

2026-2027

# Anthem

Helping keep you at your personal best



## University of Louisville

Student Health Insurance Plan

[student.anthem.com/welcome](http://student.anthem.com/welcome)





### Benefits at a glance

This is a brief description of your student health plan underwritten by Anthem Blue Cross and Blue Shield. If you would like more details about your coverage and costs, you can find the complete terms in the policy or plan document online at [www.studentsatanthem.com](http://www.studentsatanthem.com).

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# Welcome to Anthem Student Advantage

As the new semester begins, we want to help you be confident knowing you have the health coverage that's right for you. This booklet will help explain what's covered under the Anthem Student Advantage plan, how much it costs, and the best ways to access care.

## Anthem Student Advantage 101



### Who is eligible?

You will automatically be enrolled in Anthem Student Advantage if:

- You are a Health Professional student. You will automatically be charged for the student health insurance on your student account. You need to register/ record your choice to enroll or waive the coverage by specified deadlines. There are no exceptions.
- You are an International student. You are required to maintain insurance coverage throughout enrollment at the University of Louisville. You will need to register/ record your choice to enroll or waive the coverage by specified deadlines. There are no exceptions.
- You are a Graduate Teaching Assistant or Research Assistant (GTA / RA). You will automatically be enrolled in the plan as part of your benefit package. There is no cost to you, and this plan cannot be waived.
- You are a Post-Doctoral student. You will automatically be enrolled in the plan as part of your benefit package. There is no cost to you, and this plan cannot be waived.

The following student groups are also eligible to enroll:

- Undergraduate students taking six (6) or more credit hours, all Graduate students taking three (3) or more credit hours, and CO-OP students are eligible to enroll. Classes must be on campus; online classes are not applied to the credit hour requirement.



### Coverage is available for dependents, too

If you are covered by Anthem Student Advantage through University of Louisville, you may enroll your spouse, domestic partner, or dependent children under the age of 26.

Here is how it works:

- Enroll online at [louisville.myahpcare.com](https://louisville.myahpcare.com).

# Coverage periods and rates



## Domestic/Voluntary

Coverage will become effective at 12:01 a.m., and will end at 11:59 p.m. on the dates shown below

Period	Fall 8/1/26 - 12/31/26	Spring/Summer 1/1/27 - 7/31/27	Summer 5/1/27 - 7/31/27
Student	\$1,881	\$1,881	\$948
Spouse	\$1,881	\$1,881	\$948
Each Child	\$1,881	\$1,881	\$948
All Children	\$3,762	\$3,762	\$1,896

# Coverage periods and rates

## International

Coverage will become effective at 12:01 a.m., and will end at 11:59 p.m. on the dates shown below.

Period	Fall 8/1/26 - 12/31/26	Spring/Summer 1/1/27 - 7/31/27	Summer 5/1/27 - 7/31/27
Student	\$1,645	\$1,645	\$829
Spouse	\$1,645	\$1,645	\$829
Each Child	\$1,645	\$1,645	\$829
All Children	\$3,290	\$3,290	\$1,658

## Health Professionals

Coverage will become effective at 12:01 a.m., and will end at 11:59 p.m. on the dates shown below.

Period	Fall 8/1/26 - 12/31/26	Spring/Summer 1/1/27 - 7/31/27	Summer 5/1/27 - 7/31/27
Student	\$1,783.50	\$1,783.50	\$899
Spouse	\$1,881	\$1,881	\$948
Each Child	\$1,881	\$1,881	\$948
All Children	\$3,762	\$3,762	\$1,896



## Dates to remember



### Open Enrollment: International/Voluntary/ Health Professional

- **Fall:** 07/17/2026–08/31/2026
- **Spring/Summer:** 11/13/2026–02/01/2027
- **Summer:** 04/16/2027–06/05/2027
- **Early Arrival:** (Health Professionals)  
06/16/2027–07/10/2027



### Waiver deadlines

You can waive your Anthem Student Advantage if you have comparable coverage.

- **Fall Waiver:** 07/17/2026–08/31/2026
- **Spring/Summer Waiver:** 11/13/2026–02/01/2027
- **Summer:** 04/16/2027–06/05/2027
- **Early Arrival:** (Health Professionals)  
06/16/2027–07/10/2027

# Keep in touch with your benefits information



## **Benefits and Claims**

844-412-0752

Anthem Blue Cross and Blue Shield

Download the Sydney Health app to access benefits and claims.



