



**Aetna Student Health  
Plan Design and Benefits Summary**

**Preferred Provider Organization (PPO)**

**The Texas Tech University System**

**Policy Year: 2023 – 2024**

**Texas Tech University: 686161**

**Texas Tech HSC: 686174**

**Texas Tech HSC El Paso: 686175**

**Angelo State: 686176**



[ttusystem.myahpcare.com](http://ttusystem.myahpcare.com)  
Enrollment/Waiver

[www.aetnastudenthealth.com](http://www.aetnastudenthealth.com)  
(877) 480-4161  
Claims/Benefits

***Disclosure: These rates and benefits are pending approval by the Texas Department of Insurance and can change. If they change, we will update this information***



This is a brief description of the Student Health Plan. The plan is available for The Texas Tech University System students and their eligible dependents. The plan is insured by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com). If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

Eligibility requirements must be met each time premium is paid to continue coverage. The Company maintains the right to investigate student status and attendance records to verify that the Plan eligibility requirements have been met. If it is discovered that the Plan eligibility requirements have not been met, the Company's only obligation is to refund premium, less any claims paid.

### Coverage Dates and Rates

**Students:** Coverage for all insured students enrolled for coverage in the Plan for the following Coverage Periods. Coverage will become effective at 12:01 AM on the Coverage Start Date indicated below and will terminate at 11:59 PM on the Coverage End Date indicated.

**Eligible Dependents:** Coverage for dependents eligible under the Plan for the following Coverage Periods. Coverage will, will become effective at 12:01 AM on the Coverage Start Date indicated below, and will terminate at 11:59 PM on the Coverage End Date indicated below. Coverage for insured dependents terminates in accordance with the Termination Provisions described in the Certificate of Coverage.

#### Texas Tech Group 686161

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline
Fall	08/01/2023	12/31/2023	09/18/2023
Spring/Summer	01/01/2024	07/31/2024	02/19/2024
Summer	06/01/2024	07/31/2024	06/17/2024

#### Angelo State Group 686176

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment Deadline
Fall	08/15/2023	01/14/2024	10/01/2023
Spring/Summer	01/15/2024	08/14/2024	03/01/2024
Summer	05/14/2024	08/14/2024	07/01/2024
Summer II	06/24/2024	08/14/2024	07/01/2024

Angelo State requests for waivers are handled on Campus through Office of International Studies.

**Texas Tech HSC Group 686174**

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline
<b>New Fall</b>	08/01/2023	12/31/2023	10/04/2023
<b>Returning Fall</b>	09/01/2023	12/31/2023	10/04/2023
<b>Spring/Summer</b>	01/01/2024	08/31/2024	01/31/2024
<b>New Summer</b>	05/01/2024	08/31/2024	06/17/2024

**Texas Tech HSC El Paso Group 686175**

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline
<b>Fall July Start for Woody Hunt SOD, GSBS, GGHSON</b>	07/01/2023	12/31/2023	08/25/2023
<b>Fall July Start for Paul Foster SOM</b>	07/01/2023	12/31/2023	07/31/2023
<b>Fall August Start for GGHSON</b>	08/01/2023	12/31/2023	09/01/2023
<b>Spring/Summer</b>	01/01/2024	06/30/2024	01/10/2024 to Enroll 01/24/2024 to Waive

**Rates**

The rates below include both premiums for the Plan underwritten by Aetna Life Insurance Company (Aetna), as well as The Texas Tech University System administrative fee.

**Rates  
Texas Tech - Domestic**

	Fall	Spring/Summer	Summer
<b>Student</b>	\$1863	\$2593	\$743
<b>Spouse or Child</b>	\$1863	\$2593	\$743
<b>2 or more Children</b>	\$3726	\$5186	\$1486

**Rates  
Texas Tech - International**

	Fall	Spring/Summer	Summer
<b>Student</b>	\$1357	\$1889	\$541
<b>Spouse or Child</b>	\$1357	\$1889	\$541
<b>2 or more Children</b>	\$2714	\$3778	\$1082

**Rates**  
**Angelo State - Domestic and Health Professionals**

	<b>Fall</b>	<b>Spring/Summer</b>	<b>Summer</b>	<b>Summer II</b>
<b>Student</b>	\$1863	\$2593	\$1133	\$633
<b>Spouse or Child</b>	\$1863	\$2593	\$1133	\$633
<b>2 or more Children</b>	\$3726	\$5186	\$2266	\$1266

**Rates**  
**Angelo State - international**

	<b>Fall</b>	<b>Spring/Summer</b>	<b>Summer</b>	<b>Summer II</b>
<b>Student</b>	\$1357	\$1889	\$825	\$461
<b>Spouse or Child</b>	\$1357	\$1889	\$825	\$461
<b>2 or more Children</b>	\$2714	\$3778	\$1650	\$922

**Rates**  
**Texas Tech HSC**

	<b>Returning Fall</b>	<b>Fall</b>	<b>Spring/Summer</b>	<b>Summer</b>
<b>Student</b>	\$1082	\$1357	\$2164	\$1091
<b>Spouse or Child</b>	\$1082	\$1357	\$2164	\$1091
<b>2 or more Children</b>	\$2164	\$2714	\$4328	\$2182

**Rates**  
**Texas Tech HSC**  
**Distance Learner**

	<b>Fall</b>	<b>Fall (returning)</b>	<b>Spring/Summer</b>
<b>Student</b>	\$1863	\$1485	\$2971
<b>Spouse or Child</b>	\$1863	\$1485	\$2971
<b>2 or more Children</b>	\$3726	\$2970	\$5942

**Rates  
Texas Tech HSC  
El Paso**

	Fall (Continuing)	Fall (New)	Spring/Summer	Maymester
<b>Student</b>	\$1623	\$1357	\$1623	\$540
<b>Spouse or Child</b>	\$1623	\$1357	\$1623	\$540
<b>2 or more Children</b>	\$3246	\$2714	\$3246	\$1080

**Rates  
Texas Tech HSC El  
Paso  
Distance Learner**

	Fall	Spring/Summer
<b>Student</b>	\$2228	\$2228
<b>Spouse or Child</b>	\$2228	\$2228
<b>2 or more Children</b>	\$4456	\$4456

## Student Coverage

### Who is eligible?

#### Texas Tech University

All registered domestic undergraduate students enrolled in seven (7) or more credit hours, three (3) or more credit hours during the summer) and all registered domestic graduate students enrolled in four (4) or more credit hours (3 in summer), interns, fellows and students working on their dissertation or thesis are eligible to enroll in this insurance plan on a voluntary basis. All registered international students on non-immigrant visas enrolled in one (1) or more credit hours are required to purchase the Student Health Insurance plan, and are automatically enrolled in the plan, unless evidence of coverage is provided that meets the Texas Tech University international student requirements. Athletes can add sports coverage for an additional premium.

#### Texas Tech University Health Sciences Center

All Health Sciences Center students, including students at the Amarillo, Odessa, Midland, Dallas, Abilene and Lubbock campuses enrolled in seven (7) or more hours for undergraduates and four (4) or more hours for graduate students, are eligible to enroll. Medical students on internships or rotations are considered full-time students and eligible. Distance learners are also eligible to enroll.

All Health Sciences Center students required by TTUHSC OP 77.03 (International students) and OP 77.19 (all students, except 100% distance learners) to maintain insurance coverage while enrolled. The Student Health Insurance Plan will automatically be charged to a student's account, unless a waiver with comparable coverage is submitted online at [ttuhsc.myahpcare.com/waiver](https://ttuhsc.myahpcare.com/waiver) and approved. Waiver submissions are required the first semester and each fall semester as long as the insurance remains active.

## Texas Tech University Health Sciences Center El Paso

All TTU Health Sciences Center El Paso students are required to maintain insurance coverage and must be enrolled in the Plan unless comparable coverage is submitted online each semester. 100% distance learners enrolled in seven (7) or more hours for undergraduates and four (4) or more hours for graduate students are also eligible to enroll.

## Angelo State University

Domestic Undergraduate Students, Domestic Graduate Students, Interns, Fellows, and Students Working on Their Dissertation: All registered, domestic undergraduate students enrolled in seven (7) or more credit hours (three (3) or more credit hours during the summer); all registered, domestic graduate students enrolled in four (4) or more credit hours (three (3) or more credit hours during the summer); interns, fellows, and students working on their dissertation or thesis are eligible to enroll in this Student Health Insurance Plan on a voluntary basis. All Health Professional Students enrolled in one (1) or more credit hours must be enrolled in the Plan unless comparable coverage is furnished to the Nursing Department, Health and Human Services Building, Suite 318.

All registered international students on non-immigrant visas enrolled in one (1) or more credit hours are required to purchase the Student Health Insurance plan, and are automatically enrolled in the plan, unless acceptable waiver is submitted by the first day of classes each semester of attendance. Athletes can add sports coverage for an additional premium.

## Enrollment

To enroll online please go to, [ttusystem.myahpcare.com](https://ttusystem.myahpcare.com), find your campus and then click on Enrollment tab to enroll.

If you withdraw from school within the first 31 days of a coverage period, you will not be covered under the Policy and the full premium will be refunded, less any claims paid. After 31 days, you will be covered for the full period that you have paid the premium for, and no refund will be allowed. (This refund policy will not apply if you withdraw due to a covered Accident or Sickness.)

## Dependent Coverage

Covered students may also enroll their lawful spouse, domestic partner (same-sex, opposite sex), and dependent children up to the age of 26.

## Enrollment

To enroll the dependent(s) of a covered student, please visit [ttusystem.myahpcare.com](https://ttusystem.myahpcare.com) then click on Enrollment tab to enroll. Please refer to the Coverage Periods section of this document for coverage dates and deadline dates.

Dependent enrollment requests will not be accepted after the enrollment deadline, unless there is a significant life change that directly affects their insurance coverage. (An example of a significant life change would be loss of health coverage under another health plan.) The completed Enrollment Form and premium must be sent to Aetna StudentHealth.

### **Important note regarding coverage for a newborn child, or adopted child:**

- A newborn child - Your newborn child is covered on your health plan for the first 31 days from the moment of birth.
  - To keep your newborn covered, you must notify us (or our agent) of the birth and pay any required premium contribution during that 31-day period.
  - You must still enroll the child within 31 days of birth even when coverage does not require payment of an additional premium contribution for the newborn.
  - If you miss this deadline, your newborn will not have health benefits after the first 31 days.
  - If your coverage ends during this 31-day period, then your newborn's coverage will end on the same date as your coverage. This applies even if the 31-day period has not ended.
  
- An adopted child or a child legally placed with you for adoption - A child that you, or that you and your spouse or domestic partner adopts or is placed with you for adoption is covered on your plan for the first 31 days after you become party in a suit to adopt the child or the adoption or the placement is complete.
  - To keep your child covered, we must receive your completed enrollment information within 31 days after the adoption, after you become party in a suit to adopt the child, or after placement for adoption.
  - You must still enroll the child within 31 days of the adoption, you become party in a suit to adopt the child or placement for adoption even when coverage does not require payment of an additional premium contribution for the child.
  - If you miss this deadline, your adopted child, the child for whom you became a party in a suit to adopt, or the child placed with you for adoption will not have health benefits after the first 31 days.
  - If your coverage ends during this 31-day period, then coverage for your adopted child the child for whom you became a party in a suit to adopt, or the child placed with you for adoption will end on the same date as your coverage. This applies even if the 31-day period has not ended.
  
- A stepchild - You may put a child of your spouse [or domestic partner] on your plan.
  - You must complete your enrollment information and send it to us within 31 days after the date of your marriage or your Declaration of Domestic Partnership with your stepchild's parent.
  - Ask the policyholder when benefits for your stepchild will begin. It is either on the date of your marriage or the date your Declaration of Domestic Partnership is filed or the first day of the month following the date we receive your completed enrollment information.
  - To keep your stepchild covered, we must receive your completed enrollment information within 31 days after the date of your marriage or your Declaration of Domestic Partnership.
  - You must still enroll the stepchild within 31 days after the date of your marriage or your Declaration of Domestic Partnership even when coverage does not require payment of an additional premium contribution for the stepchild.
  - If you miss this deadline, your stepchild will not have health benefits after the first 31 days.
  - If your coverage ends during this 31-day period, then your stepchild's coverage will end on the same date as your coverage. This applies even if the 31-day period has not ended.

