



UNIVERSITY OF  
ST. THOMAS

# BENEFITS AT A GLANCE

STUDENT HEALTH INSURANCE PLAN | PLAN YEAR 2025/2026

DESIGNED EXCLUSIVELY FOR THE STUDENTS OF:

UNIVERSITY OF ST. THOMAS  
INTERNATIONAL  
Houston, TX  
("the Policyholder")

Policy Number: WI2526TXSHIP16  
Group Number: ST1528SH  
Effective: 8/11/2025 – 8/10/2026

**UNDERWRITTEN BY:**

Wellfleet Insurance Company | Fort Wayne, IN  
("the Company")

**ADMINISTERED BY:**

Wellfleet Group, LLC



## Welcome Students...

We are pleased to provide you with this summary of the 2025 – 2026 Student Health Insurance Plan (“Plan”), which is fully compliant with the Affordable Care Act. This is only a brief description of the coverage(s) available under Certificate form TX SHIP Cert (2025). The Certificate will contain reductions, limitations, exclusions, and termination provisions. Full details of coverage are contained in the Certificate. If there are any conflicts between this document and the Certificate, the Certificate shall govern in all cases.

“Benefits at a Glance” includes effective dates and costs of coverage, as well as other helpful information. For additional details about the Plan, please consult the Plan Certificate and other materials at [www.wellfleetstudent.com](http://www.wellfleetstudent.com).

This is not an insurance Policy and your receipt of this document does not constitute the insurance or delivery of a policy of insurance. Any provisions of the Policy, as described in this Summary, that may be in conflict with the laws of the state where the school is located will be administered to conform with the requirements of that state’s laws, including those relating to mandated benefits.

The information contained in this Summary is accurate at the time of publication but may change in accordance with state and federal insurance regulations during the course of the Policy year. The most current version of this document will be posted online. In the case of a discrepancy between two versions of the Summary, the most recent will apply.

# Important Contact Information & Resources



## Contact Us

Wellfleet Group, LLC  
PO Box 15369  
Springfield, Massachusetts 01115-5369  
**(877) 657-5030, TTY 711**

## SERVICING AGENT

Academic Health Plans  
[stthomintl.myahpcare.com](http://stthomintl.myahpcare.com)

## Plan Administration

### Enrollment, Eligibility, & Waivers

Academic HealthPlans  
[stthomintl.myahpcare.com](http://stthomintl.myahpcare.com)

### Benefits, Claim Status, & ID Cards

Wellfleet Group, LLC  
PO Box 15369  
Springfield, Massachusetts 01115-5369  
**(877) 657-5030, TTY 711**  
[www.wellfleetstudent.com](http://www.wellfleetstudent.com)  
Monday–Thursday, 8:30 a.m. to 7:00 p.m.  
Eastern Time  
Friday, 9:00 a.m. to 5:00 p.m.  
Eastern Time

### Claims

Cigna  
PO Box 188061  
Chattanooga, Tennessee 37422-8061  
Electronic Payor ID: 62308



## PPO Network



Cigna  
[www.mycigna.com](http://www.mycigna.com)



## Pharmacy Benefits Manager

For information about the Wellfleet Rx/ESI Prescription Drug Program, please visit [www.wellfleetrx.com/students](http://www.wellfleetrx.com/students)

## Member Pharmacy Help

**(877) 640-7940**



## Telehealth Service

Your plan includes access to virtual healthcare advice by phone, video, or app.

- In addition, your plan includes virtual physical therapy and other musculoskeletal services from Hinge Health
- Register at <https://hinge.health/wellfleet>



For further information about your plan please use the QR code below.



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# General Information

## Am I Eligible

### International Students

All registered international students taking 1 or more credit hours are required to enroll in the Student Health Insurance Plan and will be charged premium unless proof of comparable coverage is provided by the waiver date.

### Domestic Students

Domestic students are not eligible to enroll in the Student Health Insurance Plan.

