される場合、無料の言語支援サービスをご利用いただけます。(877) 657-5030 にお電話ください。

یسراف امشدنابز رگا: مجود (Farsi) دشابه یم امشدر ایتخا رد ناگیار روط مجه ینابز دادما تامدخ، تسدا. 657-5030 (877) تمس ابیگرید.

कृपा ध्या दाः याद आप **हंदा (Hindi)** भाषी हा तो आपके ।लए भाषा सहायता सेवाएं।न:श्ल् उपलब् हा। कृपा पर काल करा (877) 657-5030

CEEB TOOM: Yog koj hais Lus **Hmoob (Hmong)**, muaj kev pab txhais lus pub dawb rau koj. Thov hu rau (877) 657-5030.

ប្រយ័ត្ន: ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ(Khmer) សេវាកម្មភាសាជំនួយឥតគិតថ្លៃមានសម្រាប់អ្នក។ សូមទូរស័ព្ទមកលេខ (877) 657-5030 ។

PAKDAAR: Nu saritaem ti **Ilocano (Ilocano)**, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti (877) 657-5030.

DÍÍ BAA'ÁKONÍNÍZIN: **Diné (Navajo)** bizaad bee yániłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shoodí kohjį' (877) 657-5030 hodíilnih.

OGOW: Haddii aad ku hadasho Soomaali (Somali), adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac (877) 657-5030

ગુજરાતી (Gujarati) યુ ના: જો તમે જરાતી બોલતા હો, તો િન:લ્કુ ભાષા સહાય સેવાઓ તમારા માટ ઉપલબ્ધ છ. ફોન કરો (877) 657-5030

λληνικά (Greek)ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε (877) 657-5030 **Українська (Ukrainian)** УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером (877) 657-5030

አማርኛ (Amharic) ማስታወሻ: የሚና*ኅ*ሩት ቋንቋ ኣማርኛ ከሆነ የትር*ጉ*ም *እ*ርዳታ ድርጅቶች፣ በነጻ ሊያማዝዎት ተዘ*ጋ*ጀተዋል፡ ወደ ሚከተለው ቁጥር ይደው(877) 657-5030

ਪੰਜਾਬੀ (Punjabi) ਧਆਨ ਿਦਓ: ਜੇ ਤੂਸ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤ ਭਾਸ਼ਾ ਿਵੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ (877) 657-5030

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ (877) 657-5030