

**International Educational Exchange Services (the “Policyholder”)  
2023 – 2024 Injury & Sickness Insurance Plan (the “Plan”)  
Rogers State University (the “Participating Organization”)  
Policy #: EXL-SA10032-23 (the “Policy”)**

Underwritten by: Administered by:



**Insurance Underwritten By: SiriusPoint America Insurance Company, with its principal place of business in New York, New York (the “Company”)**

*Please keep this brochure as a general summary of the insurance. This brochure is a brief description of the coverage available under the Policy. The Policy contains full details of the coverage. If the contents of this brochure conflict with the Policy, please remember that the Policy governs.*

**Outpatient Prescription Drugs**

The Plan pays a percentage of benefits equal to 100% of covered prescriptions after the Covered Person has paid the applicable Co-payments<sup>4</sup>.

The Co-payments<sup>4</sup> for prescription drugs are as follows:

Generic Drugs.....	\$10 per prescription
Brand Name Drugs.....	\$20 per prescription

- <sup>1</sup> Coinsurance means the portion of Covered Expenses that the Covered Person must pay.
- <sup>2</sup> The deductible is the amount of Covered Expenses the Covered Person owes before the plan will pay for Covered Expenses.
- <sup>3</sup> The Out-of-Pocket expenses are the Deductible, Co-payments and Coinsurance amounts that the Covered Person is responsible to pay. (Limitations and Exclusions are NOT included in calculating Out-of-Pocket.)
- <sup>4</sup> Co-payment is defined in the Definitions section of this brochure.

**PLAN ELIGIBILITY**

**Eligible Persons**

All International students with a current passport or non-immigrant visa, temporarily located outside his or her home country as a non-resident alien and; a) is engaged in educational activities; b) has not obtained permanent residency status in the United States; and c) is not a U.S. Citizen. Coverage under this program is mandatory unless the Eligible Person waives coverage. Proof of comparable coverage may be required.

**PLAN COSTS\*/COVERAGE DATES**

<b>Annual</b>	<b>8/1/23 - 7/31/24</b>
Student	\$1,394.64
<b>Fall Semester</b>	<b>8/1/23 - 12/31/23</b>
Student	\$581.10
<b>Spring Semester</b>	<b>1/1/24 - 5/31/24</b>
Student	\$581.10
<b>Summer Semester</b>	<b>6/1/24 – 7/31/24</b>
Student	\$232.44

\*Student plan costs are charged as part of the students’ tuition. Plan Costs include broker fees.

**POLICY EFFECTIVE & TERMINATION DATES**

The Policy is effective at 12:01 a.m. on August 1, 2023. Thereafter, coverage for the insurance is effective 24 hours a day. Coverage will terminate on at 12:01 a.m. on the last date of the insurance; the last date of the insurance is the earliest of the three following dates: (1) the date on which the Policy terminates; or (2) the premium due date on which the required premium has not been paid; or (3) the date on which the Covered Person ceases to meet the eligibility requirements of the Plan.

**MEDICAL EXPENSES: DESCRIPTION OF COVERAGE**

If a Covered Person incurs expenses while insured under the Policy due to an Injury or Sickness, the Plan will pay the Covered Expenses for Medically Necessary Covered Medical Expenses listed in the Medical Expense Benefit section. All Covered Medical Expenses incurred as a result of the same or related cause, including any complications, will be considered as resulting from one Injury or Sickness. Benefits are subject to the Deductible, Coinsurance Percentages, specified benefits set forth under Medical Expenses: Benefits, the limitations appearing under Medical Expenses: Benefit Limitations, the General Policy Exclusions, and to all other limitations and provisions of the Policy.

The expenses must be incurred after the effective date of the Covered Person’s insurance while coverage remains continuously in force under the Policy.

**MEDICAL EXPENSES: DESCRIPTION OF BENEFITS**

The Covered Person must pay the \$50 (Student Health Center) or the \$100 (outside of the Student Health Center) annual Deductibles before benefits are paid.

