



# Student Health Insurance Plan

## for Southern Methodist University – Intensive English Program Students

### Welcome to AcademicBlue, your Student Health Insurance Plan

#### Who is automatically enrolled?\*

- All Intensive English Program (IEP) students must enroll in the Student Health Insurance Plan unless they have a special waiver personally granted by the Student Health Center (SHC) staff.

\*Unless proof of comparable coverage is provided at [MY.SMU.EDU](http://MY.SMU.EDU).

#### Special notes on waiving coverage

- Students only have to enroll or waive one time per school year.
- To view the requirements necessary to apply for a waiver, go to [www.my.smu.edu](http://www.my.smu.edu) then click on “Health Center” in the Blue Bar on the left-hand side of the page. Next, click on “Elect/Waive Health Insurance”.. [MY.SMU.EDU](http://MY.SMU.EDU).

For more detailed information, please visit Dr. Bob Smith Health Center – Student Affairs and search for Insurance.

#### How to enroll?

- Students will be enrolled from a list given to the Student Health Insurance Office from the IEP Department
- Dependent coverage is available through online enrollment at [smu.myahpcare.com](http://smu.myahpcare.com).
- The premium will be applied to their student account unless they have an approved waiver from the SMU Student Health Insurance Office.
- Payment must be paid directly to Academic HealthPlans and may not be billed to the student’s account.

**Please refer to the plan’s medical policy to review all eligibility criteria. The medical policy and additional information can be found at [smu.myahpcare.com](http://smu.myahpcare.com).**

#### Open enrollment and waiver deadlines

- **Fall, Spring, Maymester, and Summer Terms – school add/drop date**



#### Advantages of Membership

- Affordable, quality coverage compatible with the Affordable Care Act
- Coverage when traveling
- Access to a broad Participating Provider Option (PPO) network from BCBSTX
- Bilingual 24/7 Nurseline, telehealth and behavioral health program
- Discounts on vision, fitness and many more products and services

## Southern Methodist University – Intensive English Program Students 2026-2027 Plan Highlights<sup>1, 2</sup>

Student Health Center – At the Dr. Bob Smith Health Center, there are no copayments for routine office visits. The deductible is waived, covered expenses will be payable at 80% for insured students. Adult immunizations covered at the SHC include TB skin test, MMR#1, MMR#2, Tdap, Td and meningitis. Prescription Drugs at the Student Health Center only, covered at 100% after a \$15 copayment for each generic drug and \$40 copayment for each brand name drug.

Benefit Maximums and Deductibles	In-Network Provider	Out-of-Network Provider
<b>Benefit Maximum</b>	Unlimited	Unlimited
<b>Deductible (Individual/Family)</b>	\$400/\$1,200	\$1,200/\$3,600
<b>Out-of-Pocket Maximum (Individual/Family)</b>	\$7,900 /\$12,700	\$10,000/\$37,000

Benefits (Deductible applies unless noted below)	In-Network Provider	Out-of-Network Provider
<b>Hospital Expenses</b>	80%	60%
<b>Surgical Expenses</b>	80%	60%
<b>Doctor's Visits</b>	100% after: \$35 Primary Care Copayment \$45 Specialist Copayment	60%
<b>Emergency Care and Accidental Injury</b> Facility Services – Copayment is waived if the insured is admitted, Inpatient hospital expenses will apply	80% after \$250 Copayment (deductible waived)	80% after \$250 Copayment (deductible waived)
<b>Physician Services</b>	80%	80%
<b>Independent Lab and X-Ray Provider</b>	80%	60%
<b>Preventive Care Services</b>	100%	60%
<b>Prescription Drugs</b> Limited to 30-day retail supply – Prescriptions filled at the Student Health Center: 100% of allowable amount after a \$15/\$40 Copayment (Deductible waived) **Copayment plus the cost difference between the brand-name drug or supplies per prescription for which there is a generic drug or supply available.	At pharmacies contracting with Prime Therapeutics <sup>3</sup> , 100% after: <ul style="list-style-type: none"> <li>\$25 copayment for each preferred generic drug</li> <li>\$75 copayment for each nonpreferred generic drug</li> <li>\$50 copayment for each preferred brand-name drug**</li> <li>\$75 copayment for each nonpreferred brand-name drug**</li> </ul>	60% after: <ul style="list-style-type: none"> <li>\$25 copayment for each preferred generic drug</li> <li>\$75 copayment for each nonpreferred generic drug</li> <li>\$50 copayment for each preferred brand-name drug**</li> <li>\$75 copayment for each nonpreferred brand-name drug**</li> </ul> <b>Please note:</b> You are required to pay the full amount charged at the time of service for all

Coverage Periods and Premium Costs	Fall	Spring	Maymester	Summer
<b>Dates Covered</b>	08/30/2026 - 01/02/2027	01/03/2027 - 04/30/2027	05/01/2027 - 06/26/2027	06/27/2027 - 08/29/2027
<b>Student</b>	\$1,427	\$1,337	\$646	\$725
<b>Spouse &amp; Per Child Rate (2 child max)</b>	\$1,427	\$1,337	\$646	\$725

Fall rates include a \$14 AES/ASAP/ALC fee, Spring rates include a \$21 AES/ASAP/ALC fee, Maymester rates include a \$7 AES/ASAP/ALC fee, and Summer rates include a \$7 AES/ASAP/ALC fee.

This document is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of plan benefits and programs and does not constitute a contract. Covered expenses are subject to plan maximums, limitations and exclusions as described in the Policy. The PPO network is BCBSTX Participating Provider Option (PPO) Network.

<sup>2</sup> Covered charges at in-network and out-of-network providers are based on the allowable amount. For more information, please see your school's policy.

<sup>3</sup> The relationship between Blue Cross and Blue Shield of Texas (BCBSTX) and contracting pharmacies is that of independent contractors, contracted through a related company, Prime Therapeutics LLC. Prime Therapeutics LLC is a separate company that also administers the pharmacy benefit program. BCBSTX, as well as several other independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime Therapeutics.

Academic HealthPlans, Inc., part of the Brown & Brown team, is an independent company that provides program management and administrative services for the student health plans of Blue Cross and Blue Shield of Texas.

Blue Cross and Blue Shield of Texas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability. To get help and information in your language at no cost, please call us at 855-710-6984.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 855-710-6984 (TTY: 711).

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