- Dependent coverage due to a court order: If you must provide coverage to a dependent because of a court order, your dependent is covered on your health plan for the first 31 days from the court order.
  - To keep your dependent covered, we must receive your completed enrollment information within 31 days of the court order.
  - You must still enroll the dependent within 31 days of the court order even when coverage does not require payment of an additional premium contribution for the dependent.
  - If you miss this deadline, your dependent will not have health benefits after the first 31 days.
  - If your coverage ends during this 31-day period, then your dependent's coverage will end on the same date as your coverage. This applies even if the 31-day period has not ended.

If you need information or have general questions on dependent enrollment, call Member Services at 877-480-4161.

### **Medicare Eligibility Notice**

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

### **Coordination of Benefits (COB)**

The Coordination of Benefits ("COB") provision applies when a person has health care coverage under more than one plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB).

The order of benefit determination rules tell you the order in which each plan will pay a claim for benefits. The plan that pays first is called the primary plan. The primary plan must pay benefits in accordance with its policy terms. Payment is made without regard to the possibility that another plan may cover some expenses. The plan that pays after the primary plan is the secondary plan. The secondary plan may reduce the benefits it pays so that payments from all plans do not exceed 100% of the total allowable expense.

For more information about the Coordination of Benefits provision, including determining which plan is primary and which is secondary, you may call the Member Services telephone number shown on your ID card. A complete description of the Coordination of Benefits provision is contained in the Policy issued to The Texas Tech University System and may be viewed online at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

### **Student Health Services**

The SHS is available to students only. At TTU Student Health Services (SHS): The deductible will be waived and covered services will be paid according to the negotiated fee schedule.

At TTU Health Services Center Pharmacy: Expenses are payable at 100% of the negotiated charge after a \$10 copay for each generic drug and \$30 copayment for each brand name drug. (Does not apply to Angelo State University).



## In-network Provider Network

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

## Preauthorization

You need pre-approval from us for some eligible health services. Pre-approval is also called preauthorization. Your in-network physician is responsible for obtaining any necessary preauthorization before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain preauthorization from us for any services and supplies on the preauthorization list. If you do not preauthorize when required, there is a **\$500** penalty for each type of eligible health service that was not preauthorized. For a current listing of the health services or prescription drugs that require preauthorization, contact Member Services or go to [www.aetna.com](http://www.aetna.com).

## Preauthorization call

Preauthorization should be secured within the timeframes specified below. To obtain preauthorization, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician or the facility will need to call and request preauthorization at least 3 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring preauthorization:	You or your physician must call at least 3 days before the outpatient care is provided, or the treatment or procedure is scheduled.

We will provide a written notification to you and your physician of the preauthorization decision, where required by state law. If your preauthorized services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

## Description of Benefits

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

This Plan will pay benefits in accordance with any applicable Texas Insurance Law(s).

<b>Policy year deductible</b>	<b>In-network coverage</b>	<b>Out-of-network coverage</b>
You have to meet your policy year deductible before this plan pays for benefits.		
Student	\$500 per policy year	\$1,000 per policy year
Spouse	\$500 per policy year	\$1,000 per policy year
Each Child	\$500 per policy year	\$1,000 per policy year
Family	\$1,500 per policy year	\$3,000 per policy year
<b>Policy Year Deductible Provisions</b>		
Eligible health services applied to the out-of-network policy year deductibles will not be applied to satisfy the in-network policy year deductibles. Eligible health services applied to the in-network policy year deductibles will not be applied to satisfy the out-of-network policy year deductibles.		
This is the amount you owe for in-network and out-of-network eligible health services each policy year before the plan begins to pay for eligible health services. See the <i>Policy year deductibles</i> provision at the beginning of this schedule for any exceptions to this general rule. This policy year deductible applies separately to you and each of your covered dependents. After the amount you pay for eligible health services reaches the policy year deductible, this plan will begin to pay for eligible health services for the rest of the policy year.		
<b>Family deductible</b>		
This is the amount you and your covered dependents owe for in-network and out-of-network eligible health services each policy year before the plan begins to pay for eligible health services. See the <i>Policy year deductibles</i> provision at the beginning of this schedule for any exceptions to this general rule. After the amount you and your covered dependents pay for eligible health services reaches this family policy year deductible, this plan will begin to pay for eligible health services that you and your covered dependents incur for the rest of the policy year.		
To satisfy this family policy year deductible limit for the rest of the policy year, the following must happen:		
<ul style="list-style-type: none"> <li>• The combined eligible health services that you and each of your covered dependents incur towards the individual policy year deductibles must reach this family policy year deductible limit in a policy year.</li> </ul>		
When this occurs in a policy year, the individual policy year deductibles for you and your covered dependents will be considered to be met for the rest of the policy year.		
<b>Policy year deductible waiver</b>		
<b>The policy year deductible is waived for all of the following eligible health services:</b>		
<ul style="list-style-type: none"> <li>• In-network care for Preventive care and wellness, physician and specialist office visit, consultant office visit, Walk-in clinic visit, outpatient mental health office visit, outpatient substance abuse office visit, urgent care, and Pediatric dental care services.</li> <li>• In-network and out-of-network care for Preventive Immunizations up to age 6, Hospital emergency room visit, and Outpatient prescription drugs.</li> </ul>		
<b>Maximum out-of-pocket limits</b>	<b>In-network coverage</b>	<b>Out-of-network coverage</b>
Student	\$7,900 per policy year	\$15,800 per policy year
Spouse	\$7,900 per policy year	\$15,800 per policy year
Each Child	\$7,900 per policy year	\$15,800 per policy year
Family	\$15,800 per policy year	\$31,600 per policy year

Eligible health services	In-network coverage	Out-of-network coverage
<b>Routine physical exams</b>		
Performed at a physician's office	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Covered persons through age 21: maximum age and visit limits per policy year	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents. For details, contact your physician or Member Services by logging in to your Aetna website at <a href="http://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a> or calling the toll-free number on your ID card.	
Covered persons age 22 and over: Maximum visits per policy year	1 visit	
<b>Preventive care immunizations</b>		
Performed in a facility or at a physician's office  No policy year deductible or copayment applies for children from birth through age 6	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Maximums	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents. For details, contact your physician or Member Services by logging onto your Aetna member website at <a href="http://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a> or calling the number on the back of your ID card.	
<p><b>The following is not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>Any immunization that is not considered to be preventive care or recommended as preventive care, such as those required due to employment or travel</li> </ul>		

Eligible health services	In-network coverage	Out-of-network coverage
<b>Routine gynecological exams (including Pap smears and cytology tests)</b>		
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Additional Well women exam maximums	Subject to any age limits provided for in the comprehensive guidelines supported by the Health Resources and Services Administration: <ul style="list-style-type: none"> <li>• Pap smear or screening using liquid based cytology methods: 1 Pap smear every 12 months for women age 18 and older</li> <li>• Gynecological exam that includes a rectovaginal pelvic exam: 1 exam every 12 months for women over age 25 who are at risk for ovarian cancer</li> <li>• Diagnostic exam for the early detection of ovarian cancer, cervical cancer, and the CA 125 blood test: 1 exam every 12 months for women age 18 and older.</li> </ul>	
Additional maximum visits per policy year	1 visit	
<b>Preventive screening and counseling services</b>		
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol & drugs, Tobacco Products, Depression Screening, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Obesity and/or healthy diet counseling - Maximum visits	Age 0-22: unlimited visits. Age 22 and older: 26 visits per 12 months, of which up to 10 visits may be used for healthy diet counseling.	
Misuse of alcohol and/or drugs counseling - Maximum visits per policy year	5 visits	
Use of tobacco products counseling - Maximum visits per policy year	8 visits	
Depression screening counseling - Maximum visits per policy year	1 visit	
Sexually transmitted infection counseling - Maximum visits per policy year	2 visits	
Genetic risk counseling for breast and ovarian cancer limitations	Not subject to any age or frequency limitations	

Eligible health services	In-network coverage	Out-of-network coverage
<b>Preventive screening and counseling services (continued)</b>		
Routine cancer screenings	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Mammogram Maximums	Mammogram: 1 mammogram every 12 months for covered persons age 35 and older. When diagnostic imaging is used to evaluate a breast abnormality or where there is a personal history of breast cancer or dense breast tissue it is not subject to any age or frequency limitations.  Prostate specific antigen (PSA) test maximums: 1 Prostate Specific Antigen (PSA) test every 12 months for covered persons age 50 and older. 1 PSA test every 12 months for covered persons age 40 and older with a family history of prostate cancer, or other risk factor.	
Additional Maximums	Subject to any age, family history, and frequency guidelines as set forth in the most current: <ul style="list-style-type: none"> <li>• Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and</li> <li>• The comprehensive guidelines supported by the Health Resources and Services Administration</li> </ul>	
Lung cancer screening maximum	1 screening every 12 months	
Prenatal care services (Preventive care services only)	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Lactation support and counseling services	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Lactation counseling services maximum visits per policy year either in a group or individual setting	6 visits	
Breast pump supplies and accessories	100% (of the negotiated charge) per item  No copayment or policy year deductible applies	50% (of the recognized charge) per item

Eligible health services	In-network coverage	Out-of-network coverage
<b>Family planning services – female contraceptives – counseling services</b>		
Contraceptive counseling services - office visit	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	50% (of the recognized charge) per visit
Contraceptive counseling services maximum visits per policy year either in a group or individual setting	2 visits	
Female contraceptive prescription drugs and devices provided, administered, or removed, by a provider during an office visit	100% (of the negotiated charge) per item  No copayment or policy year deductible applies	50% (of the recognized charge) per item
Female Voluntary sterilization - Inpatient provider services	100% (of the negotiated charge)  No copayment or policy year deductible applies	50% (of the recognized charge)
Female Voluntary sterilization - Outpatient provider services	100% (of the negotiated charge)  No copayment or policy year deductible applies	50% (of the recognized charge)
<b>The following are not covered under this benefit:</b>		
<ul style="list-style-type: none"> <li>• Services provided as a result of complications resulting from a female voluntary sterilization procedure and related follow-up care</li> <li>• Any contraceptive methods that are only "reviewed" by the FDA and not "approved" by the FDA</li> <li>• Male contraceptive methods, sterilization procedures or devices</li> </ul>		
<b>Physicians and other health professionals</b>		
Physician, specialist including Consultants Office visits (non-surgical/non-preventive care by a physician and specialist, includes telemedicine, teledentistry, or telehealth consultations)	\$50 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit  No policy year deductible applies	50% (of the recognized charge) per visit
<b>Allergy testing and treatment</b>		
Allergy testing performed at a physician's or specialist's office	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Allergy injections treatment performed at a physician's or specialist's office	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
<b>The following are not covered under this benefit:</b>		
<ul style="list-style-type: none"> <li>• Allergy sera and extracts administered via injection</li> </ul>		