### Dependents

Dependents are not eligible

## How Do I Waive?

### To Waive:

- Go to [stthomintl.myahpcare.com](http://stthomintl.myahpcare.com)
- Click the waiver tab and proceed as directed. You must fill in all of the required information on the waiver form. If any information is missing, your waiver will not be accepted.
- Click submit and review the information being provided is accurate.
- When your online waiver form is successfully submitted you will receive a confirmation e-mail.
- You must submit a waiver for each semester.

**The deadline to waive coverage is 09/02/2025 .**

## Effective Dates & Costs

All time periods begin at 12:00 A.M. local time and end at 11:59 P.M. local time at the Policyholder's address.

Coverage Period	Coverage Start Date	Coverage End Date	Waiver Deadline
Fall	08/11/2025	12/31/2025	09/02/2025
Spring/Summer	01/01/2026	08/10/2026	01/23/2026
Summer	05/11/2026	08/10/2026	05/29/2026
<b>Plan Costs for International Students</b>			

	Fall	Spring/Summer	Summer
Student*	\$988.50	\$988.50	\$498

\*The above plan costs include an administrative service fee.

## Plan Benefits

UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE (IF APPLICABLE) WILL ALWAYS APPLY.

Pre-authorization is required for Inpatient Services Care, selected Outpatient Services, and Outpatient Surgery. For a complete list of these services, see the Plan Certificate.

When You receive Emergency Services, or Out-of-Network air Ambulance Services, or certain non-emergency Treatment by an Out-of-Network Provider at an In-Network Hospital or Ambulatory Surgical Center, You are protected from Surprise Billing. Refer to the Preferred Provider Organization provision in the How The Plan Works And Description Of Benefits section for additional information.

### Pre-Authorization Process

What types of Inpatient and Outpatient services or supplies require Pre-Authorization?

Pre-Authorization is required for the following:

1. All Inpatient admissions, including length of stay, to a Hospital, Skilled Nursing Facility, a facility established primarily for the Treatment of a Substance Use Disorder, or a residential Treatment facility, surgical procedures;
2. All Inpatient maternity care after the initial 48/96 hours;
3. Home Health Care;
4. Durable Medical Equipment over \$500 per item;
5. Outpatient Surgical Procedures;
6. Transplant Services;
7. Diagnostic Testing and Radiology Services listed at [www.wellfleetstudent.com/providers/](http://www.wellfleetstudent.com/providers/). See Prior Authorization Requirements section;
8. Complex Imaging;
9. Biomarker Testing;

10. Chemotherapy/Radiation;
11. Cochlear Devices;
12. Fertility Preservation;
13. Infusions/Injectables;
14. Botox Injections;
15. Genetic Testing, except for BRCA;
16. Orthotics/Prosthetics;
17. Non-emergency Air Ambulance (fixed wing)

Pre-Authorization is not required for an Emergency Medical Condition, or for Life Threatening Condition, or Urgent Care Center or Hospital Confinement for the initial 48/96 hours of maternity care.

## Key Plan Benefits

BENEFIT	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
<b>Policy Year Deductible Individual</b>  <b>Deductible</b> is waived if Covered Medical Expenses are incurred at the Student Health Center	\$500	\$1,000
Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Deductible will not be applied to satisfy the In-Network Deductible. Cost sharing You incur for Covered Medical Expenses that is applied to the In-Network Deductible will not be applied to satisfy the Out-of-Network Provider Deductible.		
<b>Out-of-Pocket Maximum Individual</b>  Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the In-Network Provider Out-of-Pocket Maximum and cost sharing You incur for Covered Medical expenses that is applied to the In-Network Provider Out-of-Pocket Maximum will not be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum.	\$6,350	\$12,700
<b>Coinsurance</b> When Treatment is rendered at the Student Health Center, the Deductible and Copayments will be waived, and benefits will be paid at 100% for Covered Medical Expenses incurred	80% of the Negotiated Charge (NC)	60% of Usual & Customary (U&C) Rate
<b>Preventive Services</b> Immunizations required under Federal and State Law are paid at no charge to the Insured Person	100% of the (NC) for Covered Medical Expenses Deductible Waived	60% of (U&C) Rate after Deductible for Covered Medical Expenses The Deductible, Coinsurance, and any Copayment are applicable
<b>Physician's Office Visits including Specialists/Consultants</b>  <b>*Check below for additional copayments</b>	\$20 Copayment per visit then plan pays 100% of the (NC)  Deductible Waived	60% of (U&C) Rate after Deductible for Covered Medical Expenses
<b>Emergency Services</b> in an emergency department for Emergency Medical Conditions	\$150 Copayment per visit after Deductible then the plan pays 80% of	Paid the same as In-Network Provider subject to (U&C) Rate

