



Student Health Plans from a Name You Know and Trust

As the largest health care insurer in the Mid-Atlantic region, CareFirst BlueCross BlueShield (CareFirst) offers student health plans with more choices and more ways to save. The power of Blue protects students everywhere with convenient, comprehensive coverage through their academic years.

The freedom to choose

- **Largest network of providers**—90 percent of doctors and 80 percent of hospitals nationwide partner with us.
- **No referrals needed**—Students don't need to worry about extra paperwork to see specialists, including mental health providers.
- **Coverage in all 50 states and over 200 countries**—BlueCard gives students in-network access to providers at home, at school or where they're studying abroad.
- **Mobile access anytime, anywhere**—Students can log in to our mobile app quickly with iPhone's Touch ID and search for a provider, locate nearby urgent care or pharmacies, or view digital member ID cards.
- **Prescription coverage**—Available at 69,000 pharmacies nationwide and convenient mail order service.

More ways to save

- No-cost preventive services including routine physicals, immunizations and eye exams
- Lower out-of-pocket costs such as low deductibles and low office visit copays
- Prescription coverage including low-cost generic drugs

Flexible Billing and Payment Options

Three billing and payment options to choose from:

- Monthly
- Semiannually
- Annually

Resources to support students' health

- CareFirst's Total Care and Cost Improvement (TCCI) solution provides integrated programs and services to help reduce hospital admissions and improve students' health
- CareFirst Video Visit gives busy college students access to board-certified doctors 24/7 using a smartphone, tablet or computer
- Free 24/7 nurse advice line connects students to a registered nurse who will discuss their symptoms and recommend the most appropriate care
- Basic medical coverage while traveling abroad—including access to doctors and hospitals in more than 200 countries and territories globally with BlueCard Worldwide.

Why purchase student health insurance?

- Students attending out-of-state institutions may not be covered by their current health care policy.
- Student plans may cost less and require lower deductibles and fewer out-of-pocket expenses.
- International students on a J-1 or J-2 visa are required to have health insurance for the full duration of their academic program.

