

## How To Sign Up

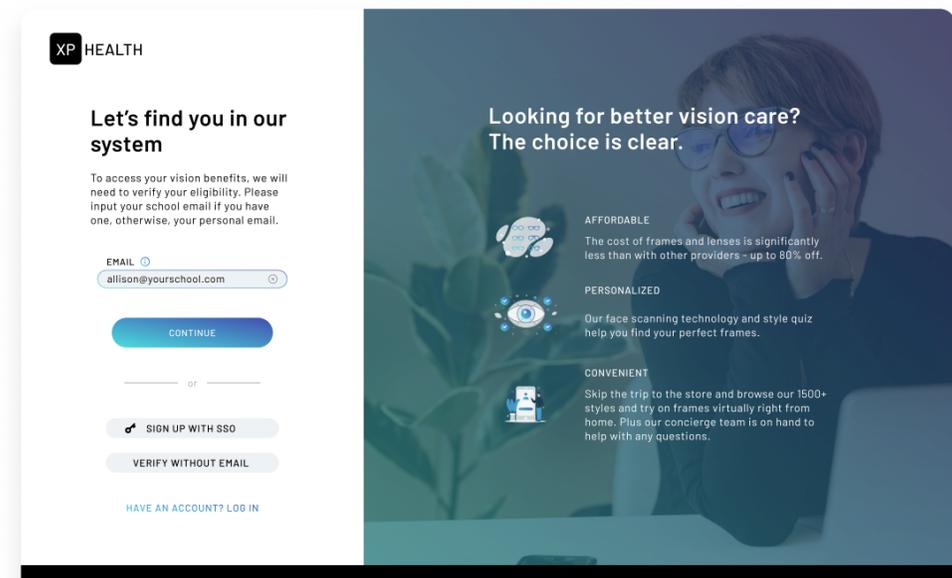
1 Visit [xphealth.co/avc](https://xphealth.co/avc) or download the XP Health app and then tap “ACTIVATE NOW.”



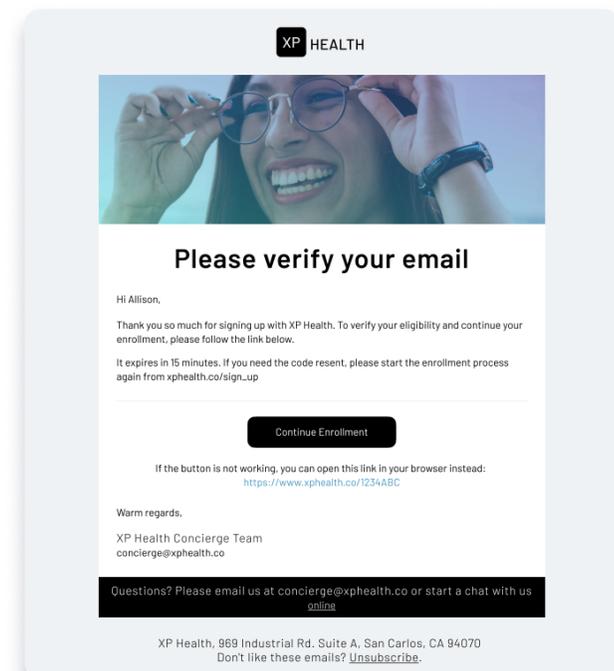
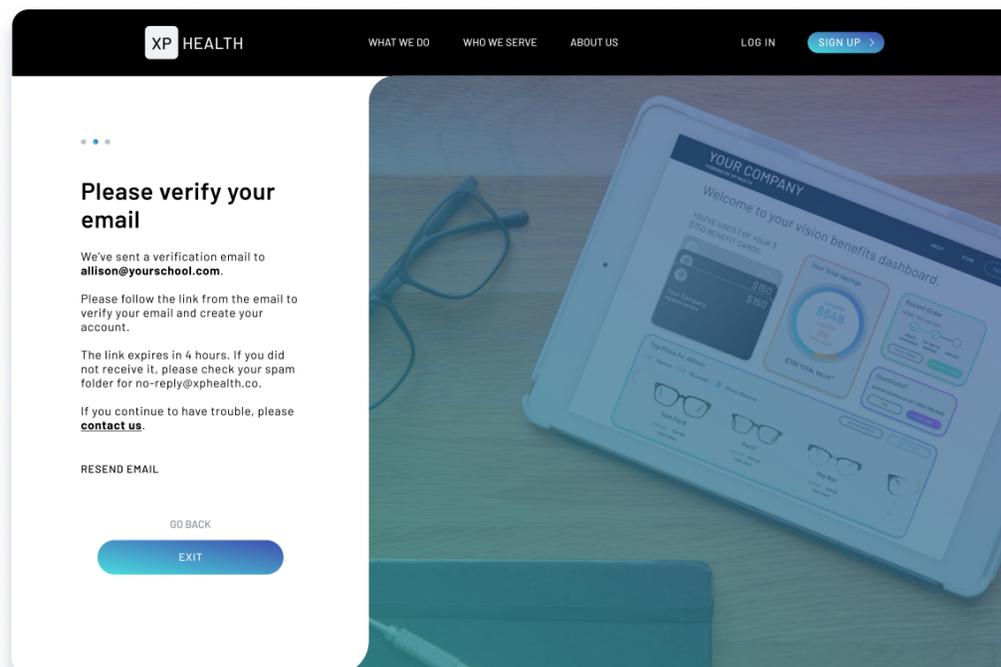
[XPHEALTH.CO/AVC](https://xphealth.co/avc)



