



# BENEFITS AT A GLANCE

STUDENT HEALTH PLAN | PLAN YEAR 2019/2020

**DESIGNED EXCLUSIVELY FOR THE STUDENTS**

**ADELPHI UNIVERSITY**

Garden City, NY  
("the Policyholder")

Policy Number: AIIC1920NYSHIP85

Group Number: ST1375SH

Effective: 8/10/2019 - 8/9/2020

**UNDERWRITTEN BY:**

Wellfleet New York Insurance Company | Flushing, NY  
("the Company")

**ADMINISTERED BY:**

Wellfleet Group, LLC



**WELLFLEET**  
STUDENT

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## Welcome Students...

We are pleased to provide you with this summary of the 2019 – 2020 Student Health Plan (“Plan”), which is fully compliant with the Affordable Care Act. “Benefits at a Glance” includes effective dates and costs of coverage, as well as other helpful information. For additional details about the Plan, please consult the Plan Certificate and other materials at [www.wellfleetstudent.com](http://www.wellfleetstudent.com). For questions about medical benefits or claims, please call Wellfleet Student at (877) 657-5030.

## Where to Find Help

For Questions About:	Please Contact:
Servicing Agent Enrollment Waivers	Academic HealthPlans <a href="http://adelphi.myahpcare.com">adelphi.myahpcare.com</a> (855) 863-9864
Insurance Benefits Claims Processing ID Cards Preferred Provider Listings	Wellfleet Group, LLC 2077 Roosevelt Avenue Springfield, Massachusetts 01104 (877) 657-5030 <a href="http://adelphi.myahpcare.com">adelphi.myahpcare.com</a>
Preferred PPO Provider Listings  Cigna Claims  	<a href="http://adelphi.myahpcare.com">adelphi.myahpcare.com</a> or <a href="http://www.cigna.com">www.cigna.com</a>  Send Cigna claims to: CIGNA PO Box 188061 Chattanooga, TN 37422 – 8061 Electronic Payor ID: 62308
Prescription Drug Provider	Wellfleet RX <a href="http://www.wellfleetstudent.com">www.wellfleetstudent.com</a>

## Am I Eligible?

All domestic students living in Adelphi University residence halls and all international students will be automatically enrolled in and charged premium for the insurance, unless proof of comparable health insurance is provided by the appropriate deadline.

All registered non-resident hall domestic students are eligible to enroll for coverage in the Plan on a voluntary basis by completing the online enrollment process by the appropriate deadline.

Domestic student living in residence halls and international student: The premium for coverage added to the student's tuition bill will remain unless a successful waiver is completed by the applicable waiver deadline.

## How Do I Enroll/Waive?

To waive coverage under the plan, domestic students living in residence halls and international students must submit proof of comparable coverage through [adelphi.myahpcare.com](http://adelphi.myahpcare.com) by the waiver deadline.

Registered, non-resident hall, domestic students are eligible to enroll for coverage on a voluntary basis and must go to [adelphi.myahpcare.com](http://adelphi.myahpcare.com) to complete the enrollment process by the enrollment deadline.

Please view the complete brochure on-line at [adelphi.myahpcare.com](http://adelphi.myahpcare.com) for full details of participation in the plan.

## Effective Dates & Costs

All time periods begin at 12:00 A.M. local time and end at 11:59 P.M. local time at the Policyholder's address.

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline Date
Fall	8/10/2019	12/31/2019	10/1/2019
Spring	1/1/2020	8/9/2020	3/1/2020

### Insurance Premiums

	Fall	Spring
Student	\$1,066	\$1,644

### Broker Administration Fees

	Fall	Spring
Student*	\$56	\$87

### Agent Fees

	Fall	Spring
Student*	\$30	\$45

### School Administration Fees

	Fall	Spring
Student*	\$5	\$7

### Total Plan Costs (Premiums + Fees) for Domestic and International Students

	Fall	Spring
Student*	\$1,157	\$1,783

\*The above plan costs include an administrative service fee.

## Preferred Provider Organization (PPO) Network

...providing access to quality health care at discounted costs!

By enrolling in this Student Health Plan, you have the Cigna PPO Network of participating Providers. To find a complete listing of the Network's participating Providers, go to [www.cigna.com](http://www.cigna.com), or contact Wellfleet Student toll-free at (877) 657-5030, or [www.wellfleetstudent.com](http://www.wellfleetstudent.com) for assistance.

