

Massachusetts Institute of Technology Affiliates



Student Coverage With Care



Eligibility

MIT SHIP is not only for MIT students. The plan also covers many post-doctoral fellows, research fellows, and their families, including:

- MIT students (including most visiting students), and their family members.
- Other MIT-affiliated individuals* and their family members, may be eligible for MIT SHIP dependent on their specific appointment details.

Titles that may be eligible include:

- Postdoctoral Fellows
- Senior Postdoctoral Fellows
- Research Fellows
- Senior Research Fellows

*You must have an MIT appointment (at least 50% time) for a minimum of three months. Contact your DLCI administrator to verify your eligibility.

For more information, visit mit.myahpcare.com.

Coverage Periods & Rates

	ANNUAL 09/01/2025 - 08/31/2026	MONTHLY
Enrollment Period	07/15/2025 - 08/15/2025	N/A
Affiliate	\$6,924.00	\$577.00
Affiliate + Spouse/Domestic Partner	\$12,348.00	\$452.00
Affiliate + Child(ren)	\$8,580.00	\$138.00
Family	\$7,080.00	\$590.00

*Please note the affiliate rate is not included in the family rate

To view all enrollment and coverage periods available, please visit mit.myahpcare.com.

WHAT'S INCLUDED?

Blue Care Elect is the Preferred Provider and will provide maximum benefits at lowest cost

Mental Health Coverage

Prescription Coverage

Virtual Visits with WellConnection



Questions

To view Frequently Asked Questions or submit a request, please visit help.ahpcare.com



ID Cards

To access your ID Card, please visit mit.myahpcare.com

MIT - Affiliates 2025-2026

Benefits

(Deductible applies unless otherwise stated below)

MIT Health: No Copayment applies for most services at MIT Health.

	IN-NETWORK PROVIDER Member Cost Payments are based on the Allowed Amount	OUT-OF-NETWORK PROVIDER Member Cost Payments are based on the Allowed Amount
Benefit Maximum Per Person, Per Policy Year		Unlimited
Individual Deductible Per Person, Per Policy Year	\$100	\$500
Family Deductible Per Family, Per Policy Year	\$100	N/A
Individual Out-of-Pocket Maximum Per Person, Per Policy Year	\$4,000	\$4,000
Family Out-of-Pocket Maximum Per Family, Per Policy Year	\$8,000	\$8,000
Individual Prescription Out-of-Pocket Maximum Per Person, Per Policy Year		\$2,000
Office or Health Center Visits	\$25 Copayment per visit (Deductible waived)	20%
Urgent Care	\$50 Copayment per visit	20%
Emergency Room Visits Copayment waived if admitted (Deductible waived)	\$100 Copayment per visit	\$100 Copayment per visit
Prescription Drugs Up to a 30-day supply	Tier 1: \$20 Copayment Tier 2: \$30 Copayment Tier 3: \$40 Copayment (Deductible waived)	Not Covered
Preventive Care For more information, please visit: healthcare.gov/coverage/preventive-care-benefits	No Charge (Deductible waived)	20%

This document is for informational purposes only and does not constitute an offer of coverage, a contract, nor medical advice. It provides a general overview of plan benefits, programs, and limitations, which are subject to plan maximums, exclusions, and regulatory approval. The benefits described herein may differ from the final policy of insurance, which will be available at mit.myahpcare.com upon approval by federal and state authorities.