

Aetna Student Health
Plan Design and Benefits Summary
Preferred Provider Organization (PPO)

# **University of Nevada, Reno**

Policy Year: 2023–2024 Policy Number: 686198

https://www.aetnastudenthealth.com

866-725-4433



University of Nevada, Reno



This is a brief description of the Student Health Plan. The plan is available for University of Nevada Reno students and their eligible dependents. The plan is insured by Aetna Life Insurance Company (Aetna) The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at <a href="https://www.aetnastudenthealth.com">https://www.aetnastudenthealth.com</a>. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

# University of Nevada, Reno Student Health Center

The Student Health Center (SHC) is the University's on-campus health facility. The deductible will be waived and benefits will be paid at 100% for covered medical expenses incurred when treatment is rendered at the UNR Student Health Center (SHC) for the following services: All Services that are not otherwise covered by the University of Nevada – Reno Health Fee.

Please call the Student Health Center at (775) 784-6598 to schedule an appointment Monday through Friday, 8AM-5PM.

# Who is eligible?

### **School of Medicine:**

All medical students are automatically enrolled in this insurance plan unless proof of comparable coverage is furnished.

All students who have the student health insurance plan during Spring 2024 term will be covered through July 23rd, 2024, regardless of summer credit hours. This means if you have paid the Spring/Summer student health insurance charge, you will have continuous coverage throughout summer term, regardless of taking classes, traveling or graduating.

#### International:

All registered International students are automatically enrolled in this insurance plan, unless proof of comparable coverage is furnished.

All students who have the student health insurance plan during Spring 2024 term will be covered through August 14th, 2024, regardless of summer credit hours. This means if you have paid the Spring/Summer student health insurance charge, you will have continuous coverage throughout summer term, regardless of taking classes, traveling or graduating.

Post completion Optional Practical Training and Academic Training (OPT/AT) students are not eligible to purchase the UNR student insurance plan.

#### **Graduate Students on Assistantship:**

Graduate students who are admitted to an eligible graduate degree program and have a full time Graduate Assistantship (GA) and are enrolled in six (6) or more graduate credit hours at the University of Nevada Reno are automatically enrolled in the student health insurance plan at no charge to the student unless they choose to submit an insurance waiver of comparable coverage.

Graduate students who are admitted to an eligible graduate degree program and have a part time Graduate Assistantship (GA) and are enrolled in six (6) or more graduate credit hours at the University of Nevada Reno are automatically enrolled in the student health insurance plan with half of the insurance premium paid by UNR. Half time GA students who do not submit an insurance waiver of comparable coverage will have their student accounts charged for the remaining half of the insurance premium

# **Graduate Students NOT on Assistantship:**

All eligible degree-seeking graduate students enrolled in 6 or more credit hours are automatically enrolled in the UNR sponsored student health insurance plan, unless they choose to submit an approved insurance waiver of comparable coverage. Eligible students will be charged a Health Insurance Fee for the Fall and Spring/Summer terms.

All students who have the student health insurance plan during Spring 2024 term will be covered through August 14<sup>th</sup>, 2024, regardless of summer credit hours. This means if you have paid the Spring/Summer student health insurance charge, you will have continuous coverage throughout summer term, regardless of taking classes, traveling or graduating.

# **Dependent Coverage Eligibility**

Dependent enrollment in this plan is voluntary. Covered students may also enroll their lawful spouse, domestic partner (same-sex, opposite sex), and dependent children up to the age of 26.

### **Coverage Dates and Rates**

Coverage for all insured students and eligible dependents will become effective at 12:01 AM on the Coverage Start Date indicated below and will terminate at 11:59 PM on the Coverage End Date indicated. Coverage for insured dependents terminates in accordance with the Termination Provisions described in the Certificate of Coverage.

### **School of Medicine**

Coverage Start Date Coverage End Date	Fall 07/24/2023 01/31/2024	Spring/Summer 02/01/2024 07/23/2024
Student	\$2,317.00	\$2,099.00
Spouse	\$2,317.00	\$2,099.00
Per Child (up to 2 children)	\$2,317.00	\$2,099.00
Enrollment waivers must be submitted by: 09/09/2023 - Fall 02/08/2024 - Spring		

#### International

Coverage Start Date Coverage End Date	Fall 08/15/2023 01/14/2024	Spring/Summer 01/15/2024 08/14/2024
Student	\$1,111.00	\$1,548.00
Spouse	\$1,111.00	\$1,548.00
Per Child (up to 2 children)	\$1,111.00	\$1,548.00
	Enrollment waivers must be so	ubmitted by:
	09/09/2023 - Fal	I
	02/08/2024 - Spri	οα

#### Graduate

Coverage Start Date Coverage End Date	Fall 08/15/2023 01/14/2024	Spring/Summer 01/15/2024 08/14/2024
Student Spouse Per Child (up to 2 children)	\$1,846.00 \$1,846.00 \$1,846.00	\$2,570.00 \$2,570.00 \$2,570.00
Enrollment waivers must be submitted by: 09/09/2023 - Fall 02/08/2024 - Spring		

#### **Enrollment**

If you withdraw from school within the first 31 days of a coverage period, you will not be covered under the Policy and the full premium will be refunded, less any claims paid. After 31 days, you will be covered for the full period that you have paid the premium for, and no refund will be allowed. (This refund policy will not apply if you withdraw due to a covered Accident or Sickness.)

Important note regarding coverage for a newborn infant or newly adopted child:

Your newborn child is covered on your health plan for the first 31 days from the moment of birth.

To keep your newborn covered, you must notify us (or our agent) of the birth and pay any required premium contribution during that 31-day period. You must still enroll the child within 31 days of birth even when coverage does not require payment of an additional premium contribution for the newborn.

If you miss this deadline, your newborn will not have health benefits after the first 31 days.

If your coverage ends during this 31-day period, then your newborn's coverage will end on the same date as your coverage. This applies even if the 3-day period has not ended.

A child that you, or that you and your spouse (civil union partner or domestic partner) adopts or is placed with you for adoption, is covered on your plan for the first 31 days after the adoption or the placement is complete. To keep your child covered, we must receive your completed enrollment information within 31 days after the adoption or placement for adoption. You must still enroll the child within 31 days of the adoption or placement for adoption even when coverage does not require payment of an additional **premium** contribution for the child.

