

Aetna Student Health Plan Design and Benefits Summary Open Choice PPO

# South Orange County Community College District

Policy Year: 2023 - 2024 Policy Number: 232095 https://www.aetnastudenthealth.com (877) 480-4161







This is a brief description of the Student Health Plan. The plan is available for South Orange County Community College District students and their eligible dependents. The plan is insured by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at <u>https://www.aetnastudenthealth.com</u>. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

## **IRVINE VALLEY COLLEGE**

## **Health & Wellness Center**

In the event of an injury or sickness, the covered student should first seek treatment at the Health & Wellness Center when available. The HWC will provide treatment or give a referral to seek care off campus. A referral by the HWC to a physician's office will waive the deductible; however, it is not required. Location: HWC, Student Services Building, Room 150, Irvine, CA 92618 Phone: (949) 451-5221 Hours: Monday - Friday 8:00 a.m. to 4:30 p.m. Closed weekends and school holidays. Consult the HWC website for summer hours.

## SADDLEBACK COLLEGE

## **Health & Wellness Center**

In the event of an injury or sickness, the covered student should first seek treatment at the Health & Wellness Center when available. The HWC will provide treatment or give a referral to seek care off campus. A referral by the HWC to a physician's office will waive the deductible; however, it is not required.

Location: HWC, Student Services Center, Room 177, Mission Viejo, CA 92692

Phone: (949) 582-4606

Hours: Monday - Thursday 8:00 a.m. to 5:00 p.m., Friday 8:00 a.m. to 3:00 p.m.

Closed daily from 12:00 p.m. to 1:00 p.m. Closed weekends and school holidays. Consult the HWC website for summer hours.

## Who is eligible?

All enrolled international students in the United States with non-immigrant F-1 and J-1 student visa classifications are subject to the mandatory health insurance requirement. Students can either enroll in the health insurance plan or submit a waiver with equivalent insurance coverage that is government-sponsored or U.S. employer-sponsored. Dependents of nonimmigrant F-1 and J-1 students may be enrolled as a dependent of the primary visa student (F-1 or J-1). Dependent and Students on other visa types are eligible to enroll voluntary, online.

You must actively attend classes for at least the first 31-days after the date your coverage becomes effective. You cannot meet this eligibility requirement if you are enrolled in a program of study that offers classes only online.

## **Dependent Coverage Eligibility**

Covered students may also enroll their lawful spouse, domestic partner (same-sex, opposite sex), and dependent children up to the age of 26.

#### **Coverage Dates and Rates**

Coverage for all insured students and eligible dependents will become effective at 12:01 AM on the Coverage Start Date indicated below and will terminate at 11:59 PM on the Coverage End Date indicated. Coverage for insured dependents terminates in accordance with the Termination Provisions described in the Certificate of Coverage.

The rates below include premiums for the Plan underwritten by Aetna Life Insurance Company (Aetna).

	Annual 08/01/2023- 07/31/2024	Fall 08/01/2023- 12/31/2023	Spring/Summer 01/01/2024- 07/31/2024	Summer 05/01/2024- 07/31/2024
Student	\$2,252.30	\$938.46	\$1,313.84	\$563.08
Spouse	\$2,252.30	\$938.46	\$1,313.84	\$563.08
One Child	\$2,252.30	\$938.46	\$1,313.84	\$563.08
Two or More Children	\$4,504.60	\$1,876.92	\$2,627.68	\$1,126.16
Enrollment Deadlines	09/30/2023	09/30/2023	02/28/2024	06/30/2024

Premium is charged per dependent, up to three (3) times the premium fee, after which no further premium is charged for additional dependents. (Note: A legal dependent is a spouse, domestic partner, or unmarried child under age 26.)

The rates above reflect premiums for the student health insurance plan, plus annual fees for travel emergency assistance, telemedicine, and student assistance services provided by Academic Health Insurance Services.

## Enrollment

To obtain coverage online for yourself and/or your dependents, log on to https://www.ahpcare.com and search for your school.

## Important note regarding coverage for a newborn infant or newly adopted child:

- A newborn child Your newborn child is covered on your health plan for the first 31-days from the moment of birth.
  - To keep your newborn covered, you must notify us (or our agent) of the birth and pay any required premium contribution during that 31-day period.
  - You must still enroll the child within 31-days of birth even when coverage does not require payment of an additional premium contribution for the newborn.
  - If you miss this deadline, your newborn will not have health benefits after the first 31-days.
  - If your coverage ends during this 31-day period, then your newborn 's coverage will end on the same date as your coverage. This applies even if the 31-day period has not ended.
- An adopted child or a child legally placed with you for adoption A child that you, or that you and your spouse, civil union partner or domestic partner adopts or is placed with you for adoption, is covered on your plan for the first 31-days after the adoption or the placement is complete.
  - To keep your child covered, we must receive your completed enrollment information within 31-days after the adoption or placement for adoption.
  - You must still enroll the child within 31-days of the adoption or placement for adoption even when coverage does not require payment of an additional premium contribution for the child.
  - If you miss this deadline, your adopted child or child placed with you for adoption will not have health benefits after the first 31-days.
  - If your coverage ends during this 31-day period, then coverage for your adopted child or child placed with you for adoption will end on the same date as your coverage. This applies even if the 31-day period has not ended.

If you need information or have general questions on dependent enrollment, call Member Services at (877) 480-4161.

