

Using LiveHealth Online you can visit with a board-certified doctor, psychiatrist or licensed therapist through live video on your smartphone, tablet or computer with a webcam. It's an easy and convenient way to get the care you need.

Sign up now so you can:

- Talk to a board certified doctor 24/7. Doctors can assess your condition, provide a treatment plan and even send prescriptions to the pharmacy you select.¹
- Visit with a licensed therapist or board-certified psychiatrist. When you're feeling stressed, anxious or having a tough time coping, talk to a therapist online. In most cases, you can schedule an appointment and talk to a therapist in 4 days or less.² Psychiatrists can see patients 18 and over within two weeks² to help manage medications except controlled substance regulated by the government.³

Sign up for LiveHealth Online today — it's quick and easy.
Go to **livehealthonline.com** or download the free app to sign up on your smartphone or tablet.









 $1\ {\it Prescription}\ availability\ is\ defined\ by\ physician\ judgment.$

2 Appointments subject to availability.

3 Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online. Psychiatrists on LiveHealth Online will not offer counseling or talk therapy.

Online counseling is not appropriate for all kinds of problems. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Please call 1-800-784-2433 (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

If you're a retiree or have coverage that complements your Medicare benefits, your employer sponsored health plan may not include coverage for online visits using LiveHealth Online. Check your plan documents for details. You can still use LiveHealth Online, but you may have to pay the full cost of a visit. Online visits using LiveHealth Online may not be a covered benefit for HRA and HIA+ members.

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem Blue Cross.

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