



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE:** Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <http://PacificSource.com/psu/>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary [HealthCare.gov/sbc-glossary](https://www.healthcare.gov/sbc-glossary) or call 1-888-977-9299 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	Center for Student Health and Counseling (SHAC): \$0 individual/\$0 family Tier Two <u>In-network provider</u> : \$300 individual/\$600 family <u>Out-of-network provider</u> : \$600 individual/\$1,200 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Center for Student Health and Counseling (SHAC) services and Tier Two <u>In-network provider preventive care</u> . Rx drugs. Vision age 18 and younger - In-network: vision exam and hardware. Dental expenses age 18 and younger.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at Healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the out-of-pocket limit for this plan?	Center for Student Health and Counseling (SHAC): \$0 individual/\$0 family Tier Two <u>In-network provider</u> : \$8,700 individual/\$17,400 family <u>Out-of-network provider</u> : \$14,000 individual/\$28,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See Providerdirectory.pacificsource.com/?nPlan=Navigator or call 1-888-977-9299 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You pay the least if you use a <u>provider</u> in the Student Health Center. You pay more if you use an <u>in-network provider</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

What You Will Pay					
Common Medical Event	Services You May Need	Center for Student Health and Counseling (SHAC) (You will pay the least)	In-network (You will pay more)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No charge, <u>deductible</u> does not apply	\$35 <u>co-pay</u> /visit	\$70 <u>co-pay</u> /visit plus 50% <u>co-insurance</u>	None
	<u>Specialist</u> visit	Not available	\$35 <u>co-pay</u> /visit	\$70 <u>co-pay</u> /visit plus 50% <u>co-insurance</u>	None
	<u>Preventive care/screening/immunization</u>	No charge, <u>deductible</u> does not apply	No charge, <u>deductible</u> does not apply	50% <u>co-insurance</u>	Preventive Physicals: 13 visits ages 0-36 months, annually ages 3 and older. Well Woman Visits: annually. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. Tobacco cessation: Not covered out-of-network.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge, <u>deductible</u> does not apply	30% <u>co-insurance</u>	50% <u>co-insurance</u>	None
	Imaging (CT/PET scans, MRIs)	Not available	\$100 <u>co-pay</u> /test plus 30% <u>co-insurance</u>	50% <u>co-insurance</u>	Prior authorization required.
If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at https://pacificsource.com/drug-list	Generic drugs – Tier 1	Retail: Not available Mail: Not available	Retail: \$25 <u>co-pay</u> , <u>deductible</u> does not apply Mail: \$50 <u>co-pay</u> , <u>deductible</u> does not apply	\$25 <u>co-pay</u> , <u>deductible</u> does not apply	Prescription benefit includes certain outpatient drugs as a preventive benefit at no charge when received in-network, <u>deductible</u> does not apply. <u>Cost share</u> amounts shown represent a 30 day supply at retail and a 90 day supply at mail order. Quantity for retail is limited to 30 day supply. Quantity for mail order is limited to 90 day supply. Quantity for <u>Specialty drug</u> is limited to 30 day supply.

What You Will Pay

Common Medical Event	Services You May Need	Center for Student Health and Counseling (SHAC) (You will pay the least)	In-network (You will pay more)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Preferred drugs – Tier 2	Retail: Not available Mail: Not available	Retail: \$50 <u>co-pay, deductible</u> does not apply Mail: \$100 <u>co-pay, deductible</u> does not apply	\$50 <u>co-pay, deductible</u> does not apply	Prior authorization required for certain drugs. If a manufacturer coupon or rebate is used, the amount of the discount will not accumulate toward the deductible or the maximum out-of-pocket limit.
	Non-preferred drugs – Tier 3	Retail: Not available Mail: Not available	Retail: \$75 <u>co-pay, deductible</u> does not apply Mail: \$150 <u>co-pay, deductible</u> does not apply	\$75 <u>co-pay, deductible</u> does not apply	
	Specialty drugs – Tier 4	Not available	Retail: The lesser of \$250 <u>co-pay</u> or 20% <u>co-insurance, deductible</u> does not apply Mail: The lesser of \$500 <u>co-pay</u> or 20% <u>co-insurance, deductible</u> does not apply	The lesser of \$250 <u>co-pay</u> or 20% <u>co-insurance, deductible</u> does not apply	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Not available	\$150 <u>co-pay/visit</u> plus 30% <u>co-insurance</u>	50% <u>co-insurance</u>	None
	Physician/surgeon fees	Not available	\$150 <u>co-pay/visit</u> plus 30% <u>co-insurance</u>	50% <u>co-insurance</u>	
If you need immediate medical attention	<u>Emergency room care</u>	Medical emergency: Not available Non-emergency: Not available	Medical emergency: \$250 <u>co-pay/visit</u> plus 30% <u>co-insurance</u> Non-emergency: \$250 <u>co-pay/visit</u> plus 30% <u>co-insurance</u>	Medical emergency: \$250 <u>co-pay/visit</u> plus 30% <u>co-insurance</u> Non-emergency: \$250 <u>co-pay/visit</u> plus 30% <u>co-insurance</u>	<u>Co-pay</u> waived if admitted.