## **Medicare Eligibility Notice**

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

## **Termination and Refunds**

#### Withdrawal from Classes – Leave of Absence

If you withdraw from classes under a school-approved leave of absence, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded.

#### Withdrawal from Classes – Other than Leave of Absence

If you withdraw from classes other than under a school-approved leave of absence within 31 days<sup>\*</sup> after the start date of classes, you will be considered ineligible for coverage, <u>your</u> coverage will be terminated retroactively and any premiums collected will be refunded. If the withdrawal is more than 31 days after the start date of classes, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded. If you withdraw from classes to enter the armed forces of any country, coverage will terminate as of the effective date of such entry and a pro rata refund of premiums will be made if you submit a written request within 90 days of withdrawal from classes.

#### **In-network Provider Network**

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

#### Service area

Your plan generally pays for eligible health services only within a specific geographic area, called a service area. There are some exceptions, such as for emergency services, urgent care and transplants.

#### Precertification

You do not need to obtain pre-certification for any services. However, your provider is required to obtain precertification for certain Preferred Care services. Refer to the Precertification provisions in the Coverage section of the Certificate of Coverage for a complete description of the precertification programs including the types of services, treatments, procedures, visits or supplies that require precertification. No penalty will be applied to you for a Preferred Care service that was not pre-certified.

#### **Coordination of Benefits (COB)**

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

## **Description of Benefits**

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to <u>https://www.aetnastudenthealth.com</u>.

	In-network coverage	Out-of-network coverage
Policy year deductibles		
Student	\$100 per p	olicy year (Combined)
Spouse	\$100 per policy year (Combined)	
Each Child	\$100 per p	olicy year (Combined)
Family	\$300 per p	olicy year (Combined)
Policy year deductible waiver		

This Plan will pay benefits in accordance with any applicable **California** Insurance Law(s).

## The policy year deductible is waived for all of the following eligible health services:

- In-network care for Preventive care and wellness,
- In-network care for Pediatric Dental Type A services,
- In-network care for Pediatric Vision Care,
- In-network care for Inpatient Mental Health and Substance related disorders,
- In-network care for Outpatient Mental Health and Substance related disorders Office Visits, including other outpatient services,
- In-network care for Adult vision,

Maximum and of machine limits

- In-network care for Hearing Exam,
- In-network and out-of-network care for Outpatient Prescription Drugs,
- In-network and out-of-network care for Well Newborn Nursery Care

Maximum out-of-pocket limits		
	In-network coverage	Out-of-network coverage
Student	\$2,500 per policy year	Unlimited
Spouse	\$2,500 per policy year	Unlimited
Each Child	\$2,500 per policy year	Unlimited
Family	\$7,500 per policy year	Unlimited

Eligible health services	In-network coverage	Out-of-network coverage
Routine physical exams		
Performed at a physician's office	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Maximum age and visit limits per policy year through age 21	Subject to any age and visit limits provid supported by the American Academy of Resources and Services Administration g	Pediatrics/Bright Futures//Health
Covered persons age 22 and over: Maximum visits per policy year	1 \	<i>i</i> isit
Preventive care immunizations		
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Maximums	Subject to any age limits provided for in supported by Advisory Committee on In Disease Control and Prevention	the comprehensive guidelines nmunization Practices of the Centers for
Routine gynecological exams (includ	I	
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Maximum visits per policy year	1	visit
Preventive screening and counseling	g services	
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol & drugs, Tobacco Products, Depression Screening, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	75% (of the recognized charge) per visit
Stress management counseling office visits	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Chronic condition counseling office visits	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
	No copayment or policy year deductible applies	

Eligible health services	In-network coverage	Out-of-network coverage
Routine cancer screenings	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Maximum:	<ul> <li>Subject to any age; family history; and frequency guidelines as set forth in the most current:</li> <li>Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and</li> <li>The comprehensive guidelines supported by the Health Resources and Services Administration.</li> </ul>	
Lung cancer screening maximums	1 screening ev	ery 12 months*
Prenatal and postpartum care services -Preventive care services only (includes participation in the California Prenatal Screening Program)	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	75% (of the recognized charge) per visit
Lactation support and counseling services	100% (of the negotiated charge) per visit No copayment or policy year	75% (of the recognized charge) per visit
Breast pump supplies and accessories	deductible applies100% (of the negotiated charge) peritemNo copayment or policy yeardeductible applies	75% (of the recognized charge) per visit
Family planning services – female co	1 · · ·	1
Female contraceptive counseling services office visit	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Female contraceptive prescription drugs and devices provided, administered, or removed, by a	100% (of the negotiated charge) per item	75% (of the recognized charge) per visit
provider during an office visit For each 30 day supply or 12	No copayment or policy year deductible applies	
month supply		
Female Voluntary sterilization- Inpatient & Outpatient provider	100% (of the negotiated charge)	75% (of the recognized charge) per visit

• Any contraceptive methods that are only "reviewed" by the FDA and not "approved" by the FDA