## Schedule of Benefits

This is only a brief description of coverage available under Certificate form NY SHIP CERT (2019). The Certificate will contain full details of coverage, coinsurance, limitations, exclusions, and termination provisions. If there are any conflicts between this document and the Certificate, the Certificate governs in all cases.

UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE (IF APPLICABLE) WILL ALWAYS APPLY.

### SCHEDULE OF BENEFITS METAL LEVEL - GOLD Adelphi University

**Policy Number:** AIIC1920NYSHIP85

**Group/Plan Number:** ST1375SH

**Policyholder Effective Date:** August 10, 2019

**Policyholder Termination Date:** August 9, 2020

<b>COST-SHARING</b>	<b>Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Non-Participating Provider Member Responsibility for Cost-Sharing</b>	
<b>Medical Deductible</b> • Individual	\$150	\$300	
<b>Out-of-Pocket Limit</b> • Individual	\$7,350	\$7,350	
		See the Cost-Sharing Expenses and Allowed Amount section of the Certificate for a description of how We calculate the Allowed Amount. Any charges of a Non-Participating Provider that are in excess of the Allowed Amount do not apply towards the Deductible or Out-of-Pocket Limit. You must pay the amount of the Non-Participating Provider's charge that exceeds Our Allowed Amount.	
<b>OFFICE VISITS</b>	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
<b>Primary Care Office Visits (or Home Visits)</b>	\$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>Specialist Office Visits (or Home Visits)</b>	\$35 Copayment 0% Coinsurance after Deductible	\$35 Copayment 30% Coinsurance after Deductible	See benefit for description

PREVENTIVE CARE	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	Limits
<ul style="list-style-type: none"> <li>Well Child Visits and Immunizations*</li> <li>Adult Annual Physical Examinations*</li> <li>Adult Immunizations*</li> <li>Routine Gynecological Services/Well Woman Exams*</li> <li>Mammograms, Screening and Diagnostic Imaging for the Detection of Breast Cancer</li> <li>Sterilization Procedures for Women*</li> <li>Vasectomy</li> <li>Bone Density Testing*</li> <li>Screening for Prostate Cancer               <ul style="list-style-type: none"> <li>Performed in PCP Office</li> <li>Performed in Specialist Office</li> </ul> </li> <li>All other preventive services required by USPSTF and HRSA.</li> </ul> <p><b>*When preventive services are not provided in accordance with the comprehensive guidelines supported by USPSTF and HRSA.</b></p>	Covered in full  Covered in full  Covered in full  Covered in full  Covered in full  Covered in full  \$35 Copayment 0% Coinsurance after Deductible  Covered in full  Covered in full  Covered in full  Covered in full  Covered in Full  Use Cost-Sharing for appropriate service (Primary Care Office Visit Specialist Office Visit Diagnostic Radiology Services Laboratory Procedures and Diagnostic Testing)	30% Coinsurance not subject to Deductible  30% Coinsurance not subject to Deductible  30% Coinsurance not subject to Deductible  30% Coinsurance not subject to Deductible  30% Coinsurance not subject to Deductible  30% Coinsurance not subject to Deductible  \$30 Copayment 30% Coinsurance after Deductible  30% Coinsurance not subject to Deductible  30% Coinsurance not subject to Deductible  30% Coinsurance not subject to Deductible  30% Coinsurance not subject to Deductible  Use Cost-Sharing for appropriate service (Primary Care Office Visit Specialist Office Visit Diagnostic Radiology Services Laboratory Procedures and Diagnostic Testing)	See benefit for description