2 Activate your program using your email address.

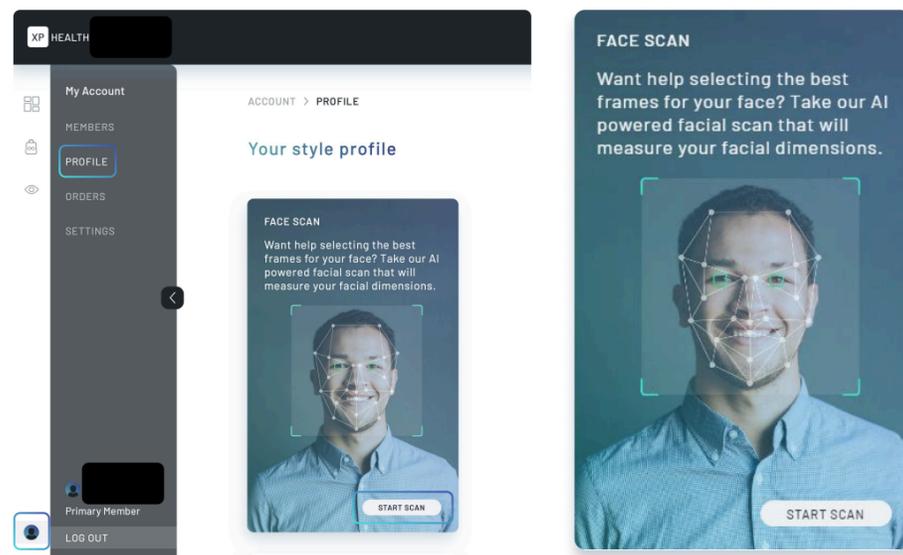


3 Verify your email address to continue.

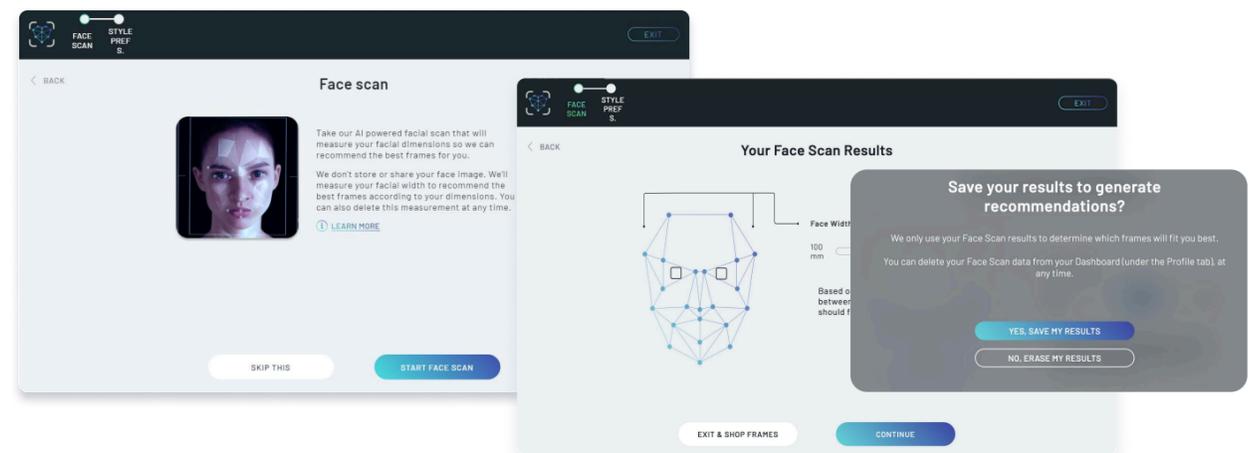


## How To Get Personalized Recommendations

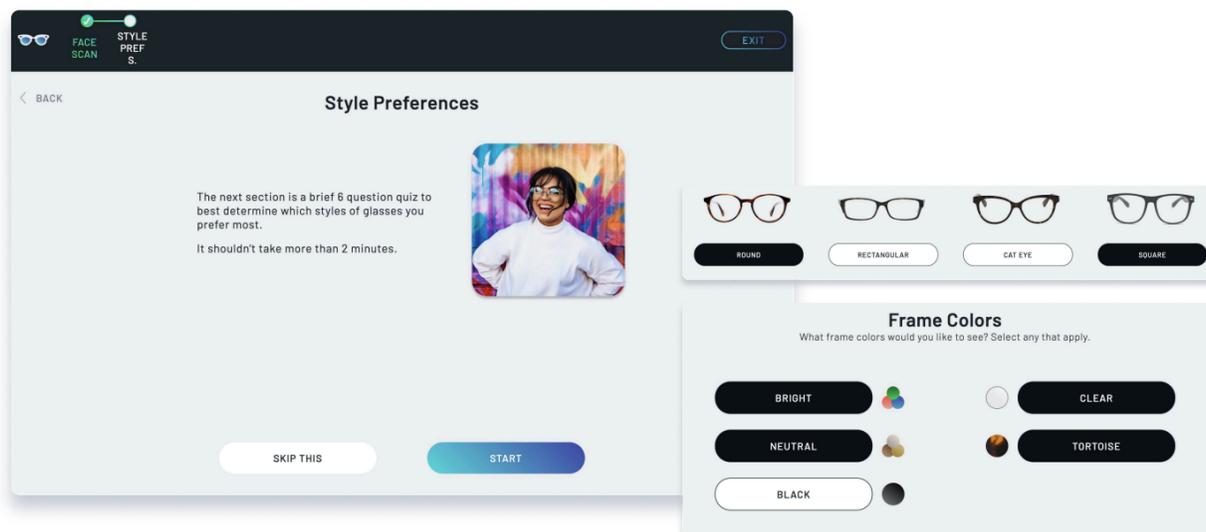