Eligible health services	In-network coverage	Out-of-network coverage
Physicians and other health professi	onals	-
Physician, specialist including Consultants Office visits (non- surgical/non-preventive care by a physician and specialist) (includes telemedicine consultations)	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
Allergy testing and treatment		
Allergy testing performed at a physician or specialist office	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
Allergy injections treatment performed at a physician's, or specialist office when you see the physician	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
Allergy sera and extracts administered via injection at a physician's or specialist's office	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
Physician and specialist surgical serv	ices	
Inpatient surgery performed during your stay in a hospital or birthing center by a surgeon (includes anesthetist and surgical assistant expenses)	100% (of the negotiated charge)	75% (of the recognized charge)
• A stay in a hospital (Hospital other facility care section)	this benefit: vsician who helps the operating physician stays are covered in the <i>Eligible health se</i> for the administration of a local anesthe	rvices and exclusions – Hospital and
Outpatient surgery performed at a physician's or specialist's office or outpatient department of a hospital or surgery center by a surgeon (includes anesthetist and surgical assistant expenses)	100% (of the negotiated charge)	75% (of the recognized charge)
The following are not covered under	this benefit:	
<ul> <li>A stay in a hospital (Hospital other facility care section)</li> <li>A separate facility charge for</li> </ul>	vsician who helps the operating physician stays are covered in the <i>Eligible health se</i> surgery performed in a physician's office for the administration of a local anesthe	rvices and exclusions – Hospital and

Eligible health services	In-network coverage	Out-of-network coverage
Alternatives to physician office visit	S	
Walk-in clinic visits	100% (of the negotiated charge)	75% (of the recognized charge)
(non-emergency visit)		
Hospital and other facility care		
Inpatient hospital (room and	100% (of the negotiated charge) per	75% (of the recognized charge) per
board) and other	admission	admission
miscellaneous services and		
supplies)		
Includes birthing center facility		
charges Proodmission tosting	Covered according to the type of	Covered according to the type of
Preadmission testing	benefit and the place where the	benefit and the place where the
	service is received	service is received
In harpital non surgical physician		
In-hospital non-surgical physician services	100% (of the negotiated charge)	75% (of the recognized charge)
Alternatives to hospital stays		
Outpatient surgery (facility	100% (of the negotiated charge)	75% (of the recognized charge)
charges) performed in the	100% (of the negotiated charge)	75% (of the recognized charge)
outpatient department of a		
hospital or surgery center		
The following are not covered unde	r this henefit:	
-	ysician who helps the operating physician	
	Hospital care – facility charges benefit in t	
	surgery performed in a physician's office	
	for the administration of a local anesthe	
Home health Care	100% (of the negotiated charge) per	75% (of the recognized charge) per
Home health Care	visit	visit
The following are not covered unde		VISIC
-	le services or therapeutic support service	s provided outside of the home (such as
-	acation, work or recreational activities)	s provided outside of the nome (such as
Transportation		
•	d to a minor or dependent adult when a fa	amily member or caregiver is not present
<ul> <li>Homemaker or housekeeper</li> </ul>	•	anny member of caregiver is not present
<ul> <li>Food or home delivered serv</li> </ul>		
	nces	
Maintenance therapy	100% (of the negatisted charge) are	75% (of the recognized charge) set
Hospice-Inpatient	100% (of the negotiated charge) per	75% (of the recognized charge) per
	admission	admission
Hospice-Outpatient	100% (of the negotiated charge) per	75% (of the recognized charge) per
	visit	visit
	VISIC	VISIL

- Funeral arrangements
- Financial or legal counseling which includes estate planning and the drafting of a will
- Homemaker or caretaker services that are services which are not solely related to your care and may include:
  - Sitter or companion services for either you or other family members
  - Transportation
  - Maintenance of the house

Eligible health services	In-network coverage	Out-of-network coverage
Skilled nursing facility- Inpatient	100% (of the negotiated charge) per admission	75% (of the recognized charge)
Hospital emergency room	100% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Non-emergency care in a hospital emergency room	Not covered	Not covered

#### Important note:

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to other covered benefits under the plan cannot be applied to the hospital emergency room copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital
  emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance
  amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the
  specific service given to you.
- Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts.

## The following are not covered under this benefit:

• Non-emergency services in a hospital emergency room facility, freestanding emergency medical care facility or comparable emergency facility

Urgent care	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
Non-urgent use of an urgent care	Not covered	Not covered
provider		
The following is not covered under	this benefit:	
New superstances in an experiment over facility (at a new heavital function facility)		

• Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)

Eligible health services	In-network coverage	Out-of-network coverage	
Pediatric dental care (Limited to covered persons through the end of the month in which the person turns age 19.			
Type A services	100% (of the negotiated charge) per visit	100% (of the recognized charge)	
	No copayment or deductible applies		
Type B services	50% (of the negotiated charge) per visit	50% (of the recognized charge)	
Type C services	50% (of the negotiated charge) per visit	50% (of the recognized charge)	
Orthodontic services	50% (of the negotiated charge) per visit	50% (of the recognized charge)	
Dental emergency services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.	