## **Enrollment Information**

Academic HealthPlans

[louisville.myahpcare.com](http://louisville.myahpcare.com)

# Easy access to care

Access the care you need, when you need it, and in the way that works best for you.



## Sydney Health app

With the **Sydney<sup>SM</sup> Health** mobile app through Anthem Student Advantage, you have instant access to:

- Your member ID card.
- Your school has opted for a digital ID card. Your digital ID card is available on **anthem.com** or the **Sydney Health** mobile app when you register with your student ID number on or after your plan effective date. Print a copy of your card anytime or show it to your doctor from your smartphone. If you prefer to have a hard copy of your ID Card, you can call our Customer Service Department at **844-412-0752** and request a hard copy of your ID card on or after your plan effective date.
- The Find Care tool.
- Information about your plan benefits.
- Health tips that are tailored to you.
- LiveHealth Online and 24/7 NurseLine.
- Student support specialists (through click-to-chat or by phone).

### Access the Sydney Health app

Go to the App Store<sup>SM</sup> or Google Play<sup>TM</sup> and search for the **Sydney Health** app to download it today.



## Find care

Use **anthem.com/find-care** to find the right doctor or facility close to where you are.



## Anthem Student Advantage University of Louisville website

Visit **student.anthem.com/welcome** to see your health plan information, including benefits, claims, and covered medicines.



## LiveHealth Online

From your mobile device or computer with a webcam, you can use LiveHealth Online to visit with a board-certified doctor, psychiatrist, or licensed therapist through live video.\* To sign up, go to the **Sydney Health app** or **livehealthonline.com**. You can also download the LiveHealth Online app.



## 24/7 NurseLine

Call **844-545-1429** to speak to a registered nurse who can help you with health issues such as flu and cold symptoms and minor allergic reactions. Nurses can also help you:

- Find where to go for care.
- Enroll in health management programs if you have specific health conditions.
- Remember to schedule screenings and exams.

\* Appointments subject to availability of a therapist. Psychologists or therapists using LiveHealth Online cannot prescribe medications. Online counseling is not appropriate for all kinds of issues. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Please call 800-784-2433 (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

# Your plan details

## Anthem Blue Cross and Blue Shield

Student Health Insurance Plan:  
University of Louisville

Your network:  
Blue Access PPO

Understanding how your plan works and what your out-of-pocket costs will be can help you choose the best fit for your needs and budget. Here are details about your plan.

### Plan Overview

	Cost if you use a UofL Healthcare Provider	Cost if you use an In-Network Provider	Cost if you use a Non-Network Provider
<b>Overall Deductible</b>	\$200 person	\$700 per student	\$1,000 per student
<b>Out-Of-Pocket Max</b>	\$10,000 person / \$20,000 family	\$10,000 person / \$20,000 family	\$10,000 person / \$20,000 family
<b>Preventative care/ screening/ immunization</b>	No charge	No charge	25% coinsurance after medical deductible is met
<b>Primary Care visit to treat an injury or illness virtual and office</b>	\$30 copay and 20% coinsurance medical deductible does not apply	\$30 copay and 30% coinsurance medical deductible does not apply	\$30 copay and 50% coinsurance medical deductible
<b>Specialist care visit virtual and office</b>	\$30 copay and 20% coinsurance medical deductible does not apply	\$30 copay and 30% coinsurance medical deductible does not apply	\$30 copay and 50% coinsurance medical deductible
<b>Urgent Care</b>	\$50 copay and 20% coinsurance medical deductible does not apply	\$50 copay and 30% coinsurance medical deductible does not apply	\$50 copay and 50% coinsurance medical deductible does not apply
<b>Emergency Room Facility Services - waived if admitted</b>	\$150 copay and 30% coinsurance medical deductible does not apply	\$150 copay and 30% coinsurance medical deductible does not apply	\$150 copay and 30% coinsurance medical deductible does
<b>Campus Health</b>	<ul style="list-style-type: none"> <li>• No Deductible</li> <li>• No charge for preventative care services, primary care office visits, or in-house laboratory procedures</li> </ul>		

[Review your complete Summary of Benefits](#)

[26/27 University of Louisville Brochure](#)

# Benefits that go with you

## Emergency travel assistance

As a participant in the student health plan, you have access to emergency travel services and benefits when you are traveling over 100 miles from home or outside your home country.