	the (NC) for Covered Medical Expenses	
<b>Urgent Care</b> for non-life-threatening conditions	\$30 Copayment per visit after Deductible then the plan pays 100% of the (NC) for Covered Medical Expenses	\$30 Copayment per visit after Deductible then the plan pays 100% of the (U&C) rate for Covered Medical Expenses

## Schedule of Benefits

THE COVERED MEDICAL EXPENSE FOR AN ISSUED CERTIFICATE WILL BE:

1. THOSE LISTED IN THE COVERED MEDICAL EXPENSES PROVISION;
2. ACCORDING TO THE FOLLOWING SCHEDULE OF BENEFITS; AND
3. DETERMINED BY WHETHER THE SERVICE OR TREATMENT IS PROVIDED BY AN IN-NETWORK OR OUT-OF-NETWORK PROVIDER.
4. UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE WILL ALWAYS APPLY.
5. UNLESS SPECIFIED BELOW, ANY APPLICABLE COPAYMENTS ARE APPLIED AFTER DEDUCTIBLE IS MET
6. UNLESS OTHERWISE SPECIFIED BELOW, ANY DAY OR VISIT LIMITS WILL BE APPLIED TO IN-NETWORK AND OUT-OF-NETWORK COMBINED.

BENEFITS FOR COVERED INJURY/SICKNESS	IN-NETWORK	OUT-OF-NETWORK
<b>INPATIENT SERVICES</b>		
Hospital Care Includes Hospital Room and Board Expenses and Hospital Miscellaneous Expenses.  Subject to Semi-Private room rate unless intensive care unit is required.  Room and Board includes intensive care.  Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Preadmission Testing	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Physician's Visits while Confined	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Skilled Nursing Facility Benefit Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Inpatient Rehabilitation Facility Expense Benefit Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses

Registered Nurse Services for private duty nursing while Confined	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Physical Therapy while Confined (inpatient)	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
<b>MENTAL HEALTH DISORDER AND SUBSTANCE USE DISORDER BENEFITS</b>		
In accordance with the federal Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA), the cost sharing requirements, and any Pre-Authorization requirements that apply to a Mental Health Disorder and Substance Use Disorder will be no more restrictive than those that apply to medical and surgical benefits for any other Covered Sickness. Day or visit limits do not apply to Mental Health Disorder and Substance Use Disorder Benefits.		
<b>Inpatient Mental Health Disorder and Substance Use Disorder Benefits</b> Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
<b>Outpatient Mental Health Disorder and Substance Use Disorder Benefits</b>  Physician's Office Visits (For Treatment rendered at the Student Health Center/Infirmary, refer to the Student Health Center/Infirmary Expense Benefit section of this Schedule of Benefits for benefit information)  (All Other Outpatient Services does not include Emergency Services in an emergency department, Urgent Care Centers, and Emergency Ambulance Service and Prescription Drugs. Refer to the Emergency Services, Ambulance and Non-Emergency Services, and Prescription Drugs sections of this Schedule of Benefits for benefit information.)  Pre-Authorization may be required for certain All Other Outpatient Services. To see if Pre-Authorization is required, refer to the Pre-Authorization Requirement listing and specific benefit listed in this Schedule of Benefits	\$20 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived  80% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses  60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
<b>PROFESSIONAL AND OUTPATIENT SERVICES</b>		
<b><i>Surgical Expenses</i></b>		
Inpatient and Outpatient Surgery includes: Pre-Authorization Required for Surgery only.		

