





# ACCESS TO BEHAVIORAL HEALTH SUPPORT WHEN IT'S NEEDED MOST

CareConnect from Wellfleet Student is an integrated behavioral health program offering student members easy access to licensed behavioral health clinicians 24/7/365 via telephone.

It works in sync with student health centers at Wellfleet client schools and Wellfleet Student health plans -- furthering our commitment to the Triple Aim and goal of empowering students to lead healthier lives.

## WHY CARECONNECT?

Getting access to and navigating behavioral health issues can be challenging for students. CareConnect provides students immediate access to licensed professionals to help manage mental health & substance abuse issues.

## **HOW DOES IT WORK?**

Students simply call the dedicated CareConnect phone line to be connected immediately with a counselor. They will provide in-the-moment support and determine the most clinically-appropriate next step. This includes counseling, or referrals to the Student Health Center, medical provider, or emergency services.

#### **CONCERNS COVERED**

Counselors can assist with: Drug Abuse and alcohol-related concerns, transition/adjustment issues, stress related to careers, cultural diversity issues, eating disorders and body concerns, anger management issues, suicidal/homicidal ideations, relationship problems, and more.

#### COORDINATION OF CARE

CareConnect works with the Student Health
Center to coordinate your care as part of
Wellfleet Student's effort to ensure you receive
proper care. If referred to a medical provider,
it will always be to one inside your Wellfleet
Student network.





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CareConnect from Wellfleet Student provides you with immediate access to licensed behavioral health clinicians where and when you need them most.

An integrated behavioral health program, CareConnect offers easy access to licensed behavioral health clinicians 24/7/365 via telephone. It works in sync with student health centers at Wellfleet Student client schools and your health plan.

# **HOW IT WORKS**

Simply call 1-888-857-5462 to be connected immediately with a CareConnect counselor. They will provide in-the-moment support and determine the most clinically-appropriate next step.

This includes counseling, or referrals to the Student Health Center, medical provider, or emergency services.

# **Integrated Program Features**

- 24/7/365 telephone access answered by licensed clinical professionals
- Referral to Student Health Center or emergency room for medical problems
- Live counseling, complete assessment, and coordination of care following the call

# **Concerns Covered**

- Drug Abuse
- Alcohol-Related Concerns
- Transition and/or Adjustment Issues
- Stress Related to Coursework, Careers
- Cultural Diversity Issues

- Eating Disorders and/or Body Concerns
- Anger Management Issues
- Suicidal or Homicidal Ideations
- Relationship Problems