To ensure you have immediate access to assistance if you experience a travel-related crisis, Academic HealthPlans has included Academic Emergency Services (AES) in your Student Health Insurance Plan coverage. AES offers a wide range of services and benefits to provide everything you need to prepare for your international experience, as well as get the help or information you need in a crisis.

## Academic Emergency Services phone numbers

- To contact Academic Emergency Services from the U.S. or Canada, call **855-873-3555**.
- To contact Academic Emergency Services from outside the U.S. or Canada, dial the country access code followed by the collect number: **1-610-263-4660**.

**You can count on medical coverage anywhere worldwide with Academic HealthPlan.<sup>1</sup> Access international doctors by phone or video, and use our 24/7 help center for emergency health questions.**

## Your Academic HealthPlan benefits for the 2026-2027 school year

Use of benefits must be coordinated and approved by Academic HealthPlan.

### International telemedicine services<sup>2</sup>

Global TeleMD™	Confidential access to international doctors by phone or video call.
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### Coverage outside of the U.S., excluding students home country.

Medical expenses	Maximum benefit up to \$250,000 each coverage year, no deductibles or copays. Consult coverage certificate for benefit limitations and exclusions. <sup>3</sup>
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### Coverage worldwide, except within 100 miles of primary residence for U.S. students. Coverage worldwide, excluding home country for international students.

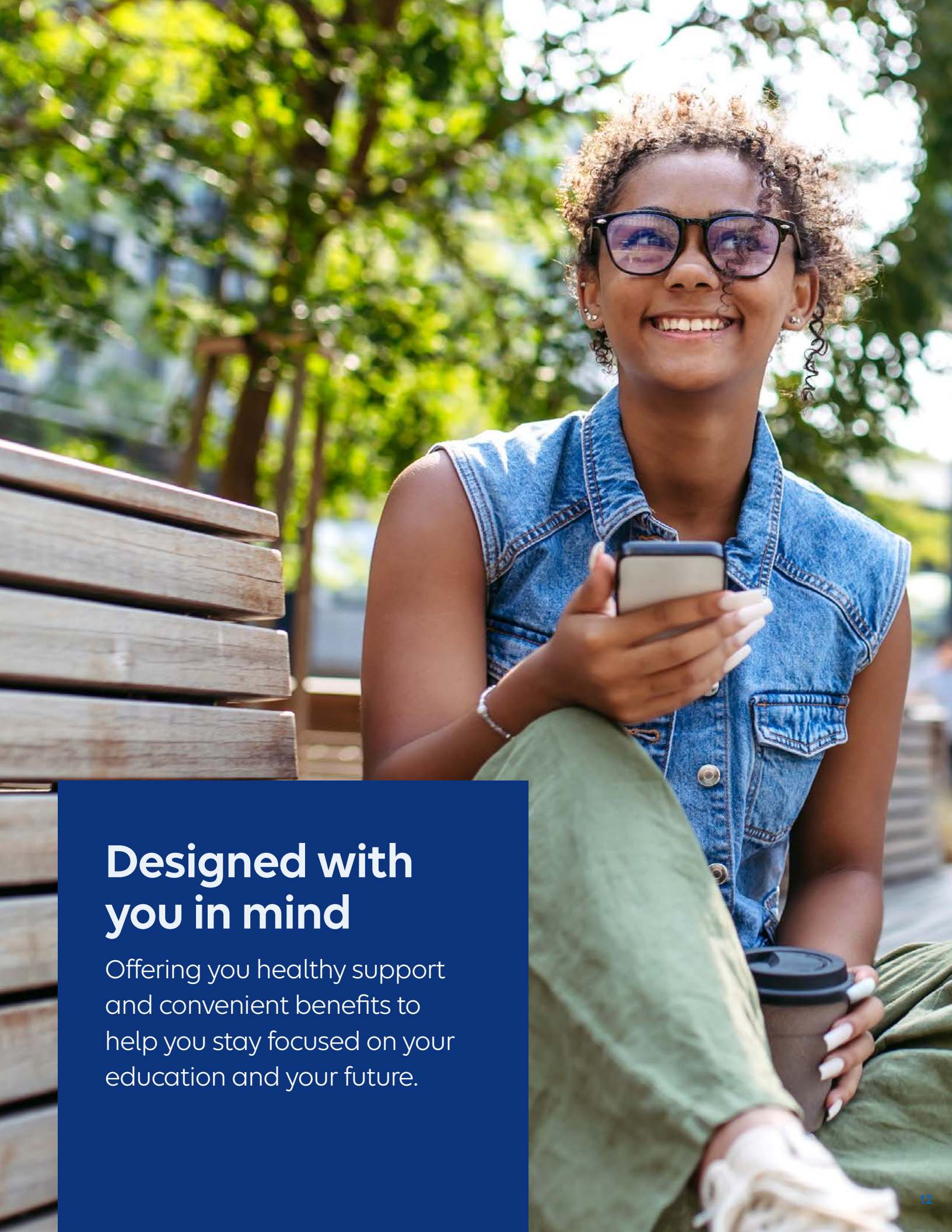
Emergency medical evacuation	Unlimited
Repatriation of remains	Unlimited
Emergency family travel arrangements	Maximum benefit up to \$5,000 each coverage year
Political emergency and natural disaster evacuation (Available only when traveling outside the United States) <sup>4</sup>	Covered 100% up to \$100,000 each person. Subject to a combined \$5,000,000 limit for each covered event for all people covered under the plan.
Accidental death and dismemberment	Maximum benefit up to \$10,000 each coverage year