After the applicable deductible has been satisfied, the Plan pays a percentage of benefits equal to 80% (after payment of 20% Coinsurance<sup>1</sup>) of covered expenses after the Covered Person has satisfied the applicable Deductible<sup>2</sup> until the Covered Person reaches the per-person Out-of-Pocket<sup>3</sup> Maximum of \$5,000. Once the Covered Person has satisfied their out-of-pocket maximum, the Plan pays 100% of Covered Expenses up to the maximum benefit of \$250,000.

In addition, the following Co-payments<sup>4</sup> apply:

Outpatient Physiotherapy .....	\$75 per visit
Outpatient Chiropractic Care.....	\$75 per visit

**MEDICAL EXPENSES: BENEFITS**

- Hospital room and board expense.
- Hospital miscellaneous expenses (operating room, lab tests, X-ray examinations, anesthesia, drugs, therapeutic services and supplies).
- Inpatient physiotherapy/occupational therapy and speech therapy.
- Inpatient and outpatient surgery (including oral surgery). Assistant surgeons are allowed at 20% of the surgery allowance.
- Inpatient and outpatient anesthesiologist services.
- Inpatient registered nurse’s services and inpatient and outpatient physician’s visits.
- Pre-admission testing.
- Inpatient and outpatient psychotherapy.
- Inpatient and outpatient consultant physician fees.
- Skilled Nursing Facility 60 days per admission.
- Outpatient surgery miscellaneous expenses (for example, operating room, anesthesia, drugs, therapeutic services and supplies).
- Outpatient physiotherapy/occupational therapy and speech therapy.
- Outpatient medical emergency expenses.
- Outpatient diagnostic x-ray services and laboratory procedures.
- Outpatient radiation therapy.
- Outpatient physician tests and procedures.
- Outpatient injections and chemotherapy.
- Outpatient prescription drugs.
- Ambulance services.
- Outpatient braces, appliances, durable medical equipment, and Orthotic Devices.
- Dental treatment, subject to limitations discussed in the section of this brochure entitled, “Benefit Limitations: Medical Expenses.”
- Clinical trials.
- Colorectal cancer screenings, performed in accordance with the latest screening guidelines issued by the American Cancer Society.
- Diabetes treatment.
- Emergency Services.
- One annual voluntary HIV screening test while receiving emergency medical services, whether or not the HIV screening test is necessary for the treatment of the medical emergency.
- Mammogram and Cytologic screening (Pap smear).
- Oral anti-cancer prescription drugs.
- Preventive and primary care provided to a person covered under the policy less than age 21.

- Prostate cancer screening in accordance with the latest screening guidelines issued by the American Cancer Society.
- Reconstructive breast surgery.
- Home health care (must follow a hospital confinement of at least 3 days).
- Substance abuse services for the treatment of clinically significant substance abuse disorders identified in the most recent edition of the International Classification of Diseases of the Diagnostic and Statistical Manual of the American Psychiatric Association. Benefits and benefit maximums are as follows:
  - a) the process whereby a person who is intoxicated by or dependent on drugs or alcohol or both is assisted through the period of time necessary to eliminate the intoxicating agent from the body, while keeping the physiological risk to the patient at a minimum, shall be covered for up to 12 days annually.
  - b) Inpatient or Outpatient Services or any combination of those certified as necessary by a physician, psychologist, advanced practice registered nurse, or social worker and provided by a hospital, a non-hospital residential facility, an outpatient treatment facility, or a physician, a psychologist, an advanced practice registered nurse or a social worker shall be covered as follows:
    - 1) up to 28 days per year for inpatient or residential care in a hospital or non-hospital residential facility; and
    - 2) up to 30 outpatient visits per year.
  - c) treatment regimens which include psychiatric, psychological, and other prescribed interventions shall be a covered benefit.
- Mental illness services for the treatment of clinically significant mental illness identified in the most recent edition of the International Classification of Diseases or of the Diagnostic and Statistical Manual of the American Psychiatric Association. Benefits and benefit maximums are as follows:
  - a) treatment for inpatient or residential or residential care in a hospital or non-hospital residential facility, for up to 45 days per year;
  - b) outpatient benefits shall be 75% of covered expenses for the first 40 visits per year, and 60% of covered expenses for any outpatient visits thereafter for that year.