**1** Visit your account profile tab and click "START SCAN."



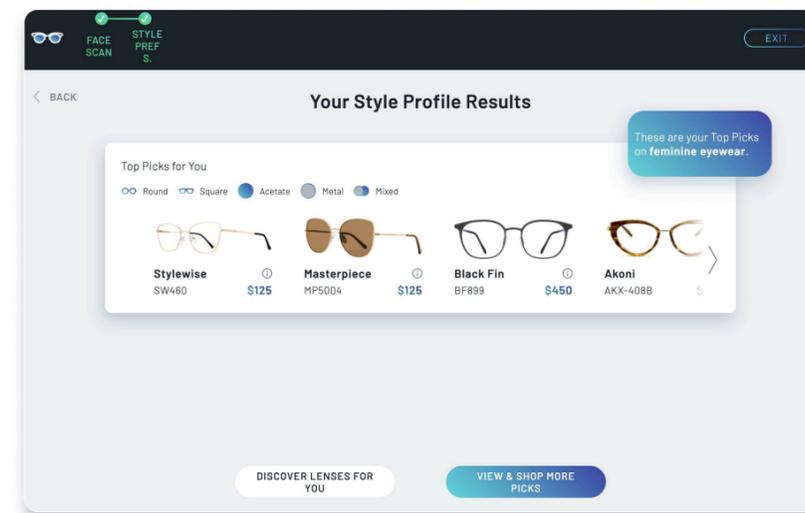
**2** Click "START FACE SCAN" to measure your facial dimensions using AI and your computer or phone camera.