Pediatric dental care exclusions

The following are not covered under this benefit:

- Asynchronous dental treatment
- Cosmetic services and supplies including plastic surgery, reconstructive surgery, cosmetic surgery, personalization or characterization of dentures or other services and supplies which improve alter or enhance appearance, augmentation and vestibuloplasty, and other substances to protect, clean, whiten bleach or alter the appearance of teeth; whether or not for psychological or emotional reasons. Facings on molar crowns and pontics will always be considered cosmetic.
- Crown, inlays, onlays, and veneers unless:
  - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material or
  - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants (that are determined not to be medically necessary mouth guards, and other devices to protect, replace or reposition teeth
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
  - For splinting
  - To alter vertical dimension
  - To restore occlusion
  - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the *Eligible health services and exclusions Specific conditions* section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Mail order and at-home kits for orthodontic treatment
- Orthodontic treatment except as covered in this section
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs
- Replacement of teeth beyond the normal complement of 32
- Services and supplies:
  - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services

- Provided for your personal comfort or convenience or the convenience of another person, including a provider
- Provided in connection with treatment or care that is 75% (of the recognized charge) under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons, except as medically necessary •

igible health services abetic services and supplies including equipment and training) odiatric (foot care) treatment hysician and specialist non-	In-network coverage Covered according to the type of benefit and the place where the service is received.	Out-of-network coverageCovered according to the type of benefit and the place where the
odiatric (foot care) treatment	benefit and the place where the	benefit and the place where the
odiatric (foot care) treatment		
	service is received.	
	+	service is received.
ysician and specialist non-	Covered according to the type of	Covered according to the type of
	benefit and the place where the	benefit and the place where the
utine foot care treatment	service is received.	service is received.
e following are not covered under	r this benefit:	
<ul> <li>Services and supplies for:</li> </ul>		
<ul> <li>The treatment of calluses</li> </ul>	s, bunions, toenails, flat feet, hammertoe	s, fallen arches
<ul> <li>The treatment of weak fe</li> </ul>	eet, chronic foot pain or conditions cause	d by routine activities, such as walking,
running, working or wear	ring shoes	
<ul> <li>Supplies (including ortho</li> </ul>	pedic shoes), foot orthotics, arch support	s, shoe inserts, ankle braces, guards,
•	nents and other equipment, devices and	
	s, such as cutting of nails, corns and callu	ses when there is no illness or injury of
the feet		1
cidental injury to sound natural	100% (of the negotiated charge)	75% (of the recognized charge)
eth		
e following are not covered under	this benefit:	
• The care, filling, removal or re	eplacement of teeth and treatment of dis	seases of the teeth
Dental services related to the	e gums	
Apicoectomy (dental root res	section)	
<ul> <li>Orthodontics</li> </ul>		
<ul> <li>Root canal treatment</li> </ul>		
Soft tissue impactions		
<ul> <li>Bony impacted teeth</li> </ul>		
Alveolectomy		
Augmentation and vestibulor	plasty treatment of periodontal disease	
False teeth		
• Prosthetic restoration of dem	tal implants	
Dental implants		
mporomandibular joint	Covered according to the type of	Covered according to the type of
rsfunction (TMJ) and	benefit and the place where the	benefit and the place where the
aniomandibular joint dysfunction	service is received.	service is received.
MJ) treatment		
e following are not covered under	this benefit:	
Dental implants		
ood and body fluid	Covered according to the type of	Covered according to the type of
posure	benefit and the place where the	benefit and the place where the
posure	service is received.	service is received.

these are covered elsewhere in the student policy

Eligible health services	In-network coverage	Out-of-network coverage
Clinical trial (routine patient	Covered according to the type of	Covered according to the type of
costs)	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
The following are not covered under	this benefit:	
<ul> <li>Services and supplies related</li> </ul>	I to data collection and record-keeping th	nat is solely needed due to the clinical
trial (i.e. protocol-induced co	osts)	
<ul> <li>Services and supplies provide</li> </ul>	ed by the trial sponsor without charge to	you
•	on itself (except medically necessary Cate investigational interventions for termina m policies)	
Dermatological treatment	Covered according to the type of	Covered according to the type of
	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
The following are not covered unde	r this benefit:	
Cosmetic treatment and pro		
Obesity bariatric Surgery and	Covered according to the type of	Covered according to the type of
services	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Obesity surgery-travel and lodging		
Maximum benefit payable for	\$	130
travel expenses for each round trip		
<ul> <li>three round trips covered (one</li> </ul>		
pre-surgical visit, the surgery and		
one follow-up visit)		
Maximum benefit payable for	\$	130
travel expenses per companion for		
each round trip – two round trips		
covered (the surgery and one		
follow-up visit)		
Maximum benefit payable for	\$100 per day	up to two days
lodging expenses per patient and		
companion for the pre-surgical and		
follow-up visits		
Maximum benefit payable for	\$100 per day	up to four days
lodging expenses per companion		
for surgery stay		

- Weight management treatment or drugs intended to decrease or increase body weight, control weight or treat obesity, including morbid obesity except as described above and in the *Eligible health services and exclusions Preventive care and wellness* section, including preventive services for obesity screening and weight management interventions. This is regardless of the existence of other medical conditions. Examples of these are:
  - Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
  - Hypnosis or other forms of therapy

