

Get care on your schedule

Talk to a doctor or therapist by phone or video

Stay connected to care, wherever campus life takes you, with Teladoc giving students easy access to HealthiestYou for medical and mental health support anytime, from anywhere, at no extra cost if you're covered under UnitedHealthcare Student Resources, or at affordable rates if you're not.

From the HealthiestYou app or website you can get

24/7 Care
Talk to a licensed doctor 24/7 by phone or video, from anywhere.

Mental health care
Choose a therapist or psychiatrist and schedule an appointment by phone or video, seven days a week, from 7 a.m. to 9 p.m.

Nutrition support
Talk to a registered dietitian for help with staying healthy.

$0

for UHCSR students

Discounted rates are available for students not covered under the UHCSR insurance plan.

- 24/7 Care: $55
- Therapy: $95
- Psychiatry: $235 for an initial consultation and $105 for ongoing visits
- Nutrition: $59

Here when you need us

Call **1-855-870-5858**
Download the **HealthiestYou app**.

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ATTENTION: Language assistance services, free of charge, are available to you. Please visit: **https://www.uhcsr.com/nondiscrimination-and-language-assistance-notices**.

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