



# Regis University

2024-2025

Student Health  
Insurance Plan (SHIP)

Frequently Asked  
Questions

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## Getting Started

### Where can I learn about the student health insurance plan (SHIP)?

Visit [regis.myahpcare.com](https://regis.myahpcare.com)

## Enrolling in My SHIP

### Am I eligible for student health insurance?

All students taking 6 or more credit hours, who are enrolled at Regis University in the programs listed below, and who actively attend classes on campus for at least the first 31 days, after the date when coverage becomes effective. Students not enrolled in these programs are ineligible for coverage. Health insurance coverage is mandatory for the following students enrolled at Regis University:

- Traditional Undergraduate
- 
- All international students regardless of major
- 
- All students enrolled in College for Health Professions
- 
- Undeclared Pre-Nursing Traditional
- 
- Bachelor of Science in Nursing Accelerated
- 
- Bachelor of Science in Nursing Traditional
- 
- Bachelor of Science in Nursing CHOICE
- 
- M.A in Counseling
- 
- M.A in Marriage and Family Therapy
- 
- Doctor of Physical Therapy
- 
- Doctor of Pharmacy
- 
- MS: Biomedical Sciences

## How do I login to enroll or waive (opt out) of SHIP?

1. Visit [regis.myahpcare.com](https://regis.myahpcare.com)

## How do I enroll?

1. Go to [regis.myahpcare.com](https://regis.myahpcare.com)
2. Click Begin Enrollment

## How do I enroll my dependents?

This plan does not offer coverage for your dependents.

## Am I eligible to waive?

To be eligible to waive your SHIP, you must be currently enrolled in a health insurance plan that meets your school's waiver requirements. Waiver requirements include being enrolled in a health insurance plan that is fully compliant with all provisions of the Affordable Care Act (ACA), requires you to have access to providers near campus and coverage for services beyond urgent and emergency services. Therefore, if you are enrolled in an out-of-state HMO, your coverage will likely be limited — or unavailable — outside of your HMO's service area and will not meet your school's waiver requirements. If a claim is submitted before you have an approved waiver, you must stay enrolled in the plan.

## How do I waive health insurance coverage?

1. Go to [regis.myahpcare.com](https://regis.myahpcare.com)
2. Click Waive Enrollment
3. You will need your health insurance information.

***Note:*** Your insurance information is required to complete the waiver form; you do not need to upload documents at the time of initial submission. You will receive an email notification if additional documents are needed.

## Will you audit or verify my waiver request?

Yes, we will audit or verify your waiver request. This is to make sure your insurance plan will cover you when you are at school.

### Can I cancel my waiver form after I've submitted it?

Yes, but only if it's before your waiver/enrollment deadline of September 4, 2024.

1. Go to [regis.myahpcare.com](https://regis.myahpcare.com)
2. Click Access my Account
3. Follow login instructions

### If I waive, but then lose my coverage, can I enroll in SHIP or enroll my dependents if they lose coverage?

If you waive SHIP and then lose coverage, you can enroll in the plan. Losing coverage is categorized as a Qualifying Life Event. Other Qualifying Life Events include:

- Reaching the age limit of another health insurance plan.
- Involuntary loss of coverage from another health insurance plan.

### To initiate the Qualifying Life Event process:

Go to [regis.myahpcare.com](https://regis.myahpcare.com)

1. Click Enroll/Cost.
2. Click on "Students with a Qualifying Event."
3. Click here to Enroll
4. Follow Instructions

### Once enrolled, can I cancel? Get a refund?

Once you are enrolled in SHIP, you will remain enrolled in the plan for the full coverage period. You have no option to terminate coverage unless you enter the armed forces. In that case we will refund — or your student account will be credited — a pro-rated share of your premium. If you are an international student withdrawing or graduating from your school and returning to your home country, you may qualify for a refund of premium.

### How can I get more information about my plan?

Go to [regis.myahpcare.com](https://regis.myahpcare.com)

### Have changes been made to this year's plan

No changes were made to the plan for the 2024–2025 Policy Year.

### Am I still covered if I live off campus? While traveling? When studying abroad?

#### **With Travel Assistance:**

Yes, your plan covers you wherever you are. If you are enrolled in SHIP and paid the premium, you'll be covered. Your plan also provides you with 24-hour Worldwide Travel Assistance, which includes services ranging from a lost passport to helping with emergency medical assistance or arranging emergency medical evacuation or repatriation of remains. It's important to contact GeoBlue before making arrangements on your own. Otherwise, these services will not be covered.

#### Other information about seeking medical care abroad:

- Always keep your SHIP ID card with you.
- Save a copy of the plan brochure and/or bookmark your student health website.
- If you get sick while abroad, you will likely need to pay for your care first and then submit bills for reimbursement. Your covered expenses will likely be considered an out-of-network expense.
- Before you submit claims for reimbursement, have the itemized bill(s) translated into English. Also include a letter informing the claims administrator you already paid for the healthcare service and need to be reimbursed.

- Write your name, ID number, address and school name on your bill(s). This will help the claims company process your reimbursement request correctly and promptly

### Am I still covered after I graduate?

Yes, this is an annual policy.

### What other services are available to me through my SHIP?

#### Optional Dental Plan & Optional Vision Plan

1. Go to [regis.myahpcare.com](https://regis.myahpcare.com)
2. Click Enhanced Products

### How do I obtain a tax form?

If the federal government requires reporting of health insurance coverage for 2023, tax forms will be mailed to the address on file by either the Insurance Carrier or the Claims Administrator. Please refer to the Important Contact Information Section of this document for further information.

**AHP / Regis University Contact Information**

<p>Student Health Insurance Plan (SHIP) Enrollment &amp; Waiver Information</p>	<p><u>Academic HealthPlans, Inc.</u>  <u>PO Box 1605</u>  <u>Colleyville, TX 76034</u>   <u>help.ahpcare.com</u></p>	<p><u>1 (855) 558-2525</u></p>
	<p><u>SHIP Portal: <a href="https://regis.myahpcare.com/">https://regis.myahpcare.com/</a></u></p>	
<p>Benefits/Claims</p>	<p>Anthem Blue Cross and Blue Shield          POB 60007          90060-0007          Los Angeles, CA</p>	<p><u>1 (844) 412-0752</u>  <u>Toll Free</u>   <u>1 (800) 337-4770</u>  <u>24/7 Nurseline</u>   <u>1 (888) 548-3432</u>  <u>LiveHealth Online</u></p>
<p>988 Suicide &amp; Crisis Lifeline</p>	<p>Hours: Available 24 hours          Languages: English, Spanish</p>	<p>Dial 988 from any phone to be immediately connected</p>
<p>Regis Student Health Insurance Program (SHIP)</p>	<p><u><a href="mailto:ship@regis.edu">ship@regis.edu</a></u></p>	
<p>RX Information</p>	<p>How will I know if my drug is covered and how much will it cost? You can go online and with the Price a Medication tool: get pharmacy-specific drug coverage details and pricing from a number of local retail pharmacies in your zip code.</p>	<p><u><a href="http://Anthem.com">Anthem.com</a></u></p>
<p>Cigna Dental Plan Options</p>	<p>Cigna HealthcareSM Customer Service          1 (800) 997-1654           24 hours a day, 365 days a year</p>	<p><u><a href="https://www.cigna.com/">https://www.cigna.com/</a></u></p>
<p>VSP Vision Plan Benefits</p>	<p>To find an in-network doctor based on your plan-type, visit <a href="http://vsp.com">vsp.com</a> or call 800.877.7195</p>	