

How to access your plan information

SINGLE SIGN ON



You're only a few steps away

from online access to your health insurance plan information from Blue Cross and Blue Shield of Oklahoma.

To begin, you must be enrolled in the Student Health Insurance Plan and then register with Academic HealthPlans*. From there you'll be able to link to Blue Access for MembersSM, the website from BCBSOK for members.

To fully access your account, complete the registration process to create a login and password. After you have registered, you will be able to view enrollment, benefit and claims information; view or request a member ID card; and much more.



STEP 1:
Go to
myahpcare.com.

New students:

Click on "Don't Have an Account?".

Current students:

Sign in with your established user name and password.

Already have coverage?

Sign in or register to view and manage your account

Sign in

Don't Have an Account?

Students, let's get started...

Submit a waiver form, enroll in your school's health insurance plan or learn about other insurance products and services.

School name

Do you need help? [Click here for support](#)

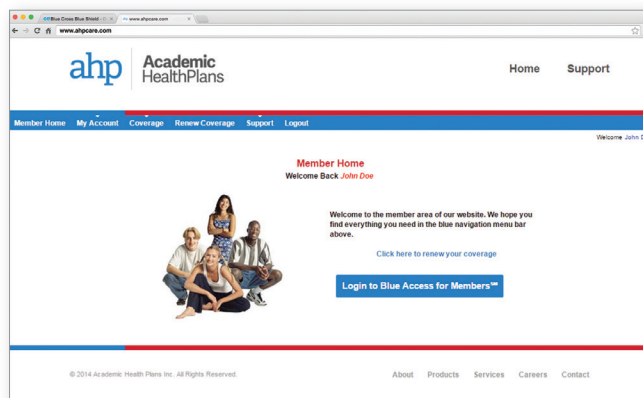
**Student health is
just a click away.**





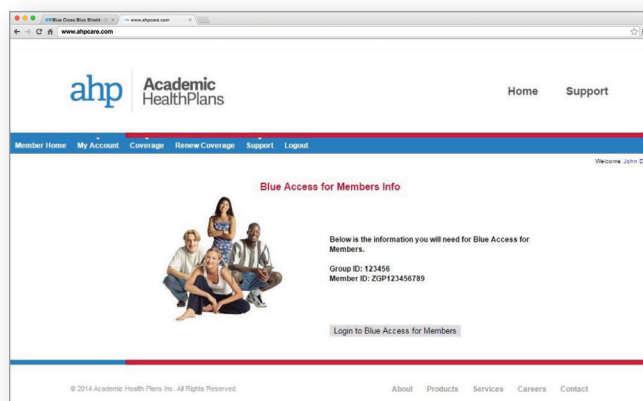
STEP 2: Access your student information.

After creating a user name and password, you will be directed to this screen. When you click on the Login box, the page will be redirected to Step 3.



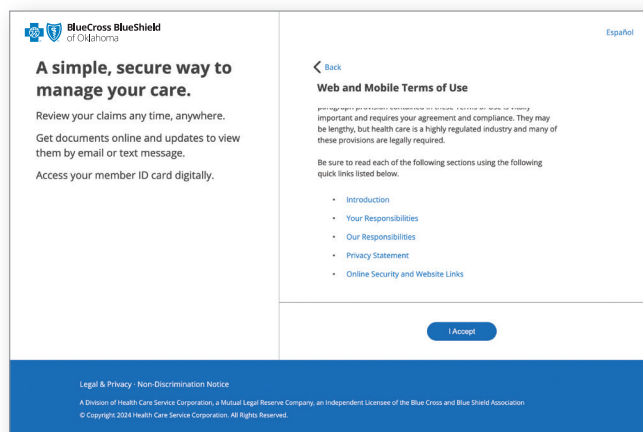
STEP 3: Enter Group and Member IDs.


The window that pops up in your browser will show your Group ID and Member ID. (You can also refer to your member ID card for this information.) Click on Login to Blue Access for Members to begin the final process. (This will be a pop-up or new tab.)



STEP 4: Agree to Terms of Use.

Please review and acknowledge the Terms of Use. A confirmation screen will appear stating a confirmation email has been sent.





Enter Member ID Number

Create Login

Confirm Account

[Español](#)

[< Back](#)

Step 1 of 3

Please fill out your policy information

First Name

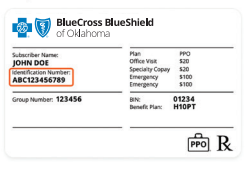
Last Name

Date of Birth

MM / DD / YYYY

Identification Number

Your identification number is listed on the left side of your ID card below your name.



Subscriber Name: JOHN DOE
 Identification Number: ABC123456789
 Group Number: 123456

Plan: PPO
 Office Visit: \$20
 Specialty Consult: \$30
 Emergency: \$100
 Emergency: \$100

WV: 01234
 Benefit Plan: H10PT

PPO R

Are you a Legal Guardian?
☐ I am a Legal Guardian

[Continue](#)

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STEP 5:

New members: Complete your registration for Blue Cross and Blue Shield of Oklahoma.