Surgeon Services Anesthetist Assistant Surgeon	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Outpatient Surgical Facility and Miscellaneous expenses for services & supplies, such as cost of operating room, therapeutic services, oxygen, oxygen tent, and blood & plasma	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Organ Transplant Surgery  travel and lodging expenses a maximum of \$2,000 per Policy Year or \$250 per day, whichever is less while at the transplant facility.  Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Reconstructive Surgery  Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
<b><i>Other Professional Services</i></b>		
Gender Affirming Services Benefit  Pre-Authorization Required for gender affirming surgery	Same as any other Mental Health Disorder	
Home Health Care Expenses Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Hospice Care Coverage	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
<b><i>Office Visits</i></b>		
Physician's Office Visits including Specialists/Consultants	\$20 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Telemedicine, Teledentistry, and Telehealth Services Benefit	Payable the same as any other Physician or Specialist Office Visit	
Telemedicine or Telehealth Services Musculoskeletal	\$0 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	
Allergy Testing and Treatment, including injections	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Chiropractic Care Benefit	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses

Chiropractic Care Benefit Maximum visits per Policy Year	35	35
Shots and Injections unless considered Preventive Services	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Tuberculosis screening (TB), Titers, Quantiferon B tests including shots (other than covered under Preventive Services)	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
<b>EMERGENCY SERVICES, AMBULANCE AND NON-EMERGENCY SERVICES</b>		
Emergency Services in an emergency department for Emergency Medical Conditions.	\$150 Copayment per visit after Deductible then the plan pays 80% of the Negotiated Charge for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Rate.
Urgent Care Centers for non-life-threatening conditions	\$30 Copayment per visit after Deductible then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	\$30 Copayment per visit after Deductible then the plan pays 100% of the Usual and Customary Rate for Covered Medical Expenses
Emergency Ambulance Service ground and/or air, water transportation	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	Paid the same as In-Network Provider subject to Usual and Customary Rate
Non-Emergency Ambulance Expenses ground and/or air (fixed wing) transportation  Pre-Authorization Required for non-emergency air Ambulance (fixed wing)	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	Ground Ambulance transportation: 60% of Usual and Customary Rate after Deductible for Covered Medical Expenses  Air Ambulance transportation: Paid the same as In-Network Provider subject to Usual and Customary Rate
<b>DIAGNOSTIC LABORATORY, RADIOLOGY, TESTING AND IMAGING SERVICES</b>		
Diagnostic Complex Imaging Services Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Diagnostic Laboratory Radiological Services and Testing (Outpatient) Pre-Authorization may be required. See Prior Authorization Requirements section listed at <a href="http://www.wellfleetstudent.com/providers/">www.wellfleetstudent.com/providers/</a>	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Chemotherapy and Radiation Therapy Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Infusion Therapy Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
<b>REHABILITATION AND HABILITATION THERAPIES</b>		
Cardiac Rehabilitation	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses

Pulmonary Rehabilitation	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Rehabilitation Therapy including Physical Therapy, and Occupational Therapy and Speech Therapy	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Rehabilitation Therapy Maximum Visits for each therapy per Policy Year for Physical Therapy, and Occupational Therapy and Speech Therapy	35	35
Habilitation Services including, Physical Therapy, and Occupational Therapy and Speech Therapy	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Habilitation Services Maximum Visits for each therapy per Policy Year for Physical Therapy, and Occupational Therapy and Speech Therapy	35	35
<b>OTHER SERVICES AND SUPPLIES</b>		
Covered Clinical Trials	Same as any other Covered Sickness	
Diabetic Services and Supplies (including equipment and training)  Refer to the Prescription Drug provision for diabetic supplies covered under the Prescription Drug benefit.	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Dialysis Treatment	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Durable Medical Equipment Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Enteral Formulas and Nutritional Supplements  See the Prescription Drug section of this Schedule when purchased at a pharmacy.	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Hearing Aids and Cochlear Implants Limited to 1 hearing aid per ear per 3-year period; and one cochlear implant in each ear with internal replacement as medically or audiology necessary	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Maternity Benefit	Same as any other Covered Sickness	
Prosthetic and Orthotic Devices Pre-Authorization Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses

