## 24-Hour Nurse Advisor

When you need immediate health care advice, call 24-Hour Nurse Advisor toll free at **866-323-0664**. This service can help you avoid needless worry, out-of-pocket charges and hours sitting in an emergency room.



866-323-0664 24 Hours a Day

## When you call, a registered nurse will help you decide:

- If you can take care of the problem at home
- If you need to see your doctor
- If it is safe to wait or if you need help right away
- What you should watch for if you don't need care right away

In an emergency, call 911 or visit the nearest emergency room.

## You can also ask the nurse about:

- Questions you forgot to ask your doctor
- The latest health information
- Making important health care decisions
- Your medicines or other treatments



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