#### **MEDICAL EXPENSES: BENEFIT LIMITATIONS**

- Payment for Hospital room and board, which includes all general nursing charges, will be limited to the Hospital's normal charge for semi-private accommodation. Intensive Care Unit charges will be limited to twice the semi-private room and board rate per day.
- Dental Treatment is limited to the following: (a) when performed by a Physician; (b) made necessary by Injury to sound, natural teeth; and (c) payable up to \$250 per tooth, subject to a maximum per person benefit of \$500. Routine dental care and treatment to the gums are not covered
- Benefits for transportation in an ambulance are subject to a maximum benefit of \$500 per trip.
- Benefits for Outpatient Physiotherapy are subject to a maximum per person benefit of \$500.
- Benefits for Outpatient Chiropractic care are subject to a maximum per person benefit of \$500.
- Benefits for services rendered in a Covered Person's home country (if other than the United States) are subject to a maximum per person benefit of \$1,000.
- Benefits for injury related to intercollegiate or intramural sports are limited to \$5,000 per injury.

#### **PRE-EXISTING CONDITIONS LIMITATION**

The Company will not pay benefits for a Pre-Existing Condition except as shown in the Medical Expenses: Benefit Limitations section. This does not apply if the Covered Person has been insured under this Plan for 12 months.

**Credit for Prior Coverage** - A Covered Person, whose coverage under prior Creditable Coverage ended no more than 63 days before coverage under the Policy became effective, will have any applicable pre-existing condition limitation reduced by the total number of days the Covered Person was covered by such coverage. If there was a break in Creditable

Coverage of more than 63 days, we will credit only the days of such coverage after the break.

#### **EXPRESS SCRIPTS**

The Policy utilizes the Express Scripts Pharmacy network. The medical ID Card includes information the pharmacist needs in order to submit a claim. Although many pharmacies participate in the Express Scripts, Inc. network, check with the pharmacy before you make your purchase. To find participating pharmacies in your area, call Express Scripts, Inc. at 1-866-282-1491 or visit their website at [www.express-scripts.com](http://www.express-scripts.com). You will not have to file a claim on purchases made at participating pharmacies. The pharmacist will tell you exactly what to pay.

#### **REMAINS REPATRIATION BENEFIT**

The plan will pay up to \$25,000, if the Insured dies while outside his or her home country. The benefit will pay the actual charges for preparing and transporting such the Insured's remains to his or her home country. This will be done in accord with all legal requirements in effect at the time the body remains are to be returned to his or her home.

#### **MEDICAL EVACUATION BENEFIT**

Upon the prior approval of the attending Physician and the Company, the Plan will pay up to \$100,000 of necessary expenses incurred for evacuation of the Insured to:

1. a specialized medical facility; or
2. his or her home country.

#### **RETURN AIR FARE BENEFIT**

The plan will pay, up to \$2,000, if the Insured is hospitalized for at least three (3) days due to an Accident or Sickness. The benefit will be provided for round trip airfare (tourist class) expenses to the host country for a parent, spouse, sibling (over age 21) or legal guardian and their hotel, and meals to a maximum of \$100 per day.

In the event of death, or life-threatening Accident or Sickness of a parent, spouse, child, sibling, or legal guardian, requiring the Insured to return home after arriving at their placement, SiriusPoint America Insurance Company will arrange, and pay for their returning airfare (tourist class) from the host country to their home country point of departure. ASRM, LLC must be advised and approve the flight, which must be arranged through ASRM, LLC. Retroactive claims will not be accepted. This benefit is limited to \$2,000.

#### **RIGHT OF SUBROGATION**

##### **(NOT applicable to California or Arizona residents)**

If the Covered Person is injured or becomes ill through the act or commission of another person, and if benefits are paid under the Policy due to that Injury or Sickness, then to the extent the Covered Person recovers for the same Injury or Sickness from a third party, the Covered Person's insurer, or the Covered Person's uninsured motorist insurance, SiriusPoint America Insurance Company will be entitled to a refund of all benefits it has paid up to the amount of such recovery. Further, SiriusPoint America Insurance Company has the right to offset subsequent benefits payable to the Covered Person under the Policy against such recovery.