<b>EMERGENCY CARE</b>	<b>Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Non-Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Limits</b>
<b>Pre-Hospital Emergency Medical Services (Ambulance Services)</b>	20% Coinsurance after Deductible	20% Coinsurance after Deductible	See benefit for description
<b>Non-Emergency Ambulance Services</b>	20% Coinsurance after Deductible	20% Coinsurance after Deductible	See benefit for description
<b>Emergency Department</b> <b>Copayment waived if Hospital admission</b>	\$250 Copayment 20% Coinsurance after Deductible  Health care forensic examinations performed under Public Health Law § 2805-I are not subject to Cost-Sharing	\$250 Copayment 20% Coinsurance after Deductible	See benefit for description
<b>Urgent Care Center</b>	\$75 Copayment 20% Coinsurance after Deductible	\$75 Copayment 40% Coinsurance after Deductible	See benefit for description
<b>PROFESSIONAL SERVICES and OUTPATIENT CARE</b>	<b>Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Non-Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Limits</b>
<b>Acupuncture</b>	\$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>Advanced Imaging Services</b>  <ul style="list-style-type: none"> <li>Performed in a Specialist Office</li> <li>Performed in a Freestanding Radiology Facility</li> <li>Performed as Outpatient Hospital Services</li> </ul>	20% Coinsurance after Deductible  20% Coinsurance after Deductible  20% Coinsurance after Deductible	40% Coinsurance after Deductible  40% Coinsurance after Deductible  40% Coinsurance after Deductible	See benefit for description
<b>Allergy Testing and Treatment</b>  <ul style="list-style-type: none"> <li>Performed in a PCP Office</li> <li>Performed in a Specialist Office</li> </ul>	\$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible	See benefit for description

<b>Ambulatory Surgical Center Facility Fee</b>	\$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>Anesthesia Services (all settings)</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
<b>Autologous Blood Banking</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefits for description
<b>Cardiac and Pulmonary Rehabilitation</b> <ul style="list-style-type: none"> <li>• <b>Performed in a Specialist Office</b></li> <li>• <b>Performed as Outpatient Hospital Services</b></li> <li>• <b>Performed as Inpatient Hospital Services</b></li> </ul>	\$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible  Included as part of inpatient Hospital service Cost-Sharing	\$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible  Included as part of inpatient Hospital service Cost-Sharing	See benefits for description
<b>Chemotherapy</b> <ul style="list-style-type: none"> <li>• <b>Performed in a PCP Office</b></li> <li>• <b>Performed in a Specialist Office</b></li> <li>• <b>Performed as Outpatient Hospital Services</b></li> </ul>	\$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>Chiropractic Services</b> <b>Preauthorization Required</b>	\$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>Clinical Trials</b>	Use Cost-Sharing for appropriate service	Use Cost-Sharing for appropriate service	See benefit for description



<b>Diagnostic Testing</b> <ul style="list-style-type: none"> <li>• <b>Performed in a PCP Office</b></li> <li>• <b>Performed in a Specialist Office</b></li> <li>• <b>Performed as Outpatient Hospital Services</b></li> </ul>	\$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>Dialysis</b> <ul style="list-style-type: none"> <li>• <b>Performed in a PCP Office</b></li> <li>• <b>Performed in a Specialist Office</b></li> <li>• <b>Performed in a Freestanding Center</b></li> <li>• <b>Performed as Outpatient Hospital Services</b></li> </ul>	\$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>Habilitation Services (Physical Therapy, Occupational Therapy or Speech Therapy)</b>  <b>Preauthorization Required</b>	\$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible	Unlimited visits
<b>Home Health Care</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Unlimited visits

<b>Infertility Services</b>  <b>Preauthorization Required</b>	Use Cost-Sharing for appropriate service (Office Visit Diagnostic Radiology Services Surgery Laboratory & Diagnostic Procedures)	Use Cost-Sharing for appropriate service (Office Visit Diagnostic Radiology Services Surgery Laboratory & Diagnostic Procedures)	See benefit for description
<b>Infusion Therapy</b> <ul style="list-style-type: none"> <li>• <b>Performed in a PCP Office</b></li> <li>• <b>Performed in Specialist Office</b></li> <li>• <b>Performed as Outpatient Hospital Services</b></li> <li>• <b>Home Infusion Therapy</b></li> </ul> <b>Preauthorization Required</b>	\$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible  20% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible  40% Coinsurance after Deductible	See benefit for description
<b>Inpatient Medical Visits</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
<b>Interruption of Pregnancy</b> <ul style="list-style-type: none"> <li>• <b>Medically Necessary Abortions</b></li> <li>• <b>Elective Abortions</b></li> </ul>	Covered in full  \$35 Copayment 0% Coinsurance after Deductible	30% Coinsurance not subject to Deductible  \$30 Copayment 30% Coinsurance after Deductible	Unlimited  One (1) procedure per Plan Year