Registered members: Log in to your account using your established user name and password.

Have your Member ID ready to complete the registration page.



Enter Member ID Number

Create Login

Confirm Account

[Español](#)

[< Back](#)

Step 2 of 3

Create your secure login.

Email

Username

@

Username Must Have

- ☐ 8-40 characters

Username Can't Have

- ☐ Special characters

Password

@

Your account's security is important to us.

Password Must Have

- ☐ 8-40 characters
- ☐ An uppercase and lowercase letter
- ☐ A number

Password Can't Have

- ☐ More than two sequential or repeating characters
 Like 123, ABC, CBA, 111 or AAA
- ☐ More than 5 numbers in a row
- ☐ Restricted terms
 Apple, Audi, Bank, Bitcoin, Blue, Cadence, Care, Corporation, Cross, Demo, Focus, Game, HSC, Health, Met, New, Pds, Qwest, Rite, Service, Shield, Sign, Sys, Tco, Valid, Viam, Log
- ☐ Your first or last name, or username

[Create Login](#)

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STEP 6:

Complete username and password registration.

Enter your username, password and email.

1. You will be asked to receive a one-time passcode by text or email.
2. Enter the code from your text message or email in the box on the login screen. (You can check a box to have the system remember your device for 30 days.)
3. After you've entered your one-time passcode, you'll be logged in to your account.





THAT'S IT!

I'm now registered with AHP and can access my health insurance plan information through BCBSOK.

*Academic HealthPlans, Inc., a Risk Strategies Company is an independent company that provides program management and administrative services for the student health insurance plans of Blue Cross and Blue Shield of Oklahoma.

Blue Cross and Blue Shield of Oklahoma complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability.

To get help and information in your language at no cost, please call us at 855-710-6984.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 855-710-6984 (TTY: 711).

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Health care coverage is important for everyone.

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984. We provide free communication aids and services for anyone with a disability or who needs language assistance.

We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability. If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator
300 E. Randolph St., 35th Floor
Chicago, IL 60601

Phone: 855-664-7270 (voicemail)
TTY/TDD: 855-661-6965
Fax: 855-661-6960

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services
200 Independence Avenue SW
Room 509F, HHH Building 1019
Washington, DC 20201

Phone: 800-368-1019
TTY/TDD: 800-537-7697
Complaint Portal: <https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf>
Complaint Forms: <https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html>

To receive language or communication assistance free of charge, please call us at 855-710-6984.

Español	Llámenos al 855-710-6984 para recibir asistencia lingüística o comunicación en otros formatos sin costo.
العربية	لنتلقى المساعدة اللغوية أو التواصل مجاناً، يرجى الاتصال بنا على الرقم 855-710-6984.
繁體中文	如欲獲得免費語言或溝通協助，請撥打855-710-6984與我們聯絡。
Français	Pour bénéficier gratuitement d'une assistance linguistique ou d'une aide à la communication, veuillez nous appeler au 855-710-6984.
Deutsch	Um kostenlose Sprach- oder Kommunikationshilfe zu erhalten, rufen Sie uns bitte unter 855-710-6984 an.
ગુજરાતી	ભાષા અથવા સંચાર સહાય મફતમાં મેળવવા માટે, કૃપા કરીને અમને 855-710-6984 પર કોલ કરો.
हिंदी	निःशुल्क भाषा या संचार सहायता प्राप्त करने के लिए, कृपया हमें 855-710-6984 पर कॉल करें।
Italiano	Per assistenza gratuita alla lingua o alla comunicazione, chiami il numero 855-710-6984.
한국어	언어 또는 의사소통 지원을 무료로 받으려면 855-710-6984번으로 전화해 주세요.
Navajo	Niná: Doo bilagáana bizaad dinits'á'góó, shá ata' hodooni nínízingo, t'áájíík'eh bee náhaz'á. 1-866-560-4042 jì' hodíilni.
فارسی	برای دریافت کمک زبانی یا ارتباطی رایگان، لطفاً با شماره 855-710-6984 تماس بگیرید.
Polski	Aby uzyskać bezpłatną pomoc językową lub komunikacyjną, prosimy o kontakt pod numerem 855-710-6984.
Русский	Чтобы бесплатно воспользоваться услугами перевода или получить помощь при общении, звоните нам по телефону 855-710-6984.
Tagalog	Para makatanggap ng tulong sa wika o komunikasyon nang walang bayad, pakitawagan kami sa 855-710-6984.
اردو	مفت میں زبان یا مواصلت کی مدد موصول کرنے کے لیے، براہ کرم ہمیں 855-710-6984 پر کال کریں۔
Tiếng Việt	Để được hỗ trợ ngôn ngữ hoặc giao tiếp miễn phí, vui lòng gọi cho chúng tôi theo số 855-710-6984.