#### **PRIMARY EXCESS PROVISION**

The Company's liability for benefits due to Covered Expenses incurred for Treatments and services resulting from a covered Injury or Sickness will be limited. When a Covered Expense is subject to this Primary Excess Provision, (1) if the total amount of the Covered Expense is less than \$5,000, all benefits payable under this policy shall be payable on a primary basis regardless of any benefits payable for the same loss on a provision of service basis or on an expense incurred basis under any other collectable policy or service contract, unless otherwise herein provided or (2) if the total amount of Covered Expenses is greater than \$5,000, the Company will pay the first \$5,000 on a primary basis, but the Company's liability for expenses over \$5,000 is limited to that part of the Expense, if any, which is in excess of the total benefits payable for the same loss, on a provision of service basis or on an expense incurred basis under any other collectable policy or service contract, unless otherwise herein provided.

#### **EXCLUSIONS FOR MEDICAL EXPENSES**

***Benefits are not payable under the Medical Coverage in the following circumstances:***

1. Routine physical examinations and routine testing; preventive testing or Treatment; screening examinations or testing in the absence of Injury or Sickness, except as otherwise provided by the Policy.
2. Eye examinations; prescriptions or fitting of eyeglasses and contact lenses; eyeglasses, contact lenses or other Treatment for visual defects and problems, except as required as a result of a covered Injury. "Visual defects" means any physical defect of the eye that does or can impair normal vision.
3. Hearing examinations or hearing aids; or other Treatment for hearing defects and problems, except as required as a result of a covered Injury. "Hearing defects" means any physical defect of the ear that does or can impair normal hearing.
4. Dental care or Treatment other than care of sound, natural teeth and gums required due to an Injury resulting from an Accident while the Covered Person is insured under the Policy, and rendered within 12 months of the Accident.
5. War or any act of war, declared or undeclared; or while serving in the armed forces of any country (a pro-rata premium will be refunded for such period of service).
6. Participation in a riot or civil disorder; fighting or brawling, except in self-defense; commission of or attempt to commit a felony.
7. Suicide, attempted suicide or intentionally self-inflicted Injury while sane or insane.
8. Operating any vehicle under the influence of alcohol or drugs, or without being properly licensed and insured to do so.
9. Participation in, practice for, or orthopedic equipment and appliances used for; semi-professional sports; or professional sports.
10. Expenses greater than \$5,000 for treatment of Injuries sustained by reason of participation in or, practice for; interscholastic, interscholastic or intramural sports.
11. Skydiving, parachuting, hang gliding, glider flying, parasailing, sail planning, bungee jumping, or flight in any type of aircraft, except while riding as a fare-paying passenger on a regularly-scheduled airline.
12. Treatment, services or supplies provided by a Hospital or facility owned or run by the United States Government, unless a charge is made for such services in the absence of insurance; or in a Hospital which does not unconditionally require payment.
13. Cosmetic surgery, except cosmetic surgery which the Covered Person needs as the result of an Accident which happens while they are insured under the Policy.
14. Elective Treatments and voluntary testing except as otherwise provided under the Policy.
15. Injury or Sickness covered by Worker's Compensation or Employer's Liability Laws, or by any coverage provided or required by law (including, but not limited to group, group type, and individual automobile "No-Fault" coverage).
16. Charges used to meet any deductible, or in excess of the coinsurance level, or in excess of those considered Usual, Customary, and Reasonable Charges.
17. Treatment or services provided by any member of the Covered Person's immediate family; or for which no charge is normally made.
18. Rest cures or custodial care (whether or not prescribed by a Physician), or transportation.
19. Treatment, services or supplies provided or paid for by any governmental program or law, except Medicaid.
20. Nasal or Sinus Surgery (unless required due to an Injury resulting from an Accident while the Covered Person is insured under this Policy).
21. Organ Transplants.
22. Treatment of congenital anomalies and conditions arising or resulting directly there from.
23. The diagnosis and treatment of acne.
24. The diagnosis and treatment of infertility.
25. The diagnosis and treatment of TMJ dysfunction, or skeletal irregularities of one or both jaws, including orthognathia and mandibular retrognathia.
26. Expenses greater than \$1,000 incurred within the Covered Person's home country or country of regular domicile.
27. Treatment that is not incurred by a Covered Person while insured hereunder.
28. Routine foot care, including the treatment of corns, calluses and bunions.
29. Impotence, whether organic or otherwise.