**3** Complete the quick style preference questionnaire.

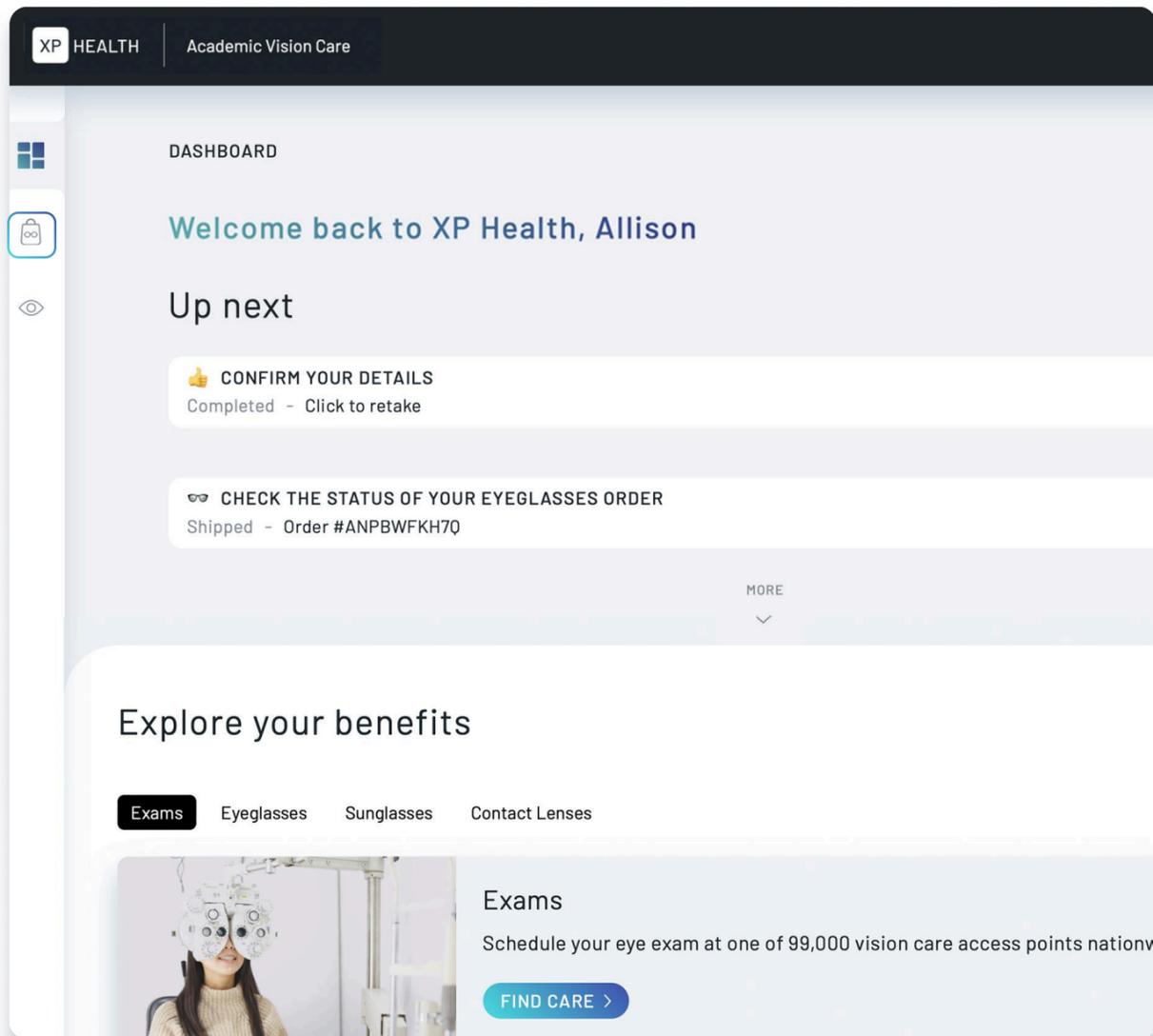


**4** Congratulations, your profile is updated. Check out your top recommended frames that fit your face and unique style.