<b>Laboratory Procedures</b> <ul style="list-style-type: none"> <li>• <b>Performed in a PCP Office</b></li> <li>• <b>Performed in a Specialist Office</b></li> <li>• <b>Performed in a Freestanding Laboratory Facility</b></li> <li>• <b>Performed as Outpatient Hospital Services</b></li> </ul>	<p>\$35 Copayment 0% Coinsurance after Deductible</p> <p>\$35 Copayment 0% Coinsurance after Deductible</p> <p>\$35 Copayment 0% Coinsurance after Deductible</p> <p>\$35 Copayment 0% Coinsurance after Deductible</p>	<p>\$30 Copayment 30% Coinsurance after Deductible</p> <p>\$30 Copayment 30% Coinsurance after Deductible</p> <p>\$30 Copayment 30% Coinsurance after Deductible</p> <p>\$30 Copayment 30% Coinsurance after Deductible</p>	<p>See benefit for description</p>
<b>Maternity and Newborn Care</b> <ul style="list-style-type: none"> <li>• <b>Prenatal Care provided in accordance with the comprehensive guidelines supported by USPSTF and HRSA</b></li> <li>• <b>Prenatal Care that is not provided in accordance with the comprehensive guidelines supported by USPSTF and HRSA</b></li> <li>• <b>Inpatient Hospital Services and Birthing Center</b></li> <li>• <b>Physician and Midwife Services for Delivery</b></li> <li>• <b>Breastfeeding Support, Counseling and Supplies, Including Breast Pumps</b></li> <li>• <b>Postnatal Care</b></li> </ul> <p><b>Preauthorization Required for Inpatient Services</b></p>	<p>Covered in full</p> <p>Use Cost-Sharing for appropriate service (Primary Care Office Visit, Specialist Office Visit, Diagnostic Radiology Services, Laboratory Procedures and Diagnostic Testing)</p> <p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p> <p>Covered in full</p> <p>20% Coinsurance after Deductible</p>	<p>30% Coinsurance not subject to Deductible</p> <p>Use Cost-Sharing for appropriate service (Primary Care Office Visit, Specialist Office Visit, Diagnostic Radiology Services, Laboratory Procedures and Diagnostic Testing)</p> <p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p> <p>30% Coinsurance not subject to Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>See benefit for description</p> <p>One (1) home care visit is covered at no Cost-Sharing if mother is discharged from Hospital early</p> <p>Covered for duration of breast feeding</p>

<b>Outpatient Hospital Surgery Facility Charge</b>	\$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>Preadmission Testing</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
<b>Prescription Drugs Administered in Office or Outpatient Facilities</b> <ul style="list-style-type: none"> <li>• <b>Performed in a PCP Office</b></li> <li>• <b>Performed in Specialist Office</b></li> <li>• <b>Performed in Outpatient Facilities</b></li> </ul>	\$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>Diagnostic Radiology Services</b> <ul style="list-style-type: none"> <li>• <b>Performed in a PCP Office</b></li> <li>• <b>Performed in a Specialist Office</b></li> <li>• <b>Performed in a Freestanding Radiology Facility</b></li> <li>• <b>Performed as Outpatient Hospital Services</b></li> </ul>	\$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>Therapeutic Radiology Services</b> <ul style="list-style-type: none"> <li>• <b>Performed in a Specialist Office</b></li> <li>• <b>Performed in a Freestanding Radiology Facility</b></li> <li>• <b>Performed as Outpatient Hospital Services</b></li> </ul>	\$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible	See benefit for description

<b>Rehabilitation Services</b> <b>(Physical Therapy, Occupational Therapy or Speech Therapy)</b>  <b>Preauthorization Required</b>	\$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible	Unlimited visits
<b>Second Opinions on the Diagnosis of Cancer, Surgery and Other</b>	\$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible  Second opinions on diagnosis of cancer are Covered at participating Cost-Sharing for non-participating Specialist when a Referral is obtained.	See benefit for description
<b>Surgical Services</b> <b>(including Oral Surgery Reconstructive Breast Surgery Other Reconstructive and Corrective Surgery; and Transplants</b>  <ul style="list-style-type: none"> <li><b>Inpatient Hospital Surgery</b></li> <li><b>Outpatient Hospital Surgery</b></li> <li><b>Surgery Performed at an Ambulatory Surgical Center</b></li> <li><b>Office Surgery</b></li> </ul> <b>Preauthorization Required</b>	20% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible  \$5 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible	40% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>ADDITIONAL SERVICES, EQUIPMENT and DEVICES</b>	<b>Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Non-Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Limits</b>
<b>ABA Treatment for Autism Spectrum Disorder</b>	\$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible	See benefit description
<b>Assistive Communication Devices for Autism Spectrum Disorder</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description

