

# Kindly, Human™

## Personalized Support designed for you.



Kindly Human offers real-time support and connection for real-world challenges.

Every day, millions of us face new situations on our own. Without support, even small challenges can become overwhelming.

Hearing from and connecting with someone who can relate to what we're facing is a fundamental human need. When we know we're not alone in what we're facing, everyone feels better. Kindly Human is designed to provide easy access to support 24/7 for everyday challenges that we all face.

# 74%

of people feel overwhelmed facing a challenge on their own.

### Search

**Search for support on everyday topics.**

Tell us what situation you're facing.

- Loneliness
- Caregiving
- Cancer
- Divorce
- Family Dynamics
- Grief
- Parenting
- Diabetes
- Disability
- Relocation

### Match

**Receive intelligent introductions.**

AI-Powered matching delivers Peers and relevant programs.



### Listen

**Hear from Peers who can truly relate.**

Listen to audio stories from Peers sharing their own experiences.



### Connect

**Talk with a Peer anonymously.**

Start a private call with a trained Peer who is ready to listen.



Students receive 60 minutes of talk time with a Peer Listener per month at no cost. Students may elect to purchase additional minutes as desired at their own expense.

To get started, visit [kindlyhuman.io/ahp](https://kindlyhuman.io/ahp), and enter your school email address to create an account.