If you miss this deadline, your adopted child or child placed with you for adoption will not have health benefits after the first 31 days.

If your coverage ends during this 31-day period, then coverage for your adopted child or child placed with you for adoption will end on the same date as your coverage. This applies even if the 31-day period has not ended.

If you need information or have general questions on dependent enrollment, call Member Services at 866-725-4433.

#### **Termination and Refunds**

### Withdrawal from Classes - Leave of Absence

If you withdraw from classes under a school-approved leave of absence, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded.

### Withdrawal from Classes – Other than Leave of Absence

If you withdraw from classes other than under a school-approved leave of absence within 31 days\* after the policy effective date, you will be considered ineligible for coverage, your coverage will be terminated retroactively and any premiums collected will be refunded. If the withdrawal is more than 31 days after the policy effective date, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded. If you withdraw from classes to enter the armed forces of any country, coverage will terminate as of the effective date of such entry and a pro rata refund of premiums will be made if you submit a written request within 90 days of withdrawal from classes.

### **Medicare Eligibility Notice**

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

#### **In-network Provider Network**

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

#### **Precertification**

You need pre-approval from us for some eligible health services. Pre-approval is also called precertification. Your innetwork physician is responsible for obtaining any necessary precertification before you get the care. [When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. If you do not precertify when required, there is a \$500 penalty for each type of eligible health service that was not precertified. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to www.aetna.com.

### **Precertification Call**

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician or the facility will need to call and request precertification at least 14 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring precertification:	You or your physician must call at least 14 days before the outpatient care is provided, or the treatment or procedure is scheduled.

We will provide a written notification to you and your physician of the precertification decision, where required by state law. If your precertified services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

# **Coordination of Benefits (COB)**

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

#### **Description of Benefits**

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to https://www.aetnastudenthealth.com.

This Plan will pay benefits in accordance with any applicable Nevada Insurance Law(s).

	In-network coverage	Out-of-network coverage
Policy year deductibles		
You have to meet your policy year deductible before this plan pays for benefits.		
Student	\$350 per policy year	\$700 per policy year
Spouse	\$350 per policy year	\$700 per policy year
Each child	\$350 per policy year	\$700 per policy year
Family	\$700 per policy year	\$1,400 per policy year

### Policy year deductible waiver

The policy year deductible is waived for all of the following eligible health services:

- In-network care for Preventive care and wellness, Pediatric Dental Type A services, Pediatric Vision Care Services, and Outpatient Prescription Drugs
- In-network care and out-of-network care for Well newborn nursery care

#### Individual

This is the amount you owe for in-network and out-of-network eligible health services each policy year before the plan begins to pay for eligible health services. This policy year deductible applies separately to you and each of your covered dependents. After the amount you pay for eligible health services reaches the policy year deductible, this plan will begin to pay for eligible health services for the rest of the policy year.

#### **Family**

This is the amount you and your covered dependents owe for in-network and out-of-network eligible health services each policy year before the plan begins to pay for eligible health services. After the amount you and your covered dependents pay for eligible health services reaches this family policy year deductible, this plan will begin to pay for eligible health services that you and your covered dependents incur for the rest of the policy year.

To satisfy this family policy year deductible limit for the rest of the policy year, the following must happen:

• The combined eligible health services that you and each of your covered dependents incur towards the individual policy year deductibles must reach this family policy year deductible limit in a policy year.

When this occurs in a policy year, the individual policy year deductibles for you and your covered dependents will be considered to be met for the rest of the policy year.

Eligible health services applied to the out-of-network policy year deductibles will not be applied to satisfy the innetwork policy year deductibles. Eligible health services applied to the in-network policy year deductibles will not be applied to satisfy the out-of-network policy year deductibles.

	In-network coverage	Out-of-network coverage
Student	\$3,000 per policy year	\$6,000 per policy year
Spouse	\$3,000 per policy year	\$6,000 per policy year
Each child	\$3,000 per policy year	\$6,000 per policy year
Family	\$6,000 per policy year	None

Eligible health services applied to the out-of-network maximum out-of-pocket limit will not be applied to satisfy the in-network maximum out-of-pocket limit and eligible health services applied to the in-network maximum out-of-pocket limit will not be applied to satisfy the out-of-network maximum out-of-pocket limit.

Eligible health services	In-network coverage	Out-of-network coverage
Routine physical exams		
Routine physical exam	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	60% (of the recognized charge)
Routine physical exam limits for covered persons through age 21: maximum age and visit limits per policy year	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures//Health Resources and Services Administration guidelines for children and adolescents.	
Routine physical exam limits for covered persons age 22 and over: maximum visits per policy year	1 visit	
Preventive care immunizations Performed in a facility or at a physician's office		
Preventive care immunizations	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	60% (of the recognized charge)
Preventive care maximums	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention	

The following is not covered under this benefit:

• Any immunization that is not considered to be preventive care or recommended as preventive care, such as those required due to employment or travel

Eligible health services	In-network coverage	Out-of-network coverage	
Well woman preventive visits			
Routine gynecological exams (includi			
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit  No copayment or policy year	60% (of the recognized charge)	
	deductible applies		
Maximum visits per policy year	11	visit	
Preventive screening and counseling	services		
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol & drugs, Tobacco Products, Depression Screening, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	60% (of the recognized charge)	
Obesity and/or healthy diet counseling Maximum visits	Age 0-22: unlimited visits. Age 22 and older: 26 visits per 12 months, of which up to 10 visits may be used for healthy diet counseling.		
Misuse of alcohol and/or drugs counseling Maximum visits per policy year	5 visits		
Use of tobacco products counseling Maximum visits per policy year	8 visits		
Depression screening counseling Maximum visits per policy year	1 \	visit	
Sexually transmitted infection counseling Maximum visits per policy year	2 visits		
Genetic risk counseling for breast and ovarian cancer limitations	Not subject to any age or frequency limitations		
Routine cancer screenings	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	60% (of the recognized charge)	
Maximum:	<ul> <li>Subject to any age; family history; and frequency guidelines as set forth in the most current:</li> <li>Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and</li> <li>The comprehensive guidelines supported by the Health Resources and Services Administration.</li> </ul>		
Lung cancer screening maximums	1 screening every 12 months*		