<ul> <li>Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement</li> </ul>		
Eligible health services	In-network coverage	Out-of-network coverage
Maternity care that is not	Covered according to the type of	Covered according to the type of
considered preventive care	benefit and the place where the	benefit and the place where the
(includes delivery and postpartum	service is received.	service is received.
care services in a hospital or		
birthing center)		
The following are not covered under	this benefit:	1
<ul> <li>Any services and supplies relaperform deliveries</li> </ul>	ated to births that take place in the home	e or in any other place not licensed to
Well newborn nursery	100% (of the negotiated charge)	75% (of the recognized charge)
care in a hospital or		
birthing center	No policy year deductible applies	No policy year deductible applies
Family planning services – other		
Voluntary sterilization	100% (of the negotiated charge)	75% (of the recognized charge)
for males-surgical services		
Abortion	100% (of the negotiated charge)	75% (of the recognized charge)
	No policy year deductible applies	
Gender affirming treatment		
Surgical, hormone replacement	Covered according to the Behavioral	Covered according to the Behavioral
therapy, and counseling treatment	health section	health section
Mental Health & Substance Abuse Tr	reatment	
Coverage provided under the same te	erms, conditions as any other <b>illness</b> .	
Inpatient hospital	100% (of the balance of the	75% (of the recognized charge)
(room and board and other	negotiated charge) per admission	
miscellaneous hospital		
services and supplies)	No policy year deductible applies	
Outpatient office visits	100% (of the balance of the	75% (of the recognized charge)
includes telemedicine	negotiated charge) per visit	
consultations)		
	No policy year deductible applies	
Other outpatient treatment	100% (of the negotiated charge) per	75% (of the recognized charge)
, (includes skilled behavioral health	visit	
services in the home)		
	No policy year deductible applies	
Eligible health services	In-network coverage (IOE facility)*	Out-of-network coverage
0	<b>U ( )</b>	•
		IOE providers)
Transplant services		
Inpatient and outpatient transplant	Covered according to the type of	Covered according to the type of
facility services	benefit and the place where the	benefit and the place where the
·	service is received.	service is received.
Inpatient and outpatient transplant		
• • • • • • • • • • • • • • • • • • • •	service is received.	service is received.
Inpatient and outpatient transplant	benefit and the place where the service is received. Covered according to the type of benefit and the place where the	Covered according to the type of benefit and the place where the service is received. Covered according to the type of benefit and the place where the

Transplant services-travel and lodging	Covered	Covered
Lifetime Maximum payable for Travel and Lodging Expenses for any one transplant, including tandem transplants	\$10,000	
Maximum payable for Lodging Expenses per <b>IOE</b> patient	\$50 per night	
Maximum payable for Lodging Expenses per companion	\$50 pe	er night

- Services and supplies furnished to a donor when the recipient is not a covered person
- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

Eligible health services	In-network coverage	Out-of-network coverage		
Treatment of infertility	Treatment of infertility			
Basic infertility services Inpatient and outpatient care - basic infertility	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.		
Fertility preservation services				
Fertility preservation	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.		

#### The following are not covered services under the infertility treatment benefit:

- Injectable infertility medication, including but not limited to menotropins, hCG, and GnRH agonists.
- All charges associated with:
  - Surrogacy for you or the surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father
  - Thawing of cryopreserved (frozen) eggs, embryos or sperm
  - The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers
  - The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related
  - Obtaining sperm from a person 75% (of the recognized charge) under this plan for ART services
- Home ovulation prediction kits or home pregnancy tests
- The purchase of donor embryos, donor oocytes, or donor sperm
- Reversal of voluntary sterilizations, including follow-up care
- Ovulation induction with menotropins, Intrauterine insemination and any related services, products or procedures
- In vitro fertilization (IVF), Zygote intrafallopian transfer (ZIFT), Gamete intrafallopian transfer (GIFT), Cryopreserved embryo transfers and any related services, products or procedures (such as Intracytoplasmic sperm injection (ICSI) or ovum microsurgery)
- ART services are not provided for out-of-network care

Eligible health services	In-network coverage	Out-of-network coverage	
Specific therapies and tests			
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	100% (of the negotiated charge) per visit	75% (of the recognized charge)	
Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility	100% (of the negotiated charge) per visit	75% (of the recognized charge)	
Outpatient Chemotherapy, Radiation & Respiratory Therapy	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit	
Outpatient infusion therapy performed in a covered person's home, physician's office, outpatient department of a hospital or other facility	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	
The following are not covered under	this benefit:		
Enteral nutrition			
Blood transfusions and blood	products		
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy) Combined for short-term rehabilitation services and habilitation therapy services	100% (of the negotiated charge) per visit	75% (of the recognized charge) per visit	
Acupuncture therapy	100% (of the balance of the negotiated charge) per visit	75% (of the recognized charge) per visit	
The following are not covered under	this benefit:		
Acupressure			
Chiropractic services	100% (of the balance of the negotiated charge) per visit	75% (of the recognized charge) per visit	
Specialty prescription drugs purchased and injected or infused by your provider in an outpatient setting	Covered according to the type of benefit or the place where the service is received.	Covered according to the type of benefit or the place where the service is received.	
Other services and supplies			
Emergency ground, air, and water ambulance (includes non- emergency ambulance)	100% (of the negotiated charge) per trip	Paid the same in-network coverage	
Durable medical and surgical equipment	100% (of the negotiated charge) per item	75% (of the recognized charge) per item	

