

# Welcome to AcademicBlue

## Your Student Health Insurance Plan

Follow these seven steps to make sure you're taking advantage of everything your plan has to offer:



#### Create an Accou<u>nt</u>

Create an account with Academic HealthPlans (AHP) at myahpcare.com.

by searching for your school then clicking on

Additional Resources and Account Information.

(AHP provides the administrative services for your plan.)



## Log in

**After registering** at the AHP

website, use the

Log in to
Blue Access for
Members<sup>SM</sup> link

to create an account. This is how you'll access your health insurance plan information on the Blue Cross and Blue Shield of Oklahoma (BCBSOK) website.

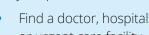
(BCBSOK is your health insurance company.)



### **Download**

# **Download** the **BCBSOK App**

to your phone to:



- or urgent care facility.Get coverage and
- View and email your member ID card.

claims information.

Text **BCBSOK APP** to **33633** to download.\*

\*Message and data rates may apply.





**Add** these important phone numbers to your contacts:



Virtual Visits with a Doctor

888-970-4081

24/7 Nurseline

800-581-0407

**Customer Service\*** 

855-267-0214

\* Hours are Monday through Friday, 8 a.m. to 8 p.m., Central time. Representatives assist students with claims, provider information, and benefit-related questions or concerns



Need to find a pharmacy?



(Prime Therapeutics is the pharmacy benefit manager for BCBSOK.)



**Register** for Well onTarget® at wellontarget.com to take advantage of:



- Health assessments
- Self-directed courses
- Tracking tools and interactive health calculators
- A variety of trusted health resources and information



**Sign up** for the discount program for members called Blue365® at



### blue365deals.com/BCBSOK

Blue365 has a range of features and discounts from top national and local retailers on fitness gear, gym memberships, vision and dental products, and much more.



Virtual visits may not be available on all plans. Non-emergency medical service in Montana and New Mexico is limited to interactive online video. Non-emergency medical service in Arkansas and Idaho is limited to interactive online video for initial consultation.

MDLIVE is a separate company that operates and administers Virtual Visits for Blue Cross and Blue Shield of Oklahoma. MDLIVE is solely responsible for its operations and for those of its contracted providers. MDLIVE® and the MDLIVE logo are registered trademarks of MDLIVE, Inc., and may not be used without permission.

The relationship between Blue Cross and Blue Shield of Oklahoma (BCBSOK) and contracting pharmacies is that of independent contractors, contracted through a related company, Prime Therapeutics LLC. Prime Therapeutics also administers the pharmacy benefit program. BCBSOK, as well as several other independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime Therapeutics. MyPrime.com is an online resource offered by Prime Therapeutics.

Blue365 is a discount program only for BCBSOK members. This is NOT insurance. Some of the services offered through this program may be covered under your health plan. Please check your benefit booklet or call the customer service number on the back of your ID card for specific benefit facts. Use of Blue365 does not change your monthly payment, nor do costs of the services or products count toward any maximums and/or plan deductibles. Discounts are only given through vendors who take part in this program. BCBSOK does not guarantee or make any claims or recommendations about the program's services or products. You may want to talk to your doctor before using these services and products. BCBSOK reserves the right to stop or change this program any time without notice.

Blue Cross®, Blue Shield® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

Blue Cross and Blue Shield of Oklahoma complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability.

To get help and information in your language at no cost, please call us at 855-710-6984.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 855-710-6984 (TTY: 711).

Academic HealthPlans, Inc. (AHP) is an independent company that provides program management and administrative services for the student health plans of Blue Cross and Blue Shield of Oklahoma.