

Discounts and savings for you to enjoy





## **Healthy vision**

Savings on eyewear and exams



## A fit, fabulous you

Savings on gyms and health coaching

## Savings you can see, with vision discounts

## Plenty of prescription savings

If your vision isn't 20/20, you'll love discounts on:

- Designer frames
- Prescription lenses
- · Lens options, like scratch coating and tint
- · Non-disposable contact lenses, and more

## **Great rates on eye exams**

Your eye exams are always discounted. So even if your plan covers your first exam, you can save on another one from any participating doctor.

#### Lots of locations

You can visit many doctors in private practice. Plus, national chains like LensCrafters®, Target Optical® and Pearle Vision®. Log in to your member website at **AetnaStudentHealth.com** to find participating locations.

## More eye-openers

- Savings on LASIK laser eye surgery
- Replacement contact lenses, delivered to your door
- Savings on eyeglass chains, lens cases and cleaners, and nonprescription sunglasses

## **Built-in plan discounts** with no referrals, claims or limits.

## **Healthy lifestyle discounts**

Save on gym memberships, health coaching, fitness gear and nutrition products that support a healthy lifestyle.

## A healthier you

You get access to local and national discounts on brands you know.

### **Health coaching**

Try one-on-one coaching to lose weight, ease stress or reach another goal.

### At-home weight-loss program

Get weight-loss tips and menus, and track your progress from the privacy of your home.

#### **Even more savings**

You also save on:

- Wearable fitness devices
- · Yoga, meditation and wellness programs
- · Group fitness on demand

## **Healthy food options**

Enjoy healthy food options like meal delivery to your home, on your schedule.

Student health insurance plans are insured by Aetna Life Insurance Company (Aetna). In MD and NJ, student medical insurance is insured by Aetna Health and Life Insurance Company (AHLIC). Self-insured plans are funded by the applicable school and administered by Aetna Life Insurance Company. Aetna Student Health<sup>SM</sup> is the brand name for products and services provided by Aetna Life Insurance Company, Aetna Health and Life Insurance Company and their affiliates.



## A natural health boost

Savings on massage and more



## Hearing your world better

Savings on hearing aids and exams

## **Natural products and services**

You can try these services\* at a discount:

- Ease your stress and tension with **therapeutic massage**.
- Heal pain or stress points with **acupuncture**.
- Relieve neck and back pain with **chiropractic care**.
- Get advice from registered dietitians with nutrition services.
- Save on a wide variety of popular products from health and fitness vendors.

**It's easy:** Visit **AetnaStudentHealth.com** to find program professionals. Just take your Aetna<sup>®</sup> ID card to your visit.

## **Savings on at-home products**

- Blood pressure monitors
- Pedometers and activity trackers
- Electrotherapy TENS units (devices for pain relief)
- Many other Omron® products

**Ready to browse and buy?** Just log in to your member website at **AetnaStudentHealth.com** for easy ordering instructions

## **Oral health care products**

We provide discounts on oral health care products, so you can keep your mouth as healthy as possible.

Get discounts on Colgate® Optic White® Advanced LED Whitening kits and Colgate Smart Electric Toothbrushes.

You can also save on Z Sonic toothbrushes, replacement brush heads and various oral health care kits.

Ready to browse and buy? Just log in to your member website at **AetnaStudentHealth.com** to shop and receive your discounts.

## You have options

## With Hearing Care Solutions, you get:

- Discounts on a large choice of hearing aids
- A three-year supply of batteries, then you can join a discount battery mail-order program
- Free in-office service of hearing aids for one year
- Free routine cleanings and battery door replacements for one year after purchase from the original provider

### With Amplifon Hearing Health Care, you get:

- Discounts on many styles of hearing aids, including programmable and digital hearing aids from leading makers
- Savings on hearing exams and hearing aid repairs
- Free follow-up services for one full year
- A two-year supply of batteries

<sup>\*</sup>Through the ChooseHealthy® program, which is provided by ChooseHealthy, Inc., a subsidiary of American Specialty Health Incorporated (ASH). ChooseHealthy is a federally registered trademark of ASH and used with permission herein.

## How to get started

# Just log in to your member website at **AetnaStudentHealth.com** once you're an Aetna member.

It's the place to take care of your benefits. Your place to save, too.

You can:

- Find a vision, hearing or natural therapy professional
- Sign up for a weight-loss program
- · Buy health products
- Find a gym, and more

## Help for those who speak another language and for the hearing impaired

If you require language assistance, please call the Member Services number on your member ID card, and a representative will connect you with an interpreter. You can also get interpretation assistance for utilization management issues or for registering a complaint or appeal. If you're deaf or hard of hearing, use your TTY and dial 711 for the Telecommunications Relay Service. Once connected, please enter or provide the telephone number you're calling.

## Ayuda para las personas que hablan otro idioma y para personas con impedimentos auditivos

Si usted necesita asistencia lingüística, llame al número de Servicios al Miembro que figura en su tarjeta de identificación de miembro, y un representante le conectará con un intérprete. También puede recibir asistencia de interpretación para asuntos de administración de la utilización o para registrar una queja o apelación. Si usted es sordo o tiene problemas de audición, usar su TTY y marcar 711 para el Servicio de Retransmisión de Telecomunicaciones (TRS). Una vez conectado, entrar o proporcionar el número de teléfono que está llamando.

This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain benefits. Discount offers provide access to discounted services and are not part of an insured plan or policy. Discount offers are rate-access offers and may be in addition to any plan benefits. Check any insurance benefits you have before using these discount offers, as those benefits may result in lower costs to you than using these discounts. Discount offers are not guaranteed and may be discontinued at any time. Aetna makes no payment to the discount vendor. You are responsible for the full cost of the discounted services. Aetna does not endorse any vendor, product or service associated with these discount offers. Vendors are independent of Aetna, not agents or employees. Trademarks are the property of their respective owners. Programs, products and services may not be available at all times. Certain offers may not be available in some states. Products may be subject to a warranty from the manufacturer. Aetna makes no representations or warranties, and disclaims all product warranties. Aetna has no liability for providing or guaranteeing service and assumes no liability for the quality of service rendered. Aetna may receive a percentage of the fee paid to a discount vendor. Information is believed to be accurate as of the production date; however, it is subject to change. Gym services are provided by GlobalFit. Hearing products and services are provided by Hearing Care Solutions and Amplifon Hearing Health Care (formerly HearPO). Natural health care services providers are credentialed using ASH Networks' credentialing policies and procedures, which are consistent with URAC accreditation and NCQA certification requirements. LASIK surgery discounts are offered by the U.S. Laser Network and QualSight. Providers are independent surgeons and are not agents of EyeMed, Aetna or their affiliates.

Policy forms issued in Missouri include: AL SH HPol-H 02.