<sup>1</sup> Academic HealthPlan is the trade name of Worldwide Insurance Services, LLC (Worldwide Services Insurance Agency, LLC in California and New York), an independent licensee of the Blue Cross and Blue Shield Association. Academic HealthPlan is the administrator of coverage provided under insurance policies issued by 4 Ever Life International Limited, Bermuda, an independent licensee of the Blue Cross Blue Shield Association. Coverage is not available in all states. Some restrictions apply.

<sup>2</sup> Telemedicine services are provided by Teladoc Health, directly to members. Academic HealthPlan assumes no liability and accepts no responsibility for information provided by Teladoc Health and the performance of the services by Teladoc Health. Support and information provided through this service does not confirm that any related treatment or additional support is covered under a member's health plan.

<sup>3</sup> These medical expenses are limited and are subject to limitations and exclusions. See full certificate of insurance for a full description of services and coverage of what is and isn't covered.

<sup>4</sup> The Political, Military and Natural Disaster Evacuation Services (PEND) are provided through Crisis24, an independent third party, non-affiliated service provider. Crisis24 does not supply Blue Cross or Blue Shield products or other benefits, and is therefore solely responsible for PEND and other collateral services it provides. Academic HealthPlan makes no warranty, express or implied, and accepts no responsibility resulting from the provision or use of Crisis24 PEND or other Crisis24 services.



## Designed with you in mind

Offering you healthy support  
and convenient benefits to  
help you stay focused on your  
education and your future.

# Access help in your language

If you have questions about this document, you have the right to help and information in your language at no cost. To talk to an interpreter, call **844-412-0752**.

**Separate from our language assistance program, we make documents available in alternate formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card. (TTY/TDD: 711)**

## Arabic

شادخ مجرب لصرتا. أناجم لتغلب تدعاسجلا و نتاوجل علما هذه ولع لوصول لال قحى  
تدعاسجلل كعب تصاخلا (TTY/TDD: 711) فيرعتلا تقاطب ولع دوجولما ءاضعلا

## Armenian

Դուք իրավունք ունեք Ձեր լեզվով անվճար ստանալ այս  
տեղեկատվությունը և ցանկացած օգնություն: Օգնություն ստանալու  
համար զանգահարեք Անդամների սպասարկման կենտրոն՝ Ձեր ID  
քարտի վրա նշված համարով: (TTY/TDD: 711)

## Chinese

您有權使用您的語言免費獲得該資訊和協助。請撥打您的 ID 卡上的成員服  
務號碼尋求協助。(TTY/TDD: 711)

## French

Vous avez le droit d'accéder gratuitement à ces informations et à une aide dans  
votre langue. Pour cela, veuillez appeler le numéro des Services destinés aux  
membres qui figure sur votre carte d'identification. (TTY/TDD: 711)