<b>Diabetic Equipment, Supplies and Self-Management Education</b> <ul style="list-style-type: none"> <li><b>Diabetic Equipment, Supplies and Insulin (up to a 90 day supply)</b></li> <li><b>Diabetic Education</b></li> </ul>	<p>\$20 Copayment 0% Coinsurance not subject to Deductible</p> <p>\$35 Copayment 0% Coinsurance after Deductible</p>	<p>\$20 Copayment 0% Coinsurance not subject to Deductible</p> <p>\$30 Copayment 30% Coinsurance after Deductible</p>	<p>See benefit for description</p> <p>See Prescription Drug benefit</p>
<b>Durable Medical Equipment and Braces</b> <p><b>Preauthorization Required</b></p>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
<b>External Hearing Aids</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Single purchase once every 3 years
<b>Cochlear Implants</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	One per ear per time Covered
<b>Hospice Care</b> <ul style="list-style-type: none"> <li><b>Inpatient</b></li> <li><b>Outpatient</b></li> </ul>	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>210 days per Plan Year</p> <p>Five (5) visits for family bereavement counseling</p>
<b>Medical Supplies</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
<b>Prosthetic Devices</b> <ul style="list-style-type: none"> <li><b>External</b></li> <li><b>Internal</b></li> </ul> <p><b>Preauthorization Required</b></p>	<p>20% Coinsurance after Deductible</p> <p>20% Coinsurance after Deductible</p>	<p>40% Coinsurance after Deductible</p> <p>40% Coinsurance after Deductible</p>	<p>One (1) prosthetic device, per limb, per lifetime</p> <p>Unlimited See benefit for description</p>

<b>INPATIENT SERVICES and FACILITIES</b>	<b>Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Non-Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Limits</b>
<b>Inpatient Hospital for a Continuous Confinement (including an Inpatient Stay for Mastectomy Care, Cardiac and Pulmonary Rehabilitation, and End of Life Care)</b>  <b>Preauthorization Required. However, Preauthorization is not required for emergency admissions or services provided in a neonatal intensive care unit of a Hospital certified pursuant to Article 28 of the Public Health Law.</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
<b>Observation Stay</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
<b>Skilled Nursing Facility (including Cardiac and Pulmonary Rehabilitation)</b>  <b>Preauthorization Required</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	200 days per Plan Year  See benefit for description
<b>Inpatient Habilitation Services (Physical Speech and Occupational Therapy)</b>  <b>Preauthorization Required</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	60 days per Plan Year for all therapies combined See benefit for description
<b>Inpatient Rehabilitation Services (Physical Speech and Occupational Therapy)</b>  <b>Preauthorization Required</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	Unlimited days  See benefit for description

<b>MENTAL HEALTH and SUBSTANCE USE DISORDER SERVICES</b>	<b>Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Non-Participating Provider Member Responsibility for Cost- Sharing</b>	<b>Limits</b>
<b>Inpatient Mental Health Care including Residential Treatment (for a continuous confinement when in a Hospital)</b>  <b>Preauthorization Required. However, Preauthorization is Not Required for emergency admissions.</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description
<b>Outpatient Mental Health Care (including Partial Hospitalization and Intensive Outpatient Program Services)</b> <ul style="list-style-type: none"> <li><b>Office Visits</b></li> <li><b>All Other Outpatient Services</b></li> </ul>	\$35 Copayment 0% Coinsurance after Deductible  \$35 Copayment 0% Coinsurance after Deductible	\$30 Copayment 30% Coinsurance after Deductible  \$30 Copayment 30% Coinsurance after Deductible	See benefit for description
<b>Inpatient Substance Use Services including Residential Treatment (for a continuous confinement when in a Hospital)</b>  <b>Preauthorization Required. However, Preauthorization is Not Required for Emergency Admissions or for Participating OASAS- certified Facilities.</b>	20% Coinsurance after Deductible	40% Coinsurance after Deductible	See benefit for description



