

# Sam Houston University 2026-2027

## Student Health Insurance Plan Resources

1

### Academic Emergency Services

To ensure you have immediate access to assistance if you experience a travel related crisis, we have included Academic Emergency Services (AES) in your Student Health Insurance Plan coverage.



2

### Telehealth Health Services

Students enrolled in the plan have access to a variety of mental health resources, such as Academic Student Assistance Program (ASAP) and AcademicLiveCare (ALC).



3

### Dental Coverage

Optional dental coverage is provided by Guardian, featuring a national PPO network. The allowance plan offers dependable coverage at a low annual premium, allowing you to anticipate coverage amounts.



4

### Academic Vision Care

AVC makes it easy to care for your vision needs, all while saving time and money. On average, save \$150 in out-of-pocket costs. No hidden member costs, hundreds of eyewear selections covered in full; and virtual and home try-on kits make checking frames out easy.



5

### ID Cards

Aetna has gone green; ID Cards will not be mailed. After enrollment, a welcome email will guide you to create an account, where you can view and print ID Cards online.



6

### Mobile App

Students should use the Aetna mobile app for health insurance information to:

- View/download ID cards
- Find doctors or pharmacies
- Check claims status and details



SCAN ME!

**Your Student Health Plan via Aetna offers a nationwide PPO network with comprehensive medical care. Key benefits include:**

- A \$500 Deductible per person per plan year
- A \$30 Office Visit Copay
- \$20 Pharmacy Copay for Generic Drugs, \$40 Copay for Preferred Brand-Name Drugs, and \$60 for Non-Preferred Brand-Name Drugs