

# Lynx Connect Resources

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Please visit [Rhodes College ALC | Telehealth](#) for a full list of resources available to Rhodes College students.

## **24/7 In the Moment Counseling (ASAP)**

ASAP provides students with 24/7 telephonic access to a master's level counselor. This program is designed for both crisis and non-crisis situations when a student may need assistance. Students can call 1 (855) 850-4301 anytime to receive immediate support. In addition, the ASAP website ([Student Life Resources](#)) has numerous resources, articles, self-assessments, etc., geared towards students. Students can use Company Code 'AHP1' to access these benefits.

## **Kindly Human**

Kindly Human offers real-time support and connection for real-world challenges. Use [kindlyhuman.io/ahp](http://kindlyhuman.io/ahp) to register, or to Log In if you have an account. You must use your school email address when creating your account. Use the 'Search for Support' on the main dashboard to find peer listeners with shared life experiences. Students receive up to 60 minutes of talk time with a peer listener per month at no cost (remaining time is displayed on the top right of the dashboard). Other tools include a welcome video and popular support topics.

The screenshot shows the Lynx Connect platform. At the top, there is a dark blue header with the 'RISK' logo, 'Home', 'My Programs', 'My Connections', and a notification icon (60). Below the header is a search bar with the placeholder 'Making friends in college is harder than I thought' and a search icon. To the right of the search bar is a teal box with a woman looking at her phone and the text 'What is on your mind today?'. Under the search bar is a section titled 'Just For You' with the subtitle 'Program and Resource Recommendations'. It features three cards: 'Academic Student As...', 'Quizlet', and 'National Disability Ins...'. Each card has a logo, a title, a brief description, and a list of related topics. Navigation arrows are on the left and right sides of the 'Just For You' section.

**Search for Support**

Making friends in college is harder than I thought

Q X

What is on your mind today?

**Just For You**

Program and Resource Recommendations

**Academic Student As...**

RISK Academic Student Assistance Program (ASAP)

Your 24/7 support system: ASAP provides free, confidential help for mental health, stress, and more.

Financial Aid, Finances, Roommates, Relationships

**Quizlet**

Quizlet

Quizlet is an online learning platform that allows users to create, share, and study using...

Coursework, College Stress

**National Disability Ins...**

ndi

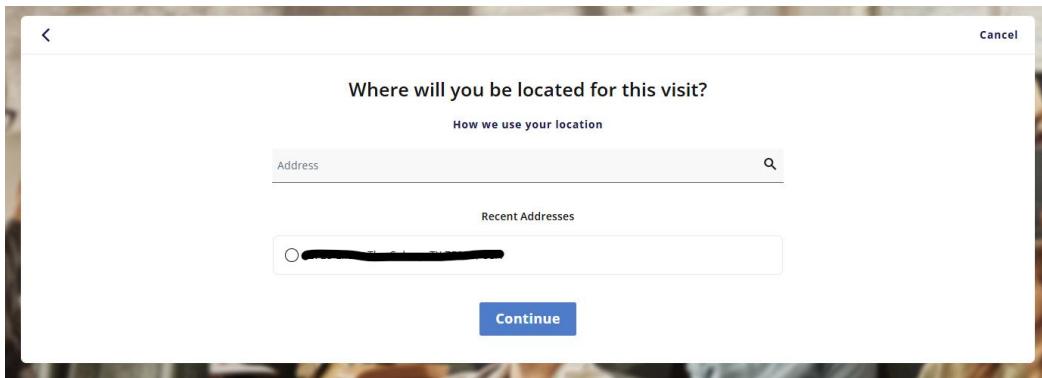
National Disability Institute influences thinking and behavior through pioneering research...