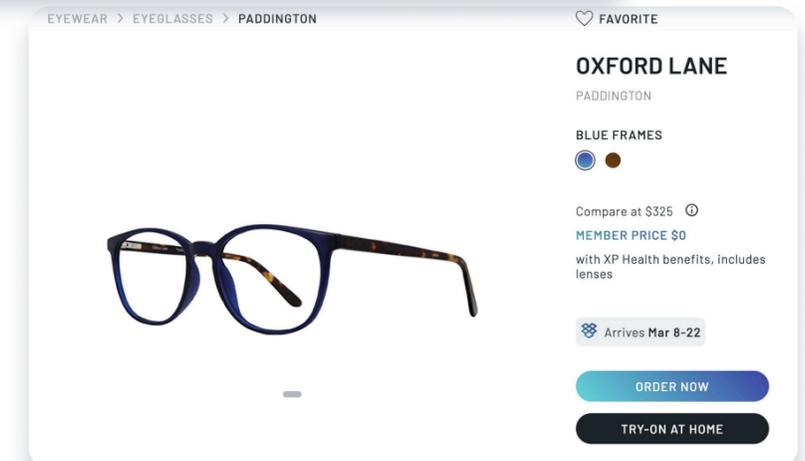
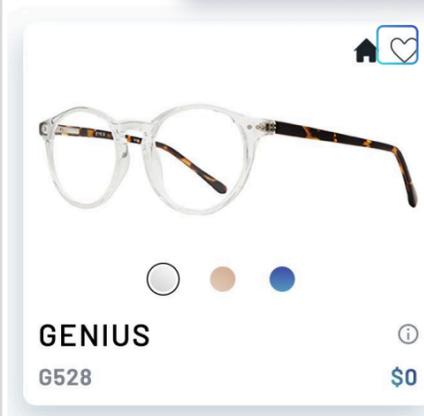
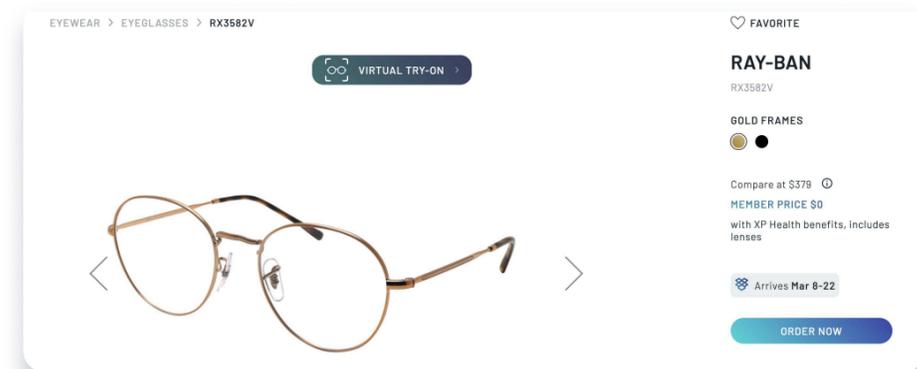


## How To Shop For Frames

- 1 Login to [xphealth.co](https://xphealth.co), click on the shopping bag icon and select the EYEGLASSES menu to start shopping.