Student Health Center/Infirmary Expense Benefit	100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	
Non-emergency Care While Traveling Outside of the United States	60% of Actual Charge after Deductible for Covered Medical Expenses Subject to \$10,000 maximum per Policy Year	
<b>PEDIATRIC DENTAL AND VISION CARE</b>		
Pediatric Dental Care Benefit (to the end of the month in which the Insured Person turns age 19)  Type A – Basic Services Preventive Dental Care Limited to 1 dental exam every 6 months  The benefit payable amount for the following services is different from the benefit payable amount for Preventive Dental Care:  Type B – Intermediate Services Type C – Major Services Type D: <ul style="list-style-type: none"><li>• Medically Necessary Orthodontic Services</li><li>• General Services</li></ul> Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	See the Dental Care Schedule of Benefits below and Pediatric Dental Care Benefits description for further information.  100% of Usual and Customary Rate for Covered Medical Expenses  50% of Usual and Customary Rate for Covered Medical Expenses 50% of Usual and Customary Rate for Covered Medical Expenses 50% of Usual and Customary Rate for Covered Medical Expenses 50% of Usual and Customary Rate for Covered Medical Expenses  Deductible Waived	
Pediatric Vision Care Benefit including low vision services (to the end of the month in which the Insured Person turns age 19)  Limited to 1 vision examination per Policy Year and 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year  Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	100% of Usual and Customary Rate after Deductible for Covered Medical Expenses	
<b>MISCELLANEOUS DENTAL SERVICES</b>		
Accidental Injury Dental Treatment	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	80% of Usual and Customary Rate after Deductible for Covered Medical Expenses

Sickness Dental Expense Benefit	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Treatment for Temporomandibular Joint (TMJ) Disorders	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses
Anesthesia and related facility charges for oral surgery and/or dental procedure	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	60% of Usual and Customary Rate after Deductible for Covered Medical Expenses

#### PRESCRIPTION DRUGS

##### **Prescription Drugs Retail Pharmacy**

No cost sharing applies to ACA Preventive Care medications filled at a participating network pharmacy.

When You get a Prescription Drug from a pharmacy, the pharmacy will only require You at that time to pay the lesser of (1) the applicable Copayment; (2) the allowable claim amount for the Prescription Drug; or the amount You would pay for the Prescription Drug if You purchased the drug without using health benefits or discounts. You may later have to pay additional cost sharing for these Prescription Drugs. For example, if You have not met Your Deductible, if applicable, You may owe additional cost sharing.

Your benefit is limited to a 30 day supply. Coverage for more than a 30 day supply only applies if the smallest package size exceeds a 30 day supply. See "Retail Pharmacy Supply Limits" section for more information.

TIER 1  (Including Enteral Formulas)  For each fill up to a 30 day supply filled at a Retail pharmacy   Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.  See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.	\$10 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$20 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 60 day supply filled at a Retail pharmacy	\$30 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Actual Charge for Covered Medical Expenses  Deductible Waived
TIER 2  (Including Enteral Formulas)  For each fill up to a 30 day supply filled at a Retail pharmacy	\$25 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	60% of Actual Charge for Covered Medical Expenses

Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions  See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.	Deductible Waived	Deductible Waived
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$50 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 60 day supply filled at a Retail pharmacy	\$75 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Actual Charge for Covered Medical Expenses  Deductible Waived
TIER 3 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail Pharmacy  Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.  See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.	\$50 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$100 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 60 day supply filled at a Retail pharmacy	\$150 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Actual Charge for Covered Medical Expenses  Deductible Waived
<b>Specialty Prescription Drugs</b>		
For each fill up to a 30 day supply.	\$50 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	60% of Actual Charge for Covered Medical Expenses

Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions	Deductible Waived	Deductible Waived
More than a 30 day supply but less than a 61 day supply	\$100 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Actual Charge for Covered Medical Expenses  Deductible Waived
More than a 60 day supply	\$150 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	60% of Actual Charge for Covered Medical Expenses  Deductible Waived
<b>Zero Cost Drugs</b>		
Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	100% of the Negotiated Charge for Covered Medical Expenses  Deductible Waived	100% of Actual Charge for Covered Medical Expenses  Deductible Waived
<b>Orally administered anti-cancer Prescription Drugs (including Specialty Drugs)</b>		
Benefit	If the cost share for the Prescription Drug's Tier is greater than the Chemotherapy Benefit or Infusion Therapy Benefit, the cost share will be calculated as follows:  Greater of: <ul style="list-style-type: none"><li>• Chemotherapy Benefit; or</li><li>• Infusion Therapy Benefit</li></ul>	
<b>Diabetic Supplies (for prescription supplies purchased at a pharmacy)</b>		
Benefit	Paid the same as any other Retail Pharmacy Prescription Drug Fill except, that the Insured Person's out-of-pocket costs for covered prescription insulin drugs will not exceed \$25 per 30-day supply regardless of the amount or type of insulin that is needed to fill the Insured Person's prescription.	
<b>MANDATED BENEFITS</b>		
Inpatient and Outpatient Treatment of Acquired Brain Injury	Same as any other Covered Sickness	
Cardiovascular Disease Testing Limited to 1 screening every 5 years	Same as any other Covered Sickness	
Limited to: Men age 45 and over but less than 76 and women age 55 and over but less than 76		
Cervical and Ovarian Cancer Screening	Same as any other Covered Sickness, unless considered a Preventive Service	
Colorectal Cancer Screening	Same as any other Covered Sickness, unless considered a Preventive Service	
Fertility Preservation Expense	Same as any other Covered Sickness	
Mammography and Other Breast Imaging	Same as any other Covered Sickness, unless considered a Preventive Service	

	Diagnostic imaging will be paid no less favorable than for a screening mammogram
Osteoporosis Detection and Prevention	Same as any other Covered Sickness unless considered a Preventive Service
Prostate Cancer Screening	Same as any other Covered Sickness, unless considered a Preventive Service

### Exclusions and Limitations

**Exclusion Disclaimer:** Any exclusion in conflict with the Patient Protection and Affordable Care Act or any state-imposed requirements will be administered to comply with the requirements of the federal or state guideline, whichever is more favorable to You.

The Certificate does not cover Loss nor provide benefits for any of the following, except as otherwise provided by the benefits of the Certificate and as shown in the Schedule of Benefits.

### General Exclusions

- **International Students Only** – Covered Medical Expenses received within Your Home Country or country of origin that are covered under Your governmental or national health plan .
- Treatment, service or supply which is not Medically Necessary for the diagnosis, care or Treatment of the Sickness or Injury involved. This applies even if they are prescribed, recommended or approved by the Student Health Center or by Your attending Physician or dentist.
- Medical services rendered by a provider employed for or contracted with the Policyholder, including team Physicians or trainers, except as specifically provided in the Schedule of Benefit or as part of the Student Health Center benefits provided by this plan.
- Professional services rendered by an Immediate Family Member or anyone who lives with You. This exclusion does not apply to dental services.
- Charges of an institution, health service or infirmary for whose services payment is not required in the absence of insurance or services covered by Student Health Fees.
- Any expenses in excess of Usual and Customary Rates except as provided in the Certificate.
- Treatment, services, supplies or facilities in a Hospital owned or operated by the Veterans Administration or a national government or any of its agencies, except when a charge is made which You are required to pay.
- Services that are duplicated when provided by both a certified Nurse midwife and a Physician.
- Expenses payable under any prior policy which was in force for the person making the claim.
- Loss resulting from war or any act of war, whether declared or not, or Loss sustained while in the armed forces of any country or international authority.
- Injury sustained as the result of Your operation of a motor vehicle while not properly licensed to do so in the jurisdiction in which the motor vehicle Accident takes place.
- Expenses covered under any Workers' Compensation, occupational benefits plan, mandatory automobile no-fault plan, public assistance program or government plan, except Medicaid.
- Expenses incurred after:
  - The date insurance terminates as to an Insured Person, except as specified in the extension of benefits provision; and
  - The end of the Policy Year specified in the Policy.
- Elective Surgery or Elective Treatment unless such coverage is otherwise specifically covered under the Certificate.
- You are:

