How to sign up

1. Visit xphealth.co/avc or download the XP Health app and then tap “ACTIVATE YOUR BENEFIT.”

2. Activate your Academic Vision Care benefit using your school email address.

3. Verify your email address to continue enrollment.
How to get personalized recommendations

1. Visit your account profile tab and click “START SCAN.”

2. Click “START FACE SCAN” to measure your facial dimensions using AI and your phone or computer camera.

3. Complete the quick style preference questionnaire.

4. Congratulations, your profile is updated. Check out your top recommended frames that fit your face and unique style.
How to shop for frames

1. Visit xphealth.co/avc/eyewear or click on “RECOMMENDATIONS” from the Eyewear module of your dashboard to start shopping.

2. More ways to shop for frames:
   - Check out your personalized recommendations or browse all our frames.
   - Virtual Try-On: Click the virtual try-on icon on a camera-enabled device to see how frames fit and look on you.
   - Home Try-On: Try six frames for six days from the comfort of home.
3. Select your favorite frame and click "ORDER NOW."

Rx: Upload your prescription if you have one.

Non-Rx: Or select non-prescription or readers, which are both included in your benefit.

4. Review your frame selections and check out.

**Prescription**
- For vision correction at one or multiple focal distances.

**Non-Prescription**
- For those with perfect vision.

**Readers**
- Offers magnification to read better up close—no prescription required.

**Computer Glasses**
- EXP: 10/12/2024
- OD: +1.75
- OS: +1.00

**Reading Glasses**
- EXP: 11/14/2024
- OD: +2.25
- OS: +1.50

**My Contacts**
- EXP: 9/30/2024
- OD: -3.75
- OS: -4.25
How to upload a prescription

1. Click "ADD" in the prescriptions section in your Account settings tab.

2. Choose if this is a glasses or contacts prescription and click "CONTINUE."

3. Add a prescription name and expiration date and upload a clear picture or PDF of your prescription.
   *Your prescription must have a valid expiration date.

4. Now you'll be able to easily apply your prescription to your order and view active and expired prescriptions in your account.
   If your prescription is with Cyl ≥ ±4.00 or a Sph ≥ ±7.00, we will require a pupillary distance measurement. We'll help you get that measurement after placing your order.