What You Will Pay

Common Medical Event	Services You May Need	Center for Student Health and Counseling (SHAC) (You will pay the least)	In-network (You will pay more)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	<u>Emergency medical transportation</u>	Ground: Not available Air: Not available	Ground: \$150 <u>co-pay</u> /trip plus 30% <u>co-insurance</u> Air: \$150 <u>co-pay</u> /trip plus 30% <u>co-insurance</u>	Ground: \$150 <u>co-pay</u> /trip plus 30% <u>co-insurance</u> Air: \$150 <u>co-pay</u> /trip plus 30% <u>co-insurance</u>	Limited to nearest facility able to treat condition. Air covered if ground medically or physically inappropriate. Out-of-network air based on 200 percent of Medicare allowance.
	<u>Urgent care</u>	Not available	\$50 <u>co-pay</u> /visit	\$60 <u>co-pay</u> /visit plus 50% <u>co-insurance</u>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	Not available	\$250 <u>co-pay</u> /visit plus 30% <u>co-insurance</u>	50% <u>co-insurance</u>	Limited to semi-private room unless intensive or coronary care units, <u>medically necessary</u> isolation, or hospital only has private rooms. Prior authorization required for some inpatient services.
	Physician/surgeon fees	Not available	\$150 <u>co-pay</u> /visit plus 30% <u>co-insurance</u>	50% <u>co-insurance</u>	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No charge, <u>deductible</u> does not apply	\$35 <u>co-pay</u> /visit	\$70 <u>co-pay</u> /visit plus 50% <u>co-insurance</u>	None
	Inpatient services	Not available	\$100 <u>co-pay</u> /test plus 30% <u>co-insurance</u>	50% <u>co-insurance</u>	Prior authorization required for some inpatient services.
If you are pregnant	Office visits	Not available	Physician/Provider services (global charge): 30% <u>co-insurance</u> . Hospital/Facility services: \$250 <u>co-pay</u> /admit, plus 30% <u>co-insurance</u>	50% <u>co-insurance</u>	<u>Cost sharing</u> does not apply for <u>preventive services</u> . Practitioner delivery and hospital visits are covered under prenatal and postnatal care. Facility is covered the same as any other hospital services. Coverage includes termination of pregnancy.
	Childbirth/delivery professional services				
	Childbirth/delivery facility services				
If you need help recovering or have other special health needs	<u>Home health care</u>	Not available	30% <u>co-insurance</u>	50% <u>co-insurance</u>	No coverage for private duty nursing or custodial care. <u>Preauthorization</u> required.
	<u>Rehabilitation services</u>	Inpatient: Not available Outpatient: Not available	Inpatient: 30% <u>co-insurance</u>	Inpatient: 50% <u>co-insurance</u>	Inpatient: Limited to 30 days/year. Prior authorization required.