30. Sleeping disorders, including testing thereof.

#### DEFINITIONS

Wherever used in the Policy:

**Accident** means a sudden, unexpected and unintended incident. "Covered Accident" means an Accident that results in Injury or loss covered by the Policy.

**Coinsurance** means the portion of Covered Expenses that the Insured has to pay.

**Co-payment** means a specified charge that the Covered Person is required to pay when a medical service is rendered.

**Covered Person** means any Eligible Person for whom application is made and who is approved to participate in the benefit plans issued under this Policy, provided the required premium for such Person's insurance is paid when due.

**Hospital** means a legally constituted institution having organized facilities for the care and Treatment of sick or injured persons on a registered inpatient basis, including facilities for diagnosis and surgery under the supervision of a staff or one or more licensed Physicians and provides 24-hour nursing service by Registered Nurses on duty or call.

**Injury** means accidental bodily harm sustained by the Covered Person that resulted directly and independently of all other causes from an Accident and occurs while coverage under this Policy is in force.

**Inpatient** means confinement for which the Covered Person is charged at least one full day's room and board.

**Insured** means the student/program participant who is a Covered Person under the Policy.

**Intensive Care Unit** means a section, ward, or wing within a Hospital which is separated from other Hospital facilities and (1) is operated exclusively for the purpose of providing professional Treatment for critically ill patients; (2) has special supplies and equipment necessary for such Treatment which are available on a standby basis for immediate use; (3) provides room and board, and constant observation by registered graduate nurses or other specially trained Hospital personnel; and (4) is not maintained for the purpose of providing normal post-operative recovery Treatment or service.

**Medical Emergency** means bona fide emergency services provided after the sudden onset of a medical condition manifesting itself by symptoms of sufficient severity, including severe pain, such that the absence of immediate medical attention could be reasonably expected by a prudent layperson, who possesses an average knowledge of health and medicine to result in: (a) placing the patient's health in serious jeopardy; or (b) serious impairment to bodily functions; or (c) serious dysfunction of any bodily organ or part.

**Medically Necessary or Medical Necessity** means the services or supplies provided by a Hospital, Physician, or other provider that are required to identify or treat an Injury or Sickness and which, as determined by the Company, are: (1) consistent with the symptom or diagnosis and Treatment of the Injury or Sickness; (2) appropriate with regard to standards of good medical practice; (3) not solely for the convenience of the Covered Person; (4) the most appropriate supply or level of service which can be safely provided. When applied to the care of an Inpatient, it further means that the Covered Person's medical symptoms or condition requires that the services cannot be safely provided as an Outpatient. The fact that a Physician may prescribe, authorize, or direct a service does not of itself make it Medically Necessary or covered by the Policy.

**Nurse** means a person who has been registered or licensed to practice by the State Board of Nurse Examiners or other state authority in the state where they work, and who is practicing within the scope and limitation of that license. The term Nurse will not include the Covered Person or their spouse, children, brothers, sisters, or parents, or any person residing in their household.

**Orthotic Devices** means rigid or semi-rigid devices supporting a weak or deformed leg, foot, arm, hand, back or neck or restricting or eliminating motion in a diseased or injured leg, foot, arm, hand, back or neck. Benefits for Orthotic Devices include orthopedic appliances or apparatus used to support, align, prevent, or correct deformities or to improve the function of movable parts of the body. An Orthotic Device differs from a prosthetic in that, rather than replacing a body part, it supports and/or rehabilitates existing body parts. Orthotic Devices are usually customized for a Covered Person's use and are not appropriate for anyone else. Examples of

Orthotic Devices include but are not limited to Ankle Foot Orthosis (AFO), Knee Ankle Foot Orthosis (KAFO), Lumbosacral Orthosis (LSO).

**Outpatient Surgical Facility** means a surgical or medical center, which has (1) permanent facilities for surgery; (2) organized medical staff of Physicians and registered graduate nurses; and (3) is authorized by law in the jurisdiction in which it is located to perform surgical services and is licensed (if no license is required, officially approved) under that law.

