

# Your new birth control benefits

What's now covered by your Anthem Blue Cross and Blue Shield health plan or policy.<sup>1</sup>

As a part of the new health care reform law, we now cover 100% of the cost of some birth controls.<sup>1</sup>

Women covered by your health plan or policy can use the new benefits. Also, there are many types of birth control. So, based on what type you use, it may be covered under your medical or pharmacy benefit.

## What's covered by your medical benefit

Some types of birth control help prevent pregnancy with a procedure done in a doctor's office visit, hospital or outpatient surgery center. We now cover 100% of the cost of these procedures, as long as they're done by a network doctor:<sup>1</sup>

- Sterilization surgery for women
- Intrauterine devices (IUDs)
- Contraceptive implant
- Birth control shots
- Diaphragms or cervical caps from a doctor

## What's covered by your pharmacy benefit

Other types of birth control need a doctor's prescription. We now cover 100% of the cost of some prescription birth controls from a pharmacy or our home delivery service.

What you pay depends on whether the drug is generic or brand name. Generic drugs have the same makeup as brand-name drugs, but often cost less. We'll cover 100% of the cost of generic drugs and work with you and your doctor to help you choose generic drugs when it makes sense.

Sometimes we cover 100% of brand-name drugs, but only if your plan or policy has brand-name drug benefits and only if there isn't a generic form. If you buy a brand-name drug, but could have chosen a generic form, you may need to get consent, known as prior authorization. Check your plan or policy to learn more. You'll also need to pay a deductible, copay or coinsurance, based on your plan.

We now cover 100% of the cost of birth control methods, such as:<sup>1</sup>

- Birth control pills
- Prescription diaphragms or cervical caps from a pharmacy
- Contraceptive patches
- Emergency birth control pills or "morning after" pills that require a prescription
- Contraceptive rings

## What's not covered?

We do not cover the cost of:

- Condoms
- Emergency birth control pills or "morning after" pills without a prescription
- Contraceptive sponges
- Any birth control you can get without a prescription or doctor's treatment
- Spermicides
- Birth control for men

If you have questions, call your agent or one of our customer service representatives and ask for what drugs are covered, also known as a formulary.



<sup>1</sup> Some plans that were in effect on or before March 23, 2010 may be "grandfathered" and not include this birth control coverage. Also, some religious groups may choose not to offer this coverage. Check your plan documents to determine if your plan is grandfathered or if this coverage is available in your plan.

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado and Nevada: Rocky Mountain Hospital and Medical Service, Inc. In Connecticut: Anthem Health Plans, Inc. In Georgia: Blue Cross and Blue Shield of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin ("BCBSWI"), which underwrites or administers the PPO and indemnity policies; CompCare Health Services Insurance Corporation ("CompCare"), which underwrites or administers the HMO policies; and CompCare and BCBSWI collectively, which underwrite or administer the POS policies. Independent licensees of the Blue Cross and Blue Shield Association. © ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.