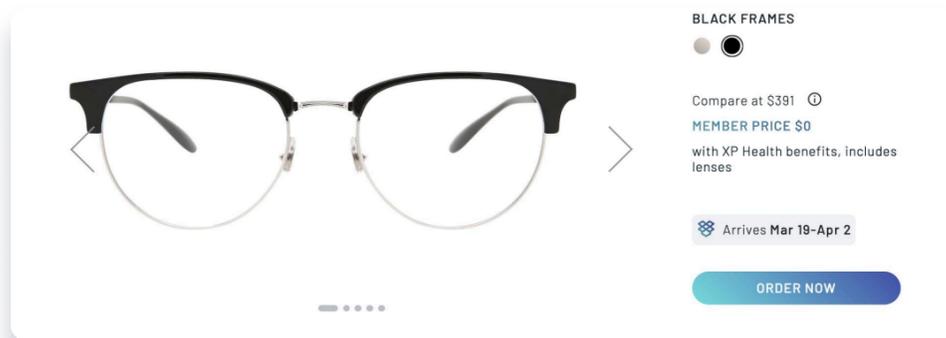


- 2 More ways to shop for frames:
  - Check out your personalized recommendations or browse all our frames.
  - Virtual Try-On: Click the virtual try-on icon on a camera-enabled device to see how frames fit and look on you.
  - Home Try-On: Try six frames for six days from the comfort of home.

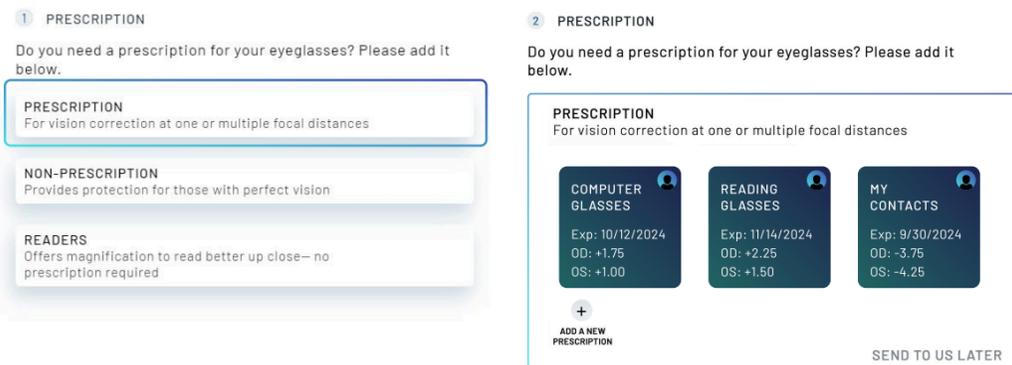


## How To Shop For Frames

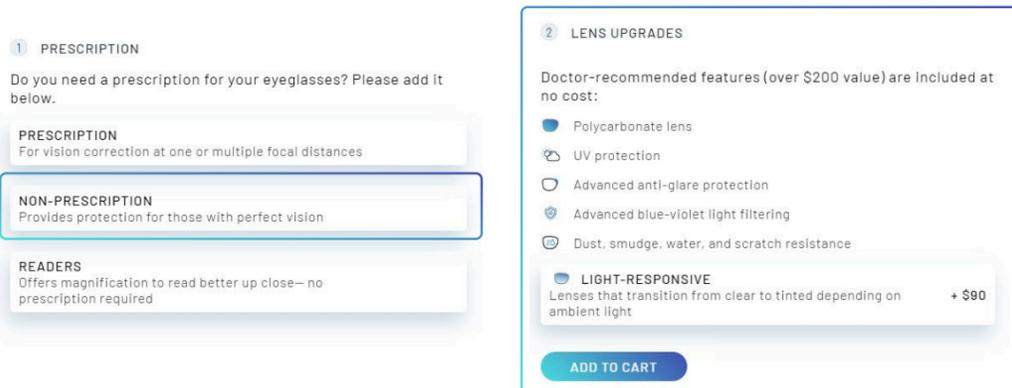
**3** Select your favorite frame and click "ORDER NOW."