**Physician** means a practitioner of the healing arts who is duly licensed in the state where they are practicing and who is treating within the scope and limitation of that license. The term Physician will not include the Covered Person or their spouse, children, brothers, sisters, or parents, or any person residing in their household.

**Pre-existing Conditions** means a condition for which a Covered Person received medical treatment, care or advice within 6 months before being insured under this Policy.

**Prosthetic Devices** (excluding dental) means artificial limb devices or appliances designed to replace in whole or in part an arm or a leg. Benefits for Prosthetic Devices include coverage of devices that replace all or part of a permanently inoperative or malfunctioning internal or external organ, and are furnished on a Physician's order. Examples of Prosthetic Devices include but are not limited to artificial limbs, cardiac pacemakers, prosthetic lenses, breast prosthesis (including mastectomy bras), hair prosthesis and maxillofacial devices.

**Registered Nurse** means a person who has received the designation of "Registered Nurse (R.N.)" and is registered and licensed to practice by the State Board of Nurse Examiners or other state authority in the state where they work, and who is practicing within the scope and limitation of that license. The term Registered Nurse will not include the Covered Person or their spouse, children, brothers, sisters, or parents, or any person residing in their household.

**Sickness** means illness or disease contracted and causing loss as to the Covered Person whose Sickness is the basis of claim. Any complications or any condition arising out of a Sickness for which the Covered Person is being treated or has received Treatment will be considered as part of the original Sickness.

**Skilled Nursing Facility** means a facility which is licensed pursuant to state and local laws; is operated primarily for the purpose of providing skilled nursing care and Treatment for individuals convalescing from Injury or Sickness including room and board and provides 24 hour a day skilled nursing services under the full time supervision of a Physician or Registered Nurse and if full time supervision by a Physician is not provided, it has the services of a Physician available under a fixed agreement; it keeps adequate medical records and has organized facilities for medical Treatment. Skilled Nursing Facility does not include an institution or part of one that is used mainly as a place for rest or the aged.

**Treatment** means a specific in-office or Hospital physical examination of, or care rendered to, the Covered Person.

**Usual, Customary, and Reasonable Charges** - "Usual" means those charges made by a provider for services and supplies rendered to all patients for the same or similar Injury or Sickness; "Customary" means those charges made by the majority of providers in the area for the same or similar services or supplies. "Reasonable" means those charges that do not exceed the majority of prevailing fees in the area for the same or similar services or supplies. Area means a county or larger geographically significant area as determined by the Company.

**CONFORMITY WITH STATE LAWS**

Any provision that is in conflict with the requirements of state or federal law that applies to the Policy are automatically changed to satisfy the minimum requirements of such laws.

**PREFERRED PROVIDER NETWORK  
(Within the United States only)**

The Policy utilizes the First Health hospital and physician network for delivering health care. Call 1-800-226-5116 or visit [www.firsthealthinternational.com](http://www.firsthealthinternational.com) to find a First Health provider.

**ACCIDENTAL DEATH & DISMEMBERMENT  
\$10,000 per Covered Participant**

If, within 365 days of an Accident covered under the Policy in accordance with the Coverage Description to which this benefit applies, bodily Injury results in any of the following losses, the plan will pay the benefit amount shown opposite such loss in the Table of Benefits. If the Covered Person sustains more than one such loss as the result of any one Accident, the plan will pay only the one largest benefit amount.

**Table of Benefits**

**Covered Loss**

Loss of Life.....	Principal Sum
Loss of Two or More Hands/Feet .....	Principal Sum
Loss of Entire Sight of Both Eyes .....	Principal Sum
Loss of One Hand/Foot and Sight of One Eye .....	Principal Sum
Loss of Speech and Hearing in Both Ears .....	Principal Sum
Loss of One Hand/Foot or Sight of One Eye .....	1/2 Principal Sum
Loss of Speech.....	1/2 Principal Sum
Loss of Hearing in Both Ears.....	1/2 Principal Sum
Loss of Thumb and Index Finger of the Same Hand .....	1/4 Principal Sum

Loss of hand or foot means complete severance through or above the wrist or ankle joint.

