

UNIVERSITY OF NORTH TEXAS AT DALLAS

STUDENT HEALTH INSURANCE PLAN RESOURCES

Your Student Health Insurance Plan (SHIP) through UnitedHealthcare Insurance Company provides a nationwide PPO network of comprehensive medical care. Benefits of the Student Health Insurance Plan include a \$500 Deductible per person per plan year (for Off-Campus Medical Services), and a \$40 Office Visit Copay (for Off-Campus Medical Services).



Student Health Clinic

In-office and virtual visits at the [Student Health Clinic](#) are free for actively enrolled insured and uninsured UNT Dallas and College of Law (COL) students. The Student Health Clinic can help with many ailments, including colds, flu, allergies, nausea, sinus/ear infections, headaches, minor superficial wounds and Sexually Transmitted Infections.

01

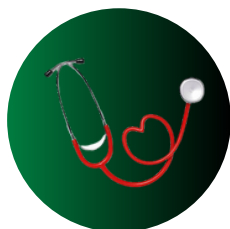


Student Health Insurance

Students who meet the eligibility requirements are able to enroll in the Student Health Insurance Plan on a voluntary basis. Open enrollment periods are listed below:

- Fall: 06/30/2025 - 09/13/2025
- Spring: 11/17/2025 - 01/31/2026
- Summer: 04/22/2026 - 06/10/2026

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Mental Health Resources

The [Counseling and Wellness Center](#) is available on campus and is free for all students, not just those enrolled in the plan.

Students enrolled in the plan have access to a variety of mental health resources, such as Academic Student Assistance Program (ASAP) and AcademicLiveCare (ALC). To learn more about these resources, [click here](#).

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Telehealth

Students enrolled in SHIP can schedule virtual visits with a licensed health care provider 24-hours a day from a smart phone or computer with AcademicLiveCare. ALC is commonly used for:

- Anxiety & depression
- Therapy & counseling
- General wellness (insomnia, coughs & colds, sinus infections, etc.)

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View your benefits online at untdallas.myahpcare.com