Disability

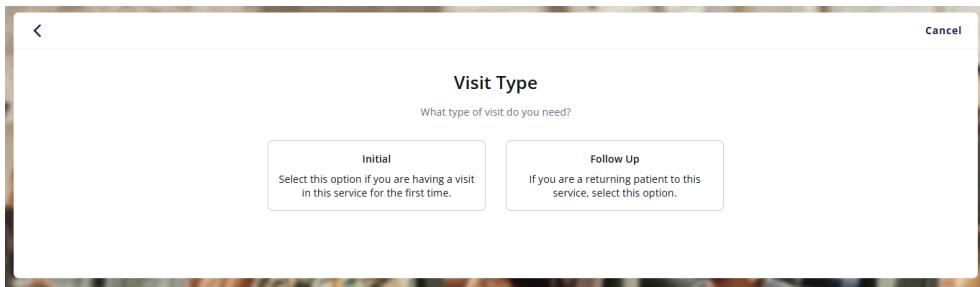
## **Therapy & Psychiatry Telehealth Benefits**

As a Lynx Connect (powered by AcademicLiveCare) member:

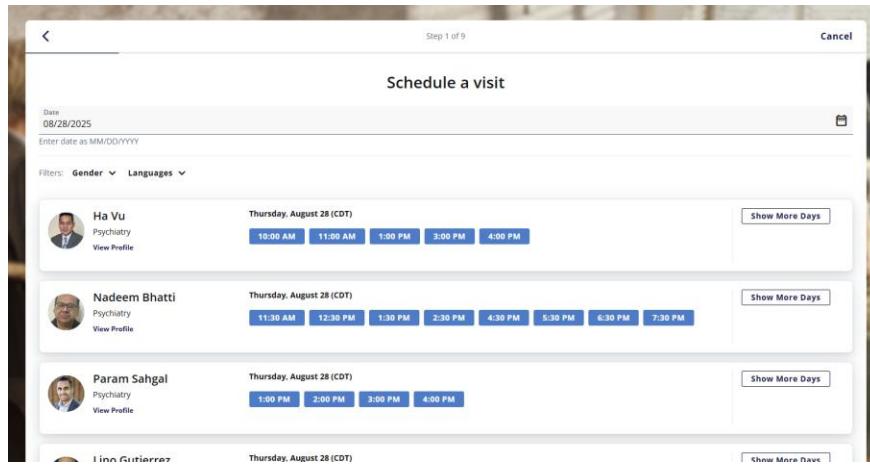
- Students have access to 12 telehealth therapy & 6 psychiatry sessions per year.
- Students who have not yet created an account, please click [here](#) and then “Create Account”. Please use your school email address and provide the requested information to complete the account creation.
- Once an account is created, students will have access to both Therapy and Psychiatry providers.
- Regulations require that all care be delivered by a provider who is licensed and appointed in the state where the student is physically located at the time of the appointment. Students will be asked to confirm their current location when scheduling an appointment.



- Many providers are licensed in multiple states, so it is possible a provider will be able to continue to see the student. Students should talk to their provider about the treatment plan if they are planning to move out of state. If not, the student may select a different provider while at home. That provider will have access to the student's health records to ensure continuity and high quality care.
- When making an appointment, students will be asked to confirm if the visit is an initial or follow-up appointment.