Eligible health services	In-network coverage	Out-of-network coverage
Prenatal care services (Preventive care services only)	100% (of the negotiated charge) per visit	60% (of the recognized charge)
	No copayment or policy year deductible applies	
Lactation counseling services	100% (of the negotiated charge) per visit	60% (of the recognized charge)
	No copayment or policy year deductible applies	
Lactation counseling services maximum visits per policy year either in a group or individual setting	6 v	visits
Breast pump supplies and accessories	100% (of the negotiated charge) per item	60% (of the recognized charge)
	No copayment or policy year deductible applies	
Family planning services – female con Counseling services	ntraceptives	
Female contraceptive counseling services office visit	100% (of the negotiated charge) per visit	60% (of the recognized charge)
	No copayment or policy year deductible applies	
Contraceptive counseling services maximum visits per policy year either in a group or individual setting		2
Female contraceptive prescription drugs and devices provided, administered, or removed, by a	100% (of the negotiated charge) per item	60% (of the recognized charge)
provider during an office visit	No copayment or policy year deductible applies	
Female Voluntary sterilization- Inpatient provider services	100% (of the negotiated charge)	60% (of the recognized charge)
	No copayment or policy year deductible applies	
Female Voluntary sterilization - Outpatient provider services	100% (of the negotiated charge)	60% (of the recognized charge)
	No copayment or policy year deductible applies	

- Services provided as a result of complications resulting from a female voluntary sterilization procedure and related follow-up care
- Any contraceptive methods that are only "reviewed" by the FDA and not "approved" by the FDA
- Male contraceptive methods, sterilization procedures or devices, except for male condoms prescribed by a provider

Eligible health services	In-network coverage	Out-of-network coverage
Physicians and other health professionals		
Physician, specialist including Consultants Office visits (non-surgical/non-preventive care by a physician and specialist) includes telemedicine consultations	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Allergy testing and treatment		
Allergy testing performed at a physician's or specialist's office	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Allergy injections treatment performed at a physician's, or specialist office	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit

# The following are not covered under this benefit:

• Allergy sera and extracts administered via injection

Physician and specialist surgical services		
Inpatient surgery performed during your stay in a hospital or birthing center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge)	60% (of the recognized charge)

# The following are not covered under this benefit:

- The services of any other physician who helps the operating physician
- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions Hospital and other facility care* section)
- Services of another physician for the administration of a local anesthetic

Outpatient surgery performed at a	80% (of the negotiated charge) per	60% (of the recognized charge) per
physician's or specialist's office or	visit	visit
outpatient department of a hospital		
or surgery center by a surgeon		
(includes anesthetist and surgical		
assistant expenses)		

- The services of any other physician who helps the operating physician
- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions Hospital and other facility care* section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Eligible health services	In-network coverage	Out-of-network coverage	
Alternatives to physician office visits	Alternatives to physician office visits		
Walk-in clinic visits (non-emergency visit)	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	
Hospital and other facility care			
Inpatient hospital (room and board) and other miscellaneous services and supplies)	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission	
Preadmission testing	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	
In-hospital non-surgical physician services	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	
Alternatives to hospital stays			
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	80% (of the negotiated charge)	60% (of the recognized charge)	

- The services of any other physician who helps the operating physician
- A stay in a hospital (See the *Hospital care facility charges* benefit in this section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Home health Care	80% (of the negotiated charge) per	60% (of the recognized charge) per
	visit	visit

### The following are not covered under this benefit:

- Services for infusion therapy
- Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)
- Transportation
- Services or supplies provided to a minor or dependent adult when a family member or caregiver is not present
- Homemaker or housekeeper services
- Food or home delivered services
- Maintenance therapy

Hospice-Inpatient	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission
Hospice-Outpatient	80% (of the negotiated charge) per	60% (of the recognized charge) per
	visit	visit

- Funeral arrangements
- Pastoral counseling
- Respite care
- Bereavement counseling
- Financial or legal counseling which includes estate planning and the drafting of a will
- Homemaker or caretaker services that are services which are not solely related to your care and may include:

- Sitter or companion services for either you or other family members
- Transportation
- Maintenance of the house

Eligible health services	In-network coverage	Out-of-network coverage
Skilled nursing facility-	80% (of the negotiated charge) per	60% (of the recognized charge) per
Inpatient	admission	admission
Hospital emergency room	\$200 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Non-emergency care in a hospital emergency room	Not covered	Not covered

# Important note:

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied
  to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to
  other covered benefits under the plan cannot be applied to the hospital emergency room
  copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital emergency room that are not part of the hospital emergency room benefit. These copayment amounts may be different from the hospital emergency room copayment. They are based on the specific service given to you.
- Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment amounts that are different from the hospital emergency room copayment/coinsurance amounts.

# The following are not covered under this benefit:

 Non-emergency services in a hospital emergency room facility, freestanding emergency medical care facility or comparable emergency facility

Urgent medical care provided by an urgent care provider	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Non-urgent use of an urgent care provider	Not covered	Not covered

#### The following is not covered under this benefit:

Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)

Eligible health services	In-network coverage	Out-of-network coverage
Pediatric dental care (Limited to cove	red persons through the end of the mor	nth in which the person turns age 19.
Type A services	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or deductible applies	
Type B services	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Type C services	50% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Orthodontic services	50% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Dental emergency services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.

#### **Pediatric dental care exclusions**

- Not every dental care service or supply is covered by the plan, even if prescribed, recommended, or
  approved by your physician or dentist. The plan covers only those services and supplies that are medically
  necessary. Charges made for the following are not covered except to the extent listed under the *Eligible*health services section of the certificate or by amendment attached to the policy. In addition, some
  services are specifically limited or excluded. This section describes the following expenses that are not
  covered or subject to special limitations. These dental exclusions are in addition to the exclusions that
  apply to health coverage.
- Acupuncture, acupressure and acupuncture therapy, except as provided *Eligible health services and exclusions Specific conditions* section
- Any charges in excess of the benefit, dollar, day, visit or supply limits stated in the plan
- Any instruction for diet, plaque control and oral hygiene
- Charges submitted for services that are not rendered, or not rendered to a person not eligible for coverage under the plan
- Cosmetic services and supplies including:
  - Plastic surgery, reconstructive surgery, cosmetic surgery, personalization or characterization of dentures or other services and supplies which improve, alter or enhance appearance
  - Augmentation and vestibuloplasty, and other substances to protect, clean, whiten, bleach or alter the
    appearance of teeth, whether or not for psychological or emotional reasons, except to the extent
    coverage is specifically provided in the *Eligible health services and exclusions* section
  - Facings on molar crowns and pontics will always be considered cosmetic
- Court ordered services, including those required as a condition of parole or release
- Crown, inlays, onlays, and veneers unless:
  - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material
  - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants and braces (that are determined not to be medically necessary), mouth guards, and other devices to protect, replace or reposition teeth and removal of implants
- Dental services and supplies that are covered in whole or in part under any other part of this plan
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
  - For splinting
  - To alter vertical dimension