Eligible health services	In-network coverage	Out-of-network coverage
<b>Physician and specialist surgical services</b>		
Inpatient surgery performed during your stay in a hospital or birthing center by a surgeon (includes anesthetist and surgical assistant expenses)	75% (of the negotiated charge)	50% (of the recognized charge)
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• The services of any other physician who helps the operating physician</li> <li>• A stay in a hospital (Hospital stays are covered in the <i>Eligible health services and exclusions – Hospital and other facility care</i> section)</li> <li>• Services of another physician for the administration of a local anesthetic</li> </ul>		
Outpatient surgery performed at a physician's or specialist's office or outpatient department of a hospital or surgery center by a surgeon (includes anesthetist and surgical assistant expenses)	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• The services of any other physician who helps the operating physician</li> <li>• A stay in a hospital (Hospital stays are covered in the <i>Eligible health services and exclusions – Hospital and other facility care</i> section)</li> <li>• A separate facility charge for surgery performed in a physician's office</li> <li>• Services of another physician for the administration of a local anesthetic</li> </ul>		
<b>Alternatives to physician office visits</b>		
Walk-in clinic visits (non-emergency visit)	\$50 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit  No policy year deductible applies	50% (of the recognized charge) per visit
<b>Hospital and other facility care</b>		
Inpatient hospital (room and board, including intensive care, and other miscellaneous services and supplies)  Includes birthing center facility charges	75% (of the negotiated charge) per admission	50% (of the recognized charge) per admission
Preadmission testing	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
In-hospital non-surgical physician services	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
<b>Alternatives to hospital stays</b>		
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• The services of any other physician who helps the operating physician</li> <li>• A stay in a hospital (See the <i>Hospital care – facility charges</i> benefit in this section)</li> <li>• A separate facility charge for surgery performed in a physician’s office</li> <li>• Services of another physician for the administration of a local anesthetic</li> </ul>		
Home Health Care	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Maximum visits per policy year	60 visits	
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• Services for infusion therapy</li> <li>• Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)</li> <li>• Transportation</li> <li>• Services or supplies provided to a minor or dependent adult when a family member or caregiver is not present</li> <li>• Homemaker or housekeeper services</li> <li>• Food or home delivered services</li> <li>• Maintenance therapy</li> </ul>		
Hospice - Inpatient	75% (of the negotiated charge) per admission	50% (of the recognized charge) per admission
Hospice - Outpatient	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• Funeral arrangements</li> <li>• Pastoral counseling</li> <li>• Respite care</li> <li>• Financial or legal counseling which includes estate planning and the drafting of a will</li> <li>• Homemaker or caretaker services that are services which are not solely related to your care and may include: <ul style="list-style-type: none"> <li>- Sitter or companion services for either you or other family members</li> <li>- Transportation</li> <li>- Maintenance of the house</li> </ul> </li> </ul>		
Skilled nursing facility - Inpatient	75% (of the negotiated charge) per admission	50% (of the recognized charge) per admission
Maximum days of confinement per policy year	25 days	



Eligible health services	In-network coverage	Out-of-network coverage
<b>Emergency services and urgent care</b>		
Hospital emergency room	\$200 copayment then the plan pays 75% (of the balance of the negotiated charge) per visit  No policy year deductible applies	Paid the same as in-network coverage
Non-emergency care in a hospital emergency room	Not covered	Not covered
<p><b>Important note:</b></p> <ul style="list-style-type: none"> <li>• As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card or call Member Services for an address at 1-877-480-4161 and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.</li> <li>• A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.</li> <li>• Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to other covered benefits under the plan cannot be applied to the hospital emergency room copayment/coinsurance.</li> <li>• Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the specific service given to you.</li> <li>• Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts that are different from the hospital emergency room copayment/coinsurance amounts.</li> </ul>		
<p><b>The following are not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>• Non-emergency services in a hospital emergency room facility, freestanding emergency medical care facility or comparable emergency facility</li> </ul>		
Urgent care	\$50 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit  No policy year deductible applies	50% (of the recognized charge) per visit
Non-urgent use of an urgent care provider	Not covered	Not covered
<p><b>The following is not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>• Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)</li> </ul>		

Eligible health services	In-network coverage	Out-of-network coverage
<b>Pediatric dental care (Limited to covered persons through the end of the month in which the person turns age 19)</b> <i>The payment or reimbursement for services rendered by a dentist of a non-contracting dental provider shall be reimbursed the same as a contracting dental provider</i>		
Type A services	100% (of the negotiated charge) per visit  No copayment or deductible applies	100% (of the recognized charge) per visit  No copayment or deductible applies
Type B services	50% (of the negotiated charge) per visit  No copayment or deductible applies	50% (of the recognized charge) per visit  No copayment or deductible applies
Type C services	50% (of the negotiated charge) per visit  No copayment or deductible applies	50% (of the recognized charge) per visit  No copayment or deductible applies
Orthodontic services	50% (of the negotiated charge) per visit  No copayment or deductible applies	50% (of the recognized charge) per visit  No copayment or deductible applies
Dental emergency services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<b>Pediatric dental care exclusions</b> <b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• Any instruction for diet, plaque control and oral hygiene</li> <li>• Asynchronous dental treatment</li> <li>• Cosmetic services and supplies including:               <ul style="list-style-type: none"> <li>- Plastic surgery, reconstructive surgery, cosmetic surgery, personalization or characterization of dentures or other services and supplies which improve, alter or enhance appearance</li> <li>- Augmentation and vestibuloplasty, and other substances to protect, clean, whiten, bleach or alter the appearance of teeth, whether or not for psychological or emotional reasons, except to the extent coverage is specifically provided in the <i>Eligible health services and exclusions</i> section</li> <li>- Facings on molar crowns and pontics will always be considered cosmetic</li> </ul> </li> <li>• Crown, inlays, onlays, and veneers unless:               <ul style="list-style-type: none"> <li>- It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material</li> <li>- The tooth is an abutment to a covered partial denture or fixed bridge</li> </ul> </li> <li>• Dental implants and braces (that are determined not to be medically necessary), mouth guards, and other devices to protect, replace or reposition teeth</li> </ul> <p><b><i>(continued on next page)</i></b></p>		

Eligible health services	In-network coverage	Out-of-network coverage
<p><b>Pediatric dental care exclusions (continued)</b>  <b>The following are not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>• Dentures, crowns, inlays, onlays, bridges, or other appliances or services used: <ul style="list-style-type: none"> <li>- For splinting</li> <li>- To alter vertical dimension</li> <li>- To restore occlusion</li> <li>- For correcting attrition, abrasion, abfraction or erosion</li> </ul> </li> <li>• Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the <i>Eligible health services and exclusions – Specific conditions</i> section</li> <li>• General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service</li> <li>• Mail order and at-home kits for orthodontic treatment</li> <li>• Orthodontic treatment except as covered above and in the <i>Pediatric dental care</i> section of the schedule of benefits</li> <li>• Pontics, crowns, cast or processed restorations made with high noble metals (gold)</li> <li>• Prescribed drugs, pre-medication or analgesia (nitrous oxide)</li> <li>• Replacement of a device or appliance that is lost, missing or stolen, and for the replacement of appliances that have been damaged due to abuse, misuse or neglect and for an extra set of dentures</li> <li>• Replacement of teeth beyond the normal complement of 32</li> <li>• Routine dental exams and other preventive services and supplies, except as specifically provided in the <i>Pediatric dental care</i> section of the schedule of benefits</li> <li>• Services and supplies: <ul style="list-style-type: none"> <li>- Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services</li> <li>- Provided for your personal comfort or convenience or the convenience of another person, including a provider</li> <li>- Provided in connection with treatment or care that is not covered under your policy</li> </ul> </li> <li>• Surgical removal of impacted wisdom teeth only for orthodontic reasons</li> <li>• Treatment by other than a dental provider that is legally qualified to furnish dental services or supplies</li> </ul>		
<b>Specific conditions</b>		
Diabetic services and supplies (including equipment and training)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Impacted wisdom teeth	75% (of the negotiated charge)	75% (of the recognized charge)

Eligible health services	In-network coverage	Out-of-network coverage
<b>Specific conditions (continued)</b>		
Accidental injury to sound natural teeth	75% (of the negotiated charge)	75% (of the recognized charge)
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• The care, filling, removal or replacement of teeth and treatment of diseases of the teeth</li> <li>• Dental services related to the gums</li> <li>• Apicoectomy (dental root resection)</li> <li>• Orthodontics</li> <li>• Root canal treatment</li> <li>• Soft tissue impactions</li> <li>• Bony impacted teeth</li> <li>• Alveolectomy</li> <li>• Augmentation and vestibuloplasty treatment of periodontal disease</li> <li>• False teeth</li> <li>• Prosthetic restoration of dental implants</li> <li>• Dental implants</li> </ul>		
Temporomandibular joint dysfunction (TMJ) and craniomandibular joint dysfunction (CMJ) treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• Dental implants</li> </ul>		
Oral and maxillofacial treatment (mouth, jaws, and teeth)	75% (of the negotiated charge) per visit	75% (of the recognized charge) per visit
Reconstructive surgery and supplies (includes reconstructive breast surgery)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Dermatology	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• Cosmetic treatment and procedures</li> </ul>		
Maternity care (includes delivery and postpartum care services in a hospital or birthing center)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Well newborn nursery care in a hospital or birthing center	75% (of the negotiated charge) No policy year deductible applies	75% (of the recognized charge) No policy year deductible applies
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• Any services and supplies related to births that take place in the home or in any other place not licensed to perform deliveries</li> </ul>		

Eligible health services	In-network coverage	Out-of-network coverage
<b>Family planning services – other</b>		
Voluntary sterilization for males - surgical services - Inpatient	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Voluntary sterilization for males - surgical services - Outpatient	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• Abortion except when the pregnancy places the woman’s life in serious danger or poses a serious risk of substantial impairment of a major bodily function</li> <li>• Reversal of voluntary sterilization procedures, including related follow-up care</li> <li>• Services provided as a result of complications resulting from a male voluntary sterilization procedure and related follow-up care</li> </ul>		
<b>Gender affirming treatment</b>		
Surgical, hormone replacement therapy, and counseling treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<b>The following are not eligible health services under this benefit:</b> <ul style="list-style-type: none"> <li>• Any treatment, surgery, service or supply that is not listed in the certificate as eligible health services</li> </ul>		
<b>Autism spectrum disorder</b>		
Autism spectrum disorder treatment, diagnosis and testing and Applied behavior analysis	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<b>Mental Health &amp; Substance Abuse Treatment</b>		
Inpatient hospital (room and board and other miscellaneous hospital services and supplies)	75% (of the negotiated charge) per admission	50% (of the recognized charge) per admission
Outpatient office visits (includes telemedicine or telehealth consultations)	\$50 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit  No policy year deductible applies	50% (of the recognized charge) per visit
Other outpatient treatment (includes Partial hospitalization and Intensive Outpatient Program)	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit

Eligible health services	In-network coverage Network IOE facility	In-network coverage Network Non-IOE facility	Out-of-network coverage Network Non-IOE facility and out-of-network facility
<b>Transplant services</b>			
Inpatient and outpatient transplant facility services	Covered according to the type of benefit and the place where the service is received.		
Inpatient and outpatient transplant physician and specialist services	Covered according to the type of benefit and the place where the service is received.		
<b>The following are not covered under this benefit:</b>			
<ul style="list-style-type: none"> <li>• Services and supplies furnished to a donor when the recipient is not a covered person</li> <li>• Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness</li> <li>• Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness</li> </ul>			

Eligible health services	In-network coverage	Out-of-network coverage
<b>Treatment of infertility</b>		
Basic infertility services - Inpatient and outpatient care	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<b>The following are not covered services under the infertility treatment benefit:</b>		
<ul style="list-style-type: none"> <li>• Injectable infertility medication, including but not limited to menotropins, hCG, and GnRH agonists.</li> <li>• All charges associated with: <ul style="list-style-type: none"> <li>- Surrogacy for you or the surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father</li> <li>- Cryopreservation (freezing) and storage of eggs, embryos, sperm, or reproductive tissue</li> <li>- Thawing of cryopreserved (frozen) eggs, sperm, or reproductive tissue</li> <li>- The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers</li> <li>- The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related</li> <li>- Obtaining sperm for ART services</li> <li>- Home ovulation prediction kits or home pregnancy tests</li> <li>- The purchase of donor embryos, donor oocytes, or donor sperm</li> <li>- Reversal of voluntary sterilizations, including follow-up care]</li> </ul> </li> <li>• Ovulation induction with menotropins, Intrauterine insemination and any related services, products or procedures</li> <li>• In vitro fertilization (IVF), Zygote intrafallopian transfer (ZIFT), Gamete intrafallopian transfer (GIFT), Cryopreserved embryo transfers and any related services, products or procedures (such as Intracytoplasmic sperm injection (ICSI) or ovum microsurgery)</li> </ul>		