Loss of Entire Sight means the total, permanent loss of sight of the eye. The loss of sight must be unrecoverable by natural, surgical or artificial means.

Loss of a thumb and index finger means complete severance through or above the metacarpophalangeal joints (the joints between the fingers and the hand).

"Severance" means the complete separation and dismemberment of the part from the body.

**EXCLUSIONS FOR ACCIDENTAL DEATH & DISMEMBERMENT**

**Benefits for Accidental Death and Dismemberment are not payable for any loss caused in whole or in part by, or resulting in whole or in part from, the following:**

1. Attempted suicide or intentionally self-inflicted Injury, while sane or insane.
2. Bodily or mental infirmity; disease of any kind; or medical or surgical Treatment for that infirmity or disease. This does not include bacterial infections resulting from an accidental cut or wound or accidental ingestion of a poisonous food substance.
3. The voluntary use of illegal drugs; the intentional taking of over the counter medication not in accordance with recommended dosage and warning instructions; or intentional misuse of prescription drugs.
4. Voluntary taking of poison; voluntary inhalation of gas; voluntary taking of a chemical. This does not apply to the extent administered by a licensed Physician. The Physician must not be the Insured; their or her spouse; a child, sibling, or parent of the Insured or of the Insured's spouse; or a person who resides in the Insured's home.
5. War or any act of war, declared or undeclared; or while serving in the armed forces of any country (a pro-rata premium will be refunded for such period of service).
6. Participation in a riot or civil disorder; fighting or brawling, except in self-defense; commission of or attempt to commit a felony.
7. The Insured's engaging in an illegal occupation.
8. Release of nuclear energy.
9. Skydiving, parachuting, hang gliding, glider flying, parasailing, sail planning, bungee jumping, or flight in any type of aircraft, except while riding as a fare-paying passenger on a regularly-scheduled airline.

**For benefit and claim questions, or to request an ID Card please contact the claims' administrator:**

**ASRM, LLC**  
505 South Lenola Road, Suite 231  
Moorestown, NJ 08057

TOLL FREE ..... 800-359-7475  
FAX..... 856-231-7995  
WEB ..... [www.helpwithmyplan.com](http://www.helpwithmyplan.com)  
EMAIL..... customerservice@asrmlc.com

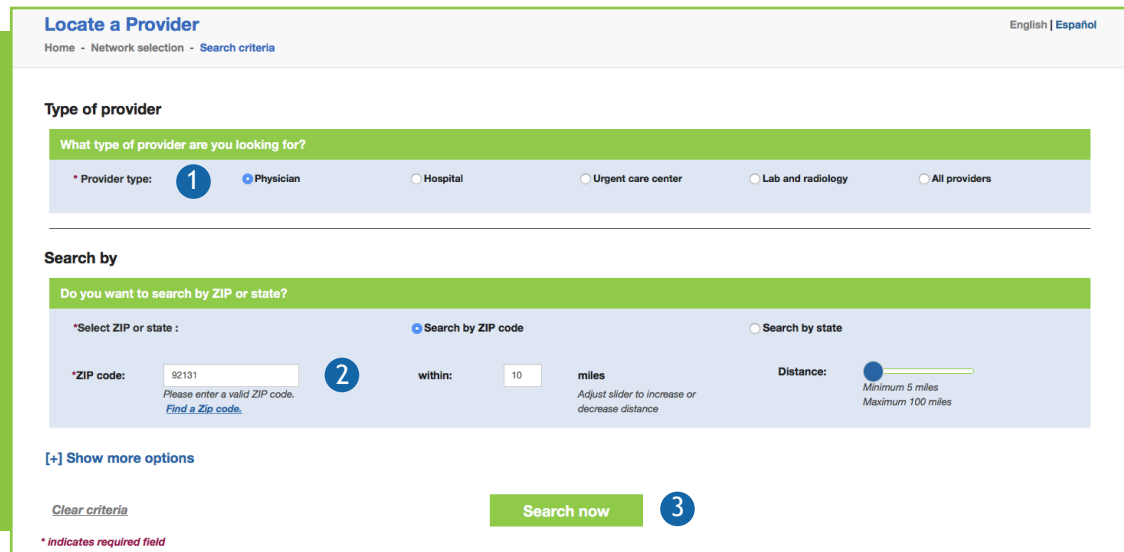
## It's easy to find a First Health® doctor or hospital

You can quickly and easily find a provider with our online search tool. You can also create a listing of your results to save or print.