- To restore occlusion
- For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the *Eligible health services and exclusions Specific conditions* section
- Experimental or investigational drugs, devices, treatments or procedures, except as described in *Eligible health services and exclusions Specific conditions* section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another medically necessary eligible health service
- Medicare: payment for that portion of the charge for which Medicare is the primary payer
- Non-medically necessary services, including but not limited to, those treatments, services, prescription
  drugs and supplies which are not medically necessary, as determined by us, for the diagnosis and
  treatment of illness, injury, restoration of physiological functions, or covered preventive services. This
  applies even if they are prescribed, recommended or approved by your physician or dental provider.
- Orthodontic treatment except as covered above and in the *Pediatric dental care* section of the schedule of benefits
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs, pre-medication or analgesia
- Replacement of a device or appliance that is lost, missing or stolen, and for the replacement of appliances that have been damaged due to abuse, misuse or neglect and for an extra set of dentures
- Replacement of teeth beyond the normal complement of 32
- Routine dental exams and other preventive services and supplies, except as specifically provided in the *Pediatric dental care* section of the schedule of benefits
- Services and supplies:
  - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
  - Provided for your personal comfort or convenience or the convenience of another person, including a provider
  - Provided in connection with treatment or care that is not covered under your policy
- Space maintainers, except when needed to preserve space resulting from premature loss of deciduous teeth
- Surgical removal of impacted wisdom teeth only for orthodontic reasons
- Treatment by other than a dentist or dental provider that is legally qualified to furnish dental services or supplies

Eligible health services	In-network coverage	Out-of-network coverage
Diabetic services and supplies	Covered according to the type of	Covered according to the type of
(including equipment and training)	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Podiatric (foot care) treatment	Covered according to the type of	Covered according to the type of
Physician and specialist non-routine	benefit and the place where the	benefit and the place where the
foot care treatment	service is received.	service is received.

- Services and supplies for:
  - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
  - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
  - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards,

protectors, creams, ointments and other equipment, devices and supplies

- Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet

Eligible health services	In-network coverage	Out-of-network coverage
Impacted wisdom teeth	80% (of the negotiated charge)	60% (of the recognized charge)
Accidental injury to sound natural teeth	80% (of the negotiated charge)	60% (of the recognized charge)

# The following are not covered under this benefit:

- The care, filling, removal or replacement of teeth and treatment of diseases of the teeth
- Dental services related to the gums
- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Bony impacted teeth
- Alveolectomy
- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- Dental implants

Temporomandibular joint dysfunction (TMJ) and craniomandibular joint dysfunction (CMJ) treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
The following are not covered under this benefit:  • Dental implants		
Clinical trial (routine patient costs)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

# The following are not covered under this benefit:

- Services and supplies related to data collection and record-keeping that is solely needed due to the clinical trial (i.e. protocol-induced costs)
- Services and supplies provided by the trial sponsor without charge to you
- The experimental intervention itself (except medically necessary Category B investigational devices and promising experimental and investigational interventions for terminal illnesses in certain clinical trials in accordance with Aetna's claim policies)

Dermatological treatment	Covered according to the type of	Covered according to the type of
-	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
The following are not covered under this benefit:		

#### The following are not covered under this benefit

Cosmetic treatment and procedures

Obesity bariatric Surgery and	Covered according to the type of	Covered according to the type of
services	benefit and the place where the	benefit and the place where the
	service is received.	service is received.

# Obesity (bariatric) surgery and services

# The following are not covered under this benefit:

• Weight management treatment or drugs intended to decrease or increase body weight, control weight or

treat obesity, including morbid obesity except as described above and in the *Eligible health services and exclusions – Preventive care and wellness* section, including preventive services for obesity screening and weight management interventions. This is regardless of the existence of other medical conditions. Examples of these are:

- Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
- Hypnosis or other forms of therapy
- Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

Eligible health services	In-network coverage	Out-of-network coverage
Maternity care (includes	Covered according to the type of	Covered according to the type of
delivery and postpartum care	benefit and the place where the	benefit and the place where the
services in a hospital or	service is received.	service is received.
birthing center)		
The following are not covered under	this benefit:	
<ul> <li>Any services and supplies rela</li> </ul>	ited to births that take place in the home	or in any other place not
licensed to perform deliveries	5	
<ul> <li>Newborn care for a child of a</li> </ul>	gestational carrier	
Well newborn nursery care in a	80% (of the negotiated charge)	60% (of the recognized charge)
hospital or birthing center		
	No policy year deductible applies	No policy year deductible applies
Family planning services – other		
Voluntary sterilization for males-	80% (of the negotiated charge)	60% (of the recognized charge)
surgical services		
Abortion - Inpatient physician or	80% (of the negotiated charge)	60% (of the recognized charge)
specialist surgical services		
Abortion - Outpatient physician or	80% (of the negotiated charge)	60% (of the recognized charge)
specialist surgical services		
The following are not covered under	this benefit:	
<ul> <li>Reversal of voluntary ste</li> </ul>	rilization procedures, including related for	ollow-up care
<ul> <li>Services provided as a re</li> </ul>	sult of complications resulting from a ma	ale voluntary sterilization procedure and
related follow-up care		
Gender affirming treatment		
Surgical, hormone replacement	Covered according to the type of	Covered according to the type of
therapy, and counseling treatment	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
The following are not eligible health	services under this benefit:	
Any treatment, surgery, service or su	oply that is not listed in the certificate as	eligible health services
Autism spectrum disorder		
Autism spectrum disorder	Covered according to the type of	Covered according to the type of
treatment, diagnosis and testing,	benefit and the place where the	benefit and the place where the
includes Applied behavior analysis	service is received.	service is received.
and Physical, occupational, and		
speech therapy associated with		
diagnosis of autism spectrum		
disorder		