Eligible health services	In-network coverage	Out-of-network coverage
<b>Specific therapies and tests</b>		
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Diagnostic follow-up care related to newborn hearing screening	75% (of the negotiated charge) per visit  No policy year deductible applies	50% (of the recognized charge) per visit  No policy year deductible applies
Cardiovascular disease testing	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Maximum visits	1 screening every 5 years Limited to: Men age 45 and over but less than 76 and women age 55 and over but less than 76	
Outpatient Chemotherapy, Radiation & Respiratory Therapy	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Outpatient infusion therapy performed in a covered person's home, physician's office, outpatient department of a hospital or other facility	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<b>The following are not covered under this benefit:</b> <ul style="list-style-type: none"> <li>• Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan</li> <li>• Enteral nutrition</li> <li>• Blood transfusions and blood products</li> <li>• Dialysis</li> </ul>		
Oral anti-cancer prescription drugs	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)  Combined for short-term rehabilitation services and habilitation therapy services	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
<b>Specific therapies and tests (continued)</b>		
Chiropractic services	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Maximum visits per policy year	35 visits	
Specialty prescription drugs purchased and injected or infused by your provider in an outpatient setting	Covered according to the type of benefit or the place where the service is received.	Covered according to the type of benefit or the place where the service is received.
<b>Other services and supplies</b>		
Alzheimer's disease	Covered according to the type of benefit or the place where the service is received.	Covered according to the type of benefit or the place where the service is received.
Emergency ground, air, and water ambulance (includes non-emergency ambulance)	75% (of the negotiated charge) per trip	Paid the same as in-network coverage
<b>The following are not covered under this benefit:</b>		
• Ambulance services for routine transportation to receive outpatient or inpatient care		
Durable medical and surgical equipment	75% (of the negotiated charge) per item	50% (of the recognized charge) per item
<b>The following are not covered under this benefit:</b>		
<ul style="list-style-type: none"> <li>• Whirlpools</li> <li>• Portable whirlpool pumps</li> <li>• Sauna baths</li> <li>• Massage devices</li> <li>• Over bed tables</li> <li>• Elevators</li> <li>• Communication aids</li> <li>• Vision aids</li> <li>• Telephone alert systems</li> <li>• Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician</li> </ul>		
Nutritional support	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<b>The following are not covered under this benefit:</b>		
• Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition, except as described above		
Osteoporosis (non-preventive care) Physician's or specialist's office visits	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received



Eligible health services	In-network coverage	Out-of-network coverage
<b>Other services and supplies (continued)</b>		
Prosthetic Devices & Orthotics Includes Cranial prosthetics ( <i>Medical wigs</i> )	75% (of the negotiated charge) per item	50% (of the recognized charge) per item
<p><b>The following are not covered under Prosthetics benefit:</b></p> <ul style="list-style-type: none"> <li>• Services covered under any other benefit</li> <li>• Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace</li> <li>• Trusses, corsets, and other support items</li> <li>• Repair and replacement due to loss, misuse, abuse or theft</li> <li>• Communication aids</li> <li>• Cochlear implants</li> </ul> <p><b>The following are not covered services under Orthotics benefit:</b></p> <ul style="list-style-type: none"> <li>• Services covered under any other benefit</li> <li>• Repair and replacement due to loss, misuse, abuse or theft</li> </ul>		
Podiatric (foot care) treatment - Physician and specialist non-routine foot care treatment	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<p><b>The following are not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>• Services and supplies for: <ul style="list-style-type: none"> <li>- The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches</li> <li>- The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes</li> <li>- Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies except for complications of diabetes. See the <i>Diabetic services and supplies (including equipment and training)</i> section.</li> <li>- Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet</li> </ul> </li> </ul>		
Clinical trial (routine patient costs)	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
<p><b>The following are not covered under this benefit:</b></p> <ul style="list-style-type: none"> <li>• Services and supplies related to data collection and record-keeping that is solely needed due to the clinical trial (i.e. protocol-induced costs)</li> <li>• Services and supplies provided by the trial sponsor without charge to you</li> <li>• The experimental intervention itself (except medically necessary Category B investigational devices and promising experimental and investigational interventions for terminal illnesses in certain clinical trials in accordance with Aetna's claim policies)</li> </ul>		

Eligible health services	In-network coverage	Out-of-network coverage
<b>Hearing aids and cochlear implants and related services</b>		
Hearing aids and cochlear implants and related services	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Hearing aid maximum	One per ear every three years	
Replacement of cochlear implant external speech processor and controller components maximum	One per ear every three years	
<b>The following are not covered under this benefit:</b>		
<ul style="list-style-type: none"> <li>• A replacement of: <ul style="list-style-type: none"> <li>- A hearing aid that is lost, stolen or broken</li> <li>- A hearing aid installed within the prior 36-month period</li> </ul> </li> <li>• Replacement parts or repairs for a hearing aid</li> <li>• Batteries or cords</li> <li>• A hearing aid that does not meet the specifications prescribed for correction of hearing loss</li> <li>• Any ear or hearing exam performed by a physician who is not certified as an otolaryngologist or otologist or other provider not acting within the scope of their license</li> </ul>		
Hearing exams	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Hearing exam maximum	1 hearing exam every policy year	
<b>The following are not covered under this benefit:</b>		
<ul style="list-style-type: none"> <li>• Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital stay</li> </ul>		
<b>Pediatric vision care</b>		
<b>(Limited to covered persons through the end of the month in which the person turns age 19)</b>		
Pediatric routine vision exams (including refraction) performed by a legally qualified ophthalmologist, optometrist or therapeutic optometrist, or any other providers acting within the scope of their license	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Includes comprehensive low vision evaluations	No policy year deductible applies	
Includes visit for fitting of contact lenses		
Maximum visits per policy year	1 visit	
Low vision Maximum	One comprehensive low vision evaluation every policy year	
Fitting of contact Maximum	1 visit	

Eligible health services	In-network coverage	Out-of-network coverage
<b>Pediatric vision care (continued)</b> <b>(Limited to covered persons through the end of the month in which the person turns age 19)</b>		
Pediatric vision care services & supplies- Eyeglass frames, prescription lenses or prescription contact lenses	100% (of the negotiated charge) per item  No policy year deductible applies	50% (of the recognized charge) per item
Maximum number Per year: Eyeglass frames  Prescription lenses  Contact lenses (includes non-conventional prescription contact lenses & aphakic lenses prescribed after cataract surgery)	One set of eyeglass frames  One pair of prescription lenses  Daily disposables: up to 3-month supply Extended wear disposable: up to 6-month supply Non-disposable lenses: one set	
Optical devices	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Maximum number of optical devices per policy year	One optical device	
* <b>Important note:</b> Refer to the Vision care section in the certificate of coverage for the explanation of these vision care supplies. As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both.		
<b>The following are not covered under this benefit:</b>		
• Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes		
<b>Adult vision care - Limited to covered persons age 19 and over</b>		
Adult routine vision exams (including refraction) performed by a legally qualified ophthalmologist, optometrist or therapeutic optometrist, or any other providers acting within the scope of their license  Includes fitting of prescription contact lenses	75% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Maximum visits per policy year	1 visit	

Eligible health services	In-network coverage	Out-of-network coverage
<b>Adult vision care - Limited to covered persons age 19 and over (continued)</b>		
Eyeglass frames, prescription lenses or prescription contact lenses	75% (of the negotiated charge) per item	50% (of the recognized charge) per item
Maximum number per policy year: Eyeglass frames Prescription lenses	One set of eyeglass frames One pair of prescription lenses	
<p><b>The following are not covered under this benefit:</b></p> <p>Adult vision care</p> <ul style="list-style-type: none"> <li>• Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes</li> </ul> <p>Adult vision care services and supplies</p> <ul style="list-style-type: none"> <li>• Special supplies such as non-prescription sunglasses</li> <li>• Special vision procedures, such as orthoptics or vision therapy</li> <li>• Eye exams during your stay in a hospital or other facility for health care</li> <li>• Eye exams for contact lenses or their fitting</li> <li>• Eyeglasses or duplicate or spare eyeglasses or lenses or frames</li> <li>• Replacement of lenses or frames that are lost or stolen or broken</li> <li>• Acuity tests</li> <li>• Eye surgery for the correction of vision, including radial keratotomy, LASIK and similar procedures</li> <li>• Services to treat errors of refraction</li> </ul>		

<b>Outpatient prescription drugs</b>
<b>Outpatient prescription drug copayment waiver for risk reducing breast cancer</b>
The outpatient prescription drug prescription copayment will not apply to risk reducing breast cancer prescription drugs when obtained at a in-network pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.
<b>Outpatient prescription drug copayment waiver for tobacco cessation prescription and over-the-counter drugs</b>
The outpatient prescription drug prescription drug copayment will not apply to the first two 90-day treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.
Any prescription drug copayment will apply after those two regimens per policy year have been exhausted.

## Outpatient prescription drug copayment waiver for contraceptives

The prescription drug copayment will not apply to female contraceptive methods when obtained at a in-network pharmacy.

This means that such contraceptive methods are paid at 100% for:

- Certain over-the-counter (OTC) and generic contraceptive prescription drugs and devices for each of the methods identified by the FDA. Related services and supplies needed to administer covered devices will also be paid at 100%.
- If a generic prescription drug or device is not available for a certain method, you may obtain certain brand-name prescription drug or device for that method paid at 100%.

The outpatient prescription drug copayment continue to apply to prescription drugs that have a generic equivalent, biosimilar or generic alternative available within the same therapeutic drug class obtained at a in-network pharmacy unless you are granted a medical exception. The certificate of coverage explains how to get a medical exception.

Eligible health services	In-network coverage	Out-of-network coverage
<b>Preferred generic prescription drugs</b>		
For each fill up to a 30-day supply filled at a retail pharmacy	\$15 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)  No policy year deductible applies	\$15 copayment per supply then the plan pays 60% (of the recognized charge)  No policy year deductible applies
More than a 30-day supply but less than a 90-day supply filled at a mail order pharmacy	\$45 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)  No policy year deductible applies	\$45 copayment per supply then the plan pays 60% (of the recognized charge)  No policy year deductible applies
<b>Preferred brand-name prescription drugs</b>		
For each fill up to a 30-day supply filled at a retail pharmacy	\$50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)  No policy year deductible applies	\$50 copayment per supply then the plan pays 60% (of the recognized charge)  No policy year deductible applies
More than a 30-day supply but less than a 90-day supply filled at a mail order pharmacy	\$135 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)  No policy year deductible applies	\$135 copayment per supply then the plan pays 60% (of the recognized charge)  No policy year deductible applies

Eligible health services	In-network coverage	Out-of-network coverage
<b>Outpatient prescription drugs (continued)</b>		
<b>Non-preferred generic prescription drugs</b>		
For each fill up to a 30-day supply filled at a retail pharmacy	\$65 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)  No policy year deductible applies	\$65 copayment per supply then the plan pays 60% (of the recognized charge)  No policy year deductible applies
More than a 30-day supply but less than a 90-day supply filled at a mail order pharmacy	\$180 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)  No policy year deductible applies	\$180 copayment per supply then the plan pays 60% (of the recognized charge)  No policy year deductible applies
<b>Non-preferred brand-name prescription drugs</b>		
For each fill up to a 30-day supply filled at a retail pharmacy	\$65 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)  No policy year deductible applies	\$65 copayment per supply then the plan pays 60% (of the recognized charge)  No policy year deductible applies
More than a 30-day supply but less than a 90-day supply filled at a mail order pharmacy	\$180 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)  No policy year deductible applies	\$180 copayment per supply then the plan pays 60% (of the recognized charge)  No policy year deductible applies
<b>Specialty drugs</b>		
For each fill up to a 30-day supply filled at a retail pharmacy	\$150 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)  No policy year deductible applies	\$150 copayment per supply then the plan pays 60% (of the recognized charge)  No policy year deductible applies
<b>Diabetic insulin</b>		
30-day supply at retail pharmacy	Paid according to the type of drug per the schedule of benefits above	Paid according to the type of drug per the schedule of benefits above
90-day supply at mail order pharmacy	Paid according to the type of drug per the schedule of benefits above	Paid according to the type of drug per the schedule of benefits above
<b>Important note:</b> Your cost share will not exceed \$25.00 per 30-day supply of a covered prescription insulin drug filled at a network pharmacy. No deductible applies for insulin.		
<b>Important note:</b> When an emergency refill of diabetes supplies is provided, the emergency refill of insulin may not exceed a 30-day supply. The quantity of an emergency refill of insulin-related equipment or supplies may not exceed the lesser of a 30-day supply or the smallest available package.		