- Whirlpools
- Portable whirlpool pumps
- Sauna baths
- Massage devices
- Over bed tables
- Elevators
- Communication aids
- Vision aids
- Telephone alert systems
- Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician

equipment even if they are p	rescribed by a physician	equipment even if they are prescribed by a physician			
Eligible health services	In-network coverage	Out-of-network coverage			
Nutritional support	Covered according to the type of	Covered according to the type of			
	benefit or the place where the service	benefit or the place where the			
	is received.	service is received.			
The following are not covered under	this benefit:				
<ul> <li>Any food item, including infa</li> </ul>	Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins,				
medical foods and other nutr	itional items, even if it is the sole source of	of nutrition			
Prosthetic devices including contact	100% (of the negotiated charge) per	75% (of the recognized charge) per			
lenses for aniridia & Orthotics	item	item			
The following are not covered under	this benefit:				
Services covered under any c	ther benefit				
Orthopedic shoes, therapeut	ic shoes, foot orthotics, or other devices t	o support the feet, unless required for			
the treatment of or to preven	nt complications of diabetes, or if the orth	opedic shoe is an integral part of a			
covered leg brace					
<ul> <li>Trusses, corsets, and other st</li> </ul>	upport items				
Repair and replacement due	to loss or misuse				
Communication aids					
Hearing Exams					
Hearing exam	100% (of the negotiated charge) per	75% (of the recognized charge) per			
	visit	visit			
	No policy year deductible applies				
Hearing exam maximum	One hearing exam every policy year				
The following are not covered under	r this benefit:				
	• Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of				
the overall hospital stay					
Pediatric vision care (Limited to covered persons through the end of the month in which the person turns age 19)					
Performed by a legally qualified	100% (of the negotiated charge) per	75% (of the recognized charge) per			
ophthalmologist or optometrist	visit	visit			
(includes comprehensive low vision					
evaluations)	No copayment or policy year				
	deductible applies				
Low vision Maximum	One comprehensive low vision evaluation every five years				
Fitting of contact Maximum	1 visit				

Eligible health services	In-network coverage	Out-of-network coverage
Pediatric vision care services &	100% (of the negotiated charge) per	75% (of the recognized charge) per
supplies-Eyeglass frames,	item	item
prescription lenses or prescription		
contact lenses	No copayment or policy year	
	deductible applies	
Maximum number Per year:		
Eyeglass frames	One set of eyeglass frames	
Prescription lenses	One pair of prescription lenses	
Contact lenses (includes non-	Daily disposables: up to 1 year supply	
conventional prescription contact	Extended wear disposable: up to 1 year supply	
lenses & aphakic lenses prescribed	Non-disposable lenses: 1 year supply	
after cataract surgery)		
Optical devices	Covered according to the type of	Covered according to the type of
	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Maximum number of optical	One optical device	
devices per policy year		

\*Important note: Refer to the Vision care section in the certificate of coverage for the explanation of these vision care supplies. As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both.

## The following are not covered under this benefit:

• Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes

## Adult vision care Limited to covered persons age 19 and over

Adult routine vision exams	100% (of the balance of the	75% (of the recognized charge) per
(including refraction) Performed by	negotiated charge) per visit	visit
a legally qualified ophthalmologist		
or therapeutic optometrist, or any	No policy year deductible applies	
other providers acting within the		
scope of their license		
Includes fitting of prescription		
contact lenses		
Maximum visits per policy year	1 v	isit

#### The following are not covered under this benefit:

- Adult vision care
- Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses
- Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes Adult vision care services and supplies
- Special supplies such as non-prescription sunglasses
- Special vision procedures, such as orthoptics or vision therapy
- Eye exams during your stay in a hospital or other facility for health care
- Eye exams for contact lenses or their fitting
- Eyeglasses or duplicate or spare eyeglasses or lenses or frames
- Replacement of lenses or frames that are lost or stolen or broken
- Acuity tests
- Eye surgery for the correction of vision, including radial keratotomy, LASIK and similar procedures
- Services to treat errors of refraction

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient prescription drugs		
Policy year deductible and copayment/coinsurance waiver for risk reducing breast cancer		
The policy year deductible and the per prescription copayment/coinsurance will not apply to risk reducing breast cancer prescription drugs when obtained at a retail in-network, pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.		
Outpatient prescription drug policy year deductible and copayment waiver for tobacco cessation prescription and over-the-counter drugs		

The prescription drug copayment will not apply to treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

## Outpatient prescription drug copayment waiver for contraceptives

The outpatient prescription drug copayment will not apply to female contraceptive methods when obtained at an innetwork pharmacy.

This means that such contraceptive methods are paid at 100% for:

- All FDA approved contraceptive prescription drugs and devices, including over-the-counter (OTC) contraceptive prescription drugs and devices. Related services and supplies needed to administer covered devices will also be paid at 100%.
- A therapeutic equivalent prescription drug or device when a prescription drug or device is not available or is deemed medically inadvisable by your provider when you are granted a medical exception.

Eligible health services	In-network coverage	Out-of-network coverage	
Preferred Generic prescription drugs			
For each fill up to a 30 day supply	\$10 copayment per supply then the	Not covered	
filled at a retail pharmacy	plan pays 100% (of the balance of the		
	negotiated charge)		
	No policy year deductible applies		
Preferred Brand-Name prescription d	lrugs		
For each fill up to a 30 day supply	\$20 copayment per supply then the	Not covered	
filled at a retail pharmacy	plan pays 100% (of the balance of the		
	negotiated charge)		
	No policy year deductible applies		
Non-Preferred Generic prescription d	rugs		
For each fill up to a 30 day supply	\$40 copayment per supply then the	Not covered	
filled at a retail pharmacy	plan pays 100% (of the balance of the		
	negotiated charge)		
	No policy year deductible applies		
Non-Preferred Brand-Name prescription drugs			
For each fill up to a 30 day supply	\$40 copayment per supply then the	Not covered	
filled at a retail pharmacy	plan pays 100% (of the balance of the		
	negotiated charge)		
	No policy year deductible applies		

The certificate of coverage explains how to get a medical exception.