- committing or attempting to commit a felony,
- engaged in an illegal occupation, or
- participating in a riot.
- Custodial Care service and supplies.
- Charges for hot or cold packs for personal use.
- Services of private duty Nurse except as provided in the Certificate.
- Expenses that are not recommended and approved by a Physician.
- Experimental or Investigational drugs, devices, Treatments or procedures.
- Routine harvesting and storage of stem cells from newborn cord blood, the purchase price of any organ or tissue, donor services if the recipient is not an Insured Person under this plan, or services for or related to the transplantation of animal, or transplant of organs obtained or performed outside the United States.
- Loss incurred as the result of riding as a passenger or otherwise (including skydiving) in a vehicle or device for aerial navigation, except as a fare paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route anywhere in the world.
- Non-chemical addictions.
- Outpatient non-physical, occupational, speech therapies (art, dance, etc.).
- Modifications made to dwellings.
- General fitness, exercise programs.
- Hypnosis.
- Rolfing.
- Biofeedback except for acquired brain related injury conditions.
- Sleep Disorders, except for the diagnosis and Treatment of obstructive sleep apnea including testing performed in a home or outpatient setting
- Charges incurred for acupuncture, in any form, except to the extent provided in the Schedule of Benefits.
- Routine foot care, including the paring or removing of corns and calluses, or trimming of nails, unless these services are determined to be Medically Necessary because of Injury, infection or disease.
- Expenses incurred for services and supplies provided in connection with gender affirming Treatment, including surgery

#### **Activities Related**

- Braces and appliances used as protective devices during a student's participation in sports. Replacement braces and appliances are not covered.
- Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any professional sport.
- Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any Intercollegiate or club sports for which benefits are paid under another Sports Accident policy issued to the Policyholder; or for which coverage is provided by the National Collegiate Athletic Association (NCAA), National Association of Intercollegiate Athletic (NAIA) or any other sports association.
- Racing or speed contests, skin diving or sky diving, mountaineering (where ropes or guides are customarily used), ultra-light aircraft, parasailing, sail planing, hang gliding, bungee jumping, travel in or on ATV's (all terrain or similar type vehicles).

#### **Weight Management/Reduction**

- Weight management. Weight reduction. Nutrition programs. This does not apply to nutritional counseling or any screening or assessment specifically provided under the Preventive Services benefit, or otherwise specifically covered under the Certificate.
- Treatment for obesity. Surgery for removal of excess skin or fat.

#### **Family Planning**

- Infertility Treatment (male or female)-this includes but is not limited to:
  - Procreative counseling;

- Premarital examinations;
- Genetic counseling and genetic testing;
- Impotence, organic or otherwise;
- Injectable infertility medication, including but not limited to menotropins, hCG and GnRH agonists;
- In vitro fertilization, gamete intrafallopian tube transfers or zygote intrafallopian tube transfers;
- Costs for an ovum donor or donor sperm;
- Sperm storage costs;
- Cryopreservation and storage of eggs or embryos;
- Ovulation induction and monitoring;
- Ovulation predictor kits;
- Reversal of tubal ligations;
- Reversal of vasectomies;
- Costs for and relating to surrogate motherhood if the individual is not an Insured Person under the Certificate;
- Cloning; or
- Medical and surgical procedures that are Experimental or Investigational, unless Our denial is overturned by an External Appeal Agent.
- Elective abortions.

#### **Vision**

- Expenses for radial keratotomy.
- Adult Vision unless specifically provided in the Certificate.
- Charges for duplicate spare eyeglasses, lenses or frames, non-prescription lenses or contact lenses that are for cosmetic purposes.

#### **Dental**

- Treatment to the teeth, including orthodontic braces and orthodontic appliances, unless otherwise covered under the Pediatric Dental Care Benefit.

#### **Hearing**

- Charges for hearing exams, hearing screening, except as specifically provided in the Certificate.

#### **Cosmetic**

- Treatment of Acne unless Medically Necessary.
- Charges for hair growth or removal unless otherwise specifically covered under the Certificate.
- Surgery or related services for cosmetic purposes to improve appearance, except to restore bodily function or correct deformity resulting from disease, or trauma.

