

ALC one

**a convenient
way to get care.**

With our telehealth and behavioral health services, we aim to help students live their best lives by taking a crucial step towards a more balanced and fulfilling college experience. As a member, students will receive compassionate and confidential care, free of charge, ensuring they have the tools they need to thrive both academically and emotionally.

Telehealth is commonly used for:

- Anxiety & Depression
- Therapy & Counseling
- General Wellness
- Coughs & Colds
- Allergies
- Sinus Infections
- Headaches
- Sore Throat
- Bronchitis

visit wellness.alc1.com to get started