Eligible health services	In-network coverage	Out-of-network coverage
Specialty drugs		
For each fill up to a 30 day supply filled at a specialty pharmacy or a retail pharmacy	\$90 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not covered
	No policy year deductible applies	
Contraceptives (birth control)		
For each fill up to a 12 month supply of generic and OTC drugs and	100% (of the negotiated charge)	Not covered
devices filled at a retail pharmacy	No policy year deductible applies	
For each fill up to a 12 month supply of brand name prescription drugs and devices filled at a retail	Paid according to the type of drug per the schedule of benefits, above	Not covered
pharmacy	A brand name contraceptive is 100% (of the negotiated charge), No policy year deductible if there are no generic therapeutic equivalents.	
Orally administered anti-cancer prescription drugs- For each fill up to a 30 day supply filled at a retail pharmacy	100% (of the negotiated charge)	Not covered
Preventive care drugs and supplements filled at a retail pharmacy	100% (of the negotiated charge per prescription or refill	Not applicable
For each 30 day supply	No copayment or policy year deductible applies	
Risk reducing breast cancer prescription drugs filled at a pharmacy	100% (of the negotiated charge) per prescription or refill	Not covered
For each 30 day supply	No copayment or policy year deductible applies	
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force.	
Tobacco cessation prescription and over-the-counter drugs (Preventive care)-Tobacco cessation prescription drugs and OTC drugs	100% (of the negotiated charge per prescription or refill No copayment or policy year	Not covered
filled at a pharmacy	deductible applies	
For each 30 day supply		
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force.	

## **Outpatient prescription drugs exclusions**

The following are not covered under the outpatient prescription drugs benefit:

- Biological sera unless specified on the preferred drug guide
- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered
- Dietary supplements
- Drugs or medications
  - Which do not, by federal or state law, require a prescription order i.e. over-the-counter (OTC) drugs, even if a prescription is written except as specifically provided above
  - Not approved by the FDA or not proven safe or effective
  - Provided under your medical plan while an inpatient of a healthcare facility
  - Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee, unless we have approved a medical exception
  - That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
  - For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)
  - That are used to treat increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
  - That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
  - That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our precertification and clinical policies
- Duplicative drug therapy (e.g. two antihistamine drugs)
- Immunizations related to travel or work
- Infertility
  - Injectable prescription drugs used primarily for the treatment of infertility
- Injectables
  - Any charges for the administration or injection of prescription drugs or injectable insulin and other injectable drugs covered by us.
  - Needles and syringes, except for those used for insulin administration.
  - Any drug which, due to its characteristics, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
  - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the preferred drug guide.
  - That are drugs obtained for use by anyone other than the person identified on the ID card.
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- A manufacturer's product when the same or similar drug (that is, a drug with the same active ingredient or same therapeutic effect), supply or equipment is on the preferred drug guide

• Any dosage or form of a drug when the same drug is available in a different dosage or form on our preferred drug guide

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

## **Out of Country claims**

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the In-network level of benefits.

## **General Exclusions**

#### Alternative health care

• Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faithhealing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

#### Armed forces

• Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium.

#### Behavioral health treatment

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) of the American Psychiatric Association:
  - Remedial education services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders
  - Services provided in conjunction with school, vocation, work or recreational activities that are not medically necessary to treat mental health disorders or substance use disorders
  - Sexual deviations and disorders except mental health disorders or substance use disorders listed in the most recent edition of the DSM and International Classification of Diseases (ICD)

#### Clinical trial therapies (experimental or investigational)

• Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the *Eligible health services and exclusions- Clinical trial therapies (experimental or investigational)* section in the certificate

#### Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

#### Cosmetic services and plastic surgery

• Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body. Whether or not for psychological or emotional reasons. Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible
- Coverage that may be provided under the Eligible health services under your plan Gender reassignment (sex change) treatment section.

#### **Court-ordered testing**

• Court-ordered testing or care unless medically necessary

## **Custodial care**

Services and supplies meant to help you with activities of daily living or other personal needs. Examples of these are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care, adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training
- For behavioral health (mental health treatment and substance use disorders treatment):
  - Services provided when you have reached the greatest level of function expected with the current level of care, for a specific diagnosis
    - Services given mainly to:
      - Maintain, not improve, a level of function
      - o Provide a place free from conditions that could make your physical or mental state worse

#### Dental care for adults

- Dental services for adults including services related to:
  - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
  - Dental services related to the gums
  - Apicoectomy (dental root resection)
  - Orthodontics
  - Root canal treatment
  - Soft tissue impactions
  - Alveolectomy
  - Augmentation and vestibuloplasty treatment of periodontal disease
  - False teeth
  - Prosthetic restoration of dental implants
  - Dental implants

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

#### **Educational services**

Examples of these services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders are:

- Any service or supply for education, training or retraining services or testing, except where described in the *Eligible health services and exclusions – Diabetic services and supplies (including equipment and training)* section. This includes:
  - Special education
  - Remedial education
  - Job training
  - Job hardening programs

Educational services, schooling or any such related or similar program

## Examinations

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

#### **Experimental or investigational**

• Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions – Other services* section in the certificate.

#### **Facility charges**

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

#### Felony

• Services and supplies that you receive as a result of an injury due to your commission of a felony

#### Gene-based, cellular and other innovative therapies (GCIT)

The following are not eligible health services unless you receive prior written approval from us:

• All associated services when GCIT services are 75% (of the recognized charge). Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the *Medical necessity* section.