<b>Outpatient Substance Use Services (including Partial Hospitalization, Intensive Outpatient Program Services, and Medication Assisted Treatment)</b> <ul style="list-style-type: none"> <li>• <b>Office Visits</b></li> <li>• <b>All Other Outpatient Services</b></li> </ul>	<p>\$35 Copayment 0% Coinsurance after Deductible</p> <p>\$35 Copayment 0% Coinsurance after Deductible</p>	<p>\$30 Copayment 30% Coinsurance after Deductible</p> <p>\$30 Copayment 30% Coinsurance after Deductible</p>	<p>Up to 20 visits per Plan Year may be used for family counseling</p> <p>See benefit for description</p>
<b>PRESCRIPTION DRUGS</b>  *Certain Prescription Drugs are not subject to Cost-Sharing when provided in accordance with the comprehensive guidelines supported by HRSA or if the item or service has an "A" or "B" rating from the USPSTF and obtained at a participating pharmacy	<b>Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Non-Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Limits</b>
<b>Retail Pharmacy</b> <b>30-day supply</b>			
<b>Tier 1</b>  <b>Tier 2</b>  <b>Tier 3</b>  <b>If You have an Emergency Condition, Preauthorization is not required for a five (5) day emergency supply of a Covered Prescription Drug used to treat a substance use disorder, including a Prescription Drug to manage opioid withdrawal and/or stabilization and for opioid overdose reversal.</b>	<p>\$20 Copayment 20% Coinsurance not subject to Deductible</p> <p>\$40 Copayment 40% Coinsurance not subject to Deductible</p> <p>\$60 Copayment 40% Coinsurance not subject to Deductible</p>	<p>\$20 Copayment 20% Coinsurance after Deductible</p> <p>\$40 Copayment 40% Coinsurance after Deductible</p> <p>\$60 Copayment 40% Coinsurance after Deductible</p>	<p>See benefit for description</p>

<b>Mail Order Pharmacy</b>			
<b>Up to a 90-day supply</b>		Non-Participating Provider services are not covered and You pay the full cost	See benefit for description
<b>Tier 1</b>	\$50 Copayment 0% Coinsurance not subject to Deductible		
<b>Tier 2</b>	\$100 Copayment 0% Coinsurance not subject to Deductible		
<b>Tier 3</b>	\$150 Copayment 0% Coinsurance not subject to Deductible		
<b>Enteral Formulas</b>			See benefit for description
<b>Tier 1</b>	\$20 Copayment 20% Coinsurance not subject to Deductible	\$20 Copayment 20% Coinsurance after Deductible	
<b>Tier 2</b>	\$40 Copayment 40% Coinsurance not subject to Deductible	\$40 Copayment 40% Coinsurance after Deductible	
<b>Tier 3</b>	\$60 Copayment 40% Coinsurance not subject to Deductible	\$60 Copayment 40% Coinsurance after Deductible	
<b>WELLNESS BENEFITS</b>	Participating Provider Member Responsibility for Cost-Sharing	Non-Participating Provider Member Responsibility for Cost-Sharing	
<b>Exercise Facility Reimbursement</b>	Up to \$200 per six (6) month period	Up to \$200 per six (6) month period	See Benefit description

<b>PEDIATRIC DENTAL and VISION CARE</b>	<b>Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Non-Participating Provider Member Responsibility for Cost-Sharing</b>	<b>Limits</b>
Available to insured students through the end of the month in which the insured student turns 19 years of age.			
<b>Pediatric Dental Care</b> <ul style="list-style-type: none"> <li><b>Preventive Dental Care</b></li> <li><b>Routine Dental Care</b></li> <li><b>Major Dental (Endodontics, Periodontics, Oral Surgery and Prosthodontics)</b></li> <li><b>Orthodontics</b></li> </ul> <b>Orthodontics and Major Dental Require Preauthorization</b>	\$35 Copayment 0% Coinsurance not subject to Deductible  \$100 Copayment 0% Coinsurance not subject to Deductible  \$350 Copayment 0% Coinsurance not subject to Deductible  50% Coinsurance not subject to Deductible	\$35 Copayment 0% Coinsurance not subject to Deductible  \$100 Copayment 0% Coinsurance not subject to Deductible  \$350 Copayment 0% Coinsurance not subject to Deductible  50% Coinsurance not subject to Deductible	One (1) dental exam and cleaning per six (6)-month period    Full mouth x-rays or panoramic x-rays at 36 month intervals and bitewing x-rays at six (6) month intervals
<b>Pediatric Vision Care</b> <ul style="list-style-type: none"> <li><b>Exams</b></li> <li><b>Lenses and Frames</b></li> <li><b>Contact Lenses</b></li> </ul>	\$20 Copayment 0% Coinsurance not subject to Deductible  \$40 Copayment 0% Coinsurance not subject to Deductible  \$40 Copayment 0% Coinsurance not subject to Deductible	30% Coinsurance not subject to Deductible  30% Coinsurance not subject to Deductible  30% Coinsurance not subject to Deductible	One (1) exam per Plan Year  One (1) prescribed lenses and frames per Plan Year
<b>Non-emergency Care While Traveling Outside of the United States</b>	40% coinsurance of - Actual Cost after Deductible		\$ 1,000 Annual Limits

