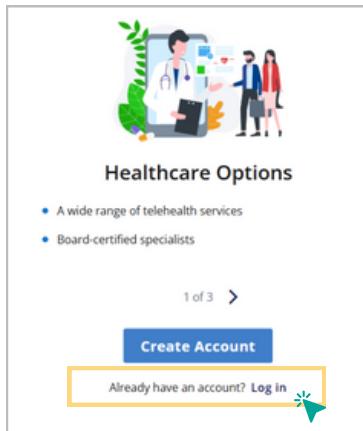


## Step 1: Access the Site

Visit [myacademiclivecare.com/onboarding](https://myacademiclivecare.com/onboarding) and click Log In at the bottom of the screen.



## Step 2: Log In

### New Users:

Enter your school email address and click Forgot Password and follow the prompts to create your password. Then, proceed to steps 3 & 4.

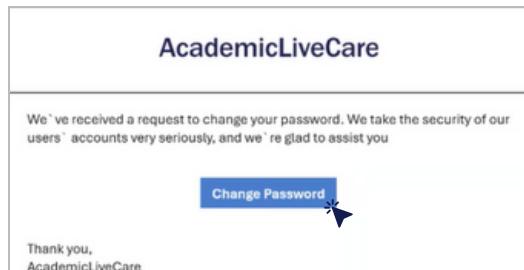
### Existing Users:

Use your school email address and password to log in. For security purposes, you may be prompted to reset your password.

*TIP: You must use your name and school email address tied to your student account.*

## Step 3: Verify Your Email

An email will be sent to the school email you used. Click on Change Password.

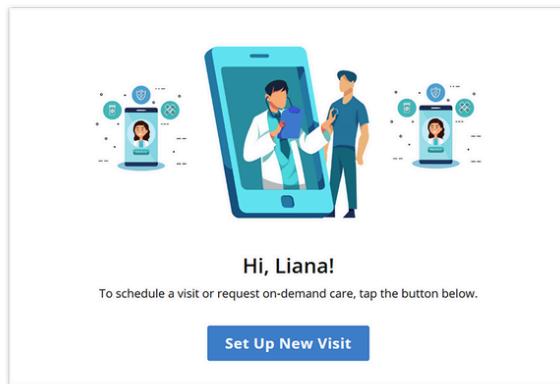


## Step 4: Set your new password to activate your account.

**Now you're ready to get care!**

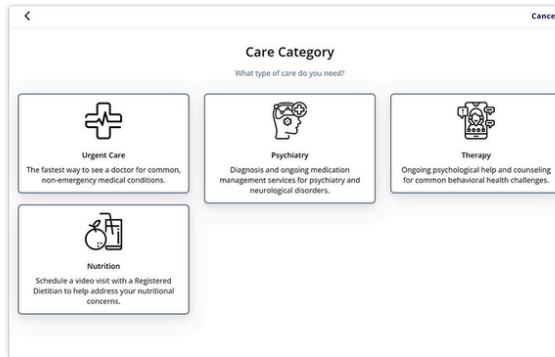
## Step 1: Start a New Visit

Choose who the visit is for and enter your location.



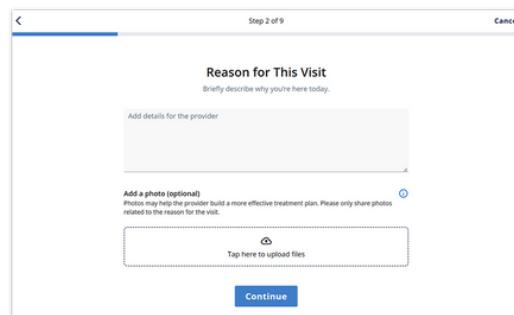
## Step 2: Schedule a Visit

Choose the type of care you are seeking. If choosing Urgent Care, select your language and skip to Step 5.



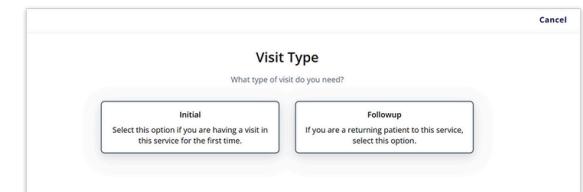
## Step 5: Enter Visit Details

Provide details about your visit, such as the reason you're seeking care.



## Step 3: For Therapy, Psychiatry or Nutrition Visits

Indicate if your visit is an Initial or Follow-Up Appointment.



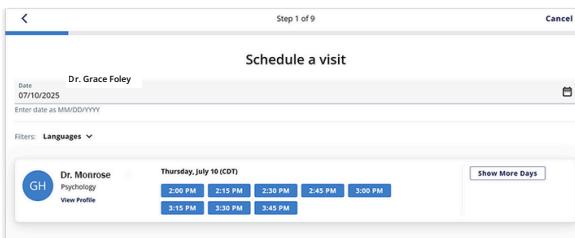
## Step 4:

### a. Therapy, Psychiatry, or Nutrition Visits

Choose the provider, date, and time that works best for your schedule.

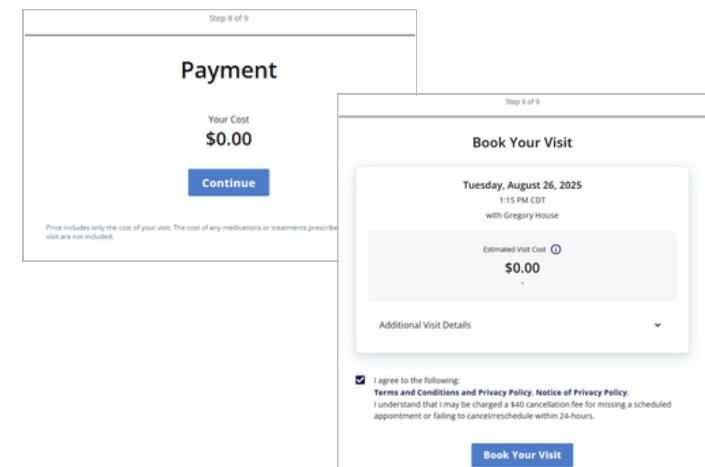
### b. Urgent Care

You will schedule and be paired with the next available doctor.



## Step 6: Book Your Visit

There is no cost to you for this service; click Continue to finalize and book your visit.



You will receive a text and email when the provider is ready to see you. Typically, within a few minutes for urgent care or just before a scheduled visit.