Eligible health services	In-network coverage	Out-of-network coverage
<b>Outpatient prescription drugs (continued)</b>		
Orally administered anti-cancer prescription drugs  For each fill up to a 30-day supply filled at a retail pharmacy	100% (of the negotiated charge per prescription or refill  No copayment or policy year deductible applies	100% (of the recognized charge)  No policy year deductible applies
Preventive care drugs and supplements filled at a retail pharmacy  For each 30-day supply	100% (of the negotiated charge per prescription or refill  No copayment or policy year deductible applies	Paid according to the type of drug per the schedule of benefits, above
Maximums	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact Member Services by logging onto your Aetna website at <a href="http://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a> or calling the toll-free number on the back of your ID card.	
Risk reducing breast cancer prescription drugs filled at a pharmacy  For each 30-day supply	100% (of the negotiated charge per prescription or refill  No copayment or policy year deductible applies	Paid according to the type of drug per the schedule of benefits, above
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact Member Services by logging onto your Aetna website at <a href="http://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a> or calling the toll-free number on the back of your ID card.	
Tobacco cessation prescription drugs and OTC drugs filled at a pharmacy  For each 30-day supply	100% (of the negotiated charge per prescription or refill  No copayment or policy year deductible applies	Paid according to the type of drug per the schedule of benefits, above
Maximums:	Coverage is permitted for two 90-day treatment regimens only. Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered tobacco cessation prescription drugs and OTC drugs, contact Member Services by logging onto your Aetna website at <a href="http://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a> or calling the toll-free number on the back of your ID card.	

Eligible health services	In-network coverage	Out-of-network coverage
<b>Outpatient prescription drugs (continued)</b>		
<b>Contraceptives (birth control)</b>		
For each fill up to a 30-day supply of generic and OTC drugs and devices filled at a retail or mail order pharmacy	100% (of the negotiated charge)  No policy year deductible applies	100% (of the recognized charge)  No policy year deductible applies
For each fill up to a 30-day supply of brand name prescription drugs and devices filled at a retail or mail order pharmacy	Paid according to the type of drug per the schedule of benefits, above	Paid according to the type of drug per the schedule of benefits, above

**Outpatient prescription drugs exclusions**

**The following are not covered under the outpatient prescription drugs benefit:**

- Abortion drugs
- Allergy sera and extracts administered via injection
- Any services related to the dispensing, injecting or application of a drug
- Biological sera unless specified on the preferred drug guide
- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered
- Dietary supplements including medical foods
- Drugs or medications
  - Administered or entirely consumed at the time and place it is prescribed or provided
  - Which do not, by federal or state law, require a prescription order (i.e. over-the-counter (OTC) drugs), even if a prescription is written except as specifically provided above
  - That are therapeutically equivalent or therapeutically alternative to a covered prescription drug (unless a medical exception is approved)
  - Not approved by the FDA or not proven safe or effective
  - Provided under your medical plan while an inpatient of a healthcare facility
  - Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee
  - That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
  - For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)
  - That are used to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
  - That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
  - That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our preauthorization and clinical policies
- Duplicative drug therapy (e.g. two antihistamine drugs)

***(continued on next page)***



## **Outpatient prescription drugs exclusions (continued)**

### **The following are not covered under the outpatient prescription drugs benefit:**

- Genetic care
  - Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects
- Immunizations related to travel or work
- Immunization or immunological agents except as specifically stated in the schedule of benefits or the certificate
- Implantable drugs and associated devices except as specifically provided above
- Infertility
  - Injectable prescription drugs used primarily for the treatment of infertility
- Injectables
  - Any charges for the administration or injection of prescription drugs or injectable insulin and other injectable drugs covered by us except as described in the Diabetic services and supplies (including equipment and training) section.
  - Needles and syringes, except for those used for insulin administration.
  - Any drug which, due to its characteristics as determined by us, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
  - That are ordered by a dentist or prescribed by an oral surgeon in relation to the removal of teeth, or prescription drugs for the treatment of a dental condition.
  - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the preferred drug guide.
  - That are being used or abused in a manner that is determined to be furthering an addiction to a habit-forming substance, or drugs obtained for use by anyone other than the person identified on the ID card.
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- Tobacco cessation drugs, unless recommended by the United States Preventive Services Task Force (USPSTF)
- We reserve the right to exclude:
  - A manufacturer's product when the same or similar drug (that is, a drug with the same active ingredient or same therapeutic effect), supply or equipment is on the preferred drug guide
  - Any dosage or form of a drug when the same drug is available in a different dosage or form on our preferred drug guide

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug.

The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-authorization Department* at [1-855-240-0535], faxing the request to [1-877-269-9916], or submitting the request in writing to:

CVS Health

ATTN: Aetna PA

1300 E Campbell Road

Richardson, TX 75081

## General Exclusions

### Abortion

- Abortion except when the pregnancy places the woman's life in serious danger or at serious risk of substantial impairment of a major bodily function

### Acupuncture

- Acupuncture
- Acupressure

### Air or space travel

- Traveling in, on or descending from any aircraft, including a hang glider, while the aircraft is in flight. This includes descending by a parachute, wingsuit or any other similar device.

This exclusion does not apply if:

- You are traveling solely as a fare-paying passenger
- You are traveling on a licensed, commercial, regularly scheduled non-military aircraft
- You are traveling solely in a civil aircraft with a current valid "Standard Federal Aviation Agency Airworthiness Certificate" and:
  - The civil aircraft is piloted by a person with a current valid pilot's certificate with proper ratings for the type of flight and aircraft involved
  - You are as a passenger with no duties at all on an aircraft used only to carry passengers or you are a pilot or a part of the flight crew on an aircraft owned or leased by the policyholder performing duties for the policyholder

### Alternative health care

- Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faith-healing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

### **Behavioral health treatment**

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) of the American Psychiatric Association:
  - Stay in a facility for treatment for dementias and amnesia without a behavioral disturbance that necessitates mental health treatment
  - School and/or education service including special education, remedial education, wilderness treatment programs, or any such related or similar programs
  - Services provided in conjunction with school, vocation, work or recreational activities
  - Transportation
  - Sexual deviations and disorders, except for gender identity disorders, as described in the *Eligible health services and exclusions* section
  - Tobacco use disorders except as described in the *Eligible health services and exclusions – Preventive care and wellness* section

### **Beyond legal authority**

- Services and supplies provided by a health professional or other provider that is acting beyond the scope of its legal authority

### **Blood, blood plasma, synthetic blood, blood derivatives or substitutes**

Examples of these are:

- The provision of blood to the hospital, other than blood derived clotting factors
- The services of blood donors, apheresis or plasmapheresis
- For allogenic and autologous blood donations, only administration and processing expenses are covered

### **Clinical trial therapies (experimental or investigational)**

- Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the *Eligible health services and exclusions - Clinical trial therapies (experimental or investigational)* section

### **Cornea or cartilage transplants**

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

### **Cosmetic services and plastic surgery**

- Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible. (Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.)
- Coverage that may be provided under the *Eligible health services and exclusions - Gender affirming treatment* section.

### **Court-ordered testing**

- Court-ordered testing or care unless medically necessary

## **Custodial care**

Services and supplies meant to help you with activities of daily living or other personal needs.

Examples of these are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care, adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training
- For behavioral health (mental health treatment and substance related disorders treatment):
  - Services provided when you have reached the greatest level of function expected with the current level of care, for a specific diagnosis
  - Services given mainly to:
    - o Maintain, not improve, a level of function
    - o Provide a place free from conditions that could make your physical or mental state worse

## **Dental care for adults**

- Dental services for adults including services related to:
  - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
  - Dental services related to the gums
  - Apicoectomy (dental root resection)
  - Orthodontics
  - Root canal treatment
  - Soft tissue impactions
  - Alveolectomy
  - Augmentation and vestibuloplasty treatment of periodontal disease
  - False teeth
  - Prosthetic restoration of dental implants
  - Dental implants

This exception does not include removal of completely bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

## **Educational services**

Examples of these services are:

- Any service or supply for education, training or retraining services or testing, except where described in the *Eligible health services and exclusions – Diabetic services and supplies (including equipment and training)* section. This includes:
  - Special education
  - Remedial education
  - Wilderness treatment programs (whether or not the program is part of a residential treatment facility or otherwise licensed institution)
  - Job training
  - Job hardening programs
- Educational services, schooling or any such related or similar program, including therapeutic programs within a school setting.

## **Examinations**

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

## **Experimental or investigational**

- Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions – Other services* section.

## **Facility charges**

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities, except if you have an acquired brain injury. See the *Specific therapies and tests* section
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

## **Felony**

- Services and supplies that you receive as a result of an injury due to your commission of a felony

## **Gene-based, cellular and other innovative therapies (GCIT)**

The following are not eligible health services unless you receive prior written approval from us:

- GCIT services received at a facility or with a provider that is not a GCIT-designated facility/provider.
- All associated services when GCIT services are not covered. Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the *Medical necessity and preauthorization requirements* section.

**Genetic care**

- Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects

**Growth/Height care**

- A treatment, device, drug, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures, devices and growth hormones to stimulate growth

**Incidental surgeries**

- Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

**Jaw joint disorder**

- Non-surgical treatment of jaw joint disorders
- Jaw joint disorder treatment performed by prosthesis placed directly on the teeth, surgical and non-surgical medical and dental services, and diagnostic or therapeutics services related to jaw joint disorders including associated myofascial pain

This exclusion does not apply to covered benefits for treatment of TMJ and CMJ as described in the *Eligible health services and exclusions – Temporomandibular joint dysfunction (TMJ) and craniomandibular joint dysfunction (CMJ) treatment* section.

**Judgment or settlement**

- Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

**Maintenance care**

- Care made up of services and supplies that maintain, rather than improve, a level of physical or mental function, except for habilitation therapy services. See the *Eligible health services and exclusions – Habilitation therapy services* and *Services for children with developmental delays* sections

**Medical supplies – outpatient disposable**

- Any outpatient disposable supply or device. Examples of these are:
  - Sheaths
  - Bags
  - Elastic garments
  - Support hose
  - Bandages
  - Bedpans
  - Syringes, except for treatment of diabetes
  - Blood or urine testing supplies, except for treatment of diabetes
  - Other home test kits
  - Splints
  - Neck braces
  - Compresses
  - Other devices not intended for reuse by another patient

**Medicare**

- Services and supplies available under Medicare, if you are enrolled in Medicare Part B, or if you are not enrolled in Medicare Part B because you refused it, dropped it, or did not make a proper request for it

**Non-U.S. citizen**

- Services and supplies received by a covered person (who is not a United States citizen) within the covered person's home country but only if the home country has a socialized medicine program, except for emergency services

**Obesity (bariatric) surgery and services**

- Weight management treatment or drugs intended to decrease or increase body weight, control weight or treat obesity, including morbid obesity except as described in the *Eligible health services and exclusions – Preventive care and wellness* section, including preventive services for obesity screening and weight management interventions. This is regardless of the existence of other medical conditions. Examples of these are:
  - Liposuction, banding, gastric stapling, gastric by-pass and other forms of bariatric surgery
  - Surgical procedures, medical treatments and weight control/loss programs primarily intended to treat, or are related to the treatment of obesity, including morbid obesity
  - Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
  - Hypnosis or other forms of therapy
  - Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

**Other primary payer**

- Payment for a portion of the charge that Medicare or another party is responsible for as the primary payer

**Outpatient prescription or non-prescription drugs and medicines**

- Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder
- Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan

**Personal care, comfort or convenience items**

- Any service or supply primarily for your convenience and personal comfort or that of a third party

**Private duty nursing outpatient****Riot**

- Services and supplies that you receive from providers as a result of an injury from your "participation in a riot". This means when you take part in a riot in any way such as inciting, or conspiring to incite, the riot. It does not include actions that you take in self-defense as long as they are not against people who are trying to restore law and order.

**Routine exams**

- Routine physical exams, routine eye exams, routine dental exams, routine hearing exams and other preventive services and supplies, except as specifically provided in the *Eligible health services and exclusions* section

### **School health services**

- Services and supplies normally provided by the policyholder's:
  - School health services
  - Infirmary
  - Hospital
  - Pharmacy or

by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

the policyholder.

### **Services provided by a family member**

- Services provided by a spouse, domestic partner, parent, child, stepchild, brother, sister, in-law or any household member, except for when that family member is a dentist who is licensed in the State of Texas to provide the dental service rendered.