### Preauthorization

Preauthorization is required for inpatient hospital, surgery and selected outpatient services. For inpatient hospital, preauthorization is not required for emergency admissions or services provided in a neonatal intensive care unit of a hospital certified pursuant to Article 28 of the Public Health Law.

## Exclusions and Limitations

No coverage is available under the Certificate for the following:

### **A. Aviation.**

We do not Cover services arising out of aviation, other than as a fare-paying passenger on a scheduled or charter flight operated by a scheduled airline.

### **B. Convalescent and Custodial Care.**

We do not Cover services related to rest cures, custodial care or transportation. "Custodial care" means help in transferring, eating, dressing, bathing, toileting and other such related activities. Custodial care does not include Covered Services determined to be Medically Necessary.

### **C. Conversion Therapy.**

We do not Cover conversion therapy. Conversion therapy is any practice by a mental health professional that seeks to change the sexual orientation or gender identity of a Member under 18 years of age, including efforts to change behaviors, gender expressions, or to eliminate or reduce sexual or romantic attractions or feelings toward individuals of the same sex. Conversion therapy does not include counseling or therapy for any individual who is seeking to undergo a gender transition or who is in the process of undergoing a gender transition, that provides acceptance, support and understanding of an individual or the facilitation of an individual's coping, social support, and identity exploration and development, including sexual orientation-neutral interventions to prevent or address unlawful conduct or unsafe sexual practices, provided that the counseling or therapy does not seek to change sexual orientation or gender identity.

### **D. Cosmetic Services.**

We do not Cover cosmetic services, Prescription Drugs, or surgery, unless otherwise specified, except that cosmetic surgery shall not include reconstructive surgery when such service is incidental to or follows surgery resulting from trauma, infection or diseases of the involved part, and reconstructive surgery because of congenital disease or anomaly of a covered Child which has resulted in a functional defect. We also Cover services in connection with reconstructive surgery following a mastectomy, as provided elsewhere in the Certificate. Cosmetic surgery does not include surgery determined to be Medically Necessary. If a claim for a procedure listed in 11 NYCRR 56 (e.g., certain plastic surgery and dermatology procedures) is submitted retrospectively and without medical information, any denial will not be subject to the Utilization Review process in the Utilization Review and External Appeal sections of the Certificate unless medical information is submitted.

### **E. Dental Services.**

We do not Cover dental services except for: care or treatment due to accidental injury to sound natural teeth within 12 months of the accident; dental care or treatment necessary due to congenital disease or anomaly; or dental care or treatment specifically stated in the Outpatient and Professional Services and Pediatric Dental Care sections of the Certificate.

### **F. Experimental or Investigational Treatment.**

We do not Cover any health care service, procedure, treatment, device, or Prescription Drug that is experimental or investigational. However, We will Cover experimental or investigational treatments, including treatment for Your rare disease or patient costs for Your participation in a clinical trial as described in the Outpatient and Professional Services section of the Certificate, when Our denial of services is overturned by an External Appeal Agent certified by the State. However, for clinical trials, We will not Cover the costs of any investigational drugs or devices, non-health services required for You to receive the treatment, the costs of managing the research, or costs that would not be Covered under the Certificate for non-investigational treatments. See the Utilization Review and External Appeal sections of the Certificate for a further explanation of Your Appeal rights.

### **G. Felony Participation.**

We do not Cover any illness, treatment or medical condition due Your participation in a felony, riot or insurrection. This exclusion does not apply to coverage for services involving injuries suffered by a victim of an act of domestic violence or for services as a result of Your medical condition (including both physical and mental health conditions).