Eligible health services	In-network coverage	Out-of-network coverage
Behavioral Health Treatment		
Inpatient hospital treatment (room and board and other miscelland hospital services and supplies)	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission
Inpatient residential treatment facility mental health disorders treatment (room and board and other miscellaneous residential treatment facility services and supplies)		
Subject to semi-private room rate unless intensive care unit is required		
Mental health disorder room and board intensive care		
Outpatient treatment office visits	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
(includes telemedicine cognitive behavioral therapy consultations)	10.0	1.5.0
Other outpatient treatment (includes Partial hospitalization and Intensive Outpatient Program)	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Eligible health services	In-network coverage (IOE facility)*	Out-of-network coverage* (Includes providers who are otherwise part of Aetna's network but are non-IOE providers)
Transplant services		
Inpatient and outpatient transplant facility services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Inpatient and outpatient transplant physician and specialist services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Transplant services-travel and lodging	Covered	Covered
Lifetime Maximum payable for Travel and Lodging Expenses for any one transplant, including tandem transplants	\$10,000	\$10,000
Maximum payable for Lodging Expenses per <b>IOE</b> patient	\$50 per night	\$50 per night
Maximum payable for Lodging Expenses per companion	\$50 per night	\$50 per night

- Services and supplies furnished to a donor when the recipient is not a covered person
- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

Eligible health services	In-network coverage	Out-of-network coverage	
Treatment of infertility	Treatment of infertility		
Basic infertility services Inpatient and outpatient care	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	
Comprehensive infertility services Inpatient and outpatient care	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	

# The following are not covered services under the infertility treatment benefit:

- Injectable infertility medication, including but not limited to menotropins, hCG, and GnRH agonists.
- All charges associated with:
  - Surrogacy for you or the surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father
  - Cryopreservation (freezing) and storage of eggs, embryos, sperm, or reproductive tissue
  - Thawing of cryopreserved (frozen) eggs, sperm, or reproductive tissue
  - The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers
  - The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related
  - Obtaining sperm from a person not covered under this plan for ART services
- Home ovulation prediction kits or home pregnancy tests
- The purchase of donor embryos, donor oocytes, or donor sperm
- Reversal of voluntary sterilizations, including follow-up care

Specific therapies and tests		
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Outpatient Chemotherapy, Radiation & Respiratory Therapy	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient infusion therapy	Covered according to the type of	Covered according to the type of
performed in a covered person's home, physician's office, outpatient department of a hospital or other	benefit and the place where the service is received.	benefit and the place where the service is received.
facility		

- Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan
- **Enteral nutrition**
- Blood transfusions and blood products

Dialysis		
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Combined for short-term rehabilitation services and habilitation therapy services		
Chiropractic services	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Specialty prescription drugs purchased and injected or infused by your provider in an outpatient setting	Covered according to the type of benefit or the place where the service is received.	Covered according to the type of benefit or the place where the service is received.
Other services and supplies		
Emergency ground, air, and water ambulance (includes non-emergency ambulance)	80% (of the negotiated charge) per trip	Paid the same as in-network coverage
The following are not covered under		
<ul> <li>Ambulance services for routin</li> </ul>	e transportation to receive outpatient o	r inpatient care
Durable medical and surgical	80% (of the negotiated charge) per	80% (of the recognized charge) per
equipment	item	item

- Whirlpools
- Portable whirlpool pumps
- Sauna baths
- Massage devices
- Over bed tables
- Elevators
- Communication aids
- Vision aids
- Telephone alert systems
- Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician

Eligible health services	In-network coverage	Out-of-network coverage
Nutritional support	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.
The following are not covered under this benefit:		
<ul> <li>Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition</li> </ul>		
Prosthetic Devices & Orthotics	80% (of the negotiated charge) per	60% (of the recognized charge) per
	item	item

- Services covered under any other benefit
- Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace
- Trusses, corsets, and other support items
- Repair and replacement due to loss, misuse, abuse or theft
- Communication aids

Hearing Aids		
Hearing Aids	80% (of the negotiated charge) per	60% (of the recognized charge) per
	item	item
Hearing aids maximum per ear	One hearing aid per ear every policy year	

- A replacement of:
  - A hearing aid that is lost, stolen or broken
  - A hearing aid installed within the prior 12 month period
- · Replacement parts or repairs for a hearing aid
- Batteries or cords
- Cochlear implants
- A hearing aid that does not meet the specifications prescribed for correction of hearing loss
- Any ear or hearing exam performed by a physician who is not certified as an otolaryngologist or otologist

Pediatric vision care (Limited to covered persons through the end of the month in which the person turns age 19)		
Performed by a legally qualified	100% (of the negotiated charge) per	60% (of the recognized charge) per
ophthalmologist or optometrist	visit	visit
(includes comprehensive low vision		
evaluations)	No policy year deductible applies	
Maximum visits per policy year	1 visit	
Low vision Maximum	One comprehensive low vision evaluation every policy year	
Fitting of contact Maximum	1 visit	
Pediatric vision care services &	100% (of the negotiated charge) per	60% (of the recognized charge) per
supplies-Eyeglass frames,	item	item
prescription lenses or prescription		
contact lenses	No policy year deductible applies	

Eligible health services	In-network coverage	Out-of-network coverage
Maximum number Per year:		
Eyeglass frames	One set of eyeglass frames	
Prescription lenses	One pair of prescription lenses	
Contact lenses (includes non-	Daily disposables: up to 3 month supply	
conventional prescription contact	Extended wear disposable: up to 6 month supply	
lenses & aphakic lenses prescribed	Non-disposable lenses: one set	
after cataract surgery)		
Optical devices	Covered according to the type of	Covered according to the type of
	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Maximum number of optical devices	One optical device	
per policy year		

### \*Important note:

Refer to the Vision care section in the certificate of coverage for the explanation of these vision care supplies.

As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both.

# The following are not covered under this benefit:

- Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses
- Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes

# **Outpatient prescription drugs**

# Copayment/coinsurance waiver for risk reducing breast cancer

The prescription drug copayment will not apply to risk reducing breast cancer prescription drugs filled at a retail or mail order in-network pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.