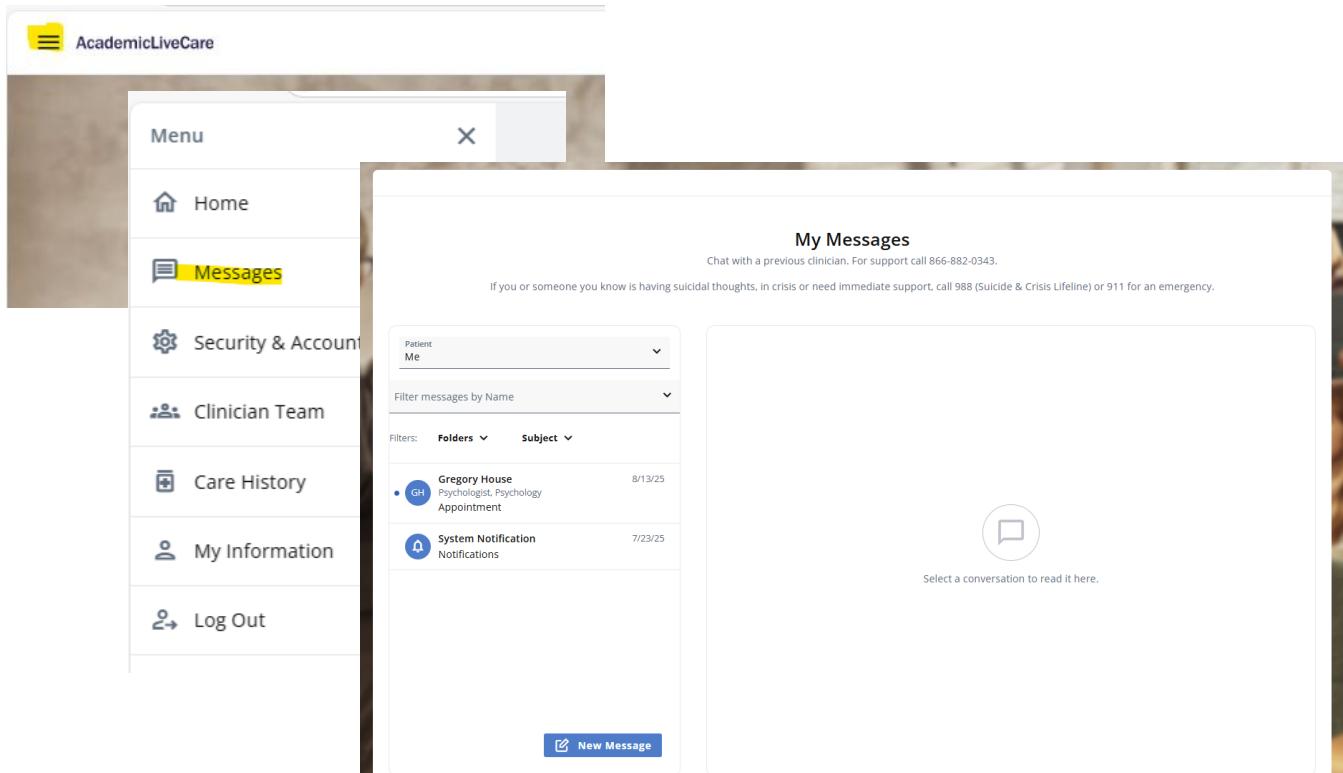
- Students may select a therapist or psychiatrist and schedule an appointment using the provider search tool. Therapists or Psychiatrists can be selected based on their profile or by date/availability.



- Before every scheduled therapy or psychiatry visit, the student must enter 'RHODES' as the access code to zero out the visit cost.

The image contains two screenshots of a payment interface. The top screenshot shows an 'Estimated Visit Cost' of '\$250.00'. Below it is a yellow button with the text 'Click HERE to Enter School Specific Access Code to Pay for Visit'. The bottom screenshot shows the same '\$250.00' cost, but with a large '\$0.00' displayed prominently, indicating the cost has been zeroed out. Below the '\$0.00' is the text 'with \$250 Access Code'.

- Once a student has completed a visit, the therapist or psychiatrist may offer to coordinate the scheduling of a follow-up session. Should a student need to reschedule or contact the provider, they can do so by contacting them through the secure messaging feature on the platform. This can be found at the top left of the Home Screen.



## **Provider Change**

Should a student wish to change or see a different therapist, they may do so at any time. The student can simply select a different therapist using the provider search tool.

If a student decides they need to change psychiatrists, they must start by contacting Academic Live Care at 866-882-0343 to make a request. Due to the nature of medication management and to ensure the safety of our patients, this step is required to ensure a safe transfer of treatment and medication management to a new provider.

## **Prescription Refills**

If a student has any issues filling a prescription from their psychiatrist, they can message their provider using the secure messaging platform. If the request is urgent, the student may also contact AcademicLiveCare at 866-882-0343 and ask a member of the support staff to assist in getting the prescription to the pharmacy.