#### Genetic care

• Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects

#### Growth/Height care

- A treatment, device, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures and devices to stimulate growth

#### Hearing aids

Any tests, appliances and devices to:

- Improve your hearing
- Enhance other forms of communication to make up for hearing loss or devices that simulate speech

#### **Incidental surgeries**

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

#### Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

#### Medical supplies – outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
  - Sheaths
  - Bags
  - Elastic garments
  - Support hose
  - Bandages
  - Bedpans
  - Splints
  - Neck braces
  - Compresses
  - Other devices not intended for reuse by another patient

#### Non-U.S. citizen

Services and supplies received by a covered person (who is not a United States citizen) within the covered person's home country but only if the home country has a socialized medicine program, except as covered in the Eligible health services under your plan – Emergency services and urgent care section

#### Other primary payer

Payment for a portion of the charge that Medicare or another party pays for as the primary payer

#### Outpatient prescription or non-prescription drugs and medicines

• Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder

#### Personal care, comfort or convenience items

• Any service or supply primarily for your convenience and personal comfort or that of a third party

#### Private duty nursing

#### School health services

- Services and supplies normally provided without charge by the **policyholder's**:
  - School health services
  - Infirmary
  - Hospital
  - Pharmacy or

#### by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

## the policyholder.

## Services provided by a family member

• Services provided by a spouse, domestic partner, civil union partner parent, child, step-child, brother, sister, in-law or any household member

## Services supplies and drugs received outside of the United States

• Non-emergency services, including outpatient prescription drugs or supplies received outside of the United States. They are 75% (of the recognized charge) even if they are covered in the United States under this certificate of coverage.

## Sexual dysfunction and enhancement

- Any treatment, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
  - Implants, devices or preparations to correct or enhance erectile function or sensitivity
  - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services

#### Sinus surgery

 Any services or supplies given by providers for non-medically necessary sinus surgery except for acute purulent sinusitis

#### Strength and performance

- Services, devices and supplies that are not **medically necessary**, such as drugs or preparations designed primarily for enhancing your:
  - Strength
  - Physical condition
  - Endurance
  - Physical performance

#### Students in mental health field

• Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field

#### Telemedicine

- Services given when you are not present at the same time as the **provider**
- Services including:
  - Telemedicine kiosks
  - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

#### Therapies and tests

- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

#### Treatment in a federal, state, or governmental entity

• Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

The South Orange County Community College District Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student Health<sup>SM</sup> is the brand name for products and services provided by Aetna Life Insurance and its applicable affiliated companies (Aetna).

#### **Sanctioned Countries**

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit <u>http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx</u>.

#### Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

#### Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

#### **Nondiscrimination Notice**

Aetna does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, have questions about our non-discrimination policy, or have a discrimination-related concern that you would like to discuss, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with our Civil Rights Coordinator at:

- Address: P.O. Box 14462, Lexington, KY 40512 (HMO customers: P.O. Box 24030 Fresno, CA 93779)
- Email: <u>CRCoordinator@aetna.com</u>

Please visit <u>https://www.aetna.com/individuals-families/member-rights-resources/complaints-grievances-appeals.html#california</u> for information about how to file a complaint or grievance with the California Department of Insurance or California Department of Managed Health Care (for HMO enrollees).

You can also file a discrimination complaint with the United States Department of Health and Human Services Office for Civil Rights if there is a concern of discrimination based on race, color, national origin, age, disability, or sex by following the instructions on the Department's website: <u>https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html</u>

## Language accessibility statement

## Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

## Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

## አ*ግርኛ/Amharic*

ልብ ይበሉ: ኣማርኛ ቋንቋ የሚናንሩ ከሆነ፥ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማንልንል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (መስማት ለተሳናቸው: **711**).

## Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 187-480-1877 (رقم الهاتف النصى: 711).

## Ɓàsɔˈɔ̀ Wù<mark>d</mark>ù/Bassa

Dè dε nìà kε dyἑdė gbo: Ͻ jǔ kė m̀ dyi Ɓàsɔ̇̀ɔ-wùdù-po-nyɔ̀ jǔ nĺ, nìl à wudu kà kò dò po-poɔ̀ bɛ́ m̀ gbo kpaa. Đa **1-877-480-4161** (TTY: **711**).

## 中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电 1-877-480-4161 (TTY: 711)。

## Farsi/فارسی

توجه: اگر به زبان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره TTY: 711) 1-877-480-4161) تماس بگیرید.

#### Français/French

Attention : Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

# ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહાયતા સેવા તમને નિ:શુલ્ક ઉપલબ્ધ છે. કૉલ કરો **1-877-480-4161** (TTY: **711**).

## Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele **1-877-480-4161** (TTY: **711**).

#### Igbo

Nrubama: O buru na i na asu Igbo, oru enyemaka asusu, n'efu, diiri gi. Kpoo **1-877-480-4161** (TTY: **711**).

## 한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161** (TTY: **711**)번으로 전화해 주십시오.

## Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

## Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (ТТҮ: **711**).

#### Tagalog

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

#### Urdu/اردو

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توجه دیں: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711) TTY: 480-4161 پر کال کریں.
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## Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

#### Yorùbá/Yoruba

Àkíyèsí: Bí o bá nsọ èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún ọ. Pe 1-877-480-4161 (TTY: 711).