### **Sexual dysfunction and enhancement**

- Any treatment, prescription drug, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
  - Surgery, prescription drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
  - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services
- Not eligible for coverage are prescription drugs in 60-day supplies

### **Sinus surgery**

- Any services or supplies given by providers for sinus surgery except for acute purulent sinusitis

### **Specialty prescription drugs**

- Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug benefit

### **Sports**

- Any services or supplies given by providers as a result from play or practice of collegiate or intercollegiate sports, not including intercollegiate club sports and intramurals

### **Strength and performance**

- Services, devices and supplies such as drugs or preparations designed primarily for enhancing your:
  - Strength
  - Physical condition
  - Endurance
  - Physical performance



### **Students in mental health field**

- Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field

### **Telemedicine, teledentistry or telehealth**

- Services given when you are not present at the same time as the provider
- Services including:
  - Telephone calls
  - Telemedicine kiosks
  - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

### **Therapies and tests**

- Full body CT scans
- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

### **Tobacco cessation**

- Any treatment, drug, service or supply to stop or reduce smoking or the use of other tobacco products or to treat or reduce nicotine addiction, dependence or cravings, including, medications, nicotine patches and gum unless recommended by the United States Preventive Services Task Force (USPSTF). This also includes:
  - Counseling, except as specifically provided in the *Eligible health services and exclusions – Preventive care and wellness* section
  - Hypnosis and other therapies
  - Medications, except as specifically provided in the *Eligible health services and exclusions – Outpatient prescription drugs* section
  - Nicotine patches
  - Gum

### **Treatment in a federal, state, or governmental entity**

- Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

### **Wilderness treatment programs**

See *Educational services* within this section

### **Work related illness or injuries**

- Coverage available to you under worker's compensation or under a similar program under local, state or federal law for any illness or injury related to employment or self-employment.
- A source of coverage or reimbursement will be considered available to you even if you waived your right to payment from that source. You may also be covered under a workers' compensation law or similar law. If you submit proof that you are not covered for a particular illness or injury under such law, then that illness or injury will be considered "non-occupational" regardless of cause.

## In case of a medical emergency

When you experience an emergency medical condition, you should go to the nearest emergency room. You can also dial 911 or your local emergency response service for medical and ambulance assistance. If possible, call your physician but only if a delay will not harm your health.

## After-hours care — available 24/7

Call your doctor when you have medical questions or concerns. Your doctor should have an answering service if you call after the office closes. You can also go to an urgent care center, which may have limited hours. To find a center near you, log in at <https://myaetna.com> and search our list of doctors and other health care providers. Check your plan documents to see how much you must pay for urgent care services.

## Out-of-area services and benefits

You may not have access to an in-network provider when you are traveling outside of the plan's service area. If you must receive medically necessary services or supplies when traveling outside of the plan's service area, we will reimburse you as shown in the table below.

Type of provider	Your cost share
<b>In-network provider</b>	<ul style="list-style-type: none"><li>You pay the copayment/coinsurance.</li></ul>
<b>Out-of-network provider</b>	<ul style="list-style-type: none"><li>You pay the pharmacy directly for the cost of the prescription. Then you fill out and send a prescription drug refund form to us, including all itemized pharmacy receipts.</li><li>Submission of a claim doesn't guarantee payment. If your claim is approved, you will be reimbursed the cost of your prescription less your copayment/coinsurance.</li></ul>

## Keeping a provider you go to now (continuity of care)

You may have to find a new provider when:

- You join the plan and the provider you have now is not in the network
- You are already covered under another Aetna plan and your provider stops being in our network

However, in some cases, you may be able to keep going to your current provider to complete a treatment or to have treatment that was already scheduled. This is called continuity of care.

	<b>If you are a new enrollee and your provider is an out-of-network provider</b>	<b>If you are a current enrollee and your provider stops participation with Aetna</b>
Request for approval	You need to complete a [Transition Coverage Request] form and send it to us. You can get this form by contacting [Member Services] at the toll-free number on the back of your ID card.	You or your provider should call Aetna for approval to continue any care.
Length of transitional period	Care will continue during a transitional period, usually 90 days, but this may vary based on your condition.	Care will continue during a transitional period, usually 90 days, this date is based on the date the provider terminated their participation with Aetna.

<b>If you have a terminal illness and your provider stops participation with Aetna</b>	
Request for approval	Your provider should call us for approval to continue any care. You can call Member Services at the toll-free number on the back of your ID card for information on continuity of care.
Length of transitional period	Care will continue during a transitional period for up to nine (9) months. This date is based on the date the provider terminated their participation with Aetna.
How claim is paid	Your claim will be paid at not less than the negotiated charge during the transitional period.

<b>If you are pregnant and have entered your second trimester and your provider stops participation with Aetna</b>	
Request for approval	Your provider should call us for approval to continue any care. You can call [Member Services] at the toll-free number on the back of your ID card for information on continuity of care.
Length of transitional period	Care will continue during a transitional period through delivery, including the time required for postpartum care directly related to the delivery. This includes a post-delivery checkup within six weeks.
How claim is paid	Your claim will be paid at not less than the negotiated charge during the transitional period.

We will authorize coverage for the transitional period only if the provider agrees to our usual terms and conditions for contracting providers.

### **Complaints and Appeals**

If you are dissatisfied with the service you receive from the Plan or you want to complain about a preferred care provider, you may call the Member Services telephone number shown on your ID card or write to Aetna at:

Aetna Life Insurance Company  
 Appeals Resolution Team  
 PO Box 14464  
 Lexington, KY 40512

The complaint must include a detailed description of the matter and include copies of any records or documents that you think are relevant to the matter. You may submit an appeal if Aetna gives notice of an adverse benefit determination. A final adverse benefit determination notice may also provide an option to request an External Review (if available).

For more information about the Complaints and Appeals Procedure or External Review processes, you may call the Member Services telephone number shown on your ID card. A complete description of the Complaints and Appeals Procedure and External Review processes are contained in the Master Policy/Certificate of Coverage issued to The Texas Tech University System and may be viewed online at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

## Directory

The list of in-network providers, which includes complete descriptions of the providers' networks and a disclosure of which PPOs will not accept new patients for your plan appears at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com) under the DocFind® label. When searching DocFind®, you need to make sure that you are searching for providers that participate in your specific plan. In-network providers may only be considered for certain Aetna plans. When searching for in-network dental providers, you need to make sure you are searching under Pediatric Dental plan. Upon your request, we will send you a non-electronic version of the directory at no cost to you. Please contact us at 1-877-480-4161 or call the Member Services number on the back of your ID card, or write to us at:

Aetna, Student Health  
151 Farmington Avenue  
Hartford, CT 06156

## Aetna service areas

The approximate number of students and their dependents insureds in Aetna's service area for Dallas, Austin, Houston and additional areas is 15,606. The numbers of available providers in Aetna's service area for the following provider areas are indicated below:

Service Area	Provider Type: Hospital Based Provider s- Anesthesiology, Neonatology, Pathology, Radiology	Provider Type: Psychiatry	Provider Type: General Practice, Family Practice and Internal Medicine	Provider Type: Specialty- General Surgery	Provider Type: Specialty- Obstetrics & Gynecology	Provider Type: Pediatric PCPs	Provider Type: Specialty (All other Specialists)	Provider Type: Emergency Medicine
Abernathy								
Abilene	5276	91	6346	96	2520	2028	197	1
Addison	31059	10	812		23		47	
Adkins								
Alamo			42			22		
Alamo Heights							1	
Albany			11					1
Aledo			34			23	4	
Alfred								
Alice	201	11	57	14	23	56	21	
Allen	71109	91	3647	43	1211	1517	133	676
Alpine	5		68	17	13	22	10	
Alton			27		1	25		

Alvarado			2					
Alvin	22	101	195		1	15	36	
Alvord			1					
Amarillo	180198	92	18193	2122	2524	3046	329	253
Anahuac	6		12					
Andrews	1		9	2	1		9	
Angleton	30	14	4	1	7	2	49	
Anson	2		2	1			1	
Apple Springs								
Aransas Pass		1	3			14	4	
Anna	1						15	
Aquilla		3						
Argyle	7	7	3			1	13	1
Arlington	1131	29	112	24	47	40	557	124
Aspermont	2		1				1	
Atascocita	1		1			3	4	
Athens	49	1	18	2	4	2	66	
Atlanta	2		4			2	14	1
Aubrey	16		4				14	
Austin	475	146	434	116	288	154	2560	331
Azle	275	4	10	2		1	19	69
Baird			1		5			
Balch Springs			1			1	2	
Ballinger			2				2	
Bandera	1		7			1	10	
Bartonville			2					
Bastrop	7	2	14	1	2	5	73	
Bay City	4	2	9	3	3	3	26	
Baytown	80	10	44	11	10	13	180	1
Beaumont	186	27	47	13	18	18	225	2
Bedford	52	19	30	11	13	8	136	68
Bedias								
Bee Cave	23		7			1	22	
Bee Caves	1		1				9	1
Beeville	45	1	5	1	2	4	14	1
Bellaire	35	2	25	12	12	11	174	
Bellmead			2			1		
Bells			1					
Bellville	2		2	1		1	11	75
Belton		4	23			4	15	16

Benbrook			2				9	
Bertram			1					
Big Sandy								
Big Lake								
Big Spring		5	7	2	2	3	31	
Big Wells								
Blanco			1	1			8	1
Bluff Dale								
Boerne	37	3	31	8	10	15	154	
Bogata			1					
Bonham	37		6	1		4	10	1
Booker								
Borger	4	1	5	2	1	2	13	
Bowie	4		6				5	
Boyd			2					1
Brady			3				8	
Bracketville				1			2	
Brazoria			1					
Breckenridge	2		2		1		6	
Bremond			1			1		
Brenham	30		18	5	9	6	68	20
Bridge City			4					
Bridgeport			2	2			6	
Brookshire							1	
Brookeland			3					
Brownfield	8		4				4	
Brownsville	10	2	52	20	31	31	177	2
Brownwood	3		16	2	15	3	37	
Bryan	107	7	61	5	5	7	129	111
Buda	18		7	5	5	2	34	19
Buffalo			2				2	
Bullard			1					
Bulverde			1			7	9	
Burkburnett			3				1	
Burleson	81	6	24	5	8	8	120	12
Burnet	1	1	2	1	2	1	29	31
Caldwell	2		3				2	98
Cameron	2		3	1		1	16	1
Canadian			5					
Canton		2	15				15	33

Canutillo			1				2	
Canyon			6	1		3	10	
Canyon Lake	1		3				1	
Carrizo Springs	24		2	1	1	1	3	3
Carrollton	70	16	43	16	3	16	193	128
Carthage	7		10	2	3		20	
Castle Hills			1					
Castroville			15	1		2	31	1
Cedar Hill	15		12	1	2	5	50	
Cedar Park	36	4	35	9	20	30	278	128
Celina			2			1	15	1
Center		1	4		1		17	
Center Point								
Centerville			1					
Chandler			2					
Channelview			3				3	
Chappell Hill								
Cherokee								
Chico							1	
Childress	1		8	1			5	
China			1				1	
China Spring			1					
Cibola								
Cisco			2				2	
Clarendon			2					
Clarksville			1	1			1	1
Claude			1					
Clean Lake Shores								
Cibolo						3	5	
Cleburne	181	1	18	2	4	1	48	67
Cleveland	30	1	12	1	2	3	34	
Clifton	2	1	14	3			5	
Clint						1		
Clute							2	
Clyde			2					1
Coldspring			1					
Coleman	2		3	1			4	
College Sta							2	
College	115	3	65	14	35	21	249	65