#### **Prescription Drugs**

- Any drug or medicine which does not, by federal or state law, require a prescription order, i.e., over-the-counter drugs, even if a prescription is written, except as specifically provided under Preventive Services or in the Prescription Drug Benefit section of this Certificate. Insulin and OTC preventive medications required under ACA are exempt from this exclusion;
- Drugs with over-the-counter equivalents except as specifically provided under Preventive Services;
- Allergy sera and extracts administered via injection;
- Vitamins, and minerals, except as specifically provided under Preventive Services;
- Food supplements, dietary supplements; except as specifically provided in the Certificate;
- Cosmetic drugs or medicines including, but not limited to, products that improve the appearance of wrinkles or other skin blemishes;
- Refills in excess of the number specified or dispensed after 1 year of date of the prescription;
- Drugs labeled, "Caution – limited by federal law to Investigational use" or Experimental Drugs;
- Any drug or medicine purchased after coverage under the Certificate terminates;
- Any drug or medicine consumed or administered at the place where it is dispensed;

- If the FDA determines that the drug is: contraindicated for the Treatment of the condition for which the drug was prescribed; or Experimental for any reason;
- Prescription digital therapeutics;
- Bulk chemicals;
- Non-insulin syringes, surgical supplies, Durable Medical Equipment/medical devices, except as specifically provided in the Prescription Drug Benefit section of the Certificate;
- Repackaged products;
- Blood components except factors;
- Medical marijuana, cannabis, or other supplies and/or services rendered at a cannabis dispensary. This does not include synthetic pharmaceutical products approved by the FDA and included on the Formulary.
- Any drug or medicine for the purpose of weight control;
- Fertility drugs;
- Sexual enhancements drugs;
- Vision correction products.

## VALUE ADDED SERVICES

The following are not affiliated with Wellfleet Insurance Company and the services are not part of the Plan Underwritten by Wellfleet Insurance Company. These value-added options are provided by Wellfleet Student.

### 24/7 Nurseline

Students who enroll and maintain medical coverage in this insurance plan have free access to the 24/7 Nurseline by calling (800) 634-7629. This program provides:

- Phone-based, reliable health information in response to health concerns and questions; and
- Assistance in decisions on the appropriate level of care for an injury or sickness.

Appropriate care may include:

- Self-care at home
- An office or telehealth visit with a healthcare provider
- Or a visit to an urgent care center or the emergency room.

Calls are answered 24/7/365 by experienced registered nurses who have been specifically trained to handle telephone health inquiries.

This program is not a substitute for doctor visits or emergency response systems. The Nurseline does not answer health plan benefit questions. Health benefit questions should be referred to the Plan Administrator.

### Contracted Providers for Telemedicine/Telehealth

The right care when you need it most

Your Wellfleet health plan gives you access to virtual healthcare by phone, video, or app.

Teladoc gives you access to board-certified physicians for Mental Health (at no additional cost to you) services. Whether you are at school, home or traveling, Teladoc can diagnose and treat most minor medical conditions wherever and whenever you need treatment. [Refer to your schedule for cost share information for General Medical.

Register your account today and request a visit at <https://www.teladochealth.com/benefits/wellfleetstudent> or call (800)-Teladoc (835-2362).

Hinge Health gives you access to licensed physical therapists and health coaches for personalized musculoskeletal services including virtual physical therapy to help alleviate pain concerns.

Whether you are at school, home, or traveling, Hinge Health can assist in providing exercise therapy wherever and whenever you need treatment at no additional cost to you.

Register your account today and start your exercise therapy at <https://hinge.health/wellfleet>.



## 24/7 Telehealth Counseling for Mental Health

CareConnect is an integrated behavioral health program offering students easy access to licensed mental health clinicians 24/7/365 via telephone (888) 857-5462 and website access to expert mental health and emotional wellbeing resources.

The CareConnect hotline is available at **no additional cost to you**, and you also have free access to courses, articles, and short videos that support mental health and wellbeing by visiting <https://careconnect.mysupportportal.com/welcome>.