# Outpatient prescription drug copayment waiver for tobacco cessation prescription and over-the-counter drugs

The outpatient prescription drug copayment will not apply to the first two 90-day treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

Any prescription drug copayment will apply after those two regimens per policy year have been exhausted.

# Outpatient prescription drug copayment waiver for contraceptives

The outpatient prescription drug copayment will not apply to female contraceptive methods when obtained at a innetwork pharmacy.

This means that such contraceptive methods are paid at 100% for:

- Certain over-the-counter (OTC) and generic contraceptive prescription drugs and devices for each of the methods identified by the FDA. Related services and supplies needed to administer covered devices will also be paid at 100%.
- If a generic prescription drug or device is not available for a certain method, you may obtain certain brand-name prescription drug or device for that method paid at 100%.

The outpatient prescription drug copayment continue to apply to prescription drugs that have a generic equivalent, biosimilar or generic alternative available within the same therapeutic drug class obtained at a in-network pharmacy unless you are granted a medical exception. The certificate of coverage explains how to get a medical exception.

Eligible health services	In-network coverage	Out-of-network coverage
Preferred generic prescription d	rugs (including specialty drugs)	
For each fill up to a 30 day supply filled at a retail	\$10 copayment per supply then the plan pays 100% (of the balance of	Not Covered
pharmacy	the negotiated charge)	
. ,		
	No policy year deductible applies	
More than a 30 day supply but	\$25 copayment per supply then the	Not Covered
less than a 90 day supply filled at a mail order pharmacy	plan pays 100% (of the balance of the negotiated charge)	
at a mail order pharmacy	the negotiated charge)	
	No policy year deductible applies	
Preferred brand-name prescript	ion drugs (including specialty drugs)	
For each fill up to a 30 day	\$25 copayment per supply then the	Not Covered
supply filled at a retail	plan pays 100% (of the balance of	
pharmacy	the negotiated charge)	
	No policy year deductible applies	
More than a 30 day supply but	\$62.50 copayment per supply then	Not Covered
less than a 90 day supply filled	the plan pays 100% (of the balance	
at a mail order pharmacy	of the negotiated charge)	
Non professed gaparic procesint	No policy year deductible applies fon drugs (including specialty drugs)	
For each fill up to a 30 day	\$100 copayment per supply then	Not Covered
supply filled at a retail	the plan pays 100% (of the balance	Not covered
pharmacy	of the negotiated charge)	
,		
	No policy year deductible applies	
More than a 30 day supply but	\$250 copayment per supply then	Not Covered
less than a 90 day supply filled	the plan pays 100% (of the balance	
at a mail order pharmacy	of the negotiated charge)	
	No policy year deductible applies	
Non-preferred brand-name prescription drugs (including specialty drugs)		
For each fill up to a 30 day	\$100 copayment per supply then	Not Covered
supply filled at a retail	the plan pays 100% (of the balance	
pharmacy	of the negotiated charge)	
	No policy year deductible applies	
More than a 30 day supply but	\$250 copayment per supply then	Not Covered
less than a 90 day supply filled	the plan pays 100% (of the balance	
at a mail order pharmacy	of the negotiated charge)	
	Na valiancia de deserbit	
	No policy year deductible applies	

Eligible health services	In-network coverage	Out-of-network coverage
Orally administered anti-cancer	100% (of the negotiated charge)	Not Covered
prescription drugs- For each fill		
up to a 30 day supply filled at a	No policy year deductible applies	
retail pharmacy		
Important Note: The cost share for anti-cancer dri	ugs taken by mouth will not exceed \$10	0 per supply
Preventive care drugs and	100% (of the negotiated charge) per	Not Covered
supplements filled at a retail	prescription or refill	The covered
pharmacy	i i	
	No copayment or policy year	
For each 30 day supply	deductible applies	
Risk reducing breast cancer	100% (of the negotiated charge) per	Not Covered
prescription drugs filled at a	prescription or refill	
pharmacy	No copayment or policy year	
For each 30 day supply	deductible applies	
Maximums:	• •	, age, medical condition, family history, and
		mendations of the United States Preventive
	Servic	es Task Force.
Tobacco cessation prescription	100% (of the negotiated charge) per	Not Covered
drugs and OTC drugs filled at a	prescription or refill	
pharmacy	No consument or policy year	
For each 30 day supply	No copayment or policy year deductible applies	
Maximums:	Coverage is permitted for two 90-day	treatment regimens only.
	Coverage will be subject to any sex, age, medical condition, family history, and	
		ndations of the United States Preventive
	Services Task Force.	
Contraceptives (birth control)		
For each fill up to a 12 month	100% (of the negotiated charge)	Not Covered
supply of generic and OTC	No company on a discussion	
drugs and devices filled at a retail or mail order pharmacy	No copayment or policy year deductible applies	
For each fill up to a 12 month	Paid according to the type of drug	Not Covered
supply of brand name	per the schedule of benefits, above	The covered
prescription drugs and devices		
filled at a retail or mail order		
pharmacy		

# **Outpatient prescription drugs exclusions**

# The following are not covered under the outpatient prescription drugs benefit:

- Allergy sera and extracts administered via injection
- Any services related to the dispensing, injecting or application of a drug
- Biological sera unless specified on the preferred drug guide
- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered

- Dietary supplements including medical foods
- Drugs or medications
  - Administered or entirely consumed at the time and place it is prescribed or provided
  - Which do not, by federal or state law, require a prescription order i.e. over-the-counter (OTC) drugs), even if a prescription is written except as specifically provided above
  - That are therapeutically equivalent or therapeutically alternative to a covered prescription drug (unless a medical exception is approved)
  - Not approved by the FDA or not proven safe or effective
  - Provided under your medical plan while an inpatient of a healthcare facility
  - Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee
  - That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
  - For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)
  - That are used to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
  - That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
  - That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our precertification and clinical policies
- Duplicative drug therapy (e.g. two antihistamine drugs)
- Genetic care
  - Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects
- Immunizations related to travel or work
- Immunization or immunological agents except as specifically stated in the schedule of benefits or the certificate
- Implantable drugs and associated devices except as specifically provided above
- Infertility
  - Injectable prescription drugs used primarily for the treatment of infertility
- Iniectables
  - Any charges for the administration or injection of prescription drugs or injectable insulin and other injectable drugs covered by us.
  - Needles and syringes, except for those used for insulin administration.
  - Any drug which, due to its characteristics as determined by us, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
  - That are ordered by a dentist or prescribed by an oral surgeon in relation to the removal of teeth, or prescription drugs for the treatment to a dental condition.
  - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the preferred drug guide.