Station								
Colleyville	4	2	28	2	2	2	42	
Colorado City			2	1			3	
Columbus	3		6	2	9	1	24	2
Comanche			8	1	1		5	
Comfort			3	1			23	
Commerce	1		2				1	
Conroe	76	6	68	17	11	14	317	113
Converse	1		2			1	3	
Cooper								
Coppell	1	1	13		1	12	36	3
Copperas Cove			9				11	
Corinth			4	1		2	14	
Corp Christi	1	4	5			2	6	1
Corpus Christi	120	28	95	20	48	64	390	2
Corsicana	38	2	8	2	3	1	55	5
Cottonwood								
Cotulla			2					
Crandall						2	1	
Crane			1					
Crockett	16		4	1			30	1
Crosby			2				5	1
Crosbyton						1		
Cross Plains								
Crossroad s		9	3		3		8	
Crowell			1					
Crowley			8				3	
Crystal Beach			2					
Crystal City			2					
Cuero	6		9	1			21	
Cypress	101	2	54	18	18	45	323	15
Daingerfield			3					
Dalhart	6		7	4			11	1
Dallas	3739	168	548	338	424	117	5666	597
Dayton			2		1	2	6	
Dell City						1		
De Kalb								1



De Leon			1				1	
Decatur	38	1	19	8	4	2	79	1
Deer Park		2	5		3	2	9	
De Soto							1	
Del Rio	7	2	7	7	5	2	54	
Del Valle		1	3			1		
Denison	48		15	5	4	7	115	
Denton	116	12	44	19	17	15	327	324
Denver City	24		2	1	1		2	
Deport								
DeSoto	3	5	11	2	1	3	62	1
Devine			3		1		3	
Dickinson	24	1	6	1	6	2	33	1
Dilley			1					
Dimmitt			4					
Donna			10			5	1	
Double Oak			1					
Douglass								
Dripping Springs	3	2	7	1	2	9	46	
Dublin			1				1	
Dumas	2		7	1	1		10	2
Duncanville	25	1	3	1	2	2	34	
Eagle Lake	3	1	5	1	1		4	1
Eagle Pass			10	3	2	3	59	
Early			1		1		8	
East Bernard			2	1			2	
Eastland	2		3				4	
Edcouch			2					
Eden			1					
Edgewood			2			1		1
Edinburg	20	7	44	13	26	30	207	8
Edna	3		2	2		1	8	
Egypt		3						
El Campo	23		8	1	1		25	8
El Paso	718	89	212	56	140	101	987	716
Eldorado			1				1	
Electra			3					
Elgin		4	1	1	2	1	10	1
Elkhart			2					

Elsa			2		1	3	1	
Emory		1	1				3	
Encino							1	
Ennis	4	3	10	2		3	20	1
Euless	4	5	16		11	2	29	1
Everman								
Fabens			2					
Fairfield			2				7	
Fairview							1	
Fair oaks								
Falfurrias			4			1	13	
Farmers Branch			9	1			7	1
Farmersville			2				1	
Flint							7	
Fate								
Ferris			3					
Flatonia			1					
Flint	2		3					3
Floresville	1	1	7	1	1	2	27	1
Flower Mound	13	5	32	9	18	12	177	15
Floydada			1					
Forest Hill			1					
Forney		1	6	1	1	5	28	2
Fort Davis			1					
Fort Hancock			1					
Fort Sam Houston							1	
Fort Stockton	3	1	7	1	1		3	
Fort Worth	2961	43	290	111	113	124	1595	576
Franklin			1					
Frankston			3					
Fredericksburg	114	2	20	6	7	3	88	1
Freeport		2						
Freer								
Fresno								
Friendswood	4	13	19	2	5	7	73	3
Friona			1				1	
Frisco	854	25	98	34	53	50	601	51

Ft Worth					1		3	
Fulshear			2	1	1	5	5	
Gainesville	12		6	7	4	3	44	1
Galena Park	2				1	1		
Galveston	25	8	1	2	1	58	336	2
Ganado			1					
Garden Ridge								
Garland	64	2	45	9	5	24	173	1
Gatesville	4	1	9	3		1	25	1
George West			1					
Georgetown	10	12	45	6	17	10	179	3
Giddings			3			1	3	
Gilmer			5				10	
Gladewater			1					
Glen Rose	31		5	2	2		7	
Godley							2	
Goldthwaite			1				2	
Goliad			4				1	
Gonzales	1		9	2	5	1	23	31
Goodrich								
Gordon								
Gorman			1					
Graham	32		7	3			11	3
Granbury	167		21	4	3	4	93	16
Grand Prairie	26		47	1	18	5	67	8
Grand Saline			1					
Grandview			1					
Granger			1					
Grapevine	326	16	17	19	37	5	249	226
Greenville	34	29	15	2	3	5	88	67
Groesbeck	5		2	1			10	
Groves			2				3	
Groveton			1					
Gun Barrel City			11			1	52	
Hale Center			2					
Hallettsville	7		5	3			27	4
Hallsville				1			1	
Haltom City		2	3		5	1	4	2
Hamilton	1		6	1			6	

Hamlin	2		2					
Harker Heights	1	1	4	2	21	5	52	85
HARKER HTS					1			
Harlingen	33	12	51	8	18	13	151	99
Haskell	2		1					
Haslet			1		1	6	4	
Hawkins			1					
Hearne			1					
Heath	8		4			2	5	
Hebbronville			2		1	1	1	
Helotes			1		1	8	14	
Hemphill			1				2	
Hempstead			5				1	
Henderson	44		9	1	3	1	54	
Henrietta	42		3					
Hereford	1		5	1	2		6	
Hewitt			4			1		
Hickory Creek			2				7	
Hico		4	2					
Highland Village			6			6	17	
Hidalgo								1
Highlands			2					
Hillsboro			6	5			20	
Hitchcock								
Hondo	1		6	1			34	
Honey Grove			2					
Horizon City			1		3	3	1	
Horseshoe Bay			3				7	
Houston	3177	239	1098	441	732	518	7950	1410
Hubbard							1	
Hughes Springs								
Huffman							1	
Humble	37		57	12	9	20	319	37
Hunt		1	1					
Huntington			1					
Huntsville	8		31	4	7	7	81	110
Hurst	453	3	11	3	1	6	102	2

Hutto			5			5	12	1
Idalou								
Ingleside			2					
Iowa Park			2				1	
Iraan			1					
Irving	281	7	90	21	75	29	405	294
Italy								
Jacksboro	2		2					1
Jacksonville	60		12	5	4	4	96	55
Jasper	1	1	6	1		2	18	
Jayton								
Jefferson			1				3	
Jersey Village		1	2		2	1	3	
Joaquin			1					
Johnson City			1	1			5	
Joshua	2		3				4	
Jourdanton	28		1	2	3		43	1
Junction			4					
Justin			4				1	1
Karnes City			1		1	2		
Katy	298	7	83	24	30	68	480	39
Kaufman	171		7	3		2	18	64
Keene			1					
Keller	18	3	32	6	7	9	118	2
Kemah		1					3	
Kemp								
Kenedy			4				2	
Kennedale								
Kermit			1					1
Kerrville	19	1	25	4	5	1	119	25
Kilgore	2		5			2	15	
Killeen	280	11	28	11	12	16	156	93
Kingsland			5				1	
Kingsville	2		8	2	3	2	11	1
Kingwood	118	6	30	10	25	11	272	1
Kirbyville			2					
Knox City			1					1
Kountze			1					
Krugerville								
Krum								

Kyle	41		19	5	14	12	127	132
La Feria			4				1	
La Grange	2		6	5	8	2	42	2
La Joya			3			1	6	
La Marque		8	5			1	7	
La Mesa						1		
La Porte			5			2	10	
La Vernia			2		1		14	1
Lacy Lakeview			2			1		
Lago Vista			1				3	
Laguna Vista			1					
Lake Dallas	2						3	
Lake Jackson	48	2	16	4	3	3	82	1/
Lake Worth		1	3			3	5	
Lake hills			1					
Lakeway	34	9	14	8	14	2	146	12
Lamesa			5	1			3	1
Lampasas			2	1	1	1	16	1
Lancaster	91		3	5			11	2
Lantana							1	
Laredo	21	3	56	13	30	18	154	5
Lavon								
League City	166	2	17	1	3	4	234	2
Leander		4	10			5	28	
Leonard								
Levelland			9	2		2	5	
Lewisville	74	1	29	9	13	8	144	62
Lexington			9			1		
Liberty	18	1	5				11	1
Liberty Hill		2	1				3	
Lindale	1		9	1		2	11	4
Linden	9		1				2	
Little Elm			6			3	11	1
Littlefield	19		2				1	
Live Oak	11	1	9	9	1	5	92	
Livingston	27	1	17	3	3	3	62	11
Llano	2		4	2	1	2	23	
Lockhart		1	5		1	2	24	3
Lockney			4					
Lone Star			1					

Longview	393	1	48	9	31	17	289	66
Los Fresnos						1	1	
Lubbock	154	12	113	51	37	45	462	19
Lucas						2		
Lufkin	33	2	38	3	8	5	125	1
Luling	14		3	1	2	2	11	56
Lumberton		1	3	1			4	1
Lytle			1				4	
Mabank			2				2	
Madisonville	1		6				2	
Magnolia	8	2	11			2	27	
Malakoff			1					
Manchaca								
Manor		2	5		1	1	12	
Mansfield	312	3	36	19	33	12	236	27
Manvel		3	1				1	
Marathon								
Marble Falls	65		18	7	20	4	159	9
Marfa			2					
Marlin	8		2			1	5	1
Marshall	132		11	2	1	4	48	4
Mart			1					
Mason			2				3	
Mc Dade							2	
Mathis			1			3		
Mc Camey			1					
Mc Gregor			2	1				
Mc Kinney	1						31	
McAllen	1	1	64	30	28	38	290	17
McKinney	33	2	71	20	19	24	388	265
Meadow-lakes	456	36						
Medina								
Melissa			2			1	6	
Memphis			1					
Menard			1					
Mercedes			7	1	2	5	3	
Meridian							4	
Merkel			1					
Mesquite	3	1	40	7	14	29	185	3
Mexia	10		4	1		1	10	

Midland	1	8	40	10	20	17	142	6
Midlothian	11		23	5	6	5	39	1
Millsap								
Mineola		2	5				7	
Mineral Wells	14		6	2	2	1	28	
Mission	7		34	4	5	1	70	
Missouri City	1	5	22	1	2	13	52	3
Monahans	8		4	1			4	1
Mont Belvieu			2				1	
Montgomery	1	1	7			4	29	35
Moody								
Morton								
Moulton								
Mountain Home								
Mt. Enterprise								
Mt Pleasant	1							
Mt. Pleasant	40	1	5	3	4	10	74	1
Mt. Vernon			1				1	
Muenster	37		2	1	1		2	3
Muleshoe			1					
Munday			1					
Murphy	17		9	1		7	9	1
N Richland Hls							3	
Nacogdoches	29	2	24	9	17	6	97	
Naples			1					
Nassau Bay	4		1	1	1	1	9	
Navasota	36	1	18		1	1	1	117
Nederland	14	1	15		3	3	34	
Needville			3					
New Boston			2			3	6	1
New Braunfels	32	2	38	9	23	28	236	2
New Caney			4				5	
Newton			1			1		
Nixon								
Nocona	7		3					
Normangee			11			1		



North Richland Hills	401	2	17	4	5	3	109	34
Northlake			5				1	
Odessa	111	3	56	12	32	11	157	2
Odonnell			2			2	2	
Olney	5		4					
Olton								
Onalaska			1					
Orange	2	1	10	1		2	13	
Orange Grove								
Ore City								
Overton	1		2					
Ovilla	3		1					
Ozona			2					
Paducah								
Palacios	3		2					
Palestine	17	3	13	3	3	2	55	1
Palmhurst			1			2		
Palmview			1			3		
Pampa	2	2	5	1	2	1	15	
Panhandle								
Pantego							1	
Paris	5	3	16	3	7	2	93	28
Pasadena	126	10	57	12	14	28	284	145
Pearland	43	17	61	15	31	33	353	247
Pearsall	4	1	5	1	1		20	1
Pecos			1	2	6		9	
Penitas			1			5		
Perryton	3		8				2	
Pflugerville	58	2	25	7	9	5	65	26
Pharr		2	15		1	16	8	1
Pinehurst							1	
Pilot Point			1					
Pineland								
Pipe Creek								
Pittsburg	15		7		1	1	20	
Plains								
Plainview	9	1	10	2	1	2	12	1
Plano	2094	58	186	67	72	69	1397	583
Pleasanton			8		1	1	10	