What You Will Pay

Common Medical Event	Services You May Need	Center for Student Health and Counseling (SHAC) (You will pay the least)	In-network (You will pay more)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information
			Outpatient: \$35 <u>co-pay</u> /visit plus 30% <u>co-insurance</u>	Outpatient: \$70 <u>co-pay</u> /visit plus 50% <u>co-insurance</u>	Outpatient: No coverage for recreation therapy.
	<u>Habilitation services</u>	Inpatient: Not available Outpatient: Not available	Inpatient: 30% <u>co-insurance</u> Outpatient: \$35 <u>co-pay</u> /visit plus 30% <u>co-insurance</u>	Inpatient: 50% <u>co-insurance</u> Outpatient: \$70 <u>co-pay</u> /visit plus 50% <u>co-insurance</u>	Inpatient: Limited to 30 days/year. Prior authorization required. Outpatient: No coverage for recreation therapy.
	<u>Skilled nursing care</u>	Not available	30% <u>co-insurance</u>	50% <u>co-insurance</u>	Limited to 60 days/year. No coverage for custodial care.
	<u>Durable medical equipment</u>	No charge, <u>deductible</u> does not apply	30% <u>co-insurance</u>	50% <u>co-insurance</u>	Limited to: \$5,000/year overall; one pair/year for glasses or contact lenses; one breast pump/pregnancy; one wig/year for chemotherapy or radiation therapy. Prior authorization required if equipment is over \$2,500 and for power-assisted wheelchairs.
	<u>Hospice services</u>	Not available	30% <u>co-insurance</u>	50% <u>co-insurance</u>	No coverage for private duty nursing.
If your child needs dental or eye care	Children's eye exam	Not available	No charge, <u>deductible</u> does not apply	50% <u>co-insurance</u>	For age 18 or younger, one routine eye exam/year.
	Children's glasses	Not available	No charge, <u>deductible</u> does not apply	50% <u>co-insurance</u>	For age 18 or younger, one pair of glasses (frames and lenses) or contacts (lenses and fitting) per year.
	Children's dental check-up	Not available	No charge, <u>deductible</u> does not apply	No charge, <u>deductible</u> does not apply	For age 18 or younger, two routine or other diagnostic exam/year. For age 18 or younger, problem focused exams are covered.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery (except in certain situations)
- Dental care (Adult)
- Hearing aids (Adult)
- Infertility treatment
- Long-term care
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care, other than with diabetes mellitus

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion
- Acupuncture
- Chiropractic care
- Hearing aids (Child)
- Non-emergency care when traveling outside the U.S.
- Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Division of Financial Regulation at 1-888-877-4894 or at dfr.oregon.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: The PacificSource Customer Service team at 1-888-977-9299 or the Division of Financial Regulation at 1-888-877-4894 or at dfr.oregon.gov.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-977-9299.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- **The plan's overall deductible** \$300
- **Specialist** \$35 co-payment
- **Hospital (facility)** 30% co-insurance
- **Other** 30% co-insurance

This EXAMPLE event includes services like:

- Specialist office visits (*prenatal care*)
- Childbirth/Delivery Professional Services
- Childbirth/Delivery Facility Services
- Diagnostic tests (*ultrasounds and blood work*)
- Specialist visit (*anesthesia*)

Total Example Cost	\$12,700
In this example, Peg would pay:	
<i>Cost Sharing</i>	
<u>Deductibles</u>	\$300
<u>Copayments</u>	\$10
<u>Coinsurance</u>	\$3700
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Peg would pay is	\$4,070

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- **The plan's overall deductible** \$300
- **Specialist** \$35 co-payment
- **Hospital (facility)** 30% co-insurance
- **Other** 30% co-insurance

This EXAMPLE event includes services like:

- Primary care physician office visits (*including disease education*)
- Diagnostic tests (*blood work*)
- Prescription drugs
- Durable medical equipment (*glucose meter*)

Total Example Cost	\$5,600
In this example, Joe would pay:	
<i>Cost Sharing</i>	
<u>Deductibles</u>	\$300
<u>Copayments</u>	\$1200
<u>Coinsurance</u>	\$200
<i>What isn't covered</i>	
Limits or exclusions	\$20
The total Joe would pay is	\$1,720

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- **The plan's overall deductible** \$300
- **Specialist** \$35 co-payment
- **Hospital (facility)** 30% co-insurance
- **Other** 30% co-insurance

This EXAMPLE event includes services like:

- Emergency room care (*including medical supplies*)
- Diagnostic test (*x-ray*)
- Durable medical equipment (*crutches*)
- Rehabilitation services (*physical therapy*)

Total Example Cost	\$2,800
In this example, Mia would pay:	
<i>Cost Sharing</i>	
<u>Deductibles</u>	\$300
<u>Copayments</u>	\$100
<u>Coinsurance</u>	\$600
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$1,000

The plan would be responsible for the other costs of these EXAMPLE covered services.