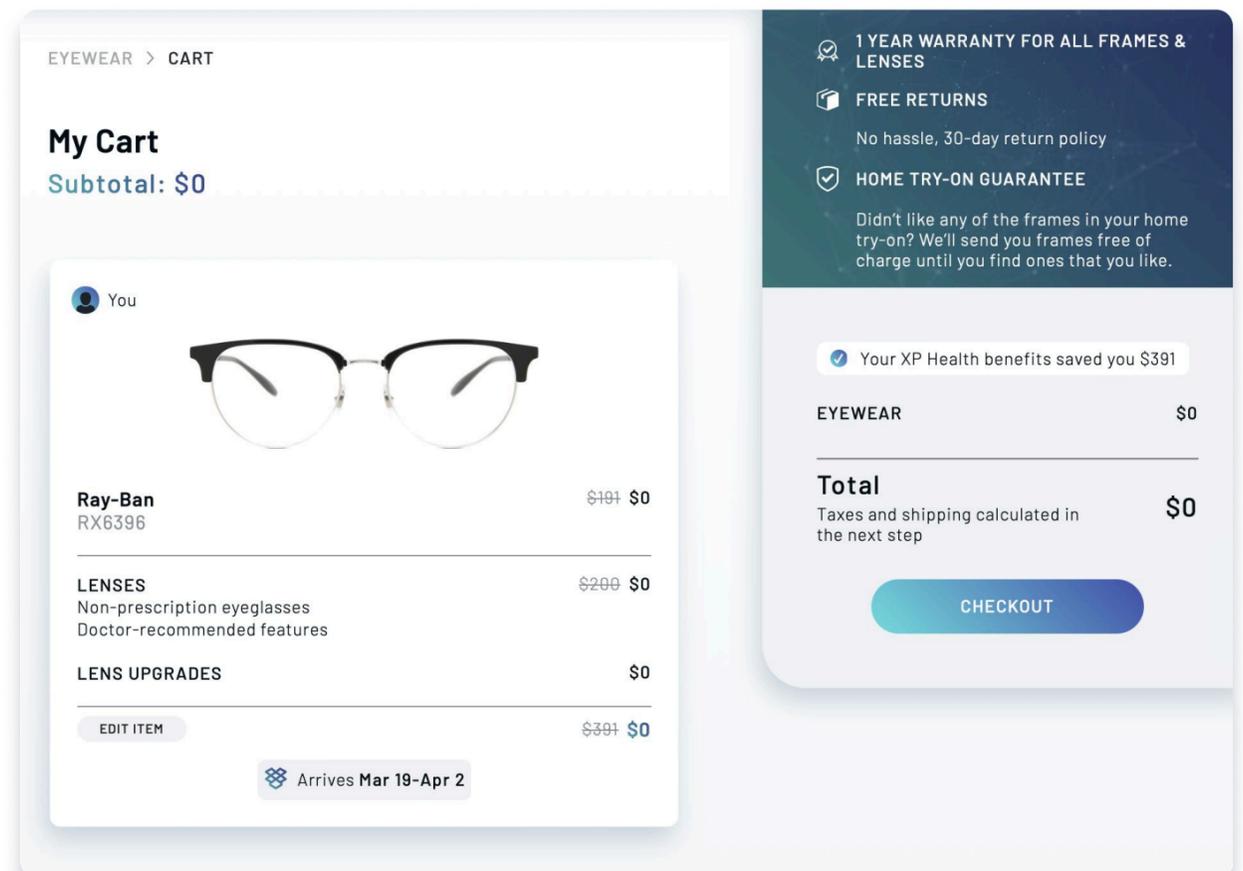
**Rx:** Upload your prescription if you have one.