Port Aransas		1	1					
Port Arthur	64	3	15	3	4	4	65	
Port Isabel						1		
Port Lavaca	20		5	3	1	2	15	
Port Neches			2	1			5	
Porter	2	3	12	1	1	3	8	
Portland		2	7			5	7	
Post			2			1		
Poteet								
Poth								
Pottsboro			1					
Premont								
Presidio			4		1			
Princeton					1		2	
Prosper	3	1	10	3	1	1	54	
Providence Village							1	
Quanah			3					
Quinlan			1				1	
Quitman	17		8	2		1	34	
Ranger	3		1					
Rancho Viejo								
Raymondville			6	1		3	2	
Red Oak	12		7		7	1	12	
Refugio			2				2	
Rhome			1					
Richardson	326	21	75	9	14	22	242	4
Richland Hills		1	1		1	4	5	
Richmond	68	9	22	3	15	12	73	1
Rio Grande				1	1	2	3	
Rio Grande City			11	5	4	4	51	1
Rio Hondo								
Rising Star			1					
River Oaks								
Roanoke	1		3	1			27	2
Robinson		2						
Robstown		1	3			2	1	
Roby								
Rockdale	1		4	1	1	2	2	
Rockport		2	4	1	1	1	12	

Rockwall	127	3	28	11	14	14	252	68
Rollingwood							5	
Roscoe							1	
Roma			3			3		
Rosebud			1					
Rosenberg		1	10		1	2	19	1
Rosharon						1		
Rotan	2		1					
Round Rock	324	33	77	25	48	43	564	272
Rowlett	76		16	5	6	2	89	101
Royse City			4			1	6	2
Rusk			4			4	2	
Sachse			2	1			3	
Saginaw			3			1	13	13
Salado			2				2	
San Angelo	39	3	39	9	20	19	152	26
San Antonio	1153	242	625	221	335	249	3856	1159
San Augustine	1		3		1		1	
San Benito			7	1	1	1	8	
San Diego								
San Elizario			2			1		
San Juan		1	8		2	2		
San Marcos	20	2	26	4	11	6	117	1
San Saba			2				3	
Sanderson			2					
Sanger			1				1	
Santa Fe		1	1				7	
Santa Rosa			1					
Santo								
Schertz	6	1	5	1	22	17	88	
Schulenburg			1			1	2	
Scroggins			1					
Seabrook		1	3				4	
Seagoville			1					
Sealy			2				14	
Seguin	26		17	6	4	4	66	195
Selma	1		2				5	
Seminole	9		1	3	3		10	13
Seven Points								
Seymour			3			2		

Shady Shores								
Shallowater			1					
Shamrock			3				1	
Shavano Park			3	1			9	
Shenandoah	3	5	51	9	21	7	239	5
Shepherd		1	1					
Sherman	75	5	24	5	8	7	134	
Shiner			1	1			2	
Sierra Blanca		1	1			1		
Silsbee			3				7	
Silverton						2		
Sinton			4					
Slaton								
Smithville		4	4	1	1		9	16
Snyder	24		8		2		6	2
Socorro			2			3		
Somerset			1				3	
Somerville			1					
Smyrna	1							
Socorro	1							
Sonora			3	1			1	1
South Houston			1			1	1	
South Lake	599	4			2	11	224	5
South Padre Island			1					
Southlake		1	33	9	2	19		
Spearman			3					
Splendora			2					
Spicewood		1				3	2	
Spring	65	22	92	13	10	29	410	157
Spring Branch		3	4	2	4		21	
Springtown			1					
Spur			1					
Stafford	1	1	1		5		6	
Stamford	1						2	
Stanton	4		1					1
Stephenville		4	13	4	4	2	32	63
Stockdale			1					

Stratford			1					
Sudan								
Sugar Land	126	19	153	40	50	146	688	272
Sulphur Springs	24	1	10	5	4	2	35	67
Sumner								
Sundown								
Sunnyvale	64		8	1	3	11	36	1
Sunset Valley							1	
Sunray			1					
Sweeny	20		1	2		1	5	10
Sweetwater	4		6	1	1	1	7	
Taft	235	1	1					
Tahoka			1					
Tatum			1					
Taylor	5		9	1			35	125
Teague			1				1	
Telephone			1					
Temple	483	10	102	50	32	48	494	162
Tenaha			1		1			
Terrell	19	3	9		3	1	17	1
Texarkana	25	4	33	12	29	12	215	2
Texas City	9	16	13	1	2	1	109	2
Texline								
The Colony	34		8				19	
The Hills								
The Woodlands	189	3	52	17	49	66	463	537
Thorndale			1		2			
Three Rivers			1		1	2		
Throckmorton	2						1	
Tilden			1		1	2		
Timpson			1					
Tomball	1		36	3	7	8	218	10
Trinidad								
Trinity								
Trophy Club	336		3			2	9	
Troup				1			1	
Tulia	19		5					
Tyler	244	20	93	37	54	28	698	101

Universal City			6				7	
University Park	3							
Uvalde	30	2	4	1	1	1	60	
Valley View			1					
Van								
Van Alstyne			5			1	2	1
Van Horn								
Vanderpool								
Vernon	20		2	2		1	9	1
Victoria	122	7	52	37	13	19	177	8
Vidor			2					
Vinton			2		1			
Waco	322	6	133	43	37	34	430	92
Waller			1			3	4	
Wallis								
Waskom				1			1	
Watauga	3		4				11	
Waxahachie	48	2	24	14	16	7	131	7
Weatherford	187	2	16	6	1	2	94	12
Webster	67	1	53	10	32	30	383	2
Weimar			3				3	
Wellington			1					
Weslaco	19		27	4	6	10	118	2
West			2				2	
West Columbia			4				5	
West Lake Hills	2	8	4	1	1	2	31	
Westlake							1	
Westworth Village							1	
Wharton	13		5		3	2	26	1
White Oak							3	
Wheeler			1					
White Settlement			2				1	
Whitehouse			1	1			1	
Whitesboro			2				5	
Whitewright			1					
Whitney			4	1			2	1

Wichita Falls	60	4	30	7	12	11	134	2
Willis			9	2	3	1	3	
Willow Park		5	7		8	4	7	1
Wills Point	1		1				3	
Wimberley		1	5			2	8	
Windcrest			2				3	
Winnie			2					
Winnsboro	192		4	1	1	1	22	54
Winona								
Winters	2		1					1
Wolfforth			1			1		
Woodsboro			1					
Woodville	11	3	3			2	5	
Woodway	1	1	3		1	1	26	
Wortham			1					
Wylie			11	2		11	28	2
Yoakum	8		3	2			11	
Yorktown			3				2	
Zapata			3		1		1	
Zavalla			1					

**Important note:**

Although health care services may be or have been provided to you at a health care facility that is a member of the provider network used by your health benefit plan, other professional services may be or have been provided at or through the facility by physicians and other health care practitioners who are not members of that network. You may be responsible for payment of all or part of the fees for those professional services that are not paid or covered by your health benefit plan unless balance billing for those services is prohibited.

**Learn about our network demographics and local market access plans**

We annually report health plan data and information to the Texas Department of Insurance (TDI) to assist the TDI in evaluating the adequacy of our networks. If a waiver or a local market access plan applies to facility services or to internal medicine, family or general practice, pediatric practitioner practice, obstetrics and gynecology, anesthesiology, psychiatry, or general surgery services, you may view the plan information on our website at [http://www.aetna.com/dse/cms/codeAssets/html/Texas\\_Network\\_Adequacy.html](http://www.aetna.com/dse/cms/codeAssets/html/Texas_Network_Adequacy.html)

If you do not have Internet access or prefer a printed copy of the results, contact us at 1-877-480-4161 or call the Member Services number on the back of your ID card.

## Texas Department of Insurance Notice

You have the right to an adequate network of preferred providers (also known as “network providers”). If you believe the network is inadequate, you may file a complaint with the Texas Department of Insurance. If you relied on materially inaccurate directory information, you may be entitled to have an out-of-network claim paid at the in-network percentage level of reimbursement and your out-of-pocket expenses counted toward your in-network deductible and out-of-pocket maximum. You have the right, in most cases, to obtain estimates in advance:

- From out-of-network providers of what they will charge for their services; and
- From your insurer of what it will pay for the services.

You may obtain a current directory of preferred providers at the following website: [www.aetna.com/docfind](http://www.aetna.com/docfind) or by calling the number on your Aetna ID card (if you’re not yet enrolled, call **1-888-982-3862**) for assistance in finding available preferred providers. If the directory is materially inaccurate, you may be entitled to have an out-of-network claim paid at the in-network level of benefits. If you are treated by a provider or hospital that is not a preferred provider, you may be billed for anything not paid by the insurer.

If the amount you owe to an out-of-network hospital-based radiologist, anesthesiologist, pathologist, emergency department physician, assistant surgeon or neonatologist is greater than \$500 (not including your copayment, coinsurance and deductible responsibilities) for services received in a network hospital, you may be entitled to have the parties participate in a teleconference, and, if the result is not to your satisfaction, in a mandatory mediation at no cost to you.

You can learn more about mediation at the Texas Department of Insurance website: [www.tdi.texas.gov/consumer/cpmmediation.html](http://www.tdi.texas.gov/consumer/cpmmediation.html).

The Texas Tech University System Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student Health<sup>SM</sup> is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

## Sanctioned Countries

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license.

For more information, visit <http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx>.



### **Assistive Technology**

Persons using assistive technology may not be able to fully access the following information. For assistance, please call the number listed on your ID card at no cost.

### **Smartphone or Tablet**

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

### **Non-Discrimination**

Aetna is committed to being an inclusive health care company. Aetna does not discriminate on the basis of ancestry, race, ethnicity, color, religion, sex/gender (including pregnancy), national origin, sexual orientation, gender identity or expression, physical or mental disability, medical condition, age, veteran status, military status, marital status, genetic information, citizenship status, unemployment status, political affiliation, or on any other basis or characteristic prohibited by applicable federal, state or local law.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you have questions about our nondiscrimination policy or have a discrimination-related concern that you would like to discuss, please call us at 1-877-480-4161.

*Please note, Aetna covers health services in compliance with applicable federal and state laws. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations, and conditions of coverage.*

## Language accessibility statement

*Interpreter services are available for free.*

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

## Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

## አማርኛ/Amharic

ልብ ይበሉ: አማርኛ ቋንቋ የሚናገሩ ከሆነ፣ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማገልገል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (መስመራት ለተሳናቸው: **711**)።

## العربية/Arabic

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم **1-877-480-4161** (رقم الهاتف النصي: **711**).

## Bàsòò Wùdù/Bassa

Dè de nià ke dyédé gbo: ɔ jũ ké m̄ dyi Bàsòò-wùdù-po-nyò jũ ni, niì à wuɖu kà kò d̄ò po-poò b̄é m̄ gbo kpàa. Đá **1-877-480-4161** (TTY: **711**).

## 中文/Chinese

注意: 如果您说中文, 我们可为您提供免费的语言协助服务。请致电 **1-877-480-4161** (TTY: **711**)。

## فارسی/Farsi

توجه: اگر به زبان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره **1-877-480-4161** (TTY: **711**) تماس بگیرید.

## Français/French

Attention : Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

## ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહાયતા સેવા તમને નિ:શુલ્ક ઉપલબ્ધ છે.

કોલ કરો **1-877-480-4161** (TTY: **711**).

## **Kreyòl Ayisyen/Haitian Creole**

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele **1-877-480-4161** (TTY: **711**).

## **Igbo**

Nrụbama: Ọ bụrụ na ị na asụ Igbo, ọrụ enyemaka asụsụ, n'efu, dijirị gị. Krọọ **1-877-480-4161** (TTY: **711**).

## **한국어/Korean**

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161**(TTY: **711**)번으로 전화해 주십시오.

## **Português/Portuguese**

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

## **Русский/Russian**

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (TTY: **711**).

## **Tagalog**

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

## **اردو/Urdu**

توجہ دیں: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت دستیاب ہیں۔ - **1-877-480-4161** (TTY: **711**) پر کال کریں۔

## **Tiếng Việt/Vietnamese**

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

## **Yorùbá/Yoruba**

Àkíyèsí: Bí o bá nsọ èdè Yorùbá, ìrànlọwọ́ lórí èdè, lófẹ́, wà fún ọ. Pe **1-877-480-4161** (TTY: **711**).