**To get started:** Go to [www.firsthealthinternational.com](http://www.firsthealthinternational.com) and click the "Start now" button

### To find a provider:

- 1 Pick a provider type
- 2 Choose to search by ZIP code or State
  - You can also pick specific counties or cities with a state search
  - To include more search options, click "Show more options"
    - You can search by provider name, specialty or condition
- 3 Click the "Search now" button



**Locate a Provider** English | Español

Home - Network selection - Search criteria

**Type of provider**

What type of provider are you looking for?

\* Provider type: **1**  Physician  Hospital  Urgent care center  Lab and radiology  All providers

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**Search by**

Do you want to search by ZIP or state?

\*Select ZIP or state :   Search by ZIP code  Search by state

\*ZIP code:  **2** within:  miles **Distance:**  Minimum 5 miles Maximum 100 miles

[\[+\] Show more options](#)

[Clear criteria](#)  **3**

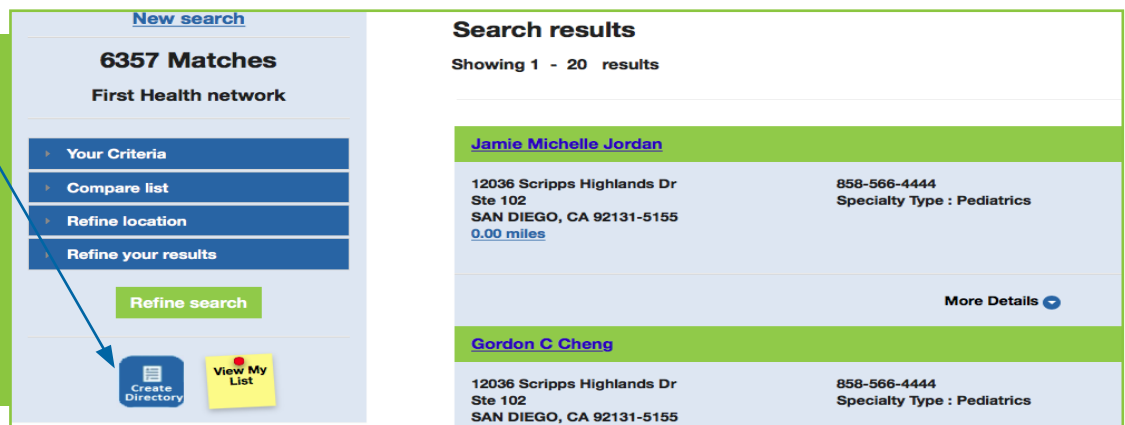
\* indicates required field

### From your search results, you can:

- Sort by distance, name or specialty
- Compare providers side by side
- Refine your search by location or results
- See more details about each provider
- Text or email the results
- Add providers to a list for a custom directory
- Create a directory with all your search results

### To create a directory:

- Click the "Create Directory" icon
- Pick a directory type
- Add a name for your directory
- Include a table of contents and/or index
- Pick a delivery option
- Click the "Create directory" button



**New search**

**6357 Matches**

**First Health network**

[Your Criteria](#)  
[Compare list](#)  
[Refine location](#)  
[Refine your results](#)

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**Search results**

Showing 1 - 20 results

<b>Jamie Michelle Jordan</b>	
12036 Scripps Highlands Dr Ste 102 SAN DIEGO, CA 92131-5155 <a href="#">0.00 miles</a>	858-566-4444 Specialty Type : Pediatrics
<a href="#">More Details</a>	
<b>Gordon C Cheng</b>	
12036 Scripps Highlands Dr Ste 102 SAN DIEGO, CA 92131-5155	858-566-4444 Specialty Type : Pediatrics

### Still have questions? Call us.

You've followed the steps outlined. Still didn't get what you need? Call us at **1-800-226-5116** – we're happy to help.