## Haitian

Ou gen dwa pou resewva enfòmasyon sa a ak asistans nan lang ou pou gratis.  
Rele nimewo Manm Sèvis la ki sou kat idantifikasyon ou a pou jwenn èd.  
(TTY/TDD: 711)

## Italian

Ha il diritto di ricevere queste informazioni ed eventuale assistenza nella  
sua lingua senza alcun costo aggiuntivo. Per assistenza, chiami il numero  
dedicato ai Servizi per i membri riportato sul suo libretto. (TTY/TDD: 711)

## Japanese

この情報と支援を希望する言語で無料で受けることができます。支援を  
受けるには、IDカードに記載されているメンバーサービス番号に電話し  
てください。(TTY/TDD: 711)

## Korean

귀하에게는 무료로 이 정보를 얻고 귀하의 언어로 도움을 받을 권리가  
있습니다. 도움을 얻으려면 귀하의 ID 카드에 있는 회원 서비스 번호로  
전화하십시오. (TTY/TDD: 711)

## Navajo

Bee n1 ahoot'i' t'11 ni nizaad k'ehj7 n7k1 a'doowof t'11 j77k'e. Naaltsos bee  
atah n7l7n7g77 bee n44ho'd0lzingo nanitin7g77 b44sh bee hane'7 bik11' 1aj8'  
hod77lnih. Naaltsos bee atah n7l7n7g77 bee n44ho'd0lzingo nanitin7g77  
b44sh bee hane'7 bik11' 1aj8' hod77lnih. (TTY/TDD: 711)

## Polish

Masz prawo do bezpłatnego otrzymania niniejszych informacji oraz uzyskania  
pomocy w swoim języku. W tym celu skontaktuj się z Działem Obsługi Klienta  
pod numerem telefonu podanym na karcie identyfikacyjnej. (TTY/TDD: 711)

## Punjabi

ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਇਹ ਜਾਣਕਾਰੀ ਅਤੇ ਮਦਦ ਮੁਫਤ ਵਿੱਚ ਪ੍ਰਾਪਤ ਕਰਨ ਦਾ ਅਧਿਕਾਰ ਹੈ।  
ਮਦਦ ਲਈ ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ ਉੱਤੇ ਮੈਂਬਰ ਸਰਵਿਸਿਜ਼ ਨੰਬਰ ਤੇ ਕਾਲ ਕਰੋ। (TTY/TDD: 711)

## Russian

Вы имеете право получить данную информацию и помощь на вашем  
языке бесплатно. Для получения помощи звоните в отдел  
обслуживания участников по номеру, указанному на вашей  
идентификационной карте. (TTY/TDD: 711)

## Spanish

Tiene el derecho de obtener esta información y ayuda en su idioma en forma  
gratuita. Llame al número de Servicios para Miembros que figura en su tarjeta  
de identificación para obtener ayuda. (TTY/TDD: 711)

## Tagalog

May karapatan kayong makakuha ang impormasyon at tulong na ito sa  
ginagamit ninyong wika nang walang bayad. Tumawag sa numero ng Member  
Services na nasa inyong ID card para sa tulong. (TTY/TDD: 711)

## Vietnamese

Quý vị có quyền nhận miễn phí thông tin này và sự trợ giúp bằng ngôn ngữ  
của quý vị. Hãy gọi cho số Dịch Vụ Thành Viên trên thẻ ID của quý vị để  
được giúp đỡ. (TTY/TDD: 711)

## It is important we treat you fairly

That is why we follow federal civil rights laws in our health programs and activities. We do not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language is not English, we offer free language assistance services through interpreters and other written languages. If you are interested in these services, call the Customer Service number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, DC. 20201 or by calling 1-800-368-1019 (TDD: 1-800-537-697) or online at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>. Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.



**If you have questions, we're here to help.**

**Call 844-412-0752 or visit us at  
[student.anthem.com/welcome](https://student.anthem.com/welcome).**



Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. In Connecticut: Anthem Health Plans, Inc. In Georgia: Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., dba HMO Nevada. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWI), underwrites or administers PPO and indemnity policies and underwrites the out of network benefits in POS policies offered by CompCare Health Services Insurance Corporation (CompCare) or Wisconsin Collaborative Insurance Corporation (WCIC). CompCare underwrites or administers HMO or POS policies; WCIC underwrites or administers Well Priority HMO or POS policies. Independent licensees of the Blue Cross and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.