- That are being used or abused in a manner that is determined to be furthering an addiction to a habit-forming substance, the use of or intended use of which would be illegal, unethical, imprudent, abusive, not medically necessary or otherwise improper, and drugs obtained for use by anyone other than the person identified on the ID card.
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- Tobacco cessation products unless recommended by the United States Preventive Services Task Force (USPSTF)
- We reserve the right to exclude:
  - A manufacturer's product when the same or similar drug, supply or equipment is on the preferred drug guide
  - Any dosage or form of a drug when the same drug (that is, a drug with the same active ingredient or same therapeutic effect) is available in a different dosage or form on our preferred drug guide

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

# **Out of Country claims**

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the Out-of-network level of benefits.

# **General Exclusions**

#### Acupuncture

- Acupuncture
- Acupressure

#### Air or space travel

• Traveling in, on or descending from any aircraft, including a hang glider, while the aircraft is in flight. This includes descending by a parachute, wingsuit or any other similar device.

This exclusion does not apply if:

- You are traveling solely as a fare-paying passenger
- You are traveling on a licensed, commercial, regularly scheduled non-military aircraft

- You are traveling solely in a civil aircraft with a current valid "Standard Federal Aviation Agency Airworthiness Certificate" and:
  - The civil aircraft is piloted by a person with a current valid pilot's certificate with proper ratings for the type of flight and aircraft involved
  - You are as a passenger with no duties at all on an aircraft used only to carry passengers or you are a pilot or a part of the flight crew on an aircraft owned or leased by the policyholder performing duties for the policyholder

# Alternative health care

• Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faithhealing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

#### **Armed forces**

• Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium.

#### Behavioral health treatment

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM) of the American Psychiatric Association:
  - Stay in a facility for treatment for dementias and amnesia without a behavioral disturbance that necessitates mental health treatment
  - School and/or education service including special education, remedial education, wilderness treatment programs, or any such related or similar programs
  - Services provided in conjunction with school, vocation, work or recreational activities
  - Transportation
  - Sexual deviations and disorders except as described in the Eligible health services and exclusions section
  - Tobacco use disorders except as described in the *Eligible health services and exclusions Preventive care* and wellness section

### **Beyond legal authority**

• Services and supplies provided by a health professional or other provider that is acting beyond the scope of its legal authority

# Blood, blood plasma, synthetic blood, blood derivatives or substitutes

Examples of these are:

- The provision of blood to the hospital, other than blood derived clotting factors
- Any related services including processing, storage or replacement expenses
- The services of blood donors, apheresis or plasmapheresis
- For autologous blood donations, only administration and processing expenses are covered

# Clinical trial therapies (experimental or investigational)

Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the
 Eligible health services and exclusions- Clinical trial therapies (experimental or investigational) section in the
 certificate

# Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

# Cosmetic services and plastic surgery

• Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible (Injuries that occur during medical treatments are not considered accidental **injuries** even if unplanned or unexpected.)
- Coverage that may be provided under the Eligible health services under your plan Gender *affirming* treatment section.

# **Court-ordered testing**

Court-ordered testing or care unless medically necessary

#### **Custodial care**

Services and supplies meant to help you with activities of daily living or other personal needs.

Examples of these are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care [except in connection with hospice care], adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training
- For behavioral health (mental health treatment and substance related disorders treatment):
  - Services provided when you have reached the greatest level of function expected with the current level of care, for a specific diagnosis
  - Services given mainly to:
    - Maintain, not improve, a level of function
    - Provide a place free from conditions that could make your physical or mental state worse

# **Dental care for adults**

- Dental services for adults including services related to:
  - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
  - Dental services related to the gums
  - Apicoectomy (dental root resection)
  - Orthodontics
  - Root canal treatment
  - Soft tissue impactions
  - Alveolectomy
  - Augmentation and vestibuloplasty treatment of periodontal disease

- False teeth
- Prosthetic restoration of dental implants
- Dental implants

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

#### **Educational services**

Examples of these services are:

- Any service or supply for education, training or retraining services or testing, except where described in the
   Eligible health services and exclusions—Diabetic services and supplies (including equipment and training) section
   in the certificate. This includes:
  - Special education
  - Remedial education
  - Wilderness treatment programs (whether or not the program is part of a residential treatment facility or otherwise licensed institution)
  - Job training
  - Job hardening programs
- Educational services, schooling or any such related or similar program, including therapeutic programs within a school setting.

#### **Examinations**

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

### **Experimental or investigational**

• Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions – Other services* section in the certificate.

### **Facility charges**

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

#### **Felony**

• Services and supplies that you receive as a result of an injury due to your commission of a felony as determined by a final judgment or plea agreement. This does not apply to an **injury** caused by an act of domestic violence.

#### Genetic care

• Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects

# **Growth/Height care**

- A treatment, device, drug, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures, devices and growth hormones to stimulate growth

# **Hearing exams**

Hearing exams performed for the evaluation and treatment of illness, injury or hearing

# **Incidental surgeries**

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

# Jaw joint disorder

- Surgical treatment of jaw joint disorders
- Non-surgical treatment of jaw joint disorders
- Jaw joint disorders treatment performed by prosthesis placed directly on the teeth, surgical and nonsurgical medical and dental services, and diagnostic or therapeutics services related to jaw joint disorders including associated myofascial pain

This exclusion does not apply to covered benefits for treatment of TMJ and CMJ as described in the *Eligible health services and exclusions –Temporomandibular joint dysfunction (TMJ) and craniomandibular joint dysfunction (CMJ) treatment* section in the certificate.

# Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

### Mandatory no-fault laws

Treatment for an injury to the extent benefits are payable under any state no-fault automobile coverage.