**H. Foot Care.**

We do not Cover routine foot care in connection with corns, calluses, flat feet, fallen arches, weak feet, chronic foot strain or symptomatic complaints of the feet. However, we will Cover foot care when You have a specific medical condition or disease resulting in circulatory deficits or areas of decreased sensation Your legs or feet.

**I. Government Facility.**

We do not Cover care or treatment provided in a Hospital that is owned or operated by any federal, state or other governmental entity, except as otherwise required by law.

**J. Medically Necessary.**

In general, We will not Cover any health care service, procedure, treatment, test, device or Prescription Drug that We determine is not Medically Necessary. If an External Appeal Agent certified by the State overturns Our denial, however, We will Cover the service, procedure, treatment, test, device or Prescription Drug for which coverage has been denied, to the extent that such service, procedure, treatment, test, device or Prescription Drug is otherwise Covered under the terms of the Certificate.

**K. Medicare or Other Governmental Program.**

We do not Cover services if benefits are provided for such services under the federal Medicare program or other governmental program (except Medicaid).

**L. Military Service.**

We do not Cover an illness, treatment or medical condition due to service in the Armed Forces or auxiliary units.

**M. No-Fault Automobile Insurance.**

We do not Cover any benefits to the extent provided for any loss or portion thereof for which mandatory automobile no-fault benefits are recovered or recoverable. This exclusion applies even if You do not make a proper or timely claim for the benefits available to You under a mandatory no-fault policy.

**N. Services Not Listed.**

We do not Cover services that are not listed in the Certificate as being Covered.

**O. Services Provided by a Family Member.**

We do not Cover services performed by You or a member of Your immediate family. "Immediate family" shall mean a child, spouse, mother, father, sister or brother of You or Your Spouse.

**P. Services Separately Billed by Hospital Employees.**

We do not Cover services rendered and separately billed by employees of Hospitals, laboratories or other institutions.

**Q. Services with No Charge.**

We do not Cover services for which no charge is normally made.

**R. Vision Services.**

We do not Cover the examination or fitting of eyeglasses or contact lenses, except as specifically stated in the Pediatric Vision Care section of the Certificate.

**S. War.**

We do not Cover an illness, treatment or medical condition due to war, declared or undeclared.

**T. Workers' Compensation.**

We do not Cover services if benefits for such services are provided under any state or federal Workers' Compensation, employers' liability or occupational disease law.

## Value Added Services

The following are not affiliated with Wellfleet New York Insurance Company and the services are not part of the Plan Underwritten by Wellfleet New York Insurance Company. These value-added options are provided by Wellfleet Student.

### VISION DISCOUNT PROGRAM

For Vision Discount Benefits please go to:

[www.wellfleetstudent.com](http://www.wellfleetstudent.com)

### 24 HOUR NURSELINE

Students who enroll and maintain medical coverage in this insurance plan have access to the *24 Hour Nurseline*. This *24-Hour Nurseline* program provides:

- Phone-based, reliable health information in response to health concerns and questions; and
- Assistance in decisions on the appropriate level of care for an injury or sickness.

Appropriate care may include self-care at home, a call to a physician, or a visit to the emergency room.

Calls are answered 24 hours a day, 365 days a year by experienced registered nurses who have been specifically trained to handle telephone health inquiries.

This program is not a substitute for doctor visits or emergency response systems. The *Nurseline* does not answer health plan benefit questions. Health benefit questions should be referred to the Plan Administrator. The *24 Hour Nurseline* toll free number will be on the ID card.

**(800) 634-7629**



Your out-of-pocket costs may be lower when you utilize Cigna PPO Providers. For a listing of Cigna PPO Providers, go to [www.cigna.com](http://www.cigna.com) or contact Wellfleet Student toll-free at (877) 657-5030, or [www.wellfleetstudent.com](http://www.wellfleetstudent.com) for assistance.



With CareConnect from Wellfleet Student, students have 24/7 access to professional assistance to help manage personal concerns, emotional issues, transition and adjustment concerns, academic stress, career development, and the demands of daily and family obligations.

Members in need of assistance simply call the behavioral health hotline on their ID card, **(888) 857-5462**, or via the Wellfleet Student mobile app for immediate access to a masters-level mental health professional. Students are run through a clinical assessment to determine if CareConnect counseling, health center referral, or other treatment is necessary. To access mobile features, students simply download their school's app in their device's app store.