



Digital Access

Health care information—just a few clicks away

CareFirst BlueCross BlueShield (CareFirst) members have personalized benefit information available to them 24/7. By registering for *My Account*, students get secure online access to coverage details, ID cards and more. Plus, it's easy to locate in-network providers and facilities near campus or at home.

With an online account or the CareFirst mobile app, students can:

- Find in-network doctors, specialists, urgent care centers and more, nationwide
- Check plan information, including recent claims activity, copays and deductibles
- View, order or email member ID cards
- Use the Treatment Cost Estimator to calculate costs for services and procedures
- Submit claims for out-of-network care
- Send a secure message via the Message Center
- Check alerts for important notifications

To access *My Account* from their mobile device, students can download the CareFirst app from their app store.