**Non-Rx:** Or select non-prescription or readers, which are both included in your program.



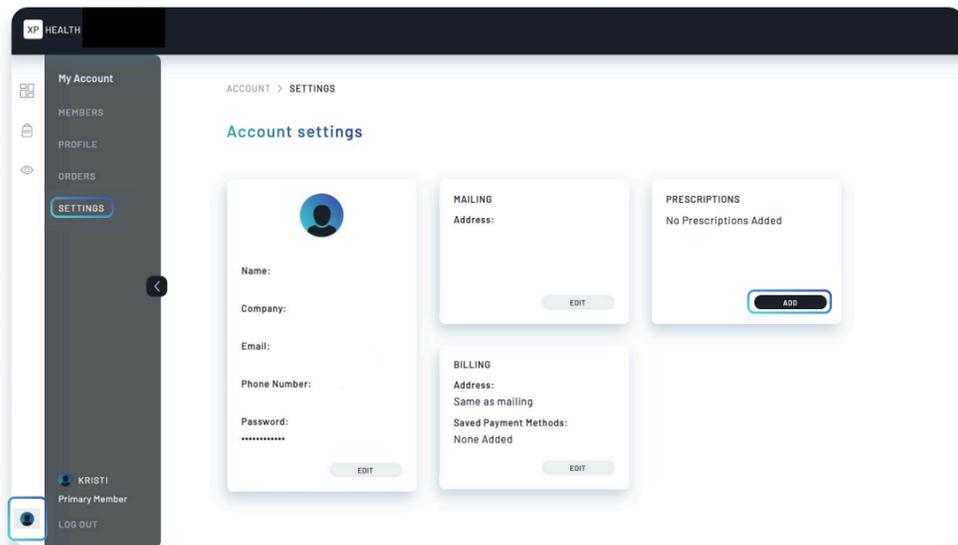
**4** Review your frame selections and check out.



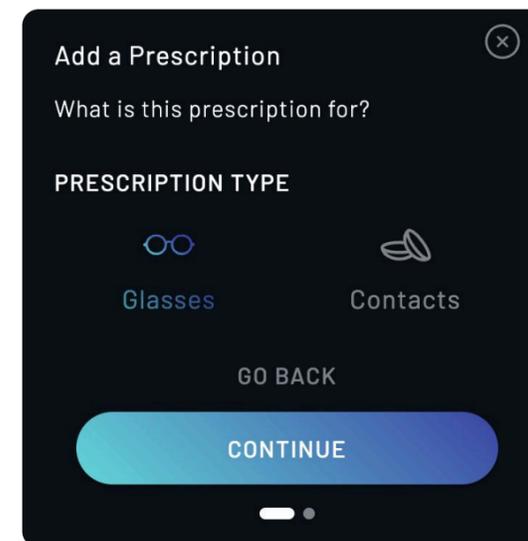
[Return and exchange policy](#)

## How To Upload A Prescription

**1** Click “ADD” in the prescriptions section in your Account settings tab.

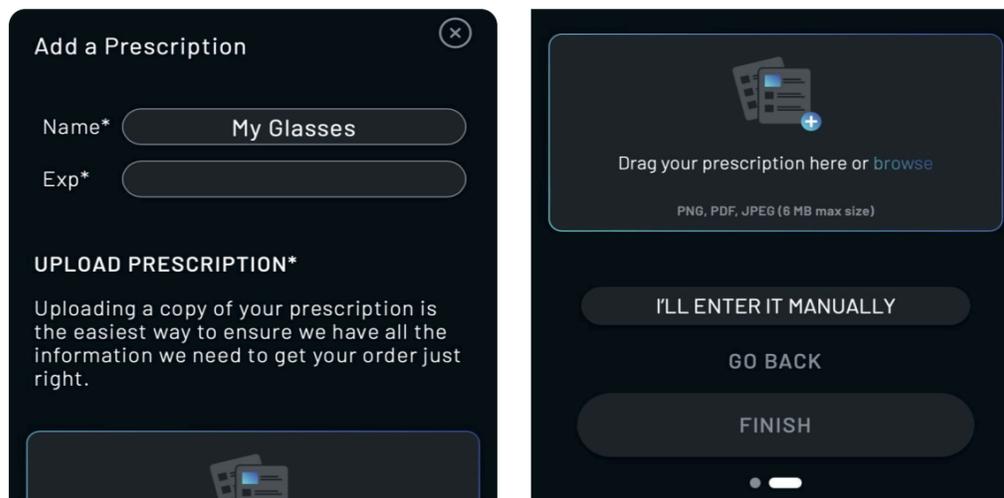


**2** Choose if this is a glasses or contacts prescription and click “CONTINUE.”



**3** Add a prescription name and expiration date and upload a clear picture or PDF of your prescription.

*\*Your prescription must have a valid expiration date.*



**4** You can apply your prescription to your order and view active and expired prescriptions in your account.

*If your prescription is with Cyl ≥ ±4.00 or a Sph ≥ ±7.00, we will require a pupillary distance measurement. We'll help you get that measurement after placing your order.*