#### Maintenance care

Care made up of services and supplies that maintain, rather than improve, a level of physical or mental
function, except for habilitation therapy services. See the *Eligible health services and exclusions* –
Habilitation therapy services section in the certificate

### Medical supplies – outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
  - Sheaths
  - Bags
  - Elastic garments
  - Support hose
  - Bandages
  - Bedpans
  - Syringes
  - Blood or urine testing supplies
  - Other home test kits
  - Splints

- Neck braces
- Compresses
- Other devices not intended for reuse by another patient

#### Medicare

• Services and supplies available under Medicare, if you are entitled to premium-free Medicare Part A or enrolled in Medicare Part B, or if you are not entitled to premium-free Medicare Part A or enrolled in Medicare Part B because you refused it, dropped it, or did not make a proper request for it

#### Non-U.S.citizen

• Services and supplies received by a covered person (who is not a United States citizen) within the covered person's home country but only if the home country has a socialized medicine program

# Other primary payer

• Payment for a portion of the charge that Medicare or another party is responsible for as the primary payer

# Outpatient prescription or non-prescription drugs and medicines

- Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder
- Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan

### Personal care, comfort or convenience items

Any service or supply primarily for your convenience and personal comfort or that of a third party

# **Private duty nursing**

#### **Riot**

Services and supplies that you receive from providers as a result of an injury from your "participation in
a riot". This means when you take part in a riot in any way such as inciting, or conspiring to incite, the
riot. It does not include actions that you take in self-defense as long as they are not against people who
are trying to restore law and order.

### **Routine exams**

 Routine physical exams, routine eye exams, routine dental exams, routine hearing exams and other preventive services and supplies, except as specifically provided in the Eligible health services and exclusions section

### **School health services**

- Services and supplies normally provided by the policyholder's:
  - School health services
  - Infirmary
  - Hospital
  - Pharmacy or

### by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

the policyholder.

# Services provided by a family member

• Services provided by a spouse, domestic partner parent, child, step-child, brother, sister, in-law or any household member

### Sexual dysfunction and enhancement

- Any treatment, prescription drug, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
  - Surgery, prescription drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
  - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services
- Not eligible for coverage are prescription drugs in 60 day supplies

# Sinus surgery

Any services or supplies given by providers for sinus surgery except for acute purulent sinusitis

# **Specialty prescription drugs**

 Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug benefit

# Strength and performance

- Services, , devices and supplies such as drugs or preparations designed primarily for enhancing your:
  - Strength
  - Physical condition
  - Endurance
  - Physical performance

### Students in mental health field

• Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field

### Telemedicine

- Services given when you are not present at the same time as the **provider**
- Services including:
  - Audio only telephone calls
  - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

#### Therapies and tests

- Full body CT scans
- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

#### **Tobacco cessation**

- Any treatment, drug, service or supply to stop or reduce smoking or the use of other tobacco products or to treat or reduce nicotine addiction, dependence or cravings, including, medications, nicotine patches and gum unless recommended by the United States Preventive Services Task Force (USPSTF) or state law. This also includes:
  - Counseling, except as specifically provided in the *Eligible health services and exclusions Preventive care and wellness* section
  - Hypnosis and other therapies
  - Medications, except as specifically provided in the *Eligible health services and exclusions Outpatient prescription drugs* section
  - Nicotine patches
  - Gum

# Treatment in a federal, state, or governmental entity

 Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

#### Vision care for adults

- Routine vision exam provided by an ophthalmologist or optometrist, including refraction and glaucoma testing
- Vision care services and supplies

### Wilderness treatment programs

See Educational services within this section

### Work related illness or injuries

- Coverage available to you under worker's compensation or under a similar program under local, state or federal law for any illness or injury related to employment or self-employment.
- A source of coverage or reimbursement will be considered available to you even if you waived your right to
  payment from that source. You may also be covered under a workers' compensation law or similar law. If you
  submit proof that you are not covered for a particular illness or injury under such law, then that illness or injury
  will be considered "non-occupational" regardless of cause.

The University of Nevada Reno Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student Health is the brand name for products and services provided by Aetna Life Insurance Company Aetna Health and Life Insurance Company and its applicable affiliated companies (Aetna).

#### **Sanctioned Countries**

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx.

# **Assistive Technology**

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

# **Smartphone or Tablet**

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

# **Non-Discrimination**

Aetna is committed to being an inclusive health care company. Aetna does not discriminate on the basis of ancestry, race, ethnicity, color, religion, sex/gender (including pregnancy), national origin, sexual orientation, gender identity or expression, physical or mental disability, medical condition, age, veteran status, military status, marital status, genetic information, citizenship status, unemployment status, political affiliation, or on any other basis or characteristic prohibited by applicable federal, state or local law.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you have questions about our nondiscrimination policy or have a discrimination-related concern that you would like to discuss, please call us at 1-877-480-4161.

Please note, Aetna covers health services in compliance with applicable federal and state laws. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations, and conditions of coverage.

### Language accessibility statement

Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

# Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

#### አማርኛ/Amharic

ልብ ይበሉ: ኣማርኛ ቋንቋ የሚናንሩ ከሆነ፥ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማንልንል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (*መ*ስማት ለተሳናቸው: **711**).

# Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4161-470-877 (رقم الهاتف النصى: 711).

# Bàsɔɔ̀ Wùdù/Bassa

Dè dε nìà kε dyéde gbo: Ͻ jǔ ke m̀ dyi Ɓàsɔʻɔ-wùdù-po-nyɔ̀ jǔ ni, nìi à wudu kà kò dò po-poɔ̀ bɛ́ m̀ gbo kpaa. Đa 1-877-480-4161 (TTY: 711).

# 中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电 1-877-480-4161 (TTY: 711)。

# Farsi/فارسي

توجه: اگر به زبان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره 4161-480-487 (TTY: 711) تماس بگیرید.

# Français/French

Attention : Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

# ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહ્યયતા સેવા તમને નિ:શુલ્ક ઉપલબ્ધ છે.

કૉલ કરો **1-877-480-4161** (TTY: **711**).

# Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-480-4161 (TTY: 711).

# Igbo

Nrubama: O buru na i na asu Igbo, oru enyemaka asusu, n'efu, diiri gi. Kpoo 1-877-480-4161 (TTY: 711).

# 한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161**(TTY: **711**)번으로 전화해 주십시오.

# Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

# Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (ТТҮ: **711**).

# **Tagalog**

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

Urdu/اردو

توجه دیں: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711) 480-480-480 پر کال کریں.

# Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

### Yorùbá/Yoruba

Àkíyèsí: Bí o bá nsọ èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún o. Pe 1-877